

Saturday Male Open Age Cup Competition

Appendix C for Season 2022-23

Band	Cup	Professional	NLS	NLS	Eastern Counties League	Isthmian Development League	Suffolk & Ipswich	Cambridgeshire County	Anglian Combination	Essex & Suffolk Border	Lowestoft & District	Central & South Norfolk
Band 1	Premier	Premier Championship League1 League2	All Step 1 & 2 Leagues of the National League System	All Step 3 & 4 Leagues of the National League System	Premier (and all other Step 5 Leagues of the National League System)							
Band 2	Senior	Premier Development League			Division 1 North/South (and all other Step 6 Leagues of the NLS)		Senior	Premier	Premier Division 1	Premier		
Band 3	Senior Reserve				Reserve Division	Development North	Division 3 Division 4 Division 5 Division 6	Senior A & B Div 1A/1B Div 2A/2B	Division 2 Division 3 Division 4 Division 5 South	Division 1	Division 1	Division 1
Band 4	Junior						Division 1 Division 2	Senior A & B Div 1A/1B Div 2A/2B	Division 2 Division 3 Division 4 Division 5 South	Division 1	Division 1	Division 1
Band 5	Primary						Division 3 Division 4 Division 5 Division 6	Div 3A/3B Div 4A/4B/4C		Division 2 Division 3 Division 4 Division 5	Division 2	Division 2 Division 3 Division 4

IMPORTANT: UNDERSTAND RULE 5e QUALIFICATION OF PLAYERS

Please see Guidelines in conjunction with Suffolk County Cup rules for your particular cup competition to avoid playing ineligible players.

General:
 No club can have more than one team enter any one open age competition unless agreed by the Football Services Team.
 A team can play in a higher competition if;
 a) They request to do so and it is agreed by the Football Services Team.
 b) By doing so allows a Reserve, 'A' or 'B' team to compete in a lower competition.
 If a team changes from one league to another the Football Services Team shall place that team in the most appropriate competition.

***Senior Reserve Cup**
 The Reserve team of a Senior club will always be entered into the Senior Reserve Cup unless permission from the Football Services Team has been granted.