

A photograph of three women in football kits celebrating on a pitch. They are all smiling and have their arms raised in a high-five gesture. The image has a purple tint. The background shows a blurred football pitch and stadium lights.

# FUN, FITNESS, FRIENDS.

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JOIN WOMEN'S  
WALKING FOOTBALL



**FEMALE  
FOOTBALL  
TOOLKIT**

Supported by  BARCLAYS



**WE'RE LOOKING FOR WOMEN OF ALL AGES  
AND ABILITIES TO JOIN OUR WOMEN'S  
WALKING FOOTBALL SESSIONS.**

**WHETHER YOU ARE NEW TO THE GAME, HAVE  
PLAYED BEFORE AND WANT TO COME BACK  
OR HAVE BEEN INJURED AND NEED TO BOOST  
YOUR CONFIDENCE – WE NEED YOU!**

**WE RUN REGULAR SESSIONS AND PLAY  
IN FESTIVALS AGAINST OTHER TEAMS!**

**ALL WOMEN ARE WELCOME SO SIGN UP,  
HAVE FUN, GET FIT AND MAKE FRIENDS!**

**CONTACT**

**EMAIL**

**WEBSITE**

