

## SESSION 3

1 PLAYER OR MORE

INDOOR & OUTDOOR

BODY MOVEMENTS

# Edna Time

**Edna** makes the super suits in her mansion: her job requires a lot of detail and accuracy.



### HOW TO PLAY

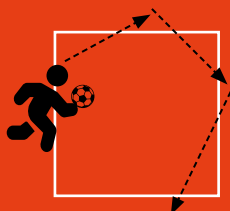
- 1** Using four socks, make a square. This square represent Edna's mansion.



- 2** We are going to practice our power and accuracy in this first game. Starting in one corner of the mansion, throw the ball forward and catch it before it gets to the other side.
- How many throws can you make in 30 seconds?



- 3** Edna has different materials around the mansion that she needs to make the next super suit. Try to bounce the ball so you can move to all four sides of the mansion.
- How many sides can you visit in 30 seconds?



- 4** Edna's attention to detail is brilliant. By throwing the ball into the sky, you have time to spin around and catch the ball.
- Complete the action for 20 seconds, when the timer runs out, how many different items can you recall seeing?



Disney