



**REGIONAL
TALENT
CLUB**

Club Handbook

2020-21 Season



Address

St. George's Park
Newborough Road
Needwood
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DE13 9PD



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Key Contacts

League Administration

WOMEN'S LEAGUE OFFICER

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REGIONAL TALENT CLUBS MANAGER

Sharon Brownlie | Mobile: 07976 403125

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SAFEGUARDING MANAGER – WOMEN'S LEAGUES & TALENT PATHWAY

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Technical Talent Coaches

SOUTH WEST & SENIOR TTC

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LONDON & SOUTH EAST

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MIDLANDS & EAST

Paige Shorten (Maternity Cover) | Mobile: TBC Email: Paige.Shorten@TheFA.com

NORTH WEST

Amanda Goodwin | Mobile: 07970 181205

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NORTH EAST

Adam Furness (Maternity Cover) | Mobile: TBC

Email: Adam.Furness@TheFA.com

Technical Talent Coach Regional Boundaries

South West	North West	Midlands & East	London & South East	North East
Bristol City	Blackburn Rovers Everton Liverpool Manchester City Manchester United Stoke City	Aston Villa Birmingham City Derby County Leicester City MK Dons Nottingham Forest West Bromwich Albion Wolverhampton Wanderers	Arsenal Brighton & Hove Albion Charlton Athletic Chelsea Essex FA Oxford United Reading Southampton	Doncaster Rovers Durham Women Leeds United Sheffield United Sunderland Teesside Sport York City

Advanced Coaching Centers Regional Boundaries

South West	North West	Midlands & East	London & South East	North East
Cornwall FA Devon FA Somerset FA Gloucestershire FA Wiltshire FA Dorset FA	Cumberland FA	Bedfordshire FA Cambridgeshire FA Northamptonshire FA Norwich City FC Ipswich Town FC		

Lioness Talent Pathway 2020-21 Q&As

What is the purpose of the Lioness Talent Pathway?

The Lioness Talent Pathway will continue to identify and nurture young aspiring Lionesses. The mission of the women's technical division is to win a major tournament and the pathway will play an essential role in the identification and confirmation of talent and ensuring the best players are available to England teams.

Will the National Talent Camps still form part of the Lioness Talent Pathway?

Yes, they will, and as per the communication received on the Women's Technical Division restructure, the National Talent Camps will now support talented U15 and U14 players. These camps will be overseen by Head Coach Amanda Goodwin, and scheduling of these events can be seen in the Women's YDP Talent Calendar.

What other events will form part of the Lioness Talent Pathway programme?

In addition to National Talent Camps, the Lioness Talent Pathway will also encompass the talent identification of players, ensuring accessibility to any player from and playing environment that shows potential. The Talent Technical Coaches (TTCs) will be responsible for delivering events in their region to facilitate this, focusing on players aged 11—16. These events will help to broaden our talent pool of potential and identify players for both the National Talent Camp and Women's National Development Teams.

Performance Hubs and Fixture Days that previously formed part of the National Development Programme will no longer exist as separate events delivered regionally, but the key benefits these events offered around bespoke 1-1 Support and competitive challenges will be included within the National Talent Camp programme.

What will be the focus of the Talent Technical Coach Role?

The focus of the Talent Technical Coaches (TTCs) will be to develop and deliver their region-specific talent strategy to identify and supply players for the National Talent Camps and National Development Teams. They will work closely with key stakeholders and Clubs across the football pyramid to identify players and deliver a programme that allows any talent to reach opportunity in their region. When a player has been identified, the TTC will support external partners to nurture and manage their talent within their environment.

As an RTC / ACC, what contact can I expect from our regional Talent Technical Coach?

TTC's contact will primarily revolve around the talent identification of players within your programmes that show potential to attend future National Talent Camps and National Development Teams. This will include and recommendations you have and may result in the TTC attending training/fixtures to gain insight on players. Between yourself and the TTC, if and gaps are identified in the player's programme to nurture their talent, the TTC will work with yourselves to identify additional support for the player.

Who should we expect to be our main FA contact for our players involved in the National Development Teams?

Management of players that are in our U16 and U17 National Teams will be overseen by the Head Coach and Assistant Coaches of those age groups.

WU16s	WU17s
Head Coach - Lydia Bedford Lydia.Bedford@thefa.com	Head Coach - Gemma Grainger Gemma.Grainger@thefa.com
Assistant Coach - John Salomon John.Salomon@thefa.com	Assistant Coach - Lucy Faraday Lucy.Faraday@thefa.com

Who should we expect to be our main FA contact for our players involved in the National Talent Camps?

Management of players that attend the National Talent Camps will be overseen by the Talent Technical Coaches (details provided above).

Who should I contact if I have any technical questions previously answered by the Talent Technical Coaches?

RTCs should contact Dwayne Ellis who can provide guidance.

Match Day Experience Guidelines

The guidelines included on the next few pages have been put together to provide extra clarity to the information provided in The RTC regulations as well as to allow for more consistent delivery on match days.

Fixture Postponements

A League Match shall not be postponed or abandoned except with the written consent of The FA or on the instructions of the appointed referee who shall be empowered to instruct that the League Match be postponed or abandoned.

In the event of a postponement, the home club is expected to complete and return the Fixture Postponement Form to the Women's Leagues Officer.

Arrival of the opposition

When confirming the match, the home club should make the away club aware of any specific site requirements such as security, photography, pets, no - smoking etc. It is the away club's responsibility to communicate the home clubs site requirements to its parents and staff prior to the fixture.

If the home club is not able to provide visitors with the opportunity to purchase refreshments on site, please let the away club know in advance of the fixture.

The home team is expected to greet the away team on arrival and provide necessary instructions relating to the fixture. This includes providing the whereabouts of the changing rooms, physio room (if available to use) the pitches as well as any other important information relating to the facility / site.

Adequate changing, washing and toilet facilities for both home and away teams must be made available to your opposition a minimum of 1 hour before kick –off.

Medical Provision

Both the Home Club and the Visiting Club shall each procure the attendance of a HCPC Registered Physiotherapist or a minimum of a Sports Therapist.

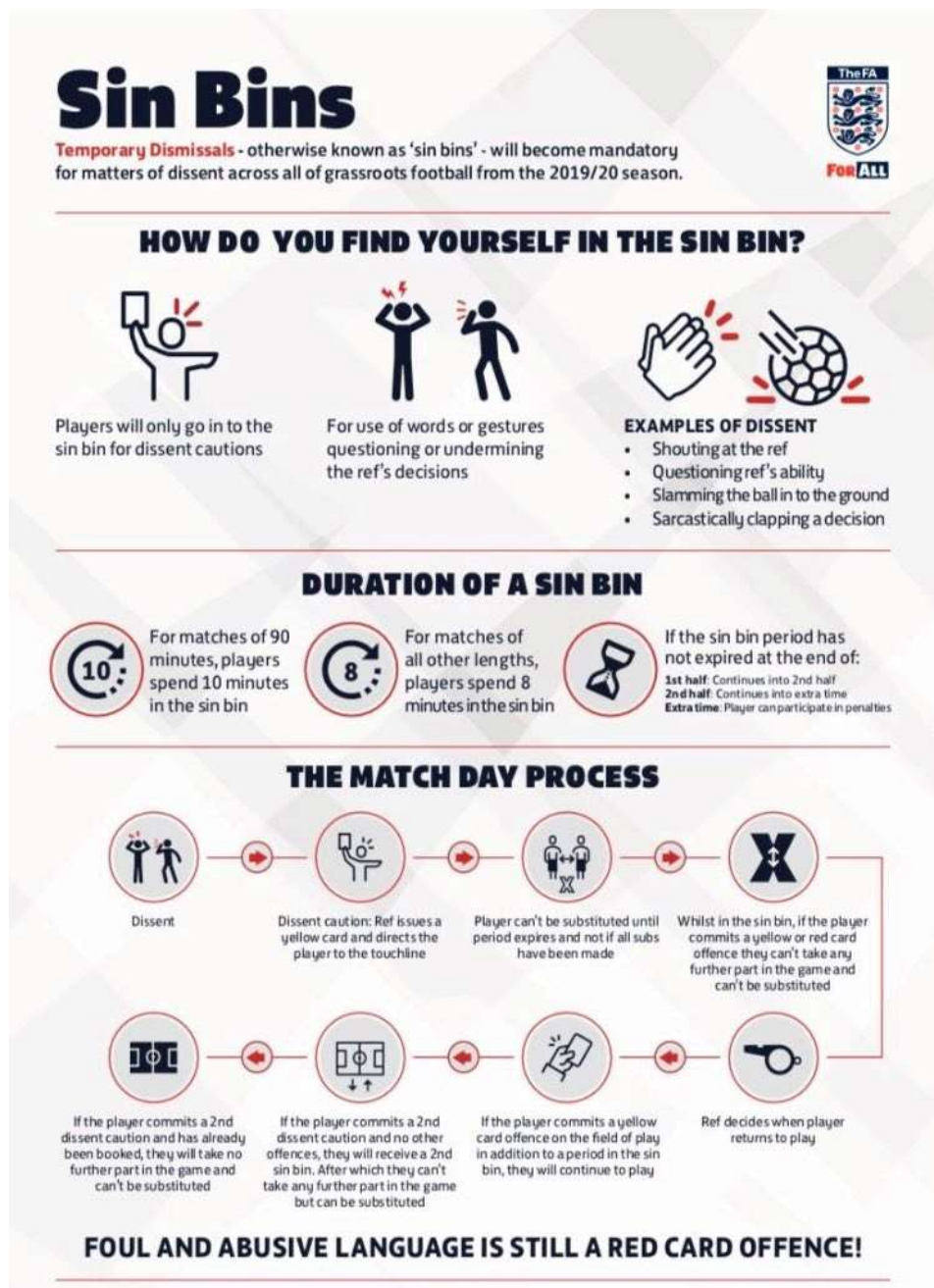
The home club must issue the visiting team with an Emergency Action Plan prior to the fixture as part of the match confirmation. In the event of a head injury please refer to the [FA Concussion Guidelines](#)

Safeguarding

The Welfare of players, young volunteers' officials must be considered for all RTCs at fixtures and training please find some useful guidance [here](#)

Sin Bins

From the 2019-20 season onwards temporary dismissals (also known as sin bins) will be introduced. Sin bins of 8 minutes will be issued will be issued by referees as a sanction for dissent. Please click on this link for a full guide on Sin Bins - <https://www.fareferees.co.uk/sin-bins/>



FA Respect Programme

Regional Talent Clubs are required to adopt 'Respect League' processes at each age group at every game. This includes:

1. A Respect line (designated area for spectators) must be present at all Regional Talent Club Fixtures. This can be identified by a simple line of cones at least 2 meters from the touchline or by using a Respect barrier. Each area should run the length of the pitch. This means no-one should be watching from behind the goals. It is recognised however that the alignment of some public pitches does not allow for this arrangement in which case other appropriate arrangements should be made.

2. All Player Parents and Staff should read and sign the appropriate Codes of Conduct provided to them by their club.

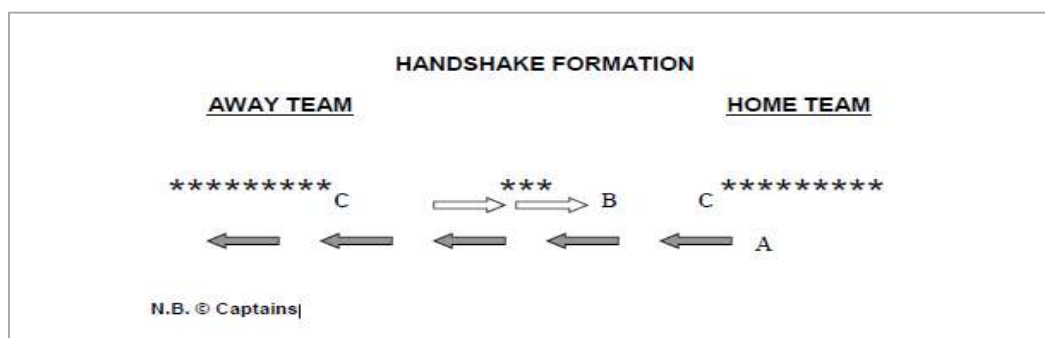
3. The Respect / Fair Play Handshake should take place at all Regional Talent Club Fixtures where possible. It is the home team's responsibility to ensure that the referee is fully briefed prior to KO.

3.1. The starting eleven from both teams together with the three match officials should take part in the handshake

3.2. Each team should line up on the same side of the half-way line, with the match officials in the middle.

3.3. The Home team, led by their captain, then walks to shake hands with the match officials, and then the away team's players (see image below). Once each Home team player has finished shaking hands with the last away team player they disperse to their favored end to kick-in.

3.4. Once the last home team player has completed the handshake, the Away team then follows their Captain passing in front of the match officials to shake hands (see 2 below) before dispersing to the opposite end of the pitch from the home team. 3.5. Once the handshakes have been completed the match officials then proceed



Arsenal Women Football Club

Tier 2

CLUB MANAGER

Holly Skinner

Email: HSkinner@Arsenal.co.uk

TECHNICAL DIRECTOR

James Honeyman

Email: JHoneyman@Arsenal.co.uk

MATCH DAY CONTACT

Holly Skinner

Email: HSkinner@Arsenal.co.uk

CORRESPONDANCE ADDRESS:

Holly Skinner
Arsenal Women Football Club
Arsenal Football Club Training Centre
Bell Lane
London Colney
Hertfordshire
AL2 1DR

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	Red	White	Red	White	Maroon	White
Goalkeeper	Green	Green	Green	Orange	Orange	Orange

LEAGUE

Under 12s Junior Premier League

Under 10s Junior Premier League

Aston Villa Women Regional Talent Club

Tier 3

CLUB MANAGER

Josephine Cottam

Email: Josephine.Cottam@AVFC.co.uk

TECHNICAL DIRECTOR

Cristina Torkildsen

Email: Cristina.Torkildsen@AVFC.co.uk

MATCH DAY CONTACT

Josephine Cottam

Email: Josephine.Cottam@AVFC.co.uk

CORRESPONDANCE ADDRESS:

Josephine Cottam
Aston Villa Football Club
North Stand Reception
Aston
Birmingham
West Midlands
B6 6HE

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	Claret	White	Sky Blue			
Goalkeeper	Green	Green	Green			

LEAGUE

Under 12s Junior Premier League

Under 10s Junior Premier League

Birmingham City Football Club

Tier 1

CLUB MANAGER

Jonathan James

Email: Jonathan.james@BCFC.com

TECHNICAL DIRECTOR

Paul Cowie

Email: Paul.Cowie@BCFC.com

MATCH DAY CONTACT

Jonathan James

Email: Jonathan.james@BCFC.com

CORRESPONDANCE ADDRESS:

Jonathan James
Birmingham City Football Club
St. Andrews Stadium
Cattell Rd
Birmingham
B9 4RL

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	Blue	White	Blue	Red	Red	Red
Goalkeeper	Green	Green	Green	Grey	Grey	Grey

LEAGUE

Under 12s

Junior Premier League

Under 10s

Junior Premier League

Blackburn Rovers Ladies Football Club

Tier 1

CLUB MANAGER

Gemma Donnelly

Email: GDonnelly@Rovers.co.uk

TECHNICAL DIRECTOR

Katie Quinlan

Email: KQuinlan@Rovers.co.uk

MATCH DAY CONTACT

Any of the above

CORRESPONDANCE ADDRESS:

Gemma Donnelly
Blackburn Rovers Football Club
Ewood Park
Blackburn
Lancashire
BB2 4JF

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	Blue & White Halves	White	Blue	Yellow	Blue	Yellow
Goalkeeper	Green	Green	Green	Purple	Purple	Purple

LEAGUE

Under 12s East Lancashire Football Alliance

Under 11s East Lancashire Football Alliance

Under 10s East Lancashire Football Alliance

Brighton & Hove Albion Women Football Club Tier 1

CLUB MANAGER

Cassie Whittell

Email: Cassie.Whittell@BrightonandHoveAlbion.com

TECHNICAL DIRECTOR

Perry Northeast

Email: PerryNortheast@BrightonandHoveAlbion.com

MATCH DAY CONTACT

Cassie Whittell

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CORRESPONDANCE ADDRESS:

Cassie Whittell
Brighton & Hove Albion Women Football Club
American Express Elite Football Performance Centre
60 Mash Barn Lane
Lancing
West Sussex
BN15 9FP

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	Blue/White Stripes	White	Blue	Yellow	Blue	Yellow
Goalkeeper	Orange	Orange	Orange	Green	Green	Green

LEAGUE

Under 12s

Horsham & District Youth Football League

Under 11s

Horsham & District Youth Football League

Bristol City Women Football Club

Tier 2

CLUB MANAGER

Becky Smith

Email: Rebecca.Smith@BristolCityWFC.co.uk

TECHNICAL DIRECTOR

Marco Chiavetta

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MATCH DAY CONTACT

Becky Smith

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CORRESPONDANCE ADDRESS:

Becky Smith
Bristol City Women's Football Club
SGS College - Wise Campus
New Road
Stoke Gifford
Bristol
Gloucestershire
BS34 8LP

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	Red	White	Red	Purple	Green	White
Goalkeeper	Black	Black	Black	Pink	Pink	Pink

LEAGUE

Under 12s Junior Premier League

Under 10s Junior Premier League

AMBASSADOR VISITS

Visiting Ambassador Member TBC

Charlton Athletic Regional Talent Club

Tier 3

CLUB MANAGER

Sue Prior

Email: Charltonwomen@yahoo.co.uk

TECHNICAL DIRECTOR

Craig Taylor

Email: CharltonAthleticRTCTD@gmail.com

MATCH DAY CONTACT

Sue Prior

Email: Charltonwomen@yahoo.co.uk

CORRESPONDANCE ADDRESS:

Sue Prior
Charlton Athletic Football Club
Charlton Athletic Training Ground
Sparrows Lane
London
SE9 2JR

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	Red	Red	Red	Blue	Blue	Blue
Goalkeeper	Green	Green	Green	Yellow	Yellow	Yellow

LEAGUE

Under 12s

Tandridge Youth Football League

Under 10s

Tandridge Youth Football League

Chelsea Women Region Talent Club

Tier 1

CLUB MANAGER

Sarah Charker

Email: Sarah.Charker@ChelseaFC.com

TECHNICAL DIRECTOR

Dean Steninger

Email: Dean.Steninger@ChelseaFC.com

MATCH DAY CONTACT

Sarah Charker

Email: Sarah.Charker@ChelseaFC.com

CORRESPONDANCE ADDRESS:

Sarah Charker
Chelsea Women Regional Talent Club
Cobham Training Ground
60-64 Stoke Road
Stoke D'Abernon
Cobham
Surrey
KT11 3PT

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	Blue	Blue	White	Light Blue	Light Blue	Light Blue
Goalkeeper	Green	Green	Green	Grey	Grey	Grey

LEAGUE

Under 12s

Epsom and Ewell Youth League

Under 10s

Epsom and Ewell Youth League

Derby County Community Trust

Tier 2

CLUB MANAGER

Tracy Potter
Jodie Hayes

Email: Tracy.Potter@DCCT.co.uk
Email: Jodie.Hayes@DCCT.co.uk (Furlough Cover)

TECHNICAL DIRECTOR

Kieron Wicks

Email: Kieron.Wicks@DCCT.co.uk

MATCH DAY CONTACT

Kieron Wicks

Email: Kieron.Wicks@DCCT.co.uk

CORRESPONDANCE ADDRESS

Kieron Wicks
Derby County Community Trust
14 Pride Point Drive
Derby
Derbyshire
DE24 8BX

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	White	Black	Black	Blue	Black	Black
Goalkeeper	Orange	Black	Black	Green	Black	Black

LEAGUE

Under 12s Derby Junior Football League

Under 10s Derby Junior Football League

Doncaster Rovers Belles Ladies Football Club Tier 3

CLUB MANAGER

Chantelle Haigh

Email: Chantelle.Haigh@ClubDoncaster.co.uk

TECHNICAL DIRECTOR

Amanda Greenslade

Email: Amanda.Greenslade@ClubDoncaster.co.uk

MATCH DAY CONTACT

Chantelle Haigh

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CORRESPONDANCE ADDRESS:

Chantelle Haigh
Doncaster Rovers Football Club
Keepmoat Stadium
Stadium Way
Doncaster
South Yorkshire
DN4 5JW

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	Red and White	Black and Red	Red and White	Navy and Yellow	Navy and Yellow	Navy
Goalkeeper	Green	Green	Green	Light Green	Light Green	Light Green

LEAGUE

Under 12s

Doncaster & District Junior Sunday Football League

Under 10s

Doncaster & District Junior Sunday Football League

Durham Women Football Club

Tier 2

CLUB MANAGER

Maddy Wood

Email: Maddy.Wood@DurhamWFC.co.uk

TECHNICAL DIRECTOR

Steve Common

Email: RTCtechnicaldirector@DurhamWFC.co.uk

MATCH DAY CONTACT

Maddy Wood

Email: Maddy.Wood@DurhamWFC.co.uk

CORRESPONDANCE ADDRESS:

Maddy Wood
Durham Women FC
The Graham Sports Centre
Durham University
Stockton Road
Durham
DH1 3SE

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	Blue	Blue	Blue	White	Blue	Blue
Goalkeeper	Green	Green	Green	Yellow	Yellow	Yellow

LEAGUE

Under 15s Russell Foster Tyne & Wear Football League

Under 12s Russell Foster Tyne & Wear Football League

Under 11s Russell Foster Tyne & Wear Football League

Under 10s Russell Foster Tyne & Wear Football League

Essex FA Girls' Regional Talent Club

Tier 2

CLUB MANAGER

Dani Warnes

Email: EssexRTC@EssexFA.com

TECHNICAL DIRECTOR

Steve Downey

Email: Downey_s@sky.com

MATCH DAY CONTACT

Dani Warnes

Email: EssexRTC@EssexFA.com

Steve Downey

Email: Downey_s@sky.com

CORRESPONDANCE ADDRESS:

Dani Warnes
Essex Girls' Regional Talent Club
Essex County Football Association
Springfield Lyons Approach
Chelmsford
Essex
CM2 5LB

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	White	Navy	Navy	Red	Red	Red
Goalkeeper	Green	Black	Black	White	Black	Black

LEAGUE

Under 12s

Brentwood Community Football Alliance

Under 11s

Brentwood Community Football Alliance (Under 10s)

Everton Ladies Football Club

Tier 2

CLUB MANAGER

Emily Crook

Email: Emily.Crook@Evertonfc.com

TECHNICAL DIRECTOR

Thomas Walsh

Email: Thomas.Walsh@Evertonfc.com

MATCH DAY CONTACT

Thomas Walsh

Email: Thomas.Walsh@Evertonfc.com

CORRESPONDANCE ADDRESS:

Aaron Little
Everton Football Club
USM Finch Farm
Finch Lane
Halewood
Liverpool
L26 3UE

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	Blue	Blue	Blue			
Goalkeeper	Green	Green	Green			

LEAGUE

Under 12s

Club arranged fixtures

Under 10s

Club arranged fixtures

Leeds United Girls Regional Talent Club

Tier 1

CLUB MANAGER

Gary Waddington

Email: Gary.Waddington@LeedsUnited.com

TECHNICAL DIRECTOR

Paul Atkinson

Email: KarenAtkinson71@gmail.com

MATCH DAY CONTACT

Abigail Lee

Email: Abigail.Lee@LeedsUnited.com

CORRESPONDANCE ADDRESS:

Gary Waddington
Leeds United Girls Regional Talent Club
Elland Road
Beeston
Leeds
West Yorkshire
LS11 0ES

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	Grey	Grey	Grey	Blue	Blue	Blue
Goalkeeper	Orange	Orange	Orange			

LEAGUE

Under 12s Junior Premier League

Under 11s Junior Premier League

Under 10s Garforth Youth Football League

Leicester City Regional Talent Club

Tier 1

CLUB MANAGER

Jo Sjoberg

Email: Jo.Sjoberg@LCFC.co.uk

TECHNICAL DIRECTOR

Raffaele Long

Email: Raffaele.Long@LCFC.co.uk

MATCH DAY CONTACT

Jo Sjoberg

Email: Jo.Sjoberg@LCFC.co.uk

CORRESPONDANCE ADDRESS:

Jo Sjoberg
Leicester City Football Club
King Power Stadium
Filbert Way
Leicester
Leicestershire
LE2 7FL

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	Royal Blue	Royal Blue	Royal Blue	Grey or Red	Grey or Red	Grey or Red
Goalkeeper	Black & Turquoise	Black & Turquoise	Black & Turquoise	Orange	Orange	Orange

LEAGUE

Under 12s

Midland Junior Premier League (U11)

Under 11s

Midland Junior Premier League (U10)

Liverpool Women Football Club

Tier 1

CLUB MANAGER

Julie Grundy

Email: Julie.Grundy@LiverpoolFC.com

TECHNICAL DIRECTOR

Amber Whiteley

Email: Amber.Whiteley@LiverpoolFC.com

MATCH DAY CONTACT

Julie Grundy

Email: Julie.Grundy@LiverpoolFC.com

CORRESPONDANCE ADDRESS:

Julie Grundy
Liverpool Women FC
20 Chapel Street
Liverpool
L3 9AG

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	Red	Red	Red	Turquoise	Turquoise	Turquoise
Goalkeeper	Green	Green	Green	Black 3 rd Yellow	Black 3 rd Yellow	Black 3 rd Yellow

LEAGUE

Under 12s

Liverpool Premier League

Under 10s

Mossely Hill League

Manchester City Girls Football Club

Tier 1

CLUB MANAGER

Samantha Woodcock

Email: Samantha.Woodcock@ManCity.com

TECHNICAL DIRECTOR

Martin Harrison

Email: Martin.Harrison@ManCity.com

MATCH DAY CONTACT

Samantha Woodcock

Email: Samantha.Woodcock@ManCity.com

CORRESPONDANCE ADDRESS:

Olivia Loughlin
Manchester City Women Football Club
City Football Academy
400 Ashton New Road
Manchester
Lancashire
M11 4TQ

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	Sky Blue	White	Sky Blue	Black	Black	Grey / Black
Goalkeeper	Aqua Green	Aqua Green	Aqua Green	Black	Black	Black

LEAGUE

Under 12s

Bespoke programme in with Manchester FA

Under 10s

Bespoke programme in with Manchester FA

Manchester United Football Club

Tier 1+

CLUB MANAGER

Emma Fletcher

Email: Emma.Fletcher@mufoundation.org

TECHNICAL DIRECTOR

Matt Johnson

Email: Matt.Johnson@mufoundation.org

MATCH DAY CONTACT

Emma Fletcher

Email: Emma.Fletcher@mufoundation.org

CORRESPONDANCE ADDRESS

Emma Fletcher
Manchester United Foundation
26 Sir Matt Busby Way
Old Trafford
Manchester
M16 0RA

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	Red	Black	Red	Legend Green	Legend Green	Legend Green
Goalkeeper	Green	Green	Green	Yellow	Grey	Yellow

LEAGUE

Under 13s Timperley and District Junior Football League

Under 12s Timperley and District Junior Football League

Under 11s Timperley and District Junior Football League

Under 10s Timperley and District Junior Football League

Milton Keynes Dons Regional Talent Club

Tier 2

CLUB MANAGER

Jon Dewick

Email: Jon.Dewick@MKdonsset.com

TECHNICAL DIRECTOR

Paul Read

Email: Paul.Read@MKdons.com

MATCH DAY CONTACT

Jon Dewick

Email: Jon.Dewick@MKdonsset.com

CORRESPONDANCE ADDRESS:

Jack Sharp
Milton Keynes Dons Regional Talent Club
Stadium Way West
Bletchley
Milton Keynes
Buckinghamshire
MK1 1ST

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	White	White	White	Red	Red	Red
Goalkeeper	Green	Green	Green	Yellow	Yellow	Yellow

LEAGUE

Under 12s The Milton Keynes & District Development League

Under 10s The Milton Keynes & District Development League

Nottingham Forest Community Trust

Tier 3

CLUB MANAGER

Steven Gray

Email: RTC@NottinghamForest.co.uk

TECHNICAL DIRECTOR

Stephen Stennett

Email: TBC

MATCH DAY CONTACT

Steven Gray

Email: RTC@NottinghamForest.co.uk

CORRESPONDANCE ADDRESS:

Steven Gray
Nottingham Forest Community Trust
The City Ground
Pavilion Road
Nottingham
Nottinghamshire
NG2 5FJ

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	Red	White	Red	Blue/Yellow	Blue/Yellow	Blue
Goalkeeper	Yellow	Yellow	Yellow	Orange	Orange	Orange

LEAGUE

Under 12s

Young Elizabethan Football League

Under 10s

N/A

Oxford United Women Football Club

Tier 2

CLUB MANAGER

Lauren Haynes

Email: LHaynes@OUFC.co.uk

TECHNICAL DIRECTOR

Vlad Cintic

Email: VCintic@OUFC.co.uk

MATCH DAY CONTACT

Lauren Haynes

Email: LHaynes@OUFC.co.uk

CORRESPONDANCE ADDRESS:

Lauren Haynes
Oxford United Women Football Club
Kassam Stadium
Grenoble Road
Oxford
Oxfordshire
OX4 4XP

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	Yellow	Navy	Yellow	Orange	Orange	Orange
Goalkeeper	Pink	Pink	Pink	Green	Green	Green

LEAGUE

Under 12s

Oxford Mail Youth League

Under 10s

Oxford Mail Youth League

Reading Women Football Club

Tier 2

CLUB MANAGER

Joe Manns

Email: RTCCoach@ReadingFC.co.uk

TECHNICAL DIRECTOR

Phil Cousins

Email: PCousins@ReadingFC.co.uk

MATCH DAY CONTACT

Phil Cousins

Email: PCousins@ReadingFC.co.uk

CORRESPONDANCE ADDRESS:

Kelly Chambers
Reading Women Football Club
Madejski stadium
Junction 11 M4
Reading
Berkshire
RG2 0FL

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	Blue & White Hoops	White	White	Red	Red	Red
Goalkeeper	Green	Green	Green			

LEAGUE

Under 12s

East Berkshire Football Alliance

Under 10s

East Berkshire Football Alliance

Sheffield United Football

Tier 2

KEY CONTACT DETAILS

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TECHNICAL DIRECTOR

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MATCH DAY CONTACT

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Sheffield United Football Club
Sheffield United Football Club Academy
Firhill Crescent
Sheffield
Yorkshire
S4 7DJ

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	Red & White Strips	Black	Red	White	Black	Red
Goalkeeper	Green	Green	Green	Green	Green	Green

LEAGUE

Under 12s Junior Premier League

Under 10s Junior Premier League

Southampton Football Club

Tier 1

CLUB MANAGER

Sophie Dugan

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TECHNICAL DIRECTOR

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MATCH DAY CONTACT

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Hampshire
SO40 4WR

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	Red & White	Black	Red & White	Grey with Yellow	Yellow	Yellow
Goalkeeper	Yellow	Yellow	Yellow	Pink	Pink	Pink

LEAGUE

Under 12s Junior Premier League U11

Under 11s Junior Premier League U10

Under 10s Bespoke Fixture Programme

Stoke City Football Club

Tier 2

CLUB MANAGER

Kath Tranter

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TECHNICAL DIRECTOR

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MATCH DAY CONTACT

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COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	Red / White	White	White	Blue	Blue	Blue
Goalkeeper	Blue	White	White	Green	Green	Green

LEAGUE

Under 12s

Potteries Junior Football League

Under 10s

Potteries Junior Football League

Sunderland & Gateshead Regional Talent Club Tier 1

CLUB MANAGER

Andy Grant

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TECHNICAL DIRECTOR

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Beacon of Light
Sunderland
SR5 1SU

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	Red & White Stripe	Black	Black	Blue	Blue	Blue
Goalkeeper	Yellow	Yellow	Yellow	Green	Green	Green

LEAGUE

Under 12s

Russell Forster Youth League

Under 10s

Russell Forster Youth League

Teesside Sport

Tier 2

CLUB MANAGER

Ben Fisher

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TECHNICAL DIRECTOR

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MATCH DAY CONTACT

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COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	Red	Red	Red	TBC	TBC	TBC
Goalkeeper	Green	Black	Black	TBC	TBC	TBC

LEAGUE

Under 12s

Teesside Junior Football Alliance

Under 13s

Teesside Junior Football Alliance

West Bromwich Albion Football Club Girls

Tier 3

CLUB MANAGER

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TECHNICAL DIRECTOR

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MATCH DAY CONTACT

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B71 4LF

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	White/Navy	White	White			
Goalkeeper	Pink	Pink	Pink			

LEAGUE

Under 12s

Midlands Junior Premier League (MJPL)

Under 10s

Midlands Junior Premier League (MJPL)

Wolverhampton Wanderers Foundation

Tier 3

CLUB MANAGER

Andy Butler

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TECHNICAL DIRECTOR

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MATCH DAY CONTACT

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West Midlands
WV1 4QR

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	Old Gold	Black	Old Gold	White	White	White
Goalkeeper	Green	Green	Green	Red	Red	Red

LEAGUE

Under 12s

Junior Premier League

Under 10s

JPL Birmingham CVF (Under 9)

York City Foundation Regional Talent Club Tier 1

KEY CONTACT DETAILS

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Technical Director

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CORRESPONDANCE ADDRESS:

Paula Stainton

Foundation Manager

York City Football Club Foundation

Bootham Crescent

York

Yorkshire

YO30 7AQ

COLOURS

	Home			Away		
	Shirt	Shorts	Socks	Shirt	Shorts	Socks
Outfield	Red	Red	Red	N/A	N/A	N/A
Goalkeeper	Purple	Purple	Purple	N/A	N/A	N/A

LEAGUE

Under 12s

York & District Youth Football League

Under 11s

York & District Youth Football League

Under 10s

York & District Youth Football League

Rules and Regulations of The FA Regional Talent Club League 2020-21

1. Control of Competition

- 1.1 The league shall be called “The FA Girls’ Regional Talent Club League” to which names may be added the name of any title sponsor.
- 1.2 The ownership, organization, control and management of the Competition and any rights associated with it of any nature shall be vested entirely and exclusively in The Association. The FA Women’s Football Board, through The FA Girls’ Talent Development Sub-Committee, shall have the power to make, delete and amend regulations for the organization, control and management of the Competition as it, from time to time, deems expedient (the “Competition Rules”) subject only to the authority of the Board where such matters relate to financial or commercial matters.
- 1.3 In order to be admitted to membership of the Competition, a club shall hold a current FA license to operate a Girls’ Regional Talent Club and have an affiliation number from its affiliated Association.
- 1.4 The League Competition
- 1.4.1 The League shall comprise of an Under 16 Competition and an Under 14 Competition, which will be in accordance with The Laws of the Game, Rules of The Football Association, The FA Girls’ Regional Talent Club Criteria and the below rule set.
- 1.4.2 Except in the case of any play-off competition to which special rules may be applied, the winner of a League Match shall score 3 points. Each Member Club participating in a League Match which is drawn shall score 1 point.
- 1.4.3 The results of the League Matches in each competition shall be recorded by each Regional Talent Club using Full Time and will be managed directly by The Football Association. Member Clubs will supply the following information:
- (i) The number of League Matches played in that Season;
 - (ii) The number of League Matches won, drawn and lost as a Home Club in that Season;
 - (iii) The number of League Matches won, drawn and lost as a Visiting Club in that Season;
 - (iv) The number of goals scored in League Matches by and against that Member Club in that Season;
 - (v) The number of points scored in that Season.

Match statistics shall be entered onto full time within four days of the fixture including:

Starting
Bench used
Bench unused
Minutes played
Goals Scored
Red Cards
Yellow Cards

Any Club not recording the match statistics in the stipulated time may be subject to a fine a sum not exceeding £25.

- 1.4.4 The position of Member Clubs in a table shall be determined by the number of points scored in that Season, the Member Club having scored the highest number of points being at the top of a table and the Member Club having scored the lowest number of points being at the bottom.
- 1.4.5 If any 2 or more Member Clubs have scored the same number of points their position in a table shall be determined on goal difference.
- 1.4.6 If any 2 or more Member Clubs have scored the same number of points and have the same goal difference the higher or highest placed Member Club shall be the Member Club having scored the most goals in League Matches in that Season.
- 1.4.7 If any 2 or more Member Clubs have scored the same number of points, have the same goal

difference and have scored the same number of goals in League Matches in that Season they shall be deemed to occupy the same position in a table.

- 1.4.8 If at the end of a Season any 2 or more Member Clubs occupy the same position in a table, the Committee shall determine the means, if any, by which they shall be separated.

2. Fixtures

2.1 Arranging Fixtures

- 2.1.1 The dates of League Matches shall be fixed and approved by The Football Association as soon as practicable prior to the commencement of each Season.

- 2.1.2 The Association shall have power at any time to change the date upon which a League Match is to be played. The Association may consult with and take into account any representations made by the Member Clubs participating in the League Match in question and any other Member Club which may be affected thereby.

- 2.1.3 Unless the Association otherwise states or both participating Clubs agree, League Matches will be played on Saturdays.

- 2.1.4 Not later than 7 days before the date upon which a League Match is to be played in accordance with the fixture list, (or, if later, on the date upon which the League Match in question is determined), the Home Club shall contact the Visiting Club and the appointed Match Officials providing them with particulars of the location, and access to the ground and kick off time.

2.2 Postponement of League Matches

- 2.2.1 When adverse weather conditions place a fixture in doubt it is the responsibility of the home Club to make arrangements to inspect the pitch to decide its fitness for play. It is the away clubs responsibility to advice on their travel arrangements to help determine an appropriate time for a pitch inspection. In the event of persistent weather conditions Home Clubs shall make a decision on the match by 3pm the day before the match is due to take place to save expenses of unnecessary journeys being incurred by their opponents. With the agreeance of both Clubs, a decision can be deferred to a later date with consultation with the Women's League Officer.

- 2.2.2 A League Match shall not be postponed or abandoned except with the written consent of the Women's Leagues Officer or on the instructions of the appointed referee who shall be empowered to instruct that the League Match be postponed or abandoned only if he/she considers that the pitch is unfit for or if adverse weather conditions preclude the playing of the League Match.

- 2.2.3 Upon a League Match being postponed or abandoned, the Home Club shall forthwith give notice thereof to The FA through the official match postponement form and they will fix a date upon which the League Match in question shall be played. The Match must be arranged within 14 days of the original date but can be scheduled for after that period.

- 2.2.4 Except in the case of a League Match which, without either the Home Club or the Visiting Club being at fault, is postponed or abandoned, any Member Club which causes the postponement or abandonment of a League Match on the date fixed or the date to which it is rearranged will be in breach of these rules.

- 2.2.5 A Club having 3 players or more selected for International Duty with England may request a postponement of its League or Cup fixture provided at least 10 days' notice is given to the Women's Leagues Officer RTC and Technical Talent Coach in writing. If 1 player is selected and that player is the only registered goalkeeper, a Club could make a similar request for postponement of its League or Cup fixture. This will only apply to U15, U16 and U17 International Football.

- 2.3 In all matches played on a weekend where travelling time from the away team training ground to home team match venue exceeds 2 hours, kick off must take place no earlier than midday and no later than 3pm, unless otherwise agreed by both the Home and Away Club. If there is no agreement the default kick-off time of a League Match shall be midday.

- 2.4 At least 45 minutes before the kick-off time of a League Match, each Club shall have a duly completed team sheet to the match referee and the opposition.

- 2.5 If any player or substitute player named in the team sheet is injured after the submission of the team sheet but before kick-off, upon the referee being satisfied that the injury is such that the player in question cannot reasonably be expected to play, the name of another player may be added to the team sheet as a player or substitute player.
- 2.6 No player whose name does not appear on the team sheet or is registered to that Club team shall take to the field of play in that League Match.
- 2.7 In any League Match a Member Club may include in its team sheet up to 7 substitute players, all of which will be able to play through repeated substitutions.
- 2.8 U16 Matches will be 80 minutes (2 x 40-minute halves unless otherwise agreed by both parties for non-league fixtures. In this instance players should play no longer than 80 minutes).
- U14 Matches will be 70 minutes (2 x 35-minute halves unless otherwise agreed by both parties. In this instance players should play no longer than 70 minutes).
- 2.9 The Committee may order a League Match which for whatever reason lasts for less than 80 minutes (U16) or 70 minutes (U14) to count as a completed fixture or to be replayed at its discretion.
- 2.10 The half-time interval in League Matches shall be no longer than 15 minutes.
- 2.11 Each Member Club participating in a League Match shall respond to the Full-Time automated result **Short Message Service (SMS)** within 30 minutes of the match concluding. Any Club not recording the result of the match in the stipulated time may be subject to a fine a sum not exceeding £25.

3. Facilities

- 3.1 Adequate changing, washing and toilet facilities for both home and away teams must be made available to your opposition a minimum of 1 hour before kick-off.
- 3.2 Separate treatment room
- 3.3 Rapid access to qualified medical expertise
- 3.4 All 3G football turf pitches must be FIFA approved
- 3.5 Both the Home Club and the Visiting Club shall each procure the attendance of a HCPC Registered Physiotherapist or a minimum of a Sports Therapist. A documented Medical Emergency Action Plan ("MEAP") must be sent to opposition within the match confirmation by the home Club and should be available to The FA delegate attending the match on request. It is best practice to have physical copies available and clearly displayed at the facility where possible.
- 3.6 An accessible defibrillator is recommended
- 3.7 Wet weather contingency plan for U16 fixtures. In the event of a potential postponement, clubs must have an artificial grass surface available which is listed on The Football Associations register for artificial grass pitches and with the Prior Consent of The Football Association. This should be requested at the time of entry to the Competition in each Season.
- 3.8 Technical Areas must be clearly identifiable.
- 3.9 U16s to play 11v11 on a maximum pitch size of 100 yards x 60 yards (91m x 56m), using a size 5 ball.
- 3.10 U14s to play 11v11 on a maximum pitch size of 90 yards by 55 yards (82m x 50m), using a size 4 ball and 9 v 9 goalposts. (Goal 16*7 or 21*7 whichever is available on the site)

4. Playing Kit

- 4.1 When playing in League Matches the players of each participating Member Club shall wear its home Kit unless the home Kits of the participating Member Clubs are alike or similar or are in the opinion of the referee likely to cause confusion in which event players of the Visiting Club shall

wear it's away Kit or a combination of its home Kit and its away Kit. In the event of any dispute with regard to the Kit to be worn by either Member Club, the referee's decision shall be final.

4.2 Players' shirts shall be clearly numbered on the back in accordance with the Official Team Sheet. No change of numbers during the match shall be permitted except on a change of Goalkeeper or where a player has been required by the Referee to change her shirt because of a blood injury. The Captain of each team shall wear a distinguishing armband to indicate her status.

4.3 Any Club failing to wear numbered shirts in any League Match may be fined up to £30.

4.4 Clubs' colours must not clash with the black and white outfit worn by the Match Officials.

5. Match Officials

5.1 Appointment of Match Officials

The home club shall arrange the appointment of Match Officials to officiate at each League Match and shall determine the terms and conditions of their appointment.

Referees under the age of 16 are only eligible to officiate in competitions where the players' age band is at least one year younger than the age of the Referee. E.g. a 15-year-old referee may only referee in competitions where the age banding is 14 or younger. This also applies to those mentioned in regulation 1(a) regarding unregistered and or unqualified Referees.

In the event of any of the Match Officials failing to arrive or being incapacitated, it shall be completed under the control of the remaining Match Officials and the most senior Assistant Referee must take charge. Any substitute agreed to assume Assistant Referee duties shall be considered a Match Official for the purposes of that match.

5.2 Fees and Expenses

5.2.1 At the conclusion of each League Match, the Home Club shall pay fees and expenses to Match Officials.

5.2.2 No Member Club or Official shall either directly or indirectly make or offer to make any payment to or confer or offer to confer any benefit upon any Match Official.

5.2.3 *Scale of Fees to be Paid to Match Officials:*

Referee, **£40.00**; Assistant Referees, **£25.00** each

5.3 Pre-Match Procedures

Prior to the commencement of a League Match at which he/she has been appointed to officiate, the referee shall:

5.3.1 Receive a copy of the league regulations

5.3.2 Together with the other Match Officials, arrive at the ground not less than 1 hour before the kick-off time;

5.3.3 Decide on the fitness of the pitch for the playing of the League Match and if the referee considers it to be unfit, instruct that the League Match be postponed or that the kick-off be delayed;

5.3.4 If the referee considers it to be necessary, instruct that the pitch be re-marked;

5.3.5 Check and approve any football to be used in the League Match.

5.3.6 Ensure that the players' Kit complies with the provisions of Rule 3;

5.3.7 Decide the position of assistant referees for the kick-off and their direction of patrol and ensure that each carries a flag.

5.4 Compliance with Instructions

5.4.1 Players and Officials shall comply with any lawful instruction given to them by a Match Official officiating at a League Match.

5.4.2 Players who are cautioned or dismissed from the field of play will be reported directly to appropriate County Football Association.

6. Medical

6.1 Both the Home Club and the Visiting Club shall each procure the attendance of a HCPC Registered Physiotherapist or a minimum of a Sports Therapist.

6.2 All medical staff attending pitch side shall have an up-to-date emergency aid qualification, to a minimum standard of Level 3 EMAiF.

6.3 In the instance that two age groups are playing on adjacent pitches, it may sufficient for one Physiotherapist or Sports Therapist to be present presuming they have immediate access to both pitches and sets of players. This must be documented in the Home Club's MEAP and should be communicated to the Visiting Club prior to their travel to the relevant Match.

6.4 Potentially Concussive Head Injuries

6.4.1 All Clubs shall ensure that any Player who sustains a potentially concussive head injury during a Competition Match is substituted and is not permitted to resume training or playing without the consent of a qualified medical practitioner. The same provisions shall apply where a potentially concussive head injury is sustained in training.

6.4.2 Each team doctor, physiotherapist, or sports therapist shall carry the FIFA approved Pocket Concussion Tool on their person when they are present at any Match or training session.

6.4.3 Each Club, and all medical personnel employed by said Club, shall comply with and be aware of The FA's policy on concussion as outlined at <http://www.thefa.com/get-involved/coach/concussion>.

6.4.4 Each Club, and all medical personnel employed by said Club, shall comply with and be aware of The FA's guidance on heading as outlined in the appendix.

6.4.5 It is recommended that each Member Club should have links with, or direct access to, medical practitioners who can assist with potentially concussive head injuries to assist in the management of concussive injuries.

7. Players' Eligibility

7.1 A player shall not be named on the team sheet of a Member Club in a League Match unless:

- (i) The Member Club holds her registration
- (ii) She is a Registered Trialist

7.2 For season 2020-21, a player participating in the U16 league must have been born on or after 1st September 2004 and before 31st August 2006.

7.3 For season 2020-21, a player participating in the U14 league must have been born on or after 1st September 2006 and before 31st August 2008.

7.4 Players playing up and down.

Clubs wishing to play a player up or down an age group must ensure they have taken the appropriate steps outlined in the Tier 1, Tier 2 & Tier 3 Criteria

The Player must be added to the higher team on WGS for approval and the following information must be recorded by the Club

Details of each match played

Date

Venue

Names of all participating players

7.3 All players must be registered on The FA Whole Game System to be eligible to play with the FA Regional Talent Club Fixture programme.

- 7.3.1 It is the responsibility of each Regional Talent Club to ensure that any Player signing a registration form for that Club has, where necessary, the required International Transfer Certificate. This should be confirmed during the Whole Game Player Registration process. Clearance is required for any Player aged 10 and over crossing borders including Wales, Scotland and Ireland. Clubs that do not comply with International Clearance will be subject to sanctions from FIFA.
- 7.4 Any team playing an unregistered or otherwise ineligible player or players may have the points gained in the match deducted from its total and/or otherwise dealt with at the discretion of The FA Girls' Talent Development Sub-Committee.

Where any team has played an unregistered or otherwise ineligible player or players, The FA Girls' Talent Development Sub-Committee may impose a punishment or order it considers appropriate, including (but not limited to) deducting any points won in any league match affected, awarding league points to any opposing teams, expelling the team from a cup competition if any match affected was played in that cup competition, allowing the opposing team to progress to the next round of that cup competition, ordering any match to be replayed, and / or imposing a fine.

Competition Rules of The FA Girls' Youth Cup and Plate 2020-21 Season

1 Control of Competition - Rules and Regulations

- 1.1 The Cup shall be officially called 'The FA Girls' Youth Cup' and the Plate shall be called 'The FA Girls' Youth Plate' (together the **"Rules of the Competitions"**).
- 1.2 The ownership, organisation, control and management of the Competition and any rights associated with it of any nature shall be vested entirely and exclusively in The Association.
- 1.3 The FA Women's Football Board, through The FA Girls' Talent Development Sub-Committee, shall have the power to make, delete and amend regulations for the organisation, control and management of the Competition as it, from time to time, deems expedient (the "Competition Rules") subject only to the authority of the Board where such matters relate to financial or commercial matters. Unless explicitly provided for within the Competition Rules definitions of terms used within the Competition Rules are those included within the Rules of The Association for the relevant season.
- 1.4 All Participants participating in any way in the Competition shall be bound by and comply with the Competition Rules (and any rules or regulations issued pursuant to the Competition Rules).
- 1.5 The FA Women's Football Board, through The FA Girls' Talent Development Sub-Committee, shall have the power in relation to the Competition and to make decisions on all matters arising out of or in relation to the organisation, control and management of the Competition (including as to eligibility and qualification) which shall be deemed decisions of the Board and shall be final and binding on all participants in the Competition. In relation to these and any other matters not specifically mentioned in the Competition Rules, The FA Women's Football Board, through The FA Girls' Talent Development Sub-Committee, shall have the power to take such action and make such decisions, orders, rulings and impose such penalties as it deems necessary and following such procedures as it considers appropriate.
- 1.6 A Club participating in the Competition shall have only such rights in relation to the Competition (and any match in the Competition) as are expressly granted to the Club under the Competition Rules or by The Association in writing.
- 1.7 In addition to any other action or penalty, The FA Women's Football Board, through The FA Girls' Talent Development Sub-Committee, shall have the power to disqualify any competing Club or Player for any competing Club(s), which it determines to have breached the Rules of The Association or the Competition Rules (and any rules or regulations issued pursuant to the Competition Rules), and the decision of the Board shall, subject to rule 19 be final and binding.

2 Commercial Contracts

- 2.1 In relation to each match in the Competition, The Association shall itself be exclusively entitled to, or otherwise to authorise or grant to others, rights of access to and attendance at the ground of the Home Club ("Access Rights") for the purposes of transmitting or filming or otherwise recording on or by any media, any audio and/or visual materials depicting or describing all or any part or parts of a match (the "Copyright Materials").

- 2.2 In relation to each match in the Competition, The Association shall itself be exclusively entitled throughout the world, or to grant to or otherwise authorise others:
- 2.2.1 On a live, delayed, recorded or highlighted basis to broadcast or otherwise transmit by any method whatsoever (now known or hereinafter devised) the Copyright Materials by way of any and all forms of television or similar technology (now known or hereinafter devised) including, without limitation, free to air television, pay television, pay per view, “not-video-on-demand” internet or other on-line media and “video-on-demand” (the “Television Rights”).on a live or delayed basis to broadcast or to otherwise transmit the Copyright Materials (or audio) by way of radio broadcast or internet, or other on-line media or similar technology (now known or hereinafter devised) (the “Radio Rights”).
- 2.2.2 To use, sell, publish, distribute and otherwise exploit the Copyright Materials in any manner whatsoever including, without limitation, clip licensing, videos, video grams, CD Rom, CDI, internet or other on-line media (the “Footage Rights”).
- 2.3 In relation to each match in the Competition, The Association shall be exclusively entitled, either by it or to authorise others, to use sell or otherwise exploit all commercial and other marketing rights associated with the Competition.
- 2.4 Clubs shall comply with the terms of all contracts entered into by The Association from time to time in relation to Access Rights, the Television Rights, the Radio Rights, the Footage Rights and the Marketing Rights (collectively the “Commercial Contracts”) in relation to the Competition.
- 2.5 Clubs shall provide access to grounds and provide all other rights, facilities and services as may be necessary to enable The Association to fulfil any Commercial Contracts.
- 2.6 The Clubs acknowledge that The Association may issue more detailed rules and regulations regarding the provisions of any Commercial Contracts and the Clubs agree that they shall be bound by such rules and regulations as amended from time to time by The Association.
- 2.7 Each Club undertakes to indemnify and keep indemnified The Association and its officers, directors, employees and authorised representatives from and against any claims for direct or consequential loss or damage by any party to any Commercial Contract caused or otherwise attributable to any failure or any breach by the Club fully to perform or observe its obligations and responsibilities under these provisions.
- 2.8 Nothing in the above shall be construed or interpreted so as to prevent or restrict Clubs, subject to applicable FIFA, UEFA or other rules or regulations or decisions of The Association, from entering into commercial arrangements in relation to matches in the Competition which do not in any way conflict with any Commercial Contracts and duties of Clubs as set out herein (and in any other rules or regulations issued by The Association in accordance with this paragraph).

3 Logo and Images of the Competitions

- 3.1 Each Club shall include the Official Title at least once on all materials produced by or on behalf of it which relates to the Competitions (including, but not limited to, tickets, programmes, press releases, scoreboard displays) and shall refer to the Official Title at least once over any public address system operating on the day of any The FA Girls’ Youth Cup or The FA Girls’ Youth Plate match.

- 3.2 The Association may from time to time issue a FA Girls' Youth Cup and/or a FA Girls' Youth Plate logo. Either logo may incorporate branding for the lead FA sponsor in this area.
- 3.3 In the Competition, each participating Club shall include The FA Girls' Youth Cup logo and/or The FA Girls' Youth Plate logo on all FA Girls' Youth Cup communication materials produced by or on behalf of it.
- 3.4 The Association may from time to time issue images of The FA Girls' Youth Cup and/or The FA Girls' Youth Plate to Clubs. The ribbons attached to The FA Girls' Youth Cup in the image will incorporate branding for the lead The FA Girls' Youth Cup sponsor if applicable.
- 3.5 If a Club which wishes to use an image of The FA Girls' Youth Cup and/or The FA Girls' Youth Plate it shall use the image issued by The Association and will follow any directions issued by The Association in relation to the use of such image.

4 Structure of the Competitions

- 4.1 There shall be a Determining Round and a Competition Proper for the Cup and the Plate.
- 4.2 The Cup shall consist of the winners of the Determining Round and the Plate shall consist of those defeated in the Determining Round.
- 4.3 The Determining Round shall consist of all other Clubs entered in accordance with Competition Rule 5.
- 4.4 The Determining Round and the First Round Proper shall be played on a geographical basis and all other rounds will be played on a national basis.

5 Eligible Clubs

- 5.1 All Clubs currently participating in The FA Girls' Regional Talent Programme at under 16 level in the current season, sanctioned by The Association or an affiliated Association, shall compete in the competition(s). Other applications may be accepted as determined by The Association from time to time.
- 5.2 If a Club is removed from the FA Girls' Regional Talent Club League in which it is playing, once it has been accepted into the Competition, the Sub-Committee has the power to remove the Club from the Competition. Any Club withdrawing from either Competition once it has been named in a draw shall be fined a sum not exceeding £100.

6 Entry Date

- 6.1 In order to participate in the Competitions, applicants must complete the application and payment process on or before 1 July in the season before the season in which such application proposes to compete in the Competition. An application that fails to pay The Association's Membership subscription by 1 August may be subject to removal from the Competition.

7 Provisions For Withdrawing From The Competition

- 7.1 Any Club deciding to withdraw from a Competition must notify its intention to do so in writing to The Association and the opposing Club, not less than eight days before the date fixed for playing the match.

- 7.2 A Club failing to comply with this shall be reported to the Sub-Committee, who shall have power to compel such offending Club to pay expenses actually incurred by the opposing Club.
- 7.3 A Club failing to give satisfactory reason for withdrawing from a Competition may not be allowed to enter the Competition in the following season and shall be liable to such fine as the Sub-Committee considers appropriate.
- 7.4 Where a Club fails to fulfil any fixture the Sub-Committee shall take such action as compel such offending Club to pay expenses actually incurred by the opposing Club and fined a sum not exceeding £100.
- 7.5 If a Club is removed from the FA Girls' Regional Talent Club League or the league in which it is playing, once it has been accepted into the Competition, the Sub-Committee has the power to remove the Club from the Competition. Any Club withdrawing from either Competition once it has been named in a draw shall be fined a sum not exceeding £100.

8 Draws For Rounds And Kick Off Times

- 8.1 The Clubs competing in each Round of the Determining Round and the Competition Proper shall be drawn in pairs. The pairs shall play a match subject to the Laws of the Game. The winners will compete in the next Round, the ties of which will be drawn in the same manner. This shall be continued until the Final of the Competition. A match shall not be played on a neutral ground without the consent of the Sub-Committee.
- 8.2 After the draw for each Round is made, notice shall be given to each Club of the name of its opponent Club, and the Competition date by which it is to be played. All matches in each Round shall be played on such date and at such time as the Sub-Committee shall determine.
- 8.3 Immediately following publication by The Association of the draw for each Round, the Club first drawn must communicate with the opposing Club to agree a kick off time and notify The Association of the kick off time agreed by the two Clubs within seven days of the date of the draw. In all matches played on a weekend where travelling time from the away team training ground to home team match venue exceeds 2 hours, kick off must take place no earlier than midday and no later than 3pm, unless otherwise agreed by both the Home and Away Club. If there is not an agreement between Clubs, this will revert to the default kick off time of 1pm.
- 8.4 Clubs from the quarter final onwards can apply for travel expenses for away fixtures. 50p per mile round trip after the first 100 miles and £150 towards hotel expenses on receiving receipts, and only if the club has travelled over 325 miles round trip.
- 8.5 In any event, the Sub-Committee shall have the power to order that any match be played on an alternative ground or date, if it is considered appropriate and necessary. For ties switched from the ground of the Club first drawn, the Sub-Committee shall determine the financial conditions in which the tie shall be played.

9 Duration Of Matches, Kicks From The Penalty Mark, Postponed and Abandoned Matches

- 9.1 The duration of each match shall be 80 minutes, with a half-time interval which shall not exceed 15 minutes.
- 9.2 In the event that the score is equal, the outcome of the match will be determined by the taking of penalty kicks from the penalty mark in accordance with the procedure adopted by the International Football Association Board. There shall be no period of extra time.
- 9.3 Both teams shall enter the field of play together five minutes prior to the kick-off time, along with the Match Officials. Both Teams will perform a Respect handshake along with the Match officials.
- 9.4 When a match has been postponed or is abandoned before the completion of 80-minutes and neither Club being at fault, it shall be played on the next regional fixture weekend unless otherwise directed by The Association. If the first match be again postponed, it shall be played as directed by The Association.
- 9.5 The FA Girls' Youth Cup and FA Girls' Youth Plate will take precedence over all other fixtures except international fixtures organised by UEFA or FIFA.

- 9.6 When a match has been abandoned after it has commenced but before it has been completed, when one or both Clubs being at fault, the Sub-Committee shall deal with the matter as it sees fit in its absolute discretion. The Sub-Committee shall have the power to vary these arrangements if it is deemed necessary.

10 Reporting Results

- 10.1 Each Club shall confirm the result of the match within 30-minutes of the match concluding to The Association. Any Club not recording the result of the match in the stipulated time may be subject to a fine a sum not exceeding £25.
- 10.2 Each Club shall communicate other details as required, with the names of the players competing, minutes played, goal scorers, discipline issued, together with the marking of the referee's performance to be received by The Association within 4 days of the match. Any Club not recording the match statistics in the stipulated time may be subject to a fine a sum not exceeding £25.

11 Club Colours

- 11.1 The two competing clubs must wear colours that distinguish them from each other and the Match Officials. Where the colours (shirts, shorts or stockings) of the two competing Clubs are similar the Away Club must change.
- 11.2 In the event of the Clubs not agreeing upon the colours to be worn, the Referee shall decide. Goalkeepers must wear colours which distinguish them from the other players, and the Match Officials.
- 11.3 Clubs' colours must not clash with the black and white outfit worn by the Match Officials.
- 11.4 Players' shirts shall be clearly numbered on the back in accordance with the Official Team Sheet. No change of numbers during the match shall be allowed except on a change of Goalkeeper or where a player has been required by the Referee to change her shirt because of a blood injury. The Captain of each team shall wear a distinguishing armband to indicate her status.
- 11.5 Advertising may be worn on players' clothing in accordance with the Rules of The Association and the Laws of the Game. When participating in a match no Player shall reveal undergarments that show political, religious or personal slogans, statements or images or advertising other than a manufacturer's logo.
- 11.6 The inclusion of any reference whatsoever in or on clothing or equipment of a Youth team to a product or service or other activity which is detrimental to the welfare, health or general interest of young persons, or is otherwise considered inappropriate having regard to the age of the players, is prohibited.
- 11.7 In the Final the participating Clubs may be required to wear sleeve badges branded with The FA Youth Cup Logo.

12 Provision Concerning Players

- 12.1 Each team participating in a match shall represent the full available strength of each competing Club.
- 12.2 Each Club shall provide a list of names of players taking part in the game (including the names of the substitutes) to the Referee and a representative of their opponents in the presence of the Referee at least 45 minutes, in all matches prior to the Final, and 60 minutes in the Final, before the time of kick-off (the "Official Team Sheet"). Any Club failing to do the above will be liable to be fined by the Sub-Committee a sum not exceeding £25.
- 12.3 Should any nominated player or substitute sustain an injury after the submission of the Official Team Sheet to the Referee and before the kick-off, she may be replaced without fine, provided the Referee and opponents are informed before the commencement of the match. No player shall be eligible to take part in a match unless their name appears on the Official Team Sheet.
- 12.4 A maximum of **seven** substitutes may be nominated. A Club may at its discretion use **five** of those **seven** substitute players at any time in a match. Repeated substitutions are not

permitted. A substitution can only be made when play is stopped for any reason and the Referee has given permission. Prior to the substitution being made the Club must identify to the Match Officials the number of the player out and the player in, in accordance with the Official Team Sheet.

- 12.5 A player shall not play for more than one Club in the Competition in the same season.
- 12.6 All players must have been eligible to play in the original tie in order to play in a replayed or postponed match; however a player who has been suspended according to the disciplinary procedures under the Rules of The Association may play in a postponed, or replayed match after the term of her suspension has expired. In the event of a postponement or abandonment of a match, a Club may request dispensation from the Sub-Committee to select a replacement goalkeeper who is a registered player but was not a registered player prior to the "Registration Deadline" (as defined below). Any such request must be made to The Association in writing and received no later than 24 hours before the scheduled commencement of the relevant match. Dispensation will be at the complete discretion of the Sub-Committee.
- 12.7 A substitute who does not play in a match is entitled to play for another Club in the Competition in the same season if correctly registered.
- 12.8 In all Rounds of the Competitions a player shall be a "registered player" of his Club under the Rules of the Competition.
- (a) A "registered player" is one who is registered for the competing Club with a League in which it competes in the current season. Any such registration (with all relevant documents completed) must have been received by The Association or League by 4pm the day prior to the match, (the "Registration Deadline"). The League must also have confirmed in writing to the Club that the registration has been accepted for the player to be eligible to play in the match. The player must also still be registered with the Club which submitted the application as at the date of the match. The League may confirm its acceptance of a registration after the Registration Deadline provided that such registration was received, along with all relevant documents, by the Registration Deadline. However, if the League has not confirmed in writing its acceptance of a registration 75 minutes before the scheduled commencement of the match, the player shall not be eligible to play in the match.
 - (b) In order to be eligible to play in the Final, players must have been correctly registered by 4pm the day prior on the scheduled commencement of the Semi Final.
 - (c) It is the responsibility of each Club to ensure that any Player signing registration documents for that Club has, where necessary, the required International Transfer Certificate. An International Transfer Certificate for Players coming from overseas associations (including Wales, Scotland, Northern Ireland and the Republic of Ireland) **must be received by 4pm the day before the scheduled commencement of the match for the Player's registration to be valid.**
- 12.9 Players are eligible to take part who have reached the age of 14 years by midnight on 31 August of the current season and not reached the age of 16 years as at midnight on 31 August of the current season. A Club wishing to play a player born after 1 September 2006 must put such request to The Association in writing and must be a duly registered player no later than 4pm the day before the scheduled commencement of the relevant match.

13 Validity of Players' Qualifications

- 13.1 The Sub-Committee shall have power to call upon a Player, and/or the Club to which she is registered, or for which he played, to prove that the Player is qualified according to the Competition Rules.
- 13.2 Failing satisfactory proof, the Sub-Committee may disqualify such Player, and may remove the Club from the Competition, and impose such other penalty as it considers appropriate. The Sub-Committee shall also have the power to impose penalties against Clubs already knocked out of the Competition.

14 Team Benches

- 14.1 In all Rounds of the Competition, the number of Clubs players and Officials seated on the team benches, in the designated technical area, must not exceed 11.

- 14.2 Only one person has the authority to convey tactical instructions to the players during the match. They can move to the edge of the technical area to issue instructions to the team.
- 14.3 All Team Officials and substitutes seated on the bench shall be listed on the Official Team Sheet when it is submitted to the Match Officials. Only those persons listed on the Official Team Sheet shall be permitted in the technical area.
- 14.4 The occupants of the technical area must always behave in a responsible manner. Misconduct by occupants of this area will be reported by the Referee to The Association, who shall have the power to impose sanctions as deemed fit.
- 14.5 With the exception of the Team Manager, the Team Coach and any substitutes who are warming up or warming down, all other personnel are to remain seated on the Team bench. The Team Manager or Team Coach can move to the edge of the technical area to issue instructions to the team.

15 Provisions Concerning Match Officials

- 15.1 Match Officials shall be appointed by the home club, except in the final where they will be appointed by the Football Association. Neither past nor present members of either of the contending Clubs shall be eligible to officiate in any Competition match.
- 15.2 All officials must be affiliated with The Association or an affiliated Association for the current season and is at least 17 years of age at the point of being appointed. Match referees must be level 6 or above and assistant officials must be level 7 or above.
- 15.3 In the event of any of the Match Officials failing to arrive or being incapacitated, it shall be completed under the control of the remaining Match Officials and the most senior Assistant Referee must take charge. Any substitute agreed to assume Assistant Referee duties shall be considered a Match Official for the purposes of that match.
- 15.4 The fees and expenses of all Match Officials to officiate in any match shall be paid by the Club upon whose ground the match takes place, except in the final where they will be paid by The Football Association.
- 15.5 *Scale of Fees to be Paid to Match Officials:*
- (a) All Rounds Prior to Final:
Referee, **£40.00**; Assistant Referees, **£25.00** each.
 - (b) Final:
Referee **£50.00**; Assistant Referees **£30.00** each. Fourth Official **£30.00** (40p per mile expenses to a maximum of 200 miles);
- 15.6 In the event of The Association giving permission for a pitch inspection prior to a match, by an Official other than the Match Referee, such Official shall be entitled to expenses only (40p per mile expenses to a maximum of 200 miles). The Match Official must be level 6 or above and home Club must pay any expenses.
- 15.7 The Home Club must notify the Match Officials of the precise details of the match, this is to include a map with the location of the ground indicated, kick-off time, colours of both teams and other necessary details. Such information must be sent to be received by the Match Officials not later than five days prior to the match who must acknowledge receipt.
- 15.8 The duties of the Match Officials shall be as defined in the Laws of the Game.

16 Facilities and equipment

- 16.1 Dimensions of Field of Play and Ground Facilities
- 16.1.1 In the Competition all matches shall be played on a natural grass pitch or artificial grass pitches may be used provided the pitch is listed on The Associations register of artificial grass pitches and with the prior consent of The Association. This should be requested at the time of entry to the Competition in each Season, provided that the artificial turf meets the following conditions: -

- i. The pitch shall be surfaced with an artificial grass surface that has laboratory type approval according to the FIFA Quality Concept for Football Turf (2009 edition) – FIFA Recommended One Star quality level or the International Artificial Turf Standard (2009 edition) and have satisfied the performance and construction requirements at the time of its last annual assessment. The pitch must be retested every close season and certificates must be provided to the Association by 1st August each season.
- ii. The artificial grass pitch, including run-offs, shall be one continuous playing surface and shall be green in colour. All line markings shall be white and in accordance with the Laws of Association Football. Any other temporary lines must be removed prior to any FA competition match. The manufacturer of the carpet should be contacted to advise on the painting of temporary lines and the correct method of removing lines.
- iii. The home Club shall allow their opposition the opportunity to use the pitch and train on the surface two hours prior to the kick-off and there must not be another game or event on the pitch following the training period. If it is intended to water the pitch before the match, the pitch shall be watered prior to the training period.
- iv. The Club using the artificial grass pitch shall advise their opposition at least 10 days before the match of limitations or recommendations on the types of boot or stud that may be used on the surface.
- v. The Club shall provide all necessary assistance and data relating to player assessments, injury records, maintenance etc. as requested by The FA, FIFA or UEFA.
- vi. Benches/Seats must be provided for technical area staff and substitutes
- vii. Technical Areas must be clearly identifiable.
- viii. Corner Posts/Flags must be in place
- ix. All training goals must be moved off the pitch and either stored in designated storage areas or at least 2 metres off the touchline / goal line.
- x. Cables used for nets to be used across the pitch must be removed and taken down.
- xi. There must be spectator viewing area.

16.1.2 The dimensions of the field of play for all matches shall be as follows:

Maximum length: 100 yards (91 metres)

Maximum breadth: 60 yards (56 metres)

The playing surface should be prepared and maintained to a reasonable standard. No Club shall alter the dimensions of its pitch during the season.

16.1.3 Goal nets must be used in all matches.

16.1.4 Dressing and washing accommodation must be separate for each team and Match Officials. Dressing Rooms must have heating, hot water and be secure and independent of any public access. Dressing room areas must be cleaned and maintained to a satisfactory standard.

16.1.5 Entrances and exits must be provided to cater for the anticipated attendance. Access for emergency services must be provided along with a copy of the Emergency Action Plan as part of the match confirmation.

16.1.6 Each Club shall provide separate areas adjacent to the pitch for the sole use of Team Officials, medical staff and substitutes. Such designated areas shall be clearly marked “Home” and “Away”, have direct access to the pitch, be located as near as possible equidistant from the halfway line and be under cover. The team benches should also comply with Competition Rule 18.

16.1.7 Hospitality for Visiting Club Officials must be provided in a designated area.

16.1.8 Ladies and Gentlemen’s toilets, other than those used by players and Match Officials, must be provided for spectators throughout the duration of ties.

16.1.9 A technical area is to be provided. The technical area extends one metre on either side of the designated seated area and extends forward up to a distance of one metre from the touch-line. Markings are to be used to define this area.

16.2 Playing Condition of the Ground

16.2.1 Each Club must take every precaution to ensure that its ground is in a fit playing condition. In the event of doubt regarding the condition of the pitch, the Home Club shall immediately notify The Association to enable a Match Official to conduct a pitch inspection.

16.2.2 If in doubt as to the fitness of the ground for play, it is the Home Club’s responsibility to contact the referee in sufficient time to save the expense of unnecessary journeys being incurred by Clubs.

16.2.3 Subject to this Rule, the Referee shall have the power to decide as to the fitness of the ground in all matches.

16.2.4 The Referee must report to the ground 90 minutes before the time of kick-off. If necessary, the Home Club or The Association may, by notice, require the Referee to visit the ground more than 90 minutes before the time of kick-off any time during the season.

16.3 First Aid

Both the Home Club and the Visiting Club shall each procure the attendance of a HCPC Registered Physiotherapist or a minimum of a Sports Therapist.

All medical staff attending pitch side shall have an up-to-date emergency aid qualification, to a minimum standard of Level 3 EMAiF.

In the instance that two age groups are playing on adjacent pitches, it may sufficient for one Physiotherapist or Sports Therapist to be present presuming they have immediate access to both pitches and sets of players. This must be documented in the Home Club’s MEAP and should be communicated to the Visiting Club prior to their travel to the relevant Match.

16.4 Potentially Concussive Head Injuries

All Clubs shall ensure that any Player who sustains a potentially concussive head injury during a Competition Match is substituted and is not permitted to resume training or playing without

the consent of a qualified medical practitioner. The same provisions shall apply where a potentially concussive head injury is sustained in training.

Each team doctor, physiotherapist, or sports therapist shall carry the FIFA approved Pocket Concussion Tool on their person when they are present at any Match or training session.

Each Club, and all medical personnel employed by said Club, shall comply with and be aware of The FA's policy on concussion as outlined at <http://www.thefa.com/get-involved/coach/concussion>.

It is recommended that each Member Club should have links with, or direct access to, medical practitioners who can assist with potentially concussive head injuries to assist in the management of concussive injuries.

17 The FA Girls' Youth Cup / Finalist Medals

- 17.1 The Cup is the property of The Association. When the winning Club has been ascertained, The Association shall deliver the Cup to such Club, which shall be responsible for its return to The Association on or before the first day in February in the ensuing year in good order and condition. Should the Cup be lost, destroyed or damaged by fire or any other cause whilst under the care or custody of the Club the latter shall refund to The Association the amount of its current insured value or the cost of thorough repair in addition to any other penalty which the Sub-Committee may impose.
- 17.2 In addition to the Cup, The Association shall present 25 medals to playing staff and officials of both Clubs in the Final. When a player taking part is ordered to leave the field of play for misconduct, the medal to which she may be entitled may be withheld at the discretion of the Sub-Committee.
- 17.3 The winning Clubs are required to sign and return the trophy agreement to the Women's League Officer.

18 Provisions Concerning Protests

- 18.1 All issues relating to the interpretation of the Competition Rules shall be referred to The FA Women's Football Board whose decision shall, subject to Rule 30, be final and binding. The Board shall consider any such matter in such manner and following such procedures as it considers appropriate. The Board shall not be bound by any enactment or Rule of Law relating to the admissibility of evidence in proceeding before a Court of Law.
- 18.2 Where a Club wishes to protest that there has been a breach of the Competition Rules, such protest must be made in writing and must contain the particulars of the grounds upon which it is made. The protest must be received by The Association, accompanied by a fee of £100, within two days of the match to which it relates (Sundays not included). The fee may be forfeited to The Association in the event of the protest not being sustained.
- 18.3 The FA Women's Football Board may make such orders as it considers appropriate in relation to any issue or protest referred to it. The Board may make such orders as it considers appropriate as to the costs incurred by the parties or The Association.
- 18.4 Any protest relating to the ground, goal posts or bars or other appurtenances of the game shall not be considered by The FA Women's Football Board unless an objection has been lodged with the Referee and the Home Club at least one hour before the official time of the kick-off. The Referee shall require the Home Club to correct the cause of the objection, if this is possible without unduly delaying the progress of the match.

- 18.5 Where an objection has been lodged with the Referee and Home Club as above, a protest must be made to The Association and neither objection nor protest may be withdrawn, except by leave of The FA Women's Football Board.
- 18.6 The Association shall send a copy of any protest to the Club protested against, which shall lodge a defence to the protest with particulars of the defence within two days of receipt of the protest.
- 18.7 Members of The FA Women's Football Board directly connected with a Club concerned in a protest shall not have any involvement in the consideration of the matter.
- 18.8 A Club, or player or any person connected with the management of the Club may be summoned to attend at a hearing of a protest. A Club may be represented by one or more persons. A Barrister or Solicitor may represent a Club only with the prior written consent of The FA Women's Football Board. Any person summoned to attend a hearing of a protest must attend personally and shall not be legally represented except with the prior written consent of the Sub-Committee.

19 Provisions Concerning Appeals

- 19.1 A Club that is expelled from the Competition may appeal against that decision to an appeal board comprising of 3 members of The FA Women's Football Board selected by the Chairman of the FA Women's Football Board or her nominee. Any such appeal shall only be permitted on one or more of the following grounds:
- The Sub-Committee misinterpreted/failed to comply with the procedures relevant to the hearing of the charge.
 - The Sub-Committee came to a decision on the facts of the case which no reasonable body could have reached;
 - The Sub-Committee imposed a sanction that is excessive.
- 19.2 Any appeal must be made in accordance with such procedures as may be determined by The Association from time to time.
- 19.3 For the avoidance of doubt, a Club may not appeal against any penalty imposed on it other than expulsion from the Competition.

20 Notices

All notices required to be given to The Association by any of these Competition Rules shall be addressed to the Women's League Officer, at the offices of The Association.