

## Residential Spa Breaks

Prices from £180 per person, based on two sharing.

Treat yourself and a loved one to the ultimate in luxury with an indulgent Spa package for two people at the Hilton at St. George's Park. The package includes the following:

- 50 minute Spa treatment per person
- Overnight accommodation
- £25pp allowance towards dinner
- Bathrobe and Towel
- Full use of the Health Club and Spa
- Hilton breakfast served in The Restaurant

**Email: [StGeorgesPark\\_reservations@hilton.com](mailto:StGeorgesPark_reservations@hilton.com)  
or call +44 (0)1283 576614 for more information  
or to book an overnight Spa break.**

To see all  
of our Spa  
Packages

Please scan  me



To book your  
Spa Days &  
Treatments

Please scan  me



## THE HEALTH CLUB & SPA

### **ST. GEORGE'S PARK**

St. George's Park is centrally located and nestled amidst 330 acres of parkland, providing a relaxing blend of sporting excellence, stunning architecture and luxurious surroundings. Just six miles from Burton upon Trent, St. George's Park is an easily accessible countryside retreat within a comfortable drive time from the A50, A38, M1, M42 and M6.

Our Health Club and Spa facilities include: state-of-the-art gym equipment, complimentary juice bar, 17m pool with bubble pool, heated loungers, experience shower, ice fountain, sauna and steam room. Treatment rooms are available, each with shower and heated bed. Our beautiful ELEMIS products are available to purchase, so the St. George's Park experience can be taken home.

Since opening in October 2012, the Park has attracted athletes, leisure and business guests from far and wide and continues to evolve to enhance the guest experience. Featuring 228 beautifully appointed Hilton bedrooms, a large restaurant, bar and lounge

#### Gift Certificates

Gift certificates are also available to purchase in the Spa or on our website for your chosen value, making a wonderful gift for any special occasion. Valid for six months from date of purchase.

and exceptional conferencing facilities, the hotel is open to all and provides a first-class hospitality experience. Guests staying in the Hilton hotel can enjoy complimentary access to the Health Club and pool area, whilst non-residential guests are welcome to experience the site through Spa days, individual treatments and our rewarding membership packages, which will add a little luxury to your daily routine.

To ensure you don't miss any of our special offers throughout the year, follow us on Facebook at [facebook.com/healthclubandspasgp](https://www.facebook.com/healthclubandspasgp) or keep an eye on our website at [www.healthclubandspasgp.com](http://www.healthclubandspasgp.com)

#### Spa Etiquette

In order to create the perfect environment and to be considerate to all our clients, please review our spa etiquette at [www.healthclubandspasgp.com/spa/spa-etiquette](http://www.healthclubandspasgp.com/spa/spa-etiquette). Please note our Spa treatments are adult-oriented, for 16 years and above.

[www.healthclubandspasgp.com](http://www.healthclubandspasgp.com)  
[www.facebook.com/healthclubandspasgp](https://www.facebook.com/healthclubandspasgp)

The Health Club & Spa

Hilton at St. George's Park, Newborough Road, Needwood, Burton upon Trent, Staffordshire, DE13 9PD  
t: +44 (0)1283 576675 f: +44 (0)1283 240445



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**ST. GEORGE'S PARK**



**Hilton**

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## Beyond Bespoke

Here at the Health Club & Spa at St. George's Park all our treatments and Spa days can be tailored to suit you. Gone are the days where we tell you what you need. You pick the treatment type, length of time and tell us your concerns, then we will make the treatment bespoke to you.

A welcome Ritual will be conducted prior to all Spa days and treatments, enabling us to customise all elements to you, from the oil we use to the colour of your polish. Rest assured, we won't rest till we find the option that best suits you.

## Be Well Massage

A selection of massages to transport you through a journey of complete relaxation.

Beyond Bespoke Massage	45 minutes £65
Beyond Bespoke Massage	60 minutes £79

## Luxury Facial Therapies

The ultimate in facial therapies, these treatments will send you on a journey of pure relaxation whilst meeting your needs.

Beyond Bespoke Facial	45 minutes £70
Beyond Bespoke Facial	60 minutes £85

## No Botox Needed Facials

A must-have alternative to Botox! Let the machine do all the work while you relax. Each treatment will leave your skin feeling as good as new.

Beyond Bespoke BIOTEC Facial	60 minutes £85
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## Revitalising Body

Whether you are off on holiday or have a special occasion to attend, why not treat yourself to a body treatment like no other?

Beyond Bespoke Cleansing Salt Scrub	45 minutes £60
Beyond Bespoke Nourishing Wrap	45 minutes £60

## Nail Essentials

A range of treatments to provide your hands and feet with the pampering they deserve, allowing you to look and feel divine.

Manicure or Pedicure	45 minutes £45
Manicure or Pedicure	60 minutes £60
Gel Manicure or Pedicure	45 minutes £50

## Eye Contact and Essentials

- Patch test required.
- Not suitable for Spa days.

Eyelash Tint	£15
Eyebrow Tint	£15
Eyebrow Wax	£15
Upper Lip Wax	£15
Underarm Wax	£15
1/2 Leg Wax	£20
Full Leg Wax	£30
Bikini Wax	£15

## Spa Packages

Treat yourself to the ultimate journey in relaxation and indulgence. Whether you need to unwind and refresh or energise and revitalise, we have the perfect pampering experience for you.

<b>Beyond Bespoke Spa Day*</b>	<b>£49</b>
Includes Light Lunch and Day Pass to the Health Club & Spa	
* Does not include treatment time	

### Beyond Bespoke Bolt Ons

<b>45 minute Treatment* £30</b>
<i>* Choose from a 45 minute Massage, Facial, Manicure or Pedicure</i>

<b>60 Minute Treatment* £40</b>
<i>* Choose from a 60 minute Massage, Facial, Manicure or Pedicure</i>

<b>90 minute Treatment* £70</b>
<i>* Choose two 45 minute Treatments from a Massage, Facial, Manicure or Pedicure</i>

<b>Glass of Prosecco* £8.50</b>
<i>* 125ml</i>

<b>Bottle of Prosecco £39</b>
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<b>Afternoon Tea Upgrade £27*</b>
<i>* Price per person and replacement to Light Lunch</i>

<b>Weekday Sheer Indulgence Spa Day*</b>	<b>£84</b>
Includes Light Lunch and Day Pass to the Health Club & Spa	
75 minute treatment	
<i>*75 minutes is a pre-set treatment including a Massage, Facial and Foot Ritual</i>	
<i>*Available Monday to Thursday</i>	

We can accommodate Spa day groups of up to four people for dining within the Health Club & Spa. Parties of five or more would need to dine in groups of four or alternatively, can bolt on the option of a private area for lunch.

<b>Private Dining Area*</b>	<b>£20</b>
<i>* Price per person and groups of five or more</i>	

**For full details on all Spa treatments and packages please visit [www.healthclubandspasgp.com](http://www.healthclubandspasgp.com) or call us on +44 (0)1283 576675**