



GUIDANCE NOTES NO:

**7.1**

# KNOW YOUR RIGHTS IN FOOTBALL

**FOR ALL**



Version: 1.3  
Published: 2025



**FOR ALL**





# KNOW YOUR RIGHTS IN FOOTBALL

## WHAT ARE RIGHTS?

Rights help us stay safe and get fair treatment. Everyone has different rights depending on their age. Those aged over 18 are allowed to do some things that under 18s aren't. But there are also rights you'll have at any age and apply in any place. This includes within football, regardless of if you are playing with other young people or adults.





# YOUR RIGHTS:

- You have the right to feel safe on and offline;
- You have the right to healthy relationships and appropriate boundaries;
- You have the right not to be bullied, harassed or intimidated;
- You have the right not to feel uncomfortable or unsafe;
- You have the right not to be discriminated against because of your age, gender, gender reassignment, ethnicity, sexual orientation, marital status or civil partnership, faith, ability or disability, pregnancy and maternity.
- You can find out more about your rights [here](#):





# WHAT YOU CAN DO:

- Tell an adult you trust at home, school or college or at football;
- Speak to Designated Safeguarding Officer at your Club or County FA, or Email [safeguarding@TheFA.com](mailto:safeguarding@TheFA.com);
- Contact the NSPCC for free **0808 800 5000** or Childline **0800 1111** or visit the [Childline](https://www.childline.gov.uk) website for more information;
- If someone is in immediate danger dial 999 to speak to the Police;
- Set up privacy settings for your online profiles;
- Report inappropriate online behaviour to CEOP.





# HELPFUL ORGS:

You might find the following organisations useful:

NSPCC: [nspcc.org.uk/what-you-can-do/report-abuse](https://nspcc.org.uk/what-you-can-do/report-abuse)

Childline: [childline.org.uk](https://childline.org.uk) Helpline: **0800 1111**

CEOP: [www.ceop.police.uk/safety-centre/](https://www.ceop.police.uk/safety-centre/)

ThinkUknow: [thinkuknow.co.uk/14\\_plus](https://thinkuknow.co.uk/14_plus)

ChildNet: [childnet.com/young-people/secondary](https://childnet.com/young-people/secondary)

Samaritans: [samaritans.org/how-we-can-help-you](https://samaritans.org/how-we-can-help-you)

Helpline is open 24 hrs a day: **116 123**

Stonewall Young Futures: [www.stonewall.org.uk/young-futures](https://www.stonewall.org.uk/young-futures)

YoungMinds: [youngminds.org.uk](https://youngminds.org.uk)

Kooth: [www.kooth.com](https://www.kooth.com)







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