



GUIDANCE NOTES NO:

2.4

SUPPORT AND GUIDANCE CONTACTS IF YOU RECEIVE A DISCLOSURE

FOR ALL



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SUPPORT AND GUIDANCE CONTACTS IF YOU RECEIVE A DISCLOSURE

Safeguarding children is everyone's responsibility.

If you have personally received a disclosure, you may wish to speak with someone confidentially to help you to process what you have heard.

You may also feel the need to be reassured that the issues are being dealt with in the best possible way with the interests of the child or young person being paramount.

Confidentiality is essential. Therefore, when seeking support or guidance from a recommended source you will be expected to keep the personal details (i.e. the names of individuals concerned) confidential.

The following page details a range of potential support organisations you may wish to approach.

Please note: This list is not exhaustive, and not all services will be relevant to you.

If you have received a disclosure and you are concerned about a child or young person, please see 2.1 How To Report Safeguarding Concerns. If it is an emergency because a child or young person is at immediate risk, then call the police or Children's social care in your area.



SUPPORT AND GUIDANCE CONTACTS IF YOU RECEIVE A DISCLOSURE

CHILDLINE

Childline is the UK's free helpline for children and young people. It provides a confidential telephone counselling service for any child with any problem, 24 hours a day, every day.

Tel: **0800 1111**

www.childline.org.uk

FAMILY RIGHTS GROUP

Advises parents and other family members whose children are involved with or require children's social care services because of welfare needs or concerns.

Tel: **0808 801 0366**

www.frg.org.uk

INSTITUTE OF FAMILY THERAPY

Family & couple therapy. Problems for families, children, adolescents, relationships, divorce, separation, illness, bereavement and sexual abuse.

Tel: **020 7391 9150**

E: info@ift.org.uk

www.ift.org.uk

NSPCC HELPLINE:

A free and confidential telephone Helpline that provides counselling, information and advice to anyone concerned about a child at risk of ill-treatment or abuse. Available between 10am – 4pm Monday to Friday.

Tel: **0808 800 5000**

E: help@nspcc.org.uk

www.nspcc.org.uk

Accessibility options can be found at:

www.nspcc.org.uk/accessibility/

THE FA/NSPCC ABUSE IN SPORT (FOOTBALL)HELPLINE:

Offers advice and support if you are worried a child might be experiencing abuse while in football.

Tel: **0800 023 2642**

www.nspcc.org.uk

THE SAMARITANS

Nationwide, non-religious, non-political 24 hour confidential support.

Tel: **116 123** (Helpline)

E: jo@samaritans.org

www.samaritans.org

SURVIVORS UK

Supporting male or non-binary people affected by sexual abuse. Information and online chat via:

SMS: **020 322 1860**

www.survivorsuk.org

STOP IT NOW

STOP IT NOW give anonymous support and advice to anyone with concerns about child sexual abuse.

Tel: **0808 1000 900**

www.stopitnow.org.uk

NAPAC

NAPAC are a registered charity, based in the UK, providing support and information for people abused in childhood.

Tel: **0808 801 0331**

E: support@napac.org.uk

www.napac.org.uk

WE STAND

We stand provide support and services for families impacted by child sexual abuse.

T: **0800 980 1958** (Helpline)

E: support@westand.org.uk

www.westand.org.uk



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