## THE WOMEN'S FA CUP SEASON 2025-26 LIST OF EXEMPTIONS

#### 12 CLUBS EXEMPT TO FOURTH ROUND PROPER (Women's Super League)

Arsenal Women FC Aston Villa Women FC Brighton & Hove Albion Women FC Chelsea FC Women Everton FC Women Leicester City Women FC Liverpool FC Women London City Lionesses LFC Manchester City Women FC Manchester United Women FC Tottenham Hotspur FC Women West Ham United Women FC

#### 12 CLUBS EXEMPT TO THIRD ROUND PROPER (Women's Championship)

Birmingham City Women FC Bristol City Women FC Charlton Athletic Women FC Crystal Palace Women FC Durham Women FC Ipswich Town FC Women Newcastle United Women FC Nottingham Forest Women FC Portsmouth FC Women Sheffield United FC Women Southampton FC Women Sunderland AFC Women

### 24 CLUBS EXEMPT TO FIRST ROUND PROPER (Women's National League Premier Division)

AFC Bournemouth Women
AFC Wimbledon Women
Billericay Town Women FC
Burnley FC Women
Cheltenham Town Women FC
Derby County FC Women
Exeter City Women FC

Gwalia United FC

Halifax FC Women
Hashtag United FC Women
Hull City Ladies
Lewes FC Women
Liverpool Feds WFC
Loughborough Lightning Women FC
Middlesbrough FC Women
Oxford United Women FC

Plymouth Argyle Women FC
Real Bedford Women FC
Rugby Borough Women FC
Sporting Khalsa Women FC
Stoke City FC Women
Watford FC Women

West Bromwich Albion Women FC Wolverhampton Wanderers Women FC

# 48 CLUBS EXEMPT TO THIRD ROUND QUALIFYING (Women's National League Division 1)

Abingdon United Women FC Actonians Women FC AFC Sudbury Women Ascot United Women FC Barnslev Women's FC Blackburn Rovers Women FC Boldmere St Michaels Women FC Bournemouth Sports Ladies FC Bridgwater United Women FC Bristol Rovers Women's FC Cambridge United Women FC Chatham Town Women FC Cheadle Town Stingers WFC Chesham United FC Women Chester-Le-Street Town Ladies FC Chorley Women FC

Doncaster Rovers Belles LFC Dulwich Hamlet FC Women **Durham Cestria LFC** Fulham FC Women Huddersfield Town Women FC Keynsham Town Ladies FC Kidderminster Harriers Women FC Leafield Athletic Ladies FC Leeds United Women FC Lincoln United Women FC London Bees WFC Luton Town Ladies FC Maidenhead United Women FC Marine Academy Plymouth LFC Milton Keynes Dons FC Women Moneyfields FC Women

Northampton Town FC Women Norton & Stockton Ancients FC Ladies Norwich City Women FC Notts County Women FC Peterborough United Women FC Portishead Town Ladies FC Queens Park Rangers FC Women Sheffield FC Women Stockport County LFC Stourbridge FC Women Sutton Coldfield Town Ladies FC Swindon Town Women FC Worcester City Women FC Worthing FC Women Wythenshawe Women FC York City Ladies FC

### 93 CLUBS EXEMPT TO SECOND ROUND QUALIFYING (Tier 5)

AEK Boco Ladies FC
AFC Fylde Women
AFC Portchester Ladies
AFC St Austell Ladies
Alnwick Town Ladies FC
Alvechurch Women FC
Anstey Nomads Women FC
Ashford Town (Middx) FC Women
Athletico London Women FC

Aylesford LFC
Badshot Lea Ladies FC
Barking Women FC
Beaconsfield Town FC Women
Bishops Lydeard Ladies AFC
Bolton Wanderers Women FC
Bowers & Pitsea Ladies FC
Bradford City AFC Women
Brentford FC Women

Brunsmeer Athletic AFC Women Burton Albion LFC Bury FC Women Chesterfield Ladies FC Coundon Court FC Ladies Coventry Sphinx Ladies FC Crewe Alexandra Women FC Curzon Ashton FC Women Dartford FC Women Darwen FC Women Dorking Wanderers Women FC Dussindale & Hellesdon Women FC Ebbsfleet United Women FC Enfield Town Ladies FC FC United of Manchester Women Fleet Town FC Women Fleetwood Town Wrens LFC Forest Green Rovers Women FC Frampton Rangers LFC Gainsborough Trinity Women FC Gloucester City Women's AFC Haringev Borough Women's FC Harpenden Town Women FC Harrogate Town AFC Women Hednesford Town Ladies FC Hutton FC Women **Ilminster Town LFC** Leek Town Women FC Lincoln City Women FC

Loughborough Foxes Vixens LFC

Lye Town Ladies FC

Mancunian Unity Women FC Mansfield Town Ladies FC Millwall Lionesses LFC Newhaven LFC Ossett United Ladies FC Oxford City Women FC Ponteland United Women FC Poole Town Ladies FC Port Vale Women FC Poulton Victoria Ladies FC Pucklechurch Sports Ladies AFC Reading FC Women Redditch Borough Women FC Rotherham United Women FC Rovston Town Women FC Saltash United Women FC Saltdean United FC Women Sherborne Town Ladies FC Shifnal Town Ladies FC Sholing Women FC Shrewsbury Town Women FC

SJR Worksop Women FC

Solihull Moors Women FC South Shields Women FC Southampton Women's FC Spennymoor Town Ladies FC Sport London e Benfica Ladies FC St Albans City Women FC Stamford AFC Women Stevenage FC Women Sunderland West End Ladies FC Sutton United Women FC Thornaby FC Women Torquay United Women FC Tranmere Rovers Women FC Wallsend BC Women FC Watford Ladies FC Wellingborough Town Ladies FC West Didsbury & Chorlton Women FC Winchester City Flyers FC Ladies Woodley United LFC Wroxham FC Women Wycombe Wanderers Women FC York RI AFC Women

#### 160 CLUBS EXEMPT TO FIRST ROUND QUALIFYING (Tier 6)

Accrington Stanley Women FC AFC Crewe Women AFC Greenwhich Borough Women **AFC Stoneham Ladies AFC Telford United Ladies** AFC Varsity Women Altrincham FC Women Andover New Street Ladies FC Appledore Women FC Arnold Eagles Women FC Asfordby Amateurs Ladies FC Ashford United Ladies FC Ashmount Leigh Ladies FC Ashton Town Ladies FC Atherton LR Ladies FC Basford United Ladies FC Bath City Women FC Beaumont Park Women FC Belper Town Ladies FC Bemerton Heath Harlequins Ladies FC Bexhill United Ladies FC

Biggleswade United Women FC

Birtley Town Ladies FC

Bitton AFC Ladies

Blackpool FC Girls & Ladies Bognor Regis Town Women FC Brackley Town Ladies FC Brantham Athletic FC Ladies

Bromley FC Women

Bromsgrove Sporting Ladies FC

Bursledon Ladies FC

Cambridge City Women's FC Camden Town Women FC Chasetown FC Women

Chelmsford City Women FC Chester FC Women Chesterfield FC Women Cirencester Town Ladies FC Clapton Community FC Women Cleethorpes Town Ladies FC Coalville Town Women FC Colchester United Women FC Colney Heath FC Ladies Consett AFC Ladies Corsham Town Women FC Crusaders Ladies FC Denham United Ladies FC Downend Flyers Ladies FC Droitwich Spa Ladies FC Dronfield Town Women FC Dunstable Town Ladies FC

Dunton & Broughton United Ladies FC Eastbourne Borough FC Women

Farnborough FC Women Farnham Town Women FC FC Farsley Women

FC St Helens Women Feniton Women's FC Frimley Green FC Women Fulbourn Bluebirds WFC

Gateshead Rutherford AFC Ladies

Grimsby Town Women FC Hackney Women's FC Halesowen Town FC Women Handsworth Ladies FC Hartlepool United Ladies FC Haslingden Girls & Ladies FC Hastings United Women FC

Havant & Waterlooville Women FC Haywards Heath Town Women FC Hereford FC Women Hereford Pegasus FC Ladies Herne Bay FC Women

Hertford Town Women FC Histon FC Ladies

Hitchin Belles Women FC

i2i International Soccer Women FC

Ilkley Town AFC Women Kidlington Youth Ladies FC Kingfisher Women FC Knowle Ladies FC Leatherhead FC Women Leeds Modernians Women FC Leicester City Ladies FC Lichfield City Women FC Long Eaton United LFC Long Itchington Women FC Lower Hopton AFC Ladies Macclesfield FC Women Manchester Laces Ladies FC Mangotsfield United Women FC Melbourne Dynamos Ladies FC

Millmoor Juniors FC Ladies Milton United FC Ladies (Berks & Bucks)

Montpelier Villa Women FC Morecambe FC Women

Mossley Hill Athletic Women FC

MSB Woolton LFC

Mulbarton Wanderers Women FC Nantwich Town FC Women Needham Market Women FC

Netherton United LFC

New Bradwell St Peter Ladies FC Newark Town Ladies FC Newcastle Town FC Women Newmarket Town LFC Newport Pagnell Town Women FC Nottingham Trent University Women FC Nursling & Shirley Women FC Park View AFC Women Paulton Rovers Ladies FC Penn & Tylers Green Ladies FC Penrith AFC Ladies Pilkington FC Women Preston North End FC Women Radcliffe FC Women Redcar Town Ladies FC Redditch United Women FC Richmond & Kew FC Women

River City Women & Girls FC

Rossington Main Ladies FC

Rochdale AFC Women

Royal Wootton Bassett Town Women FC Tilehurst Panthers Women FC Rugby Town Women FC Runcorn Linnets Ladies FC Salford City Lionesses LFC Sevenoaks Town Ladies FC Shaftesbury Ladies FC She Can Play Panthers Ladies FC Sheffield Wednesday Ladies FC Sherwood FC Women Sleaford Town Ladies FC Soccer Elite Academy Women FC Solihull Sporting Ladies FC Southend United Ladies FC Stanground Cardea Sports Ladies FC Stanway Pegasus Ladies FC Steyning Town Community Women FC Stockton Town Ladies FC

Telford Town Ladies FC

Thetford Town Ladies FC

Thrapston Town FC Women

Toby Ladies FC University of Nottingham Women's FC Walsall FC Women Walsall Wood Ladies FC Warrington Town Women FC Washington FC Women Wells City Ladies FC West Bridgford Colts Ladies FC Weston Super Mare AFC Women Weymouth FC Women Whitchurch Alport Women FC Whitchurch Ladies FC Wigan Athletic Girls & Ladies FC Wimborne Town FC Women Wirral Phoenix Ladies FC Wormley Rovers Ladies FC Yeovil Town Women FC