



**BBC**  
**Get  
Inspired**



### THE FA PEOPLE'S CUP 2019 – General Tournament Rules

- Maximum of seven players in a team – 5 on pitch and 2 subs
- Group standings will be decided on the following basis in the event of teams being tied on points:
  - Head-to-head result / Goal Difference / Goals Scored / Goals Conceded
- Team captains should send a registration link to all players to register to their team through the FA Events Platform
- All players should respect referees, staff and opponents at all times. Failure to comply with this could result in your team being taken out of the competition. This will be at the discretion of staff.

### THE FA PEOPLE'S CUP 2019 – Playing Rules - Futsal

- The ball is a fundamental factor in making the game and is required to be smaller & heavier than general 5 a-side
- Each kick off will be from the centre spot, the ball is permitted to go backwards & forwards
- Futsal is played to the lines. A ball is returned to play with a kick in.
- When kicking in from the touch line the ball must be stationary on the touchline and the feet of the player must not cross the line
- There is a 4 second rule for kick ins/corners/goal kicks/free kicks – an indirect free-kick is awarded if rule is not adhered to
- Goalkeepers are allowed to come out of and attacking players are allowed to go into penalty areas
- The goalkeeper is not allowed to control the ball for more than 4 seconds in own half – this includes holding the ball
- A goal clearance must be thrown out and the goalkeeper cannot touch the ball again until it has crossed into the opponents half or a member of the opposition has touched the ball
- There are no head height restrictions, as to how high the ball can be kicked in football
- Taking free kicks are at the discretion of the referee as to whether they are direct/indirect
- Players must be at least 5m from where the free kick is taken
- Players may only take one step towards the ball to take a penalty and must be all one movement, no stopping or stuttering. If a player fails to do it correctly, no retakes will be allowed
- All yellow cards will be punished with a 2 minute sin bin, a red and a player will be permanently sent off
- No sliding tackles permitted but players are allowed to slide on the pitch
- There is a 5 foul limit. No wall for a direct free kick from 10 metres after 5<sup>th</sup> foul

### Discipline Procedures

The following bans should be administered in the event of:

- Three Cautions result in a 1 match ban for the next match
- A sending off results in a 1 match ban for the next match

In addition The Organising Parties reserve the right to expel any team or Team Member from the Competition if either of them deems that team or Team Member to be acting:

- In an unsportsmanlike fashion;



**BBC**

**Get**

Outside the principles of fair play;

- In a way that damages the image of the Competition; or
- Fielding a player or players who do not meet the eligibility criteria.

