

THE FA PEOPLE'S CUP 2019 – Tournament Rules

- Maximum of seven players in a team – 5 on pitch and 2 subs
- Group standings will be decided on the following basis in the event of teams being tied on points:

- Head-to-head result / Goal Difference / Goals Scored / Goals Conceded

The only exception to this is in Disability Youth category where the following process should be applied:

- Head-to-head result
 - Play-off between the 2 teams – An additional match with penalties if required to determine a winner.
- Team captains should send a registration link to all players to register to their team through the FA Events Platform
 - Teams are recommended to arrive no later than 1 hour before the Event starts
 - All fixtures are to be played unless adverse weather conditions make the pitches unplayable. Any decision to cancel a game will be made by the Venue Director.
 - All players should respect referees, venue staff and opponents at all times. Failure to comply with this could result in your team being taken out of the competition. This will be at the discretion of venue staff.

THE FA PEOPLE'S CUP 2019 – Playing Rules

- Each kick off will be from the centre spot, the ball is permitted to go backwards & forwards
- No sliding tackles permitted. Players are not allowed to slide or play the ball while the player is on the floor
- Access to penalty areas are restricted only to goalkeepers. Advantage gained by entry into the penalty area by a defender results in a penalty; entry into the penalty area by an attacker results in the goalkeeper being given possession of the ball to re-start the game
- Kick ins should be used to restart play on pitches being played to lines
- Head height rule will apply at 6 foot, the final decision is taken by the referee
- No heading permitted at any point
- Taking free kicks are at the discretion of the referee as to whether they are direct/indirect
- Players must be at least two yards from where the free kick is taken
- Players may only take one step towards the ball to take a penalty and must be all one movement, no stopping or stuttering. If a player fails to do it correctly, no retakes will be allowed.
- All yellow cards will be punished with a 2 minute sin bin, a red and a player will be permanently sent off
- All goalkeepers must stay in their area. Goalkeepers leaving the area will result in a penalty
- Goalkeepers can only distribute the ball through underarm throws. Goalkeepers are not allowed to kick the ball deliberately unless in the process of making a save

- After the goalkeeper has distributed the ball, he/she may only receive a pass if the ball has either touched an opponent or if the ball has been touched by at least two of the goalkeeper's team-mates

Discipline Procedures

The following bans should be administered in the event of:

- Three Cautions result in a 1 match ban for the next match
- A sending off results in a 1 match ban for the next match

In addition The Organising Parties reserve the right to expel any team or Team Member from the Competition if either of them deems that team or Team Member to be acting:

- In an unsportsmanlike fashion;
- Outside the principles of fair play;
- In a way that damages the image of the Competition; or
- Fielding a player or players who do not meet the eligibility criteria.