

FA PEOPLE'S CUP – FINALS WEEKEND Safeguarding Plan

Appendix 5

Changing room conduct guidelines

• All changing rooms will have signage on the outside, to indicate which group of people the changing room is designated for i.e child or adult participants. Please ensure you read the signage before entering the changing room, and only if it is the correct changing room for you.

• All team staff and participants should ensure that they are sensitive to the privacy of other participants getting changed and allow, in the case of U18 players, separate time for changing and/or showering prior to engaging on coaching, medical or other support activities in changing rooms

• All team staff should ensure wherever possible that they are not alone in the presence of a player in a state of undress such that the player may feel vulnerable or uncomfortable

•Whilst staff members may find themselves present in the changing room when players are in a state of undress, it is not appropriate for them to hold conversations or otherwise engage a player until the player is dressed and / or comfortable to face the staff member

- Team staff should notify participants that there is a separate cubicle or area where they can get changed in more privacy if they wish to do so
- Before entering the changing room staff members should knock on the door and check with a member of staff already present to confirm it is appropriate to enter
- Consider your role No persons, including team staff should be entering the changing room if it is not necessary for them to do so to perform their role

•Where an alternative changing area is not available for staff changing, staff must ensure they change before, or after players enter

•The use of phones, cameras and computer equipment in the changing rooms must not involve any form of image or video recording when other participants are in a state of undress



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