

# EAST REGION CENTRE HANDBOOK 2015-16







**Technical Director** 

Name: Lydia Bedford

Mobile: 07812731721

Email: Lydia.Bedford@thefa.com

### **Bedfordshire FA**

Correspondence

**Address** 

**Century House Skimpot Road** Dunstable LU5 4JU

**Main Contact** 

Julia Robathan julia.ladbrooke@bedfordshirefa.com

Mobile: 07870 678563 Landline: 01582 565111

**Centre Manager** 

julia.ladbrooke@bedfordshirefa.com

Mobile: 07870 678563 Landline: 01582 565111

Julia Robathan

#### **Training Details**

U10s	Mon- 18:30-20:00 - Wixams Football Centre, Green Lane, Bedford, MK42 6DA - Outdoor 3G
U12s	Mon- 18:30-20:00 - Wixams Football Centre, Green Lane, Bedford, MK42 6DA - Outdoor 3G
U14s	Mon- 18:30-20:00 - Wixams Football Centre, Green Lane, Bedford, MK42 6DA - Outdoor 3G
U16s	Mon- 19:30-21:00 - Wixams Football Centre, Green Lane, Bedford, MK42 6DA - Outdoor 3G

#### **Match Day Venue**

U10s	Flitwick football centre, MK45 1BA – Kick Off Time: 12:00 – Outdoor 3G
U12s	Flitwick football centre, MK45 1BA – Kick Off Time: 12:00 – Outdoor Grass
U14s	Flitwick football centre, MK45 1BA – Kick Off Time: 12:00 – Outdoor Grass
U16s	Flitwick football centre, MK45 1BA – Kick Off Time: 12:00 – Outdoor Grass

#### **Playing Colours**

**Shirts:** White **Shorts:** Black **Socks:** Black

Visting Committee Member: Ray Kiddell





**Technical Director** 

Name: Lydia Bedford

Mobile: 07812731721

Email: Lydia.Bedford@thefa.com

### **Cambridgeshire FA**

Correspondence Address

Cambridgeshire FA Bridge Road Impington Cambridgeshire CB24 9PH **Main Contact** 

Katie Critchley

Katie.Critchley@cambridgeshirefa.com

Landline: 01223 209037

**Centre Manager** 

Joe Goude

joe.goude@cambridgeshirefa.com

Landline: 01223 209034

## Training Details

U10s	Thursday - 18:00-19:30 - Witchford Village College- CB6 2JA - Outdoor 3G
U12s	Thursday - 18:00-19:30 - Witchford Village College- CB6 2JA - Outdoor 3G
U14s	Thursday - 19:00-21:00 - Witchford Village College- CB6 2JA - Outdoor 3G
U16s	Thursday - 19:30-21:30 - Witchford Village College- CB6 2JA - Outdoor 3G

#### **Match Day Venue**

U10s	Various Cambridgeshire Venues – Kick Off Time: TBC – Outdoor Grass
U12s	Various Cambridgeshire Venues – Kick Off Time: TBC – Outdoor Grass
U14s	Various Cambridgeshire Venues – Kick Off Time: TBC – Outdoor Grass
U16s	Various Cambridgeshire Venues – Kick Off Time: TBC – Outdoor Grass

Visting Committee Member: Ray Berridge





### **Northamptonshire FA**

Correspondence

**Address** 

NN3 6WL

9 Duncan Close Red House Square Moulton Park Northampton **Main Contact** 

Chloe Brown chloe.brown@thefa.com

07931 127345

**Centre Manager** 

Chloe Brown

chloe.brown@thefa.com

07931 127345

**Technical Director** 

Name: Lydia Bedford

Email: Lydia.Bedford@thefa.com

Mobile: 07812731721

**Training Details** 

U10s FA Skills Centre

U12s Thursday - 18:00-19:30 - Brooke Weston Academy - NN18 8LA - Outdoor 3G
 U14s Thursday - 18:00-19:30 - Brooke Weston Academy - NN18 8LA - Outdoor 3G
 U16s Thursday - 18:00-19:30 - Brooke Weston Academy - NN18 8LA - Outdoor 3G

**Match Day Venue** 

U12s Brooke Weston Academy, Coomb Road, Corby, Northamptonshire, NN18 8LA
 U14s Brooke Weston Academy, Coomb Road, Corby, Northamptonshire, NN18 8LA TBC
 U16s Brooke Weston Academy, Coomb Road, Corby, Northamptonshire, NN18 8LA TBC

**Playing Colours** 

**Shirts:** Maroon **Shorts:** Maroon **Socks:** Maroon

Visting Committee Member: Ray Berridge





### **Norwich Community Sports Foundation**

**Correspondence** Main Contact

**Address** 

NCCSF Sian Wager

Carrow Road <u>Sian.wager@canaries.co.uk</u>

Norwich 01603 761122

NR1 1JE

**Centre Manager** 

Sian Wager

Sian.wager@canaries.co.uk

01603 761122

#### **Training Details**

U12s Monday - 17:30-19:30 - Thorpe St Andrew High School, Norwich - NR7 0XS - Outdoor 3G
 U14s Monday - 17:30-19:30 - Thorpe St Andrew High School, Norwich - NR7 0XS - Outdoor 3G
 U16s Monday - 17:30-19:30 - Thorpe St Andrew High School, Norwich - NR7 0XS - Outdoor 3G

#### **Match Day Venue**

U12s Easton College - NR9 5GA - Kick off Time: 11:00 - Outdoor Grass
 U14s Easton College - NR9 5GA - Kick off Time: 11:00 - Outdoor Grass
 U16s Easton College - NR9 5GA - Kick off Time: 11:00 - Outdoor Grass

Visting Committee Member: Thura Winn





### Suffolk FA

Correspondence

**Address** 

Suffolk FA The Buntings

Stowmarket Suffolk

IP14 5GZ

**Main Contact** 

Paige Shorten

paige.shorten@suffokfa.com

Mobile: 07432 735986 Landline: 01449 776314

**Centre Manager** 

Paige Shorten

paige.shorten@suffokfa.com

Mobile: 07432 735986 Landline: 01449 776314 **Technical Director** 

Name: Lydia Bedford

Email: Lydia.Bedford@thefa.com

Mobile: 07812731721

#### **Training Details**

U10s	Friday - 18:00-19:30 - Ipswich Academy High School - IP3 OSP- Outdoor 3G
<b>U12</b> s	Friday - 18:00-19:30 - Ipswich Academy High School - IP3 OSP- Outdoor 3G
U14s	Friday - 18:00-20:00 - Ipswich Academy High School - IP3 OSP- Outdoor 3G
<b>U16s</b>	Friday - 18:00-20:00 - Ipswich Academy High School - IP3 OSP- Outdoor 3G

#### **Match Day Venue**

U10s	Venue A - Haverhill Rovers FC - CB9 OBW / Venue B – Sporting 87 – Victory Ground,	IP33 2BT
	Kick Off Time: 11:00 - Outdoor Grass	

**U12s** Venue A - Haverhill Rovers FC - CB9 0BW / Venue B – Sporting 87 – Victory Ground, IP33 2BT Kick Off Time: 11:00 - Outdoor Grass

**U14s** Venue A - Haverhill Rovers FC - CB9 0BW / Venue B – Sporting 87 – Victory Ground, IP33 2BT Kick Off Time: 11:00 - Outdoor Grass

**U16s** Venue A - Haverhill Rovers FC - CB9 0BW / Venue B – Sporting 87 – Victory Ground, IP33 2BT Kick Off Time: 11:00 - Outdoor Grass

#### **Playing Colours**

Shirts: Red and White Shorts: Red Socks: Red

Visting Committee Member: Ray Kiddell





### **East Regional Excellence Camps**

Correspondence Main Contact

**Address** 

St George's Park Name: Lydia Bedford

Newborough Road Email: <a href="mailto:Lydia.Bedford@thefa.com">Lydia.Bedford@thefa.com</a>

Needwood Mobile: 07812731721

Burton-Upon-Trent

**DE13 9PD** 

#### **Training Details**

Training will take place over the following residential weekends:

Trials 19<sup>th</sup> September

Camp 1 3<sup>rd</sup> and 4<sup>th</sup> October

Camp 2: 7<sup>th</sup> and 8<sup>th</sup> November

Camp 3: 5<sup>th</sup> and 6<sup>th</sup> December

Camp4: 6<sup>th</sup> and 7<sup>th</sup> February

Camp 5: 5<sup>th</sup> and 6<sup>th</sup> March

U13s Moulton College, Northamptonshire ,Pitsford Campus - NEW 7RR
 U15s Moulton College, Northamptonshire ,Pitsford Campus - NEW 7RR
 U17s Moulton College, Northamptonshire ,Pitsford Campus - NEW 7RR

#### **Match Day Venue**

Woulton College, Northamptonshire ,Pitsford Campus - NEW 7RR – Outdoor Grass
 Moulton College, Northamptonshire ,Pitsford Campus - NEW 7RR – Outdoor Grass
 Moulton College, Northamptonshire ,Pitsford Campus - NEW 7RR – Outdoor Grass

#### **Playing Colours**

Shirts: Blue Shorts: Blue Socks: White

Visting Committee Member: Elaine Oram







#### The Football Association

FA Contact for Advanced Coaching Centres and East Regional Excellence Camps

Lydia Bedford

FA Elite Women's Coach Developer (East)

Email: Lydia.Bedford@thefa.com

Mobile: 07812 731721