



FOR ALL



Respect

Information and support for individuals receiving a disclosure

If you have personally received a disclosure you may wish to speak with someone confidentially to help you to deal with what you have heard. You may also feel the need to be reassured that the issues are being dealt with in the best possible way with the interests of the child or young person being paramount.

Clearly confidentiality is essential and therefore when seeking support or guidance from a recommended source as detailed below you will be expected to keep the personal details (names of individuals concerned) confidential. The following contact details provide a variety of potential support mechanisms for you to approach.

1. Childline

Advice, guidance & support

Free national telephone helpline for children 24hrs

0800 1111 2417

www.childline.org.uk

2. Family rights Group

Tel 0808 801 0366/fax 020 7923 2683

Assists families with children in care/residential accommodation/involved in child protection procedures.

www.frg.org.uk

3. Institute of family therapy

Tel 020 7391 9150/fax 020 7391 9169

Family & couple therapy. Problems for families, children, adolescents, relationships, divorce, separation, illness, bereavement and sexual abuse

www.institutoffamilytherapy.org.uk

4. Parentline Plus

Helpline 0808 800 2222

Support for all the families/stepfamilies

www.parentlineplus.org.uk

5. The FA/NSPCC Helpline: (Tel: 0808 800 5000)

24 hour free and confidential telephone Helpline that provides counselling, information and advice to anyone concerned about a child at risk of ill treatment or abuse.

For those with hearing difficulty, there is a text phone telephone number

0800 056 0566

www.nspcc.org.uk

6. The FA/NSPCC Footballers Helpline:

Offers advice and support to anyone who has experienced sexual abuse as a young footballer.

0800 023 2642

www.nspcc.org.uk

7. The Samaritans

Helpline (local call rate) 116 123

Admin 020 8394 8300/ Fax 020 8394 8301

Nationwide, non-religious, non-political 24 hour confidential support.

www.samaritans.org.uk

8. NAPAC

National Association for people abused in childhood. National survivors Helpline free from both landline & mobiles

Tel 0808 801 0331

www.napac.org.uk

9. Survivors UK

Supporting male survivors of Rape and Sexual abuse.

Information and online chat via:

sms 020 322 1860

Watsapp 074 9181 6064

www.survivorsuk.org