

ASTHMATIC?

KNOW YOUR LIMIT.



Taking **too much** of
your inhaler could lead
to a ban from football.

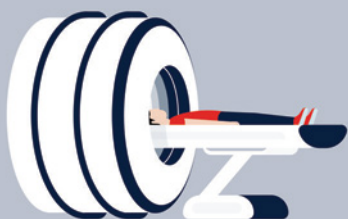
Check the prohibited status of your
medication on globaldro.co.uk



MISSING TRAINING?

YOU MUST INFORM THE FA IN ADVANCE OF MISSING ANY PART OF A TRAINING SESSION.

Having a scan



Trial at another club



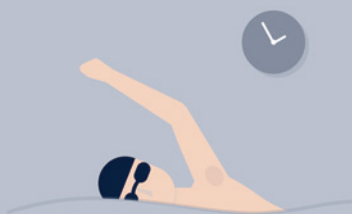
On holiday



Injured at home



Training at a different venue



Partner going into labour



**You can provide your whereabouts updates via email,
text message or the 24hr messaging service**

EMAIL: whereabouts@TheFA.com

SMS: 07800 140 062

TEL: 0844 980 8210



FOR ALL
ANTI-DOPING

BANNED FROM FOOTBALL
TERMINATED CONTRACT
PUBLIC SHAME
ADDICTION

IS IT
WORTH
IT?



The FA Social Drug Programme is run completely separately from the Anti-Doping Programme.

For more information please visit [TheFA.com/socialdrugs](https://www.thefa.com/socialdrugs)

SEARCH

Search on Global DRO to find out if your medication is prohibited in sport.

CHECK

Check if you need to apply for a Therapeutic Use Exemption (TUE) by using UKAD's TUE Wizard.

APPLY

If you need a TUE, submit an application alongside the relevant supporting medical evidence.

IS YOUR MEDICATION PERMITTED?

Medications prescribed by a doctor or bought directly over the counter may contain prohibited substances. It is your responsibility to check your medication before using it, even if you have used it before.

For more information on checking medications and applying for a TUE visit:

ukad.org.uk/searchcheckapply



DON'T CLOSE THE DOOR ON YOUR CAREER



You can be **tested at any time and at any place**,
including a match, training or your home.

Refusing to take a drug test is a breach of The FA Anti-Doping
Regulations and will likely lead to a **four year ban** from football.

For more information please visit www.thefa.com/anti-doping

