



CHECKLIST FOR A HEALTHY, SAFE AND SUSTAINABLE CLUB

CLUB:

CLUB OFFICIAL COMPLETING THIS FORM:

Has the club taken the iPRO Pledge to gain access to resources to support health, safety and sustainability?

Yes No

Does the club have healthy hydration material displayed o people can identify the signs of dehydration?

Yes No

Has the club shared safe hydration information with players and parents to prevent injury and fatigue?

Yes No

Does the club teach players about healthy hydration, so they understand the importance of staying hydrated for health?

Yes No

Does the club provide regular drinks breaks for players during training?

Yes No

Does the club encourage children have their own re-usable, personal drink bottle?

Yes No

Does the club recycle plastic drinks bottles?

Yes No



Does the club want to be environmentally friendly?

Yes No

Does the club look for ways to become more financially sustainable?

Yes No

Is health, wellbeing and sustainability discussed at the club pre-season meeting?

Yes No

Does the club have a champion to support a health, well-being and sustainability action plan?

Yes No

Do players know who they can talk too if they have a concern about their health or wellbeing?

Yes No

Use the space below to log any actions arising from completing this checklist:

If you would like any information please contact us on marketing@wiltshirefa.com

