

West Riding County Football Association

Rules for ALL County Cup Competitions

1. Management of Competitions

- 1.1.** See Annex Table 3 for a list of all Competitions.
- 1.2.** In terms of the seniority of competitions:
 - a** The County Cup and Women's County Cup are the Senior County Cup Competitions.
 - b** All other competitions are grouped as follows:
 - i** The Saturday Competitions are grouped together, the County Cup is senior to the 'Challenge Cup' and the 'Challenge Cup' is senior to the 'Challenge Trophy';
 - ii** The Sunday Competitions are grouped together, the 'Cup' is senior to the 'Trophy';
 - iii** The Sunday Junior Competitions are grouped together, the 'Minor Cup' is senior to the 'Cup', the 'Cup' is senior to the 'Trophy' and the 'Trophy' is senior to the 'Shield'.
- 1.3.** The Council of the West Riding County Football Association shall have control and management of the Competitions. They may however delegate their powers in full as deemed appropriate.
- 1.4.** Save as for where specifically provided for in Rule 10 below, any Misconduct arising from fixtures in these Competitions shall be dealt with in accordance with the Rules and Regulations of The Football Association.

2. Alteration to Rules

- 2.1.** The Association reserves the right to alter the Competition Rules. Rules cannot be altered mid-competition.
- 2.2.** All rule changes will be communicated to participants prior to commencement of the Competition. The County Cup Committee will consider any proposed rule changes submitted to the Association before 1 March each year.

3. Entry Criteria

- 3.1.** The Association shall have power to refuse to accept entries from any Clubs. The Association shall have power to exempt Clubs as they deem fit from taking part in the earlier rounds of Competitions.
- 3.2.** Clubs wishing to enter the Competition must do so at point of affiliation with the Association and pay the appropriate fee. The entry fee is reviewed and determined annually and shall be communicated to Clubs during the affiliation process.
- 3.3.** Clubs may be allowed to enter more than 1 team in the Competition, except in the Challenge Cup and Sunday Cup.
- 3.4.** The Competitions shall be contested for by the Clubs selected by the Council.

4. Eligibility Criteria

- 4.1.** Other than in the County Cup no player under written contract is eligible to play in any competition
- 4.2.** No Player shall be eligible to play for more than 1 Club in the same competition, in any one Season. Subject to rule 4.4 below, if a Club enter more than 1 team into grouped competitions (see rule 1.2.b for a definition of grouped competitions) a Player may play for more than 1 team from the same Club in any one season, in grouped Competitions.
- 4.3.** To be eligible to play in any match in a competition, each individual:
 - a** Must have been registered to play for the Club at least 7 clear days' before the date a match is played;
 - b** Must have played previously for the Club in a recognised League or Cup game in the current season;
 - c** Must have been eligible to play in a round of the competition preceding the Semi-Final, in order to be eligible to play in the Semi-Final or Final (please note that rule 4.3.c does not apply in a Senior County Cup Competition);

4.4.

- a** Players having played in the County Cup Competition in the same season will not be eligible to play in the Challenge Cup or the Challenge Trophy.
- b** Players having played in the Challenge Cup in the same season will not be eligible to play in the Challenge Trophy.
- c** Players having played in the Sunday Cup in the same season will not be eligible to play in the Sunday Trophy
- d** Rule 4.2 does not apply in the Junior or Senior (County Cup and Women's County Cup) Competitions. In these Competitions a player cannot play for more than 1 team in the same Competition

4.5.

In exceptional circumstances, a team may apply to register an emergency goalkeeper to play in a match who does not comply with the eligibility criteria. The Association and Club Secretary of the opponent must be notified in writing at least 48 hours before the date of the match and The Association will consider all applications. Both teams will be notified of the decision in writing before the match.

4.6.

In the case of postponed matches, only those players who were eligible to play in the original match are eligible to play in the re-arranged fixture. This does not include suspensions arising from disciplinary action.

4.7.

An unused substitute in any fixture, including those outside the Competition, shall not be deemed as having played for the Club in that fixture.

Eligibility Criteria - Challenge Cup/Challenge Trophy specific

4.8.

A player playing for any Team at Step 6 of the National League System or above within the period of 28 days prior to the date a match is played in this competition is ineligible for that fixture.

Eligibility Criteria - All junior competitions specific

4.9.

A player under written contract including Trainee/Scholarship players, or those registered at Academies licensed by the Football Association or Centres of Excellence licensed by the Football League, shall not be eligible to compete.

4.10.

Please see Annex Table 3 for details of the age ranges for each junior Competition.

5. Match Officials (Referees and Assistant Referees)

Appointments

5.1.

Match Officials shall be appointed by the Association.

5.2.

Where Assistant Referees are not appointed by the Association, each Club shall appoint 1 Club Assistant Referee. Failure to do so will result in the Club being fined in accordance with the Standard Fines list (Standard Fine 3).

5.3.

Where the appointed Referee or Assistant Referee fails to appear, or is unable to continue with their duties, both Clubs must agree to a replacement Match Official. Clubs failing to agree shall be liable to a fine in accordance with the fines detailed in the Standard Fines List (Standard Fine 4).

5.4.

In the case of postponed or abandoned matches, the Match Officials appointed for the original game shall be expected to officiate in the re-arranged game

5.5.

The home Club shall provide 2 x Assistant Referees flags for either the Club Assistant Referees or Assistant Referees, as applicable. Clubs failing to comply with this decision shall be fined in accordance with the fines detailed in the Standard Fines list (Standard Fine 5).

Kit

5.6.

- a** All Referees (including Assistant Referees and Fourth Official) must wear uniforms comprising a plain shirt which shall be almost entirely black and black shorts. Socks will be black. Black remains the preferred colour.
- b** When officiating in competitions with neutral Assistant Referees the default colour that Match Officials may use is yellow. All Match Officials must be in the same colour (yellow) otherwise they must revert back to wearing black attire.
- c** When officiating alone Referees may use any coloured shirt providing it does not clash with either team or goalkeepers. In all matches when officiating alone, and where there is a clash of colours between the match Referee and the teams or goalkeepers, then the Referee may change and revert back to black and not the teams.

- d The West Riding County Football Association's advice to all match officials is to always take your black attire to matches if it is your intention to wear a coloured shirt.

Match Official Fees

- 5.7. Please refer to Annex Table 1. The team drawn first shall pay the Referee/Assistant Referee's fees after the Match up to the Semi-Final rounds. With the exception of the County Cup Competition, all Semi-Final and Final Match Official's Fee & Expenses shall be paid for by the Association
- 5.8. Appointed Officials shall be paid half of their match fee and travelling expenses at 30p/mile if they attend the ground and the match is not played.

Match Report

- 5.9. The Referee shall submit the result of the match and notification of any breach of rules to the Association within 2 days of a match using the online Match report Form located on the WRCFA website (www.westridingfa.com). Failure to do so may lead to disciplinary action.

6. Pre-Match Requirements

- 6.1. All West Riding County FA Cup Competitions will be administrated using the Football Association Full-Time online software. All teams will be notified of the draw, fixtures and referees appointments via automated Full-Time notifications.
- 6.2. The fixtures, scores, referee appointments and post-match forms can be viewed via the 'Cups' tab on the West Riding County FA Website (www.westridingfa.com) by selecting the appropriate competition.

Draw

- 6.3. Clubs must acknowledge fixtures. Any Club failing to do so shall incur a fine in accordance with the fines detailed in the Standard Fines list (Standard Fine 6)
- 6.4. Where Clubs share grounds and both are drawn at home, the first drawn Club shall be the home Club.
- 6.5. The ties shall be played at the ground of the Club drawn first. The home Club shall at least 5 days prior to the date agreed to play the match provide the Secretary of the opposing club, Referees and Assistant Referees with match specific information, including details of the ground and kit colours. Clubs failing to do so shall be fined in accordance with the fines detailed in the Standard Fines List (Standard Fine 7).
- 6.6. The Away team must contact the Home team for this information if it has not been provided within the timeframes above. Clubs failing in this respect shall be fined in accordance with the fines detailed in the Standard Fines List (Standard Fine 7).
- 6.7. Where 2 teams in a grouped Competition (see rule 1.2.b for definition of grouped Competitions) who share grounds are drawn at home, the senior Competition shall take precedence (see rule 1.2 for definition of senior Competition)
- 6.8. Any team which has 3 or more players selected for a County FA/League Representative Squad on the date agreed for playing the match may apply for that particular match in the competition to be postponed.

Playing Kit

- 6.9. Where the colours of 2 competing Clubs are similar, the away Club must change. Where this occurs in a Semi-Final or Final match, both teams must change. It remains that teams under the jurisdiction of the West Riding County Football Association cannot wear black shirts.
- 6.10. Shirts shall be numbered and the number on each player's shirt shall correspond with that on the team list and match result sheet.
- 6.11. The Captain of each team shall wear a distinguishing armband to indicate their status.
- 6.12. Failure to comply with any part of this rule will result in a fine in accordance with the fines detailed in the Standard Fines list (Standard Fine 2).

Team Lists

- 6.13. The nominated representatives of each Club shall supply to the Referee in the Match Official's dressing room, and to the Nominated Representatives of the opposing Club, a written list of players taking part in the match. The numbers on the team sheet must correspond with the

numbers on the individual Player's shirt. The written list must be provided in accordance with the times contained in Annex Table 3.

- 6.14.** Any club failing to supply team lists (as prescribed above) shall be fined in accordance with the fines detailed in the Standard Fines list (Standard Fine 8). Should any nominated player or substitute sustain an injury after the submission of the team list to the Referee before kick-off, he may be replaced, provided that the Referee and opponents are informed before the commencement of the match.

Team Lists - Junior Competitions specific

- 6.15.** For Semi-Final and Final ties where played on a neutral ground, Junior teams must submit team lists of all eligible players together with date of births for each player at least 5 days prior to the match.
- 6.16.** For Semi-Final and Final ties where played on a neutral ground, Junior teams are required to provide details of those other individuals the team wish access to the Changing Room area to be given to. Please refer to rule 7.12 for confirmation of the number of individuals permitted into the Changing Room area.
- 6.17.** In rounds prior to the Semi-Final, birth certificates, or other satisfactory proof of date of birth of each player taking part in the match must be produced by the nominated representative of each competing Club to the nominated representative of the opposing Club, prior to the commencement of each match.

7. Match Specific Conditions

Equipment

- 7.1.** The Home Club shall provide at least 2 suitable footballs for the playing of any match, unless in the Semi-Final and Final where played at a neutral venue. Clubs failing to comply with this decision shall be fined in accordance with the fines detailed in the Standard Fines list (Standard Fine 9).

Admission

- 7.2.** The Association shall fix the entry charge for the Semi-Finals and Final Ties.

Admission - County Cup specific

- 7.3.** A charge for admission to each match in the competition shall be made. The minimum charge for admission shall be £3 except for persons under 16yrs and senior citizens, for whom the admission charge shall be mutually agreed by the 2 competing clubs.

Playing Conditions

- 7.4.** Football Turf pitches (3G) are allowed in the Competition providing they meet the required performance standards and are listed on the FA's Register of Football Turf pitches. The home Club is also responsible for advising participants of footwear requirements when confirming match arrangements.
- 7.5.** In adverse weather conditions, for teams at step 7 or above of the National League System normal Football Association Rules apply. For teams below step 7 of the National League System, an independent registered referee has power to decide the fitness of the ground. The referee's decision as to the fitness of the ground shall be final, except where a local authority or landowner deems the pitch unplayable (evidence of such may be requested by the Association). In each case, the opponents and the referee must be notified immediately if a pitch is deemed unplayable. The Association must be notified within 24 hours (not including Sundays) of any game being deemed unplayable.
- 7.6.** Every effort must be made by both clubs to play the game on the agreed date. This includes the option of playing the match on the grounds of the first and second-named clubs, or playing the match at a neutral ground. In using its powers under Rule 8, the Association will take into consideration the efforts made by either or both clubs before making its decision.
- 7.7.** If the ground of a Club at which a fixture is due to be played is considered unsuitable for a Cup Tie, the opponents may protest to the Association within 7 days of the receipt of the draw. If the protest is sustained, the Association may order the match to be played on the ground of the protesting Club or on a neutral ground. Any protest must be made in accordance with Rule 10.
- 7.8.** All matches are to be played on the date specified. League matches shall not be played in lieu of a Cup-tie.

Format of Football

- 7.9.** Please refer to Annex Table 2.
- 7.10.** The half-time interval shall not exceed 15 minutes duration and shall not be amended except with the consent of the Referee.
- 7.11.** Extra time will not be played in any competition. In all matches, if the score is still level at Full Time, kicks from the penalty mark shall be taken to determine the winner, in accordance with the procedure adopted by The International Football Association Board (IFAB).
- 7.12.** In Semi-Finals/Finals played on neutral grounds, the maximum number of persons (i.e. Players/team officials) allowed in the technical areas will be 8 per team and no more than 20 persons shall be allowed in each dressing room at any one time. In open age competitions, no children are permitted to enter the technical area or Changing Rooms.

Kick Off Time / Date

- 7.13.** All matches are to be played on the date and at the time specified on the fixture notification. Any amendment to a kick off date or time can only be approved by the Association. The kick off date and time must be agreed between the competing teams and the Match Official(s). If both teams agree and the match official(s) do not agree, the Association must be notified at least 4 working days in advance of the fixture. The Association may choose to appoint a new Match Official(s) if necessary.

Kick Off Time/Date - County Cup specific

- 7.14.** The ties shall be drawn and the dates for playing the match shall be fixed by Council. Where floodlights are available, both teams agree and permission of the Association is sought in advance, ties may be played midweek (Monday – Friday) during the period of either 14 days prior to or 7 days after the original date specified for the match to be played.

Kick Off Time/Date - Women's County Cup specific

- 7.15.** Women's County Cup matches will be played on the third Sunday of the relevant months. Notwithstanding this, ties may be played in the period of 14 days prior to the original date specified for the match to be played, providing that all parties are in agreement and the Association gives permission.

8. Postponed Matches, Late Starts

Failure To Play

- 8.1.** Each Club must take every precaution to keep its ground in playing condition. If the match is called off, the home Club shall notify their opponents and the Match Officials immediately. If a referee postpones or abandons a game they must confirm their actions to the County Office within 24 hours (excluding Sundays) of the date of the match. The Association shall have power to order a match to be played on an alternative ground where necessary.
- 8.2.** The Association shall have power to deal with any match abandoned for any cause whatsoever as it deems appropriate.

Postponed Matches

- 8.3.** All postponed games must be communicated to the Association within 24 hours (not including Sundays) confirming reasons for the postponement and what efforts were made to ensure the game was played.
- 8.4.** The Association shall have power to deal with any match postponed for any cause whatsoever as it deems appropriate. Teams failing to comply with any decision will be fined in accordance with the fines detailed in the Standard Fines list (Standard Fine 11).
- 8.5.** In the case of postponed or abandoned matches, the Match Officials appointed for the original game shall be expected to officiate in the re-arranged game.
- 8.6.** Any postponed or abandoned midweek game must be played with 14 days of the original date agreed for playing the match

Postponed matches - Challenge Cup/Challenge Trophy/Sunday Cup/Sunday Trophy specific

8.7. All postponed matches except Semi Finals and Final Ties shall be played on consecutive Saturdays or Sundays or on an earlier date by mutual agreement until there is a result, except where teams are engaged in a District Cup Competition.

Postponed matches - Women's County Cup and all Junior Competitions specific

8.8. All postponed matches except Semi Finals and Final Ties shall be played on consecutive Sundays or on an earlier date by mutual agreement until there is a result, except where teams are engaged in a District Cup Competition.

Late Starts

8.9. The Referee shall report all late starts via the Match Report Form. Clubs held responsible for late starts shall be fined in accordance with the fines detailed in the Standard Fines list (Standard Fine 12). Second or subsequent offences shall be dealt with at the discretion of the Association. The Association shall also deal with cases in which the start is delayed by more than 30 minutes.

9. Post-Match Requirements

Mementoes – Trophy and Medals

9.1. The winning Club shall return the Cup in good and clean condition to the Association, no later than 1st February of the following year. Clubs failing to comply with this Rule shall be fined in accordance with the fines detailed in the Standard Fines list (Standard Fine 1). Please note that, in addition to any standard fine, the Club shall be held liable for the amount of the current value of the Trophy if it is lost, or the cost of its repair if it is damaged. In light of this, Clubs are advised to ensure that any Trophy is covered by suitable insurance.

9.2. In addition to the Cup, the Association may present Mementoes to the Players, Substitutes and Team Manager listed on the team sheet for each competing Club in the Final Tie. Additional mementoes will be made available for Clubs to order, post-final.

9.3. When a player or club official is ordered to leave the field of play for misconduct, the medal to which he may be entitled may be withheld at the discretion of the Association.

Match Proceeds

9.4. In the Semi-Final and Final Ties, after the expenses of the matches have been met, the gate receipts may, at the discretion of Association, be apportioned between the Association and the competing Clubs. Any misconduct may result in lack of the distribution of monies from the Association.

9.5. In any match ordered to be replayed in consequence of a breach of rule the Club in default shall not receive any share of the proceeds of such re-played match, without the consent of the Association. If the consent is not given, the share shall be taken by the Association.

Match Proceeds - County Cup specific

9.6. The proceeds of matches (except re-played matches as a consequence of breach of rule) shall, after paying out the fees and expenses of match officials, advertising, printing, police charge and floodlights (maximum £25) be divided equally between the competing clubs in all matches prior to the Final and shall be settled immediately after the match.

9.7. Clubs failing to comply with this rule shall be fined a sum not exceeding £100.

9.8. In cases where the receipts are not sufficient to cover the expenses of the match, the deficit shall be borne by the home club. In the Final, after all expenses have been met, the gate receipts may, at the discretion of Council, be apportioned between the Association and the competing clubs.

9.9. The home club shall provide for the sale of tickets. The expense of ticket sellers shall not be deducted from the gate receipts. Where turnstiles are used, a charge may be made for the staff operating them. Such charge together with the number of turnstiles to be used shall be mutually agreed by the competing clubs in advance of the match.

9.10. All members and advance ticket holders shall pay all admission charges. The gate receipts shall be divided immediately after the match.

Reporting Result

9.11. Each club shall send the result of the match, with the full names of their players competing and goal scorers, together with the marking of the Referee's performance to be received by the Association within 2 days of the match (not including Sundays).

Match Report Form

9.12. The match report forms are only available for download from the 'cups' tab on the West Riding County FA website (www.westridingfa.com). Match Report Forms should be completed

electronically and emailed to the email address relevant to the competition. In exceptional circumstances, Match Report forms will be accepted through the post to the Association.

9.13. Clubs failing to comply with Rules 9.11 and 9.12 shall be fined in accordance with the fines detailed in the Standard Fines list (Standard Fine 13).

9.14. Clubs proved to have supplied an incorrect Match Report form shall be fined in accordance with the fines detailed in the Standard Fines list (Standard Fine 14).

Referees Mark

9.15. Teams must submit a mark out of 100 for the match referee on the Match Report Form (above). When a mark of 60 or lower is awarded, an explanation must be provided to the WRCFA using the Match Report Form. The purpose of this is to assist Referees to improve their performance levels, so the comments should be as helpful as possible

10. Breaches of Competition Rules, Protests, and Appeals

Breaches of the Competition Rules

10.1. The Association shall have power to deal with any competing Club, Player, Official or Match Official alleged to have breached the Rules of these Competitions as it sees fit.

10.2. Any Club adjudged to have played an ineligible Player shall be expelled from the Competition and may be fined a sum not exceeding £100.

10.3. The Association shall have power to increase any standard fines for repeated offences.

10.4. With the exception of Rules 6.3, 9.11, 9.12, 9.13 and 9.14, for all breaches of Rule a formal written charge must be issued to the Club concerned.

a The Club charged shall be given 7 days from the date of notification of the charge to reply to the charge and given the opportunity to:-Accept or deny the charge

b Submit in writing a case of mitigation, or

c Put their case before the Council at a personal hearing

Any fines levied shall be in accordance with the Competition Rules. The maximum fine permitted for any breach of a Rule is £100 and, when setting any fine, the Competition must ensure that the penalty is proportional to the offence, taking into account any mitigating circumstances.

Protests

10.5. Protests relating to any violation of the Competition Rules must be lodged by the protesting Club with the Association within 48 hours (Sundays not included) of the date of playing the tie on which the protest arises. The grounds of the protest shall be fully stated in writing and a copy must be sent to the Club protested against. A protest fee of £25 will be incurred and in the case of it being found that an appeal has been lodged with no reasonable prospect of success, the fee shall be forfeited and any costs incurred may be charged.

10.6. In the interests of the progression of the competition, the Association reserves the right to limit their action if the next round of the competition has already taken place.

10.7. No objection or protest shall be withdrawn, except by leave of the Association.

10.8. The Association will deal with any alleged breach of rule submitted by way of protest within 3 working days of the fixture. Any alleged breach of rule submitted after this date may be disregarded.

Appeals

10.9. Subject to the conditions below, a Club may appeal against any decision made in accordance with these Competition Rules to an appeal board comprised of 3 members of Council.

10.10. Any appeal must be made in writing (electronic mail is acceptable) to the Chief Executive of the Association and the grounds of the appeal shall be fully stated. An appeal must be lodged within 48 hours of notification of the decision being appealed against (not including Sundays).

10.11. An appeal fee of £25 will be incurred and in the case of it being found that an appeal has been lodged with no reasonable prospect of success, the fee shall be forfeited and any costs incurred may be charged.

10.12. An appeal can only be lodged against the following sanctions,

a Expulsion from the competition

b A fine in excess of £75

c Disqualification from entry into the competition in future years

10.13. All decisions of an appeal body are final and binding on all parties.

Annex Table 1 - Standard Fines

Standard Fine		Open Age (maximum)	Age Limit (maximum)
1	Non return of Trophy in clean, undamaged condition, by 1 February. Please note that, in addition to any standard fine, the Club shall be held liable for the amount of the current value of the Trophy if it is lost, or the cost of its repair if it is damaged. In light of this, Clubs are advised to ensure that any Trophy is covered by suitable insurance.	£100	£100
2	Captain failing to wear a distinguishing armband	£20	£10
3	Failure to supply an Assistant Referee	£20	£10
4	Failure to agree on a replacement Match Official on match day	£100	£100
5	Failure to supply 2 Assistant Flags	£20	£10
6	Non Acknowledgement of Draw	£20	£10
7	Late/No Notification to Opponents and/ or Match Officials(s)	£20	£10
8	Late/No Team List to Nominated Representatives and/or Referee	£20	£10
9	Failure to supply 2 suitable Match Balls	£20	£10
10	Failure to supply Goal Nets	£20	£10
11	Failure to comply with decision of Association with respect to Postponed Matches.	£100	£100
12	Late Kick Off (for each 10 minutes or part thereof, up to a period of 30 minutes)	£10	£10
13	Late/No Match Report Form to WRCFA	£20	£10
14	Incorrect Match Report Form to WRCFA	£20	£10

Annex Table 2 – Referees Fees and Expenses

Competition	Referee			Assistant Referees			Fourth Official		
	Rounds	Semi Final	Final	Rounds	Semi Final	Final	Rounds	Semi Final	Final
County Cup	£53*	£53*	Expenses	£34*	£34*	Expenses	£34*	£34*	Expenses
Women's County Cup	£30*	£30*	Expenses	£18*	£18*	Expenses	£18*	£18*	Expenses
Challenge Cup	£30*	£30*	Expenses	£18*	£18*	Expenses	£18*	£18*	Expenses
Challenge Trophy	£30*	£30*	Expenses	£18*	£18*	Expenses	£18*	£18*	Expenses
Sunday Cup	£30*	£30*	Expenses	£18*	£18*	Expenses	£18*	£18*	Expenses
Sunday Trophy	£30*	£30*	Expenses	£18*	£18*	Expenses	£18*	£18*	Expenses
Minor Cup	£30*	£30*	Expenses	£18*	£18*	Expenses	£18*	£18*	Expenses
Junior Cup	£25	£25*	Expenses	£12.50	£15*	Expenses	£12.50	£15*	Expenses
Junior Trophy	£25	£25*	Expenses	£12.50	£15*	Expenses	£12.50	£15*	Expenses
Junior Shield	£25	£25*	Expenses	£12.50	£15*	Expenses	£12.50	£15*	Expenses
Girls' Junior Cup	£25	£25*	Expenses	£12.50	£15*	Expenses	£12.50	£15*	Expenses
Girls' Junior Trophy	£25	£25*	Expenses	£12.50	£15*	Expenses	£12.50	£15*	Expenses

*Exclusive of expenses at 30p/mile

*Exclusive of expenses at 34p/mile on the County Cup

Annex Table 3 – Match Specific Conditions (in all matches including Semi Final and Final)

Competition	Age Group	Age Range	Format of Football	Match Ball (size)	Goalpost Size H x W (ft)	Size of pitch L x W (yrds)	Substitutions	Duration of the Match (Mins)	Team Sheets
County Cup	Open Age	Open Age	11 v 11	5	8 x 24	110 x 70	3 from 5 nominated	90	45 Mins
Women's County Cup	Open Age Non-Contract	Open Age	11 v 11	5	8 x 24	110 x 70	3 from 5 nominated	90	30 Mins
Challenge Cup	Open Age Non-Contract	Open Age	11 v 11	5	8 x 24	110 x 70	3 from 5 nominated	90	30 Mins
Challenge Trophy	Open Age Non-Contract	Open Age	11 v 11	5	8 x 24	110 x 70	3 from 5 nominated	90	30 Mins
Sunday Cup	Open Age Non-Contract	Open Age	11 v 11	5	8 x 24	110 x 70	3 from 5 nominated	90	30 Mins
Sunday Trophy	Open Age Non-Contract	Open Age	11 v 11	5	8 x 24	110 x 70	3 from 5 nominated	90	30 Mins
Minor Cup	U18 – U16 Non-Contract	16 (or over) or 18 (or Under) on 31 st	11 v 11	5	8 x 24	110 x 70	3 from 5 nominated	90	30 Mins
Junior Cup	U16 Non-Contract	14 (or Over) or 16 (or Under) on 31 st August 2016	11 v 11	5	8 x 24	100 x 60	3 from 3 nominated (rolling)	80	30 Mins
Junior Trophy	U14 Non-Contract	12 (or Over) or (14 or Under) on 31 st August 2016	11 v 11	4	7 x 21	90 x 55	3 from 3 nominated (rolling)	70	30 Mins
Junior Shield	U12 Non-Contract	10 (or Over) or 12 (or Under) on 31 st August 2016	9 v 9	4	7 x 16	80 x 50	3 from 3 nominated (rolling)	60	30 Mins
Girls' Junior Cup	U16 Non-Contract	14 (or Over) or 16 (or Under) on 31 st August 2016	11 v 11	5	8 x 24	100 x 60	3 from 3 nominated (rolling)	80	30 Mins
Girls' Junior Trophy	U14 Non-Contract	12 (or Over) or (14 or Under) on 31 st August 2016	9 v 9	4	7 x 21	90 x 55	3 from 3 nominated (rolling)	70	30 Mins

Open Age: 16yrs +

Rolling Substitutions (rolling): A player who has been substituted himself becomes a substitute and may replace a player at any time subject to the substitution being carried out in accordance with Law 3 of the Laws of Association Football.