



**BE OUR
HEART
CHAMPION**

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We are looking for a passionate, enthusiastic and compassionate volunteer at each club to become a BHF health Heart Champion.

WHAT THAT ROLE WOULD LOOK LIKE...

CPR

We would like to train you in CPR so that you can train your club to be a nation of lifesavers.

LUNCH & LEARNS

Organising targeted presentations on specific topics such as stress and wellbeing. You would help us organise these events at club level.

VOLUNTEERING

We have many opportunities which are both group and individual activities. Your role would encourage both of these aspects.

FUNDRAISING

If there is a challenge any of your members would like to do, let us know and we can help you organise it. Whether that be a walk, run or bike ride!

**HEART
CHAMPION**

Proud to support



**British Heart
Foundation**

BHF Registered Charity No: 225971

JOIN US IN RAISING £50K

We have partnered with British Heart Foundation for the next 2 years to raise an incredible £50K but we need your help! Your heart is precious. Together, with your help, we can power the research that helps protect it if something goes wrong.

IF YOU ARE INTERESTED IN BECOMING YOUR CLUBS
HEART CHAMPION, PLEASE COMPLETE THE LINK BELOW
WEST RIDING FA HEART CHAMPIONS

ALREADY RAISING MONEY FOR
BRITISH HEART FOUNDATION? JOIN US!



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