

## 3G Pitch – Footwear Guide

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Footwear choice can have a huge effect on a 3G pitch. It's one of the things that all sports facilities must consider and it can be difficult to control when you're managing a busy facility. However, we have solved the problem of which football boots to wear on a 3G pitch with this guide.

### CATEGORIES OF FOOTWEAR

**Metal Stud Football Boots:** These boots have screw-in metal studs for added balance and grip, these also have an outer sole that is visible on the bottom allowing for more support.

**Moulded Stud Football Boots:** Plastic moulded studs with no external sole. Whilst not as sturdy as metal studs, still provide grip.

**'Blades':** Blades are another version of moulded studs, however instead of the peg-like studs, these studs are long and thin, following the contours of the foot, improving balance when kicking.

**'Astro Trainers':** These have a shorter moulded or 'dimple' studs. They are designed primarily for 2G sand-based pitches.

**Flat Sole Trainer:** These are your standard trainers; most fashionable trainers along with fitness footwear which contain no grip or spacing between the sole of the shoe and the surface



### THE BEST FOOTWEAR FOR 3G PITCHES

The 3G pitch has been specifically designed for football and has a long pile turf that gives a realistic grass feel whilst also being able to withstand heavy use. When using the pitch, players must use boots that have studs, this stops the fibres from becoming compressed and damaging the surface.

For the 3G surface at West Riding FA, the following footwear is permitted.

- Screw-in Stud Football Boots
- Moulded Stud Football Boots

### CAN YOU WEAR BLADES ON TURF?

Bladed boots are prohibited on our surface, this is because they can cut through the synthetic turf causing serious damage.

## HOW DO WE ENSURE THAT ALL PARTICIPANTS FOLLOW THE RULES?

1. These rules are included in our Standard Terms of Hire which are reviewed and signed by all Hirers
2. West Riding FA staff will check footwear before participants are allowed to enter the pitch
3. Match officials appointed to games at West Riding FA will check footwear prior to the match
4. There is signage around the pitch and in the changing room showing what participants can and can't wear

## WHAT HAPPENS IF INCORRECT FOOTWEAR IS WORN?

1. In minor or irregular offences.
  - a. Participants will be reminded about using the correct footwear on the pitch
  - b. Participants will be asked to prove they have the correct footwear before they are allowed back on.
  - c. The Hirer (main point of contact) will be advised, in writing, that if the issue persists, the booking may be cancelled.
  - d. Coaches/managers will be required to stand in the dugout off the 3G surface.
2. For persistent offenders.
  - a. Participants will be prevented from entering the pitch. This will still happen irrespective of the number of participants affected and the subsequent impact on the number of participants eligible to play.
  - b. The Hirer will be advised, in writing, that the booking has been cancelled with immediate effect.

## ACCEPTABLE FOOTWEAR

### Artificial Ground (AG) Boots



### Metal Studded Boots



## UNACCEPTABLE FOOTWEAR

### Flat-Soled Indoor & Astro Turf Trainers



### Bladed Boots



### Generic Sports Trainers

