



WESTMORLAND  
COUNTY  
FOOTBALL  
ASSOCIATION  
LIMITED

**DIRECTORY  
and  
COMPETITION RULES  
2023/2024**

## **Registered Office:**

Westmorland County Football Association Limited  
35/37 Appleby Road  
KENDAL  
Cumbria  
LA9 6ET

Telephone  
01539 730946

Email address  
[info@WestmorlandFA.com](mailto:info@WestmorlandFA.com)

Website  
[www.WestmorlandFA.com](http://www.WestmorlandFA.com)

Registered in England.  
Registration No. 4240922

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## DIRECTORS AND STAFF MEMBERS 2023/24

### **PRESIDENT**

Vacant Post

### **LIFE VICE-PRESIDENT**

G Aplin  
T B Huck  
G A Roe

### **VICE-PRESIDENTS**

M A Crossley  
J R Cotter  
R W Wilkinson

### **CHAIRMAN**

P G Ducksbury, 01539 730946 Email: [Peter.Ducksbury@WestmorlandFA.com](mailto:Peter.Ducksbury@WestmorlandFA.com) (Retires 2024)

### **VICE CHAIRMAN**

P A McDonnell, 015395 61376 (2024)

### **CHIEF EXECUTIVE OFFICER / COMPANY SECRETARY**

J Pattison, 07932 030819 Email: [James.Pattison@WestmorlandFA.com](mailto:James.Pattison@WestmorlandFA.com)

### **BOARD MEMBERS**

T Heaward, 07740307574  
D O'Callaghan, 01539 733642 (2026)  
P Rushton, 07821 055438 (2025)  
H Russell, 07584567106  
K Singleton, 07760 256764 (2025)

### **FOOTBALL DEVELOPMENT OFFICER**

Sophie Hughes, 07944 033337 Email: [Sopie.Hughes@westmorlandfa.com](mailto:Sopie.Hughes@westmorlandfa.com)

### **FOOTBALL OPERATIONS OFFICER**

Jim Bone, 07943 335820 Email: [Jim.Bone@WestmorlandFA.com](mailto:Jim.Bone@WestmorlandFA.com)

### **DESIGNATED SAFEGUARDING, REFEREE DEVELOPMENT & EDI OFFICER**

Peter Leonard, 077598 50420 Email: [Peter.Leonard@WestmorlandFA.com](mailto:Peter.Leonard@WestmorlandFA.com)

## AFFILIATED LEAGUES

### SENIOR LEAGUES

#### **JMP Foodservice Westmorland Football League**

Secretary: Mr Ben Close,  
Email: [westmorlandfootball@gmail.com](mailto:westmorlandfootball@gmail.com)

#### **Westmorland County FA Futsal League**

Secretary: Mr Jim Bone, 01539 730946, 07943 335820  
Email: [Jim.Bone@WestmorlandFA.com](mailto:Jim.Bone@WestmorlandFA.com)

#### **Westmorland County FA Under 25 League**

Secretary: Mr Jim Bone, 01539 730946, 07943 335820  
Email: [Jim.Bone@WestmorlandFA.com](mailto:Jim.Bone@WestmorlandFA.com)

#### **Westmorland Walking Football League**

Secretary: Mr Jim Bone, 01539 730946, 07943 335820  
Email: [Jim.Bone@WestmorlandFA.com](mailto:Jim.Bone@WestmorlandFA.com)

### YOUTH LEAGUES

#### **Ghost Prints Westmorland Under 18 League**

Secretary: Mr Jim Bone, 01539 730946, 07943 335820  
Email: [Jim.Bone@WestmorlandFA.com](mailto:Jim.Bone@WestmorlandFA.com)

#### **Westmorland County FA Youth Futsal League**

Secretary: Mr Jim Bone, 01539 730946, 07943 335820  
Email: [Jim.Bone@WestmorlandFA.com](mailto:Jim.Bone@WestmorlandFA.com)

#### **Kent Valley Junior Football League**

Secretary: Mrs Leanne Milburn  
Email: [kentvalleysecretary@gmail.com](mailto:kentvalleysecretary@gmail.com)

## AFFILIATED ADULT CLUBS

### **Ambleside United FC**

Secretary: Mr Stephen Jaworski,  
Email: [jaworski.s@btinternet.com](mailto:jaworski.s@btinternet.com)  
Ground: Hillard Rothay Park, Ambleside, LA22 0EE  
Main Colours: Blue and White Hooped shirt / Blue shorts / Blue socks  
Alt Colours: Orange shirt / Black shorts / Black socks

### **Appleby FC**

Secretary: Mr Martin Smith, 07827 014732  
Email: [martinjamesmith1961@outlook.com](mailto:martinjamesmith1961@outlook.com)  
Ground: King George V Field, Broad Close, Chapel Street, Appleby, CA16 6QR  
Main Colours: Red shirt / White shorts / Black socks  
Alt Colours: Blue shirt / White shorts / Blue socks

### **Arnside & Milnthorpe Town FC**

Secretary: Mr Edward Hart, 078321 16662  
Email: [edward@edwardhartfs.co.uk](mailto:edward@edwardhartfs.co.uk)  
Ground: Memorial Playing Field, Arnside, LA5 0DP  
Main Colours: Blue shirt / Black shorts / Blue socks  
Alt Colours: Red shirt / Black shorts / Red socks

### **Braithwaite FC**

Secretary: Mr Adam Palmer, 07738 814690  
Email: [palmer1.ap@googlemail.com](mailto:palmer1.ap@googlemail.com)  
Ground: Braithwaite Institute Field, Braithwaite, Keswick, CA12 5TD  
Main Colours: Gold shirt / Gold shorts / Black socks  
Alt Colours: Blue shirt / Blue shorts / Blue socks

### **Brough FC**

Secretary: Mrs Keren Gilby-Steadman,  
Email: [secretaryofbrough@gmail.com](mailto:secretaryofbrough@gmail.com)  
Ground: Coltsford Common, Brough, CA174EW  
Main Colours: Blue & White shirt / White shorts / Blue socks  
Alt Colours: Red shirt / White shorts / Red socks

### **Burneside FC**

Secretary: Mr Peter Robertson, 07585320242  
Email: [robertson.caley@sky.com](mailto:robertson.caley@sky.com)  
Ground: Hollins Lane Playing Fields, Hollins Lane, Burneside, Kendal, LA9 6QL  
Main Colours: Yellow shirt / Royal Blue shorts / Royal Blue socks  
Alt Colours: White shirt / Royal Blue shorts / Royal Blue socks

### **Burton Thistle FC**

Secretary: Mrs Cheryl Johnson, 07949 275146  
Email: [cheryljohnson@westpac.uk.com](mailto:cheryljohnson@westpac.uk.com)  
Ground: Curwen Woods, Clawthorpe, Burton-in-Kendal, LA6 1LS  
Main Colours: Green & Black shirt / Black shorts / Black socks  
Alt Colours: Sky Blue and White shirt / Navy shorts / Navy socks

### **Cartmel & District FC**

Ground: Cartmel Park, Cartmel, LA11 6PJ  
Main Colours: Yellow shirt / Black shorts / Yellow socks  
Alt Colours: White shirt / Black shorts / White socks

### **Coniston FC**

Ground: Shepherds Bridge, Coniston, LA21 8AL  
Main Colours: Blue shirt / Blue shorts / Blue socks  
Alt Colours: White shirt / Black shorts / Black socks

### **Eden Valley FC**

Secretary: Mr Ross Kerr, 07933 533318  
Email: [ross-kerr93@hotmail.co.uk](mailto:ross-kerr93@hotmail.co.uk)  
Ground: Frenchfield Sports Centre, Penrith CA11 8UA  
Main Colours: Green & White shirt / Green shorts / Green socks

### **Endmoor KGR FC**

Secretary: Mr Anthony Wilson, 07971 989922  
Email: [anthony-wilson2@sky.com](mailto:anthony-wilson2@sky.com)  
Ground: Woodside Road Playing Field, Woodside Road, Endmoor, LA8 0HQ  
Main Colours: Red shirt / Black shorts / Red socks  
Alt Colours: White shirt / Black shorts / White socks

### **Greystoke FC**

Secretary: Mr David Simmons, 07786 554938  
Email: [david.simmons@bellsolfazonby.co.uk](mailto:david.simmons@bellsolfazonby.co.uk)  
Ground: Greystoke Recreation Ground, Church Road, Greystoke, Penrith, CA11 0TW  
Main Colours: Yellow shirt / Green shorts / Yellow socks  
Alt Colours: Red and Black shirt / Black shorts / Red socks

### **GT7 Ladies FC**

Secretary: Domonique Gardner  
Email: [domjameson@aol.com](mailto:domjameson@aol.com)  
Ground: Kendal Rugby Club, Shap Rd, Kendal LA9 6NY  
Main Colours: Black shirt / Black shorts / Black socks

### **Hest Bank FC**

Secretary: Benjamin Leamy, 07495 813215  
Email: [benamin.leamy@outlook.com](mailto:benamin.leamy@outlook.com)  
Ground: Bolton Le Sands Sports Pavilion, Bolton Le Sands, LA5 8DW  
Main Colours: Yellow shirt / Black shorts / Yellow socks

### **Ibis FC**

Secretary: Mr Michael (Fred) Dixon, 07745 289406,  
Email: [ginnersdad@hotmail.co.uk](mailto:ginnersdad@hotmail.co.uk)  
Ground: Jubilee Playing Fields, Mintsfeet Road, Kendal, Cumbria, LA9 6DE  
Main Colours: Blue shirt / Black shorts / Black socks  
Alt Colours: Red shirt / Red shorts / Red socks

### **Kendal County FC**

Secretary: Mr Dan Ferguson 07890 569636  
Email: [danielferguson@hotmail.co.uk](mailto:danielferguson@hotmail.co.uk)  
Ground: Netherfield Cricket Club, Parkside Road, Kendal, LA9 7BL  
Main Colours: Maroon & Sky Blue shirt / Maroon & Sky Blue shorts / Maroon & Sky Blue socks  
Alt Colours: Navy and White shirt

### **Kendal Town**

Secretary: Mr Craig Campbell , 07980660428  
Email: [kfcsecretary@outlook.com](mailto:kfcsecretary@outlook.com)  
Ground: Parkside Road Stadium, Parkside Road, Kendal, LA97BL  
Main Colours: Black and White shirts/ Black shorts / Red socks

### **Kendal United FC**

Secretary: Mr Stefan Grabek, 07968 053286  
Email: [kujfc.secretary@gmail.com](mailto:kujfc.secretary@gmail.com)  
Ground: Castle Drive, Kendal, LA9 7BN  
Main Colours: Yellow shirt / Blue shorts / Blue socks  
Alt Colours: Red shirt / Black shorts / Red socks

### **Kirkby Lonsdale FC**

Secretary: Mr Chris Rowsell, 07769 779936  
Email: [chris\\_rowsell123@hotmail.com](mailto:chris_rowsell123@hotmail.com)  
Ground: Lunefield Park, Kirkby Lonsdale, LA6 2DB  
Main Colours: Blue and White shirt / Royal and White shorts / Royal and White socks  
Alt Colours: Orange and Black shirt / Black shorts / Black socks

### **Kirkby Stephen FC**

Secretary: Mrs Katy Modlin, 07813 541576  
Email: [modlinkaty81@gmail.com](mailto:modlinkaty81@gmail.com)  
Ground: Parrot Park, Hartley Road, Kirkby Stephen, CA17 4RT  
Main Colours: Orange and Black shirt / Black shorts / Orange and Black socks  
Alt Colours: Blue shirt / Black shorts / Blue socks

### **Kirkoswald FC**

Secretary: Mr Nick Tuer, 07885 862192  
Email: [tuer\\_no2@hotmail.com](mailto:tuer_no2@hotmail.com)  
Ground: The Old Show Field, Kirkoswald, CA10 1DL  
Main Colours: Red Shirt / Black shorts / Red socks  
Alt Colours: Blue Shirt / Blue shorts / Blue socks

### **Lunesdale United FC**

Secretary: Mr Dan Appleby, 07950 331310  
Email: [danapp@live.co.uk](mailto:danapp@live.co.uk)  
Ground: Maurice Park, Orton Road, Old Tebay, CA10 3SZ  
Main Colours: Orange & Black Shirt / Black shorts / Black socks  
Alt Colours: Royal Blue Shirt / Royal Blue Shorts / Royal Blue Socks

### **Millhead FC**

Ground: Millhead Recreation Ground, Millhead, LA5 9HD  
Main Colours: Orange shirt / Grey shorts / Grey socks  
Alt Colours: Blue/Black stripes Shirt / Black Shorts / Black Socks

### **Milnthorpe Corinthians FC**

Secretary: Mr Ian Hunt, 07949311611  
Email: [ianhunt21@googlemail.com](mailto:ianhunt21@googlemail.com)  
Ground: Park Road Recreation Ground, Park Road, Milnthorpe, LA7 7AE  
Main Colours: Red shirt / White shorts / Red socks  
Alt Colours: Light Green Shirt / Black Shorts / Sky Blue Socks

**Penrith AFC**

Secretary: Mr Trevor Atkinson, 07745 378556  
Email: [secretary.penrithafc@gmail.com](mailto:secretary.penrithafc@gmail.com)  
Ground: Frenchfields Sports Centre, Carleton, Penrith, CA11 8UA  
Main Colours: Blue shirt / White Shorts / Blue Socks  
Alt Colours: Red shirt / White shorts / Red socks

**Sedbergh & Dent United FC**

Secretary: Mr Jay Ferguson,  
Email: [jayferg4@hotmail.com](mailto:jayferg4@hotmail.com)  
Ground: Various. Please contact for more information  
Main Colours: Green shirt / Black shorts / Black socks  
Alt Colours: Red shirt / Black shorts / Red socks

**Shap FC**

Secretary: Mr George Armstrong, 07725 745279  
Email: [masta\\_rasta2000@yahoo.com](mailto:masta_rasta2000@yahoo.com)  
Ground: Memorial Playing Field, Main Street, Shap, CA10 3NJ  
Main Colours: Black and White Stripe shirt / Black shorts / Black socks  
Alt Colours: Blue shirt / Blue shorts / White socks

**Staveley United FC**

Secretary: Mrs Sharon Bell, 07972086058  
Email: [sharonlouisemason@hotmail.com](mailto:sharonlouisemason@hotmail.com)  
Ground: Ayland Recreation Ground, Main Street, Staveley, LA8 9NY  
Main Colours: Navy Blue and White shirt / Navy Blue shorts / Navy Blue socks  
Alt Colours: Red & White stripes shirt / Red shorts / Red socks

**Ullswater United FC**

Secretary: Mr David Jackson, 0792 0885849  
Email: [ullswaterunitedfc@gmail.com](mailto:ullswaterunitedfc@gmail.com)  
Ground: King George V Playing Fields, Patterdale, CA11 0NP  
Main Colours: Red shirt / Black shorts / Red socks  
Alt Colours: Blue shirt / Blue shorts / Blue socks

**Wetheriggs United FC**

Secretary: Mr Colin Parker, 07831 284264  
Email: [colinparker1@live.co.uk](mailto:colinparker1@live.co.uk)  
Ground: Castletown Recreation Field, Gilwilly Road, Penrith, CA11 9BL  
Main Colours: Red and White shirt / Black shorts / Red socks  
Alt Colours: Dark Green shirt / Black shorts / Dark Green socks

**Windermere SC FC**

Secretary: Mr Mike Gavin, 07960 664380  
Email: [mikegav@hotmail.co.uk](mailto:mikegav@hotmail.co.uk)  
Ground: Queens Park, Windermere, Windermere, LA23 2AW  
Main Colours: Sky Blue/White Stripe shirt / Navy shorts / Sky Blue socks  
Alt Colours: Yellow shirt / Black shorts / Yellow socks



## AFFILIATED YOUTH CLUBS

### Ambleside United Youth

Secretary: Mr Andrew Bowen, 07812 375678  
Email: [andrewbowen70@gmail.com](mailto:andrewbowen70@gmail.com)  
Ground: Kelsick Field, Vicarage Road, Ambleside, LA22 9DH  
Main Colours: Blue/White shirt / Blue shorts / Blue socks  
Club Welfare Off: Mrs Ailsa Finlayson, 07837 906648  
Email: [ajfinlayson@outlook.com](mailto:ajfinlayson@outlook.com)

### Appleby Youth

Secretary: Mrs Christine Haworth, 01768 352314, 07746834034  
Email: [christine2haworth@hotmail.co.uk](mailto:christine2haworth@hotmail.co.uk)  
Ground: King George V Field, Chapel Street, Appleby-in-Westmorland, CA16 6QR  
Main Colours: Red Shirt / Red Shorts / Red Socks  
Club Welfare Off: Mrs Christine Haworth, 01768 352314, 07746834034  
Email: [christine2haworth@hotmail.co.uk](mailto:christine2haworth@hotmail.co.uk)

### Grange United Youth FC

Secretary: Mr Paul Airey, 07875 739123  
Email: [paulgairey@aol.com](mailto:paulgairey@aol.com)  
Ground: Cartmel Priory CE School, Cartmel, Grange-over-Sands, LA11 6SD  
Main Colours: Red shirt / Black shorts / Red socks  
Club Welfare Off: Mr Paul Airey, 07875 739123  
Email: [paulgairey@aol.com](mailto:paulgairey@aol.com)

### Heathwaite Youth / Heathwaite United Youth FC

Secretary: Mr Anthony Jackson, 07497 005827  
Email: [a.jackson52@btinternet.com](mailto:a.jackson52@btinternet.com)  
Ground: Phoenix Centre, Phoenix Way, Windermere, LA23 1BB  
Main Colours: Red shirt / Black shorts / Black socks  
Club Welfare Off: Mrs Louise Hargreaves  
Email: [Louisehargreaves1@outlook.com](mailto:Louisehargreaves1@outlook.com)

### Holme Athletic Youth FC

Secretary: Mrs Emma Hunter, 07837 333945  
Email: [leanems@aol.com](mailto:leanems@aol.com)  
Ground: Burton Thistle, Curwen Woods, Clawthorpe, Burton, LA1 1NU  
Main Colours: Blue/Claret  
Club Welfare Off: Rose-Marie Berry, 07824 471001  
Email: [rosieree99@gmail.com](mailto:rosieree99@gmail.com)

### Ibis Youth FC/ Ibis United Youth FC

Secretary: Mr Tim Audin, 07917 460955  
Email: [timaudin@gmail.com](mailto:timaudin@gmail.com)  
Ground: Jubilee Playing Field, Mintsfeet, Kendal, LA9 6DE  
Main Colours: Dark Blue shirt / Dark blue shorts / Dark Blue socks  
Club Welfare Off: Mr Tim Audin, 07917 460955  
Email: [timaudin@gmail.com](mailto:timaudin@gmail.com)

### Kendal United Youth FC / Kendal United Colts FC / Kendal United Rockets FC

Secretary: Mr Stefan Grabek, 07968 053286  
Email: [kujfc.secretary@gmail.com](mailto:kujfc.secretary@gmail.com)  
Ground: Various. Please contact for more information  
Main Colours: Yellow shirt / Blue shorts / Yellow socks  
Club Welfare Off: Keith Williams email: [willia679@aol.com](mailto:willia679@aol.com)

### **Kendal United Girls YFC**

Secretary: Mr Stefan Grabek, 07968 053286  
Email: [kujfc.secretary@gmail.com](mailto:kujfc.secretary@gmail.com)  
Ground: Kendal Millennium Playing Field, Shap Road, Kendal, LA9 6BZ  
Main Colours: Yellow shirt / Blue shorts / Yellow socks

### **Kirkby Lonsdale Youth FC**

Ground: Lunefield Park, Kirkby Lonsdale, LA6 2DT  
Main Colours: Blue shirt / Blue shorts / Blue socks  
Club Welfare Off: Mr Phillip Brown, 07960 200975  
Email: [phil.1966@yahoo.com](mailto:phil.1966@yahoo.com)

### **Kirkby Stephen Youth FC**

Secretary: Mrs Katy Modlin, 07813 541576  
Email: [modlinkaty81@gmail.com](mailto:modlinkaty81@gmail.com)  
Ground: Parrot Park, Hartley Road, Kirkby Stephen, CA17 4RT  
Main Colours: Orange shirt / Black shorts / Black socks  
Club Welfare Off: Mr Dan Capstick, 07377 874239  
Email: [capz1989@msn.com](mailto:capz1989@msn.com)

### **Milnthorpe & District Youth FC / Milnthorpe Town Youth FC**

Secretary: Mrs Alison Hemsley 07522 827077 Email: [alihemsley@hotmail.com](mailto:alihemsley@hotmail.com)  
Ground: Various. Please contact for more information  
Main Colours: Green shirt / Blue shorts / Blue socks  
Club Welfare Off: Mr Stephen Hemsley, 07928 322555  
Email: [stevenhemsley976@gmail.com](mailto:stevenhemsley976@gmail.com)

### **Penrith Youth FC**

Club contact: Mr Karl Collinson, 078375 80700  
Email: [pif@hotmail.co.uk](mailto:pif@hotmail.co.uk)  
Ground: Frenchfields Sports Centre, Carleton, Penrith, CA11 8UA

### **Sedbergh Wanderers Youth FC**

Secretary: Mrs Sian Hatfield, Email: [siangilder@hotmail.com](mailto:siangilder@hotmail.com)  
Ground: Howgill Playing Field, Sedbergh, LA10 5DE  
Main Colours: Red Shirt / Black Shorts / Red Socks

### **Wattsfeld Youth FC / Wattsfeld United Youth FC**

Secretary: Mrs Elizabeth Archer 07881 026964 Email: [wattsfeldyfc@gmail.com](mailto:wattsfeldyfc@gmail.com)  
Ground: Various. Please contact for more information  
Main Colours: Blue shirt / Blue shorts / Blue socks  
Club Welfare Off: Mr Eamon Robinson 079642 40892 Email: [wattsfeldwelfare@outlook.com](mailto:wattsfeldwelfare@outlook.com)

### **Wattsfeld Youth Girls FC / Wattsfeld United Youth Girls FC**

Secretary: Mrs Elizabeth Archer 07881 026964 Email: [wattsfeldyfc@gmail.com](mailto:wattsfeldyfc@gmail.com)  
Ground: Various. Please contact for more information  
Main Colours: Blue shirt / Blue shorts / Blue socks  
Club Welfare Off: Mr Eamon Robinson 079642 40892 Email: [wattsfeldwelfare@outlook.com](mailto:wattsfeldwelfare@outlook.com)

## REGISTERED REFEREES

### Level 4 Referees

#### **Bernard Law**

015396 23654, Email: [bern2409@yahoo.com](mailto:bern2409@yahoo.com)

### Level 5 Referees

#### **Malcolm Bellamy**

07927 213442, Email: [refereebellamy@sky.com](mailto:refereebellamy@sky.com)

#### **John Higgins**

07341 289507 Email: [higginsx4@googlemail.com](mailto:higginsx4@googlemail.com)

#### **Alan Jackson**

07759 314532 Email: [radar54j@yahoo.co.uk](mailto:radar54j@yahoo.co.uk)

#### **Peter McDonnell**

07444 554270 Email: [pandp6@btinternet.com](mailto:pandp6@btinternet.com)

#### **Colin Miles**

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#### **David O'Callaghan**

07960 186703 Email: [daveocallaghanuk@yahoo.co.uk](mailto:daveocallaghanuk@yahoo.co.uk)

#### **Peter Rushton**

07821 055438, Email: [peter-1953@hotmail.com](mailto:peter-1953@hotmail.com)

#### **Mark Blamire**

07527 428869, Email: [mbpen@sky.com](mailto:mbpen@sky.com)

#### **Simon Vogt**

07818 171711, Email: [simonvogt@hotmail.co.uk](mailto:simonvogt@hotmail.co.uk)

### Level 6 Referees

#### **Chris Dixon**

07775 138299, Email: [chrisdixon80@hotmail.com](mailto:chrisdixon80@hotmail.com)

#### **David Houldridge**

07894805642, Email: [houly@me.com](mailto:houly@me.com)

#### **Paul Robertson**

07827972057 Email: [paulrefarnside@aol.com](mailto:paulrefarnside@aol.com)

#### **Ben Close**

07792873251, Email: [ben.close@hotmail.co.uk](mailto:ben.close@hotmail.co.uk)

#### **Abigail Greenwood**

Email: [stephengreenwood72@gmail.com](mailto:stephengreenwood72@gmail.com) (parent)

#### **Evan Dart**

07484790699 (parent) Email: [dartus180@icloud.com](mailto:dartus180@icloud.com) (parent)

#### **Alan McDowell**

07897924385, Email: [alan\\_mcdowell@hotmail.com](mailto:alan_mcdowell@hotmail.com)

#### **William Owen**

07484 170196, Email: [willjackowen@outlook.com](mailto:willjackowen@outlook.com)

### Level 7 & Youth Referee Referees

#### **Paul Atherton**

07810717970 Email: [ppatherton@gmail.com](mailto:ppatherton@gmail.com)

#### **Jude Evans**

Email: [erica70@hotmail.co.uk](mailto:erica70@hotmail.co.uk)

#### **Jed Pickering**

Email: [andrea@andrapickering.com](mailto:andrea@andrapickering.com)

#### **Alex Richardson**

Email: [tracerob9@hotmail.com](mailto:tracerob9@hotmail.com)

**Barney Tollerson**

Email: [sammygough@hotmail.com](mailto:sammygough@hotmail.com)

**Jack Wakefield**

Email: [paulwakefield999@gmail.com](mailto:paulwakefield999@gmail.com)

**Isabelle Wall-Budden**

Email: [janeywb@aol.com](mailto:janeywb@aol.com)

**Alexander Wilson**

Email: [Julia\\_lives@yahoo.com](mailto:Julia_lives@yahoo.com)

**Brett Croskell**

07594 287520 Email: [bcroskell92@gmail.com](mailto:bcroskell92@gmail.com)

**Caitlin Carter-Robson**

Email: [alan\\_mcdowell@hotmail.com](mailto:alan_mcdowell@hotmail.com)

**Charles Carter**

Email: [jennifercarter3@yahoo.com.au](mailto:jennifercarter3@yahoo.com.au)

**Connor Ansell**

Email: [laura.bromwell@yahoo.co.uk](mailto:laura.bromwell@yahoo.co.uk)

**Daniel Wordsworth**

Email: [dwordy691@gmail.com](mailto:dwordy691@gmail.com)

**David Thomas**

Email: [dlt31@mac.com](mailto:dlt31@mac.com)

**Grace Irving**

Email: [Irving22@gmail.com](mailto:Irving22@gmail.com)

**Jack Pearman**

Email: [amyedith\\_wallace@hotmail.com](mailto:amyedith_wallace@hotmail.com)

**James Whiteley**

Email: [jiminez77@gmail.com](mailto:jiminez77@gmail.com)

**Joe Beswetherick**

Email: [pastyjobs@googlemail.com](mailto:pastyjobs@googlemail.com)

**Jon Taylor**

Email: [Jonathandtaylor@hotmail.com](mailto:Jonathandtaylor@hotmail.com)

**Joshua Dickinson**

Email: [kateanddaveyd@hotmail.co.uk](mailto:kateanddaveyd@hotmail.co.uk)

**Leon Millington**

Email: [lrwooff@gmail.com](mailto:lrwooff@gmail.com)

**Lewis Rowlands**

Email: [j4neanne@hotmail.com](mailto:j4neanne@hotmail.com)

**Logan Heddle**

Email: [katieheddle@hotmail.com](mailto:katieheddle@hotmail.com)

**Luke Davies**

Email: [Emaillukedavies@gmail.com](mailto:Emaillukedavies@gmail.com)

**Mark Brady**

Email: [mark.brady3103@icloud.com](mailto:mark.brady3103@icloud.com)

**Mika Armitstead**

Email: [jenarmitstead@hotmail.com](mailto:jenarmitstead@hotmail.com)

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# **THE WESTMORLAND SENIOR CHALLENGE CUP sponsored by Kirkby Lonsdale Bathrooms**

## **1. Name of Cup**

The Cup shall be called "The Westmorland Senior Challenge Cup sponsored by Kirkby Lonsdale Bathrooms."

## **2. Cup Ownership**

The Cup is the property of the Westmorland County Football Association Limited.

A Club may keep the cup for 7 (seven) days after winning the competition and it must then be returned to the Association, although a club may request it anytime for a further 7 (seven) days. The Association will be responsible for engraving the cup, the cost being recovered from the winning club.

Should the cup be lost, destroyed or damaged by any cause whilst under the care or custody of the club the latter shall refund to the Association the amount of it's current value or the cost of thorough repair in addition to any other penalty which the Association may impose.

The winning club will be required to sign a document, upon receipt of the cup.

## **3. Mementoes**

In addition to the cup, the Association shall present mementoes to the players and nominated substitutes in the Final Tie. When a player taking part is ordered to leave the field of play for misconduct, the memento to which they may be entitled will not be presented on the day and may be withheld at the discretion of the Cup committee.

## **4. Control of Competition**

The entire control and management of the Competition shall be vested in the Council.

The Council shall appoint a Cup Committee to control and manage the competition on their behalf and give decisions on matters arising out of the competition which, within the Rules, shall be deemed decisions of the Cup committee. Clubs shall be bound to the competition and all requirements in this respect will be separately notified to clubs from time to time. In any matter not specifically mentioned in these Rules the Cup Committee shall have the power to take such action and impose penalties as it deems necessary.

## **5. Eligible Clubs**

The Competition shall be open to all Saturday clubs in full membership of the Association or members of the Westmorland Football League.

## **6. Dates for Entry**

Each club should indicate their intention to enter the competition on the Affiliation Form and return it to the Secretary, so that the form is received on or before the 1<sup>st</sup> of August unless agreed otherwise by Cup committee.

## **7. The Draw and Kick Off Times**

- a) The clubs shall be drawn in couples. These couples shall compete and the winners shall be drawn and shall compete in the same manner. This shall continue until the end of the competition, when the winning club shall hold the cup.
- b) Immediately after each draw is made, notice shall be given to each club of the name of its opponents, the date and time when the tie shall be played. The club shall acknowledge receipt of the appointment. All ties in each round shall be played on dates as the Cup committee may determine.
- c) The kick-off shall be 2pm for all matches on a Saturday or Sunday except in the months of November, December, January and February when it shall be 1.30pm. Midweek matches will be determined by Cup committee. Only the Cup committee shall have the power to order that a kick-off time is changed, as it deems appropriate.
- d) The kick off time for the final will be decided by Cup committee.

## **8. Free Dates**

- a) Any club wishing to have a free date from all football activities must give at least 14 (fourteen) days' notice in writing to the Westmorland County Football Association, giving full reasons for the request. No game shall be postponed without the consent of the Cup committee.
- b) A club will be limited to 1 (one) vacant date per team.
- c) Any club wishing to have a free date from all football activities on the published Semi Final date must give at least 28 (twenty-eight) days' notice in writing to the Westmorland County Football Association, giving full reasons for the request. No game shall be postponed without the consent of the Cup committee.
- d) No free dates will be permitted for the published dates for Final ties.

## **9. Venue for Ties**

- a) In each Tie the game shall be played on the ground nominated at the time of entry to the competition by the club first drawn, unless otherwise mutually arranged, and the consent of the Cup committee obtained.
- b) Should a fixture be postponed on two occasions, then it shall be reversed on the third occasion.
- c) If a 3G pitch is made available by the home team then it must be used. Please note that any 3G pitch used in the competition must appear on the FA pitch register
- d) A spectator barrier should be provided by the home club around the pitch for all county cup ties.

## 10. Club Colours

- a) Where the colours (shirts, shorts or socks) of two competing clubs are similar the visiting club must change. In the Final both clubs must change, unless mutually agreed.
- b) Team colours must not clash with the outfit worn by the Match Officials.
- c) Goalkeepers must wear colours which distinguish them from the other players and Match Officials.
- d) Player's shirts shall be clearly numbered on the back in accordance with the match card, handed to the Referee before any tie and the Report Sheet.
- e) Advertising up to a maximum of 32 square inches (200 square centimetres) may be worn on Player's clothing.
- f) Prior to kick off a Safety Inspection of footwear and other equipment should be carried out on players from both teams by the Match Officials.

## 11. Duration of Matches

The duration of each match shall be 90 (ninety) minutes, except where the scores are level, when an extra 30 (thirty) minutes must be played, in all ties. If after extra time the scores are still level, then the result shall be decided by the taking of kicks from the Penalty Mark in accordance with the procedure adopted by The International Football Association Board. The half-time interval shall not exceed 15 (fifteen) minutes.

## 12. Provision for all Matches

- a) Any late kick-off must be reported by the Referee to the Westmorland County Football Association and the cup committee shall have the power to impose a fine.
- b) First Matches which are Postponed or Abandoned  
When a first match has been postponed or abandoned before the completion of the game and neither club being at fault, it must be played on the same ground on a date arranged by Cup committee.  
Matches abandoned through the fault of the clubs shall be dealt with by the Cup committee.
- c) Whilst the Referee must be involved in any decision to postpone a fixture in accordance with the agreed procedure, the Home club must notify the Referee if the game is postponed for any other reason.

## 13. Floodlighting

At the discretion of the Cup committee or the Referee all or part of the game may be played under floodlights.

## 14. Reporting of Results

- a) Each club shall submit the oppositions Match Card along with their own teamsheet supplied with full names by one of the following ways within 48 hours of the game taking place.
  - (i) On the FA FullTime system online



(ii) By completing the Westmorland County FA results sheet and returning via post / e-mail

- b) Clubs failing to comply with this Rule or submitting an incorrect Match Report Form shall be subject to a fine as determined by the Cup committee.
- c) The Secretaries of both clubs must SMS, or Email the result to the Westmorland County Football Association within 2 (two) hours after the game.

#### **15. Provision for Final Tie**

The Cup committee shall fix the ground for the Final Tie and shall have direct control of the arrangements.

No other League or Cup matches may be played on any member club's ground under the jurisdiction of the Association, without permission being given by Cup committee to the League or individual clubs involved.

#### **16. Scratching from the Competition**

Clubs entering the competition will be allowed to withdraw on giving notice to the Westmorland County Football Association 7 (seven) days prior to the date of the first tie in the First Round and paying a withdrawal fee as detailed in the Membership Rules. This rule will apply to clubs having byes in the First round, as well as those drawn to play. A club withdrawing from the competition between the first tie and first Semi-Final, or refusing to or failing to keep any fixture, shall be fined any sum the Cup committee may decide. No club shall withdraw in the Semi-Final or Final Ties. In addition to the fine the Cup committee have power to remove any club from the competition for refusing to keep any fixture.

#### **17. Qualification of Players**

- a) Unless a satisfactory reason is given, each Team shall represent the full available strength of each competing club.
- b) A club may name and use at its discretion a maximum of 11 (eleven) players and a maximum 5 (five) substitute players at any time in a cup tie, except to replace a player who has been sent off by the Referee after play has commenced. The substitute must be named on the Team Sheet handed to the Referee before the game..
- c) In order to play in the competition a player must be a recognised member of the club who is without written contract and must have been registered with their respective league by 12 noon on the Friday previous to the date fixed for the match.

In order to be eligible for Semi-Final and Final, the players, must have been correctly registered and eligible for the Quarter Final Round of the Competition.

- d) A player shall not in the same season play for more than one competing club, but the members of each respective team may be changed during the series of matches.
- e) Clubs must hand a list of players taking part in the game on the Match Card (including the names of the substitutes) to the Referee 10 (ten) minutes prior to the kick-off. At the conclusion of the match, the card signed by the Referee shall be returned to the opposing club official, who will return it with the Result Sheet to the County FA Office. Failure to comply will result in a fine.

#### **18. Disqualification**

The Cup committee shall have the power to disqualify and/or fine any competing club(s) or player(s) for any competing club(s) proved guilty of breaching the Rules of the Association or competition. The Cup committee's decision will be final.

#### 19. Referees and Assistant Referees

- a) In all matches the Referee and Assistant Referees (for certain ties) shall be appointed from the list of those registered unless the Cup committee agrees otherwise.

In the event of any Match Official failing to arrive or being incapacitated, the two clubs shall agree to a substitute who should be a registered referee if one is present at the ground, if the two clubs cannot agree the captains must toss a coin to decide.

- b) In all rounds preceding the Semi-Final each club must provide a Club Assistant Referee. This person should introduce him/herself to the Referee 10 (ten) minutes before kick-off.
- c) The fees and expenses of all officials appointed by the Association to officiate in any match prior to the final shall be paid, before the game in his/her dressing room by the club who's ground the match takes place unless otherwise instructed by the Cup committee.
- d) Fees to be paid to officials

i) All rounds prior to the Semi-Final  
Referee..... £30.00

ii) Semi-Final Ties  
Referee..... £30.00  
Assistant Referees..... £15.00

Match Official fees and expenses shall be shared between two participating teams in all rounds. The home teams shall be responsible for payment of officials and will recover share from opponents.

iii) Final Tie  
Referee..... £30.00  
Assistant Referees..... £15.00  
4<sup>th</sup> Official..... £15.00

- e) Expenses to be paid to Officials – An allowance of £0.40 per mile will be allowed to all officials.
- f) Officials who travel to a game are entitled to their travelling expenses if incurred and half match fee, if the match is not played, following an inspection of the ground.
- If an official travels to the game and either club fails to arrive the official is entitled to full Match Fee and travelling expenses, if incurred.
- g) The Referee and Assistant Referee must report to the ground at least 30 (thirty) minutes before the time of kick-off, where they should be met by a representative of the home club.
- h) Referees and Assistant Referees shall acknowledge acceptance of appointments for all matches in the competition to the County FA office within 7 (seven) days of receipt. In the week leading up to the game, the home club must communicate with the opposing Club and Match Officials regarding location of ground, kick-off time, colours and other necessary details.
- i) The duties of the Referee and Assistant Referees shall be defined in Laws of the Game 5 and 6.

- j) If a Referee is not contactable on a Match Day he/she must contact the Home club before travelling to the game.

## 20. **Protests**

- a) All questions relating to the qualification of competitors or interpretation of the Rules, or any dispute or protest whatever shall be referred to the Cup Committee, whose decision shall be final and binding on all parties.
- b) Every protest must be made in writing and must contain the particulars of the grounds upon which it is founded. Two copies of the protest must be lodged with the Association accompanied by a fee of £30.00 within 7 (seven) days of the match it relates (Sunday included). The fee shall be forfeited to the Association in the event of the protest not being sustained.
- c) The Cup committee may order any club engaged in a dispute or protest to pay such sum as may be considered necessary towards defraying the expenses incurred.
- d) Any protest relating to the ground, goal post or bars or other appurtenances of the game shall not be entertained by the Cup committee unless an objection has been lodged with the Referee before the commencement of the match. The Referee shall require the responsible club to correct the cause of the objection, if this is possible without unduly delaying the progress of the match.
- e) When an objection has been lodged with the Referee a protest must be made to the Association and neither objection or protest shall be withdrawn except by leave of the Cup committee.
- f) Each club may support its case by witnesses.
- g) If a member of the Cup committee is connected with a club concerned in a dispute or protest he/she shall not sit on the Cup committee while the dispute or protest is being considered.
- h) A club summoned to attend a Hearing of a dispute or protest may be represented by 1 (one) or more of its members. Any person summoned to attend a Hearing of a dispute or protest must attend personally.

## 21. **Proceeds of Matches**

The proceeds of all matches up to the final tie shall be retained by the Home Club, who shall pay expenses to the Match Officials. The away club shall be responsible for their own travelling expenses.

The proceeds of the final tie shall be retained by the Association, who shall pay all expenses, excluding those of the competing teams.

## 22. **Admission Charges to Cup Ties**

The Admission Charge shall not exceed £5.00 unless otherwise decided by Cup committee.

## 23. **Provisions Concerning Appeals**

- a) A club that is expelled from the competition may appeal in writing or e-mail within 3 days against that decision to an appeal board comprising of 3 members of cup committee selected by the chairman of cup committee or his nominee. Any such appeal shall only be permitted on one or more of the following grounds:

- (i) The cup committee or appointed subcommittee misinterpreted / failed to comply with the procedures relevant to dealing with the change.
- (ii) The cup committee or appointed subcommittee came to a decision on the facts of the case which no reasonable body could have reached; or imposed a sanction that is excessive
- b) Any appeal must be made in accordance with such procedures and appeal fee as may be determined by The Association from time to time.
- c) For the avoidance of doubt, a Club may not appeal against any penalty imposed on it other than expulsion from the Competition.

## **THE WESTMORLAND COUNTY WOMEN'S SENIOR CHALLENGE CUP**

All same as Senior Challenge Cup except:

### **1. Name of Cup**

The Trophy shall be called the "The Westmorland County Women's Senior Challenge Cup".

### **5. Eligible Clubs**

The Competition shall be open to all Sunday clubs in full membership of the Association.

### **17. Qualification of Players**

b) A club may name and use at its discretion a maximum of 11 (eleven) players and a maximum of 5 (five) substitute players at any time in a cup tie, except to replace a player who has been sent off by the Referee after play has commenced. A player who has been substituted may return to play as a substitute for another player at any time subject to the substitution being carried out in accordance with Law 3 of the Laws of the Game. The substitute must be named on the Team Sheet handed to the Referee before the game.

## **THE WESTMORLAND COUNTY BENEVOLENT TROPHY sponsored by Gan Yam Brewery (for the benefit of the Benevolent Fund)**

All same as Senior Challenge Cup except:

### **1. Name of Cup**

The Trophy shall be called the "The Westmorland County Benevolent Trophy sponsored by Gan Yam Brewery".

### **15. Provision for Final Tie**

The Cup committee shall fix the ground for the Final Tie and shall have direct control of the arrangements.

### **17. Qualification of Players**

b) A club may name and use at its discretion a maximum of 11 (eleven) players and a maximum of 5 (five) substitute players at any time in a cup tie, except to replace a player who has been

sent off by the Referee after play has commenced. A player who has been substituted may return to play as a substitute for another player at any time subject to the substitution being carried out in accordance with Law 3 of the Laws of the Game. The substitute must be named on the Team Sheet handed to the Referee before the game.

## **21. Proceeds of Matches**

The proceeds of all matches, up to the final tie, shall be retained by the home club, who shall pay expenses of the Match Officials. The away club shall be responsible for their own travelling expenses. The proceeds of the final tie shall benefit the Association's Benevolent Fund. The Association shall pay all expenses, excluding those of the competing teams, from its General Funds

# **THE WESTMORLAND COUNTY JUNIOR CUP sponsored by Stramongate Press.**

All same as Senior Challenge Cup except:

## **1. Name of Cup**

The cup shall be called "The Westmorland County Junior Cup sponsored by Stramongate Press".

## **15. Provision for Final Tie**

Same as Benevolent Trophy

## **17. Qualification of Players**

b) Same as Benevolent Trophy

a), , c), d) and e) – same as Senior Challenge Cup

f) If a player has played in the Senior Cup, Benevolent Trophy or any other League's or County FA Senior Cup Competition for a Senior Club (as defined below) he may not play in this competition.

SENIOR LEAGUES shall comprise of DIVISION ONE of the WESTMORLAND LEAGUE; ALL DIVISIONS of the NORTHERN PREMIER LEAGUE, NORTH WEST COUNTIES LEAGUE, NORTHERN LEAGUE, PREMIER, ONE and TWO DIVISIONS of the WEST LANCASHIRE LEAGUE and the PREMIER DIVISION NORTH LANCASHIRE LEAGUE; together with the TOP DIVISION of all outside leagues not affiliated to Westmorland County Football Association Limited. This shall not apply to BONA-FIDE JUNIOR CLUBS

g) If the Cup committee has doubts as to the qualification of any player taking part in this Competition they shall have the power to call upon such a player, or club he/she plays or to prove to the satisfaction of the Cup committee that they are properly qualified in accordance with rule. Failure to provide such proof may disqualify the player and club from the competition. The Cup committee may also impose other penalty, should they so desire.

## **THE W P DOBSON INVITATION TROPHY sponsored by Hadwins Motor Group**

All same as Senior Challenge Cup except:

### **1. Name of Cup**

The Cup shall be called "The W P Dobson Invitation Trophy sponsored by Hadwins Motor Group".

### **5. Eligible Clubs**

The Trophy will be played for annually between clubs affiliated to the Association as invited by Cup committee.

### **6. Dates for Entry**

Not applicable

### **8. Free Dates**

Not applicable

### **15. Provision for Final Tie**

Same as Benevolent Trophy

### **16. Scratching from the Competition**

Any Club who withdraw from the competition after accepting the invitation to participate will be fined and will not be eligible for invitation for a further 3 (three) seasons.

### **17. Qualification of Players**

a), d) and e) – same as Senior Challenge Cup

b) Same as Benevolent Trophy

c) In order to play in the competition a player must be a recognised member of the club who is without written contract and must have been registered with the respective league by 12 noon on the Friday previous to the date fixed for the match.

A player shall not be eligible to play in a re-arranged game unless he was eligible by registration to play in the original game.

### **21. Proceeds of Matches**

Same as Benevolent Trophy

## **WESTMORLAND UNDER 18 COUNTY CUP sponsored by Sweet Treats by Martin Frickle**

All same as Senior Challenge Cup except:

### **1. Name of Cup**

The Cup shall be called "The Westmorland Under 18 County Cup sponsored by Sweet Treats by Martin Frickle".

### **5. Eligible Clubs**

The Competition shall be open to all clubs in Youth Membership of the Association or members of the Westmorland Under 18 League.

### **7. The Draw and Kick Off Times**

The kick-off shall be decided by Cup committee for all matches. Only Cup committee shall have the power to order that a kick-off time is changed, as it deems.

### 11. Duration of Matches

The duration of each match shall be 90 (ninety) minutes, except where the scores are level, when an extra 10 (ten) minutes must be played in all ties. If after extra time the scores are still level, the result shall be decided by the taking of kicks from the Penalty Mark in accordance with the procedure adopted by the International Football Association Board. The half-time interval shall not exceed 15 (fifteen) minutes.

### 15. Provision for Final Tie

Same as Benevolent Trophy

### 17. Qualification of Players

a), d) and e) – same as Senior Challenge Cup

b) A club may name and use at its discretion a team of 11 (eleven) players and a maximum of 5 (five) substitute players at any time in a cup tie, except to replace a player who has been sent off by the Referee after play has commenced. A player who has been substituted may return to play as a substitute for another player at any time subject to the substitution being carried out in accordance with Law 3 of the Laws of the Game. The substitute must be named on the Team Sheet handed to the Referee before the game.

c) In order to play in the competition a player must be a recognised member of the club who is without written contract and must have been registered with their respective leagues by 12 noon on the Friday previous to the date fixed for the match.

No players registered with an FA Premier League Academy or Football League Centre of Excellence will be permitted to play in the competition.

In order to be eligible for the Final, the players must have been correctly registered and eligible for the Semi Final Round of the Competition.

f) This competition is open to players under the age of 18 (eighteen) on the 1<sup>st</sup> September each year.

### 19. Referees and Assistant Referees

a), c), e), f), g), h), i) and j) same as Senior Challenge Cup

b) In all rounds preceding the Final each club must provide a Club Assistant Referee for the duration of the game, who should report him/herself to referee 10 minutes before kick-off.

d) Fees to be paid to officials

All rounds prior to the Final  
Referee ..... £30.00

Match Official fees and expenses shall be shared equally between two participating teams. The home team shall be responsible for payment of officials and will recover share from opponents.

iii) Final Tie  
Referee ..... £30.00  
Assistant Referees ..... £15.00

# THE MINOR CUP sponsored by Webb's Kitchens

All same as Westmorland Under 18 Cup except:

## 1. Name of Cup

The Cup shall be called "The Minor Cup sponsored by Webb's Kitchens".

## 5. Eligible Clubs

The Competition shall be open to all clubs in Youth Membership of the Association. or members of the Kent Valley Junior Football League.

## 9. Venue for Ties

- a), b) and c) Same as Senior Challenge Cup
- d) Same as Westmorland Under 18 Cup

## 11. Duration of Matches

The duration of each match shall be 80 (eighty) minutes, except where the scores are level, when an extra 10 (ten) minutes must be played in all ties. If after extra time the scores are still level, the result shall be decided by the taking of kicks from the Penalty Mark in accordance with the procedure adopted by the International Football Association Board. The half-time interval shall not exceed 15 (fifteen) minutes.

## 15. Provision for Final Tie

Same as Benevolent Trophy

## 17. Qualification of Players

- a), d) and e) – Same as Senior Challenge Cup
- b) and c) same as Benevolent Trophy
- f) The competition is open to players under the age of 16 (sixteen) on the 1<sup>st</sup> September.

## 19. Referees and Assistant Referees

- a), c), e), f), g), h), i) and j) – same as Senior Challenge Cup
- b) same as Westmorland Under 18 County Cup
- d) Fees to be paid to officials

All rounds prior to the Final

Referee..... £22.00

Match Official fees and expenses shall be shared equally between two participating teams. The home team shall be responsible for payment of officials and will recover share from opponents.

- iii) Final Tie

Referee..... £22.00

Assistant Referees..... £12.00



## **THE DALLAM TOWER CUP sponsored by Webb's Kitchens**

All same as Senior Challenge Cup except:

### **1. Name of Cup**

The Cup shall be called "The Dallam Tower Cup sponsored by Webb's Kitchens".

### **5. Eligible Clubs**

Same as Minor Cup

### **7. The Draw and Kick Off Times**

a) and b) – same as Senior Challenge Cup

c) The kick-off shall be decided by Cup committee for all matches. Only Cup committee shall have the power to order that a kick-off time is changed, as it deems.

### **9. Venue for Ties**

a), b) and c) Same as Senior Challenge Cup

d) Same as Westmorland Under 18 League

### **11. Duration of Matches**

The duration of each match shall be 70 (seventy) minutes, except where the scores are level, when an extra 10 (ten) minutes must be played in all ties. If after extra time the scores are still level, the result shall be decided by the taking of kicks from the Penalty Mark in accordance with the procedure adopted by the International Football Association Board. The half-time interval shall not exceed 15 (fifteen) minutes.

### **15. Provision for Final Tie**

Same as Benevolent Trophy

### **17. Qualification of Players**

a), d) and e) – Same as Senior Challenge Cup

b) and c) same as Minor Cup

f) The competition is open to players under the age of 14 (fourteen) on the 1<sup>st</sup> September.

### **19. Referees and Assistant Referees**

a), c), e), f), g), h), i) and j) – same as Senior Challenge Cup

b) and d) same as Minor Cup

## **THE UNDER 13 CUP sponsored by Matty's Barbershop**

All same as Senior Challenge Cup except:

### **1. Name of Cup**

The Cup shall be called "The Under 13 Cup sponsored by Matty's Barbershop".

### **5. Eligible Clubs**

Same as Minor Cup

### **7. The Draw and Kick Off Times**

a) and b) – same as Senior Challenge Cup

c) The kick-off shall be decided by Cup committee for all matches. Only Cup committee shall have the power to order that a kick-off time is changed, as it deems.

#### **9. Venue for Ties**

- a), b) and c) Same as Senior Challenge Cup
- d) Same as Westmorland Under 18 Cup

#### **11. Duration of Matches**

The duration of each match shall be 70 (seventy) minutes, except where the scores are level, when an extra 10 (ten) minutes must be played in all ties. If after extra time the scores are still level, the result shall be decided by the taking of kicks from the Penalty Mark in accordance with the procedure adopted by the International Football Association Board. The half-time interval shall not exceed 15 (fifteen) minutes.

#### **15. Provision for Final Tie**

Same as Benevolent Trophy

#### **17. Qualification of Players**

- a), d) and e) – same as Senior Challenge Cup
- b) and c) – same as Minor Cup
- f) The competition is open to players under the age of 13 (thirteen) on the 1<sup>st</sup> September

#### **19. Referees and Assistant Referees**

- a), c), e), f), g), h), i) and j) – same as Senior Challenge Cup
- b) and d) same as Minor Cup

### **THE S M JONES TROPHY sponsored by Bowes Dairy**

All same as Senior Challenge Cup except:

#### **1. Name of Cup**

The Cup shall be called “The S M Jones Trophy sponsored by Bowes Dairy”.

#### **5. Eligible Clubs**

Same as Minor Cup

#### **7. The Draw and Kick Off Times**

- a) and b) – same as Senior Challenge Cup
- c) The kick-off shall be decided by Cup committee for all matches. Only Cup committee shall have the power to order that a kick-off time is changed, as it deems.

#### **9. Venue for Ties**

- a), b) and c) Same as Senior Challenge Cup
- d) Same as Westmorland Under 18 Cup

#### **11. Duration of Matches**

The duration of each match shall be 60 (sixty) minutes, except where the scores are level, when an extra 10 (ten) minutes must be played in all ties. If after extra time the scores are still

level, the result shall be decided by the taking of kicks from the Penalty Mark in accordance with the procedure adopted by the International Football Association Board. The half-time interval shall not exceed 15 (fifteen) minutes.

**12. Provision for all Matches**

- a), b) and c)- same as Senior Challenge Cup
- d) The games shall be played on pitches which are clearly marked in white lines or cones and shall not exceed a maximum of 80yds x 50yds. The penalty area should be clearly marked.
- e) Goals should not exceed 7 x 16ft size.

**15. Provision for Final Tie**

Same as Benevolent Trophy

**17. Qualification of Players**

- a), d) and e) – same as Senior Challenge Cup
- b) A club may name and use at its discretion a team of 9 (nine) players and a maximum of 5 (five) substitute players at any time in a cup tie, except to replace a player who has been sent off by the Referee after play has commenced. A player who has been substituted may return to play as a substitute for another player at any time subject to the substitution being carried out in accordance with Law 3 of the Laws of the Game. The substitute must be named on the Team Sheet handed to the Referee before the game.
- c) same as Westmorland Under 18 Cup.
- f) The competition is open to players under the age of 12 (twelve) on the 1<sup>st</sup> September

**19. Referees and Assistant Referees**

- a), c), e), f), g), h), i) and j) – same as Senior Challenge Cup
- b) same as Westmorland Under 18 Cup.
- d) Fees to be paid to officials

- i) All rounds prior to the Final  
Referee ..... £18.00

Match Official fees and expenses shall be shared between two participating teams. The home teams shall be responsible for payment of officials and will recover share from opponents.

- iii) Final Tie  
Referee ..... £18.00  
Assistant Referee ..... £12.00

## **THE UNDER 16 GIRLS CUP sponsored by Joey's Cafe**

All same as Senior Challenge Cup except:

### **1. Name of Cup**

The Cup shall be called "The Under 16 Girls Cup sponsored by Joey's Cafe".

### **5. Eligible Clubs**

The Competition shall be open to all clubs in Youth Membership of the Association.

### **7. The Draw and Kick Off Times**

a) and b) – same as Senior Challenge Cup

c) The kick-off shall be decided by Cup committee for all matches. Only Cup committee shall have the power to order that a kick-off time is changed, as it deems.

### **9. Venue for Ties**

a), b) and c) Same as Senior Challenge Cup

d) Same as Westmorland Under 18 Cup

### **11. Duration of Matches**

Same as Minor Cup

### **12. Provision for all Matches**

a), b) and c)- same as Senior Challenge Cup

e) – same as SM Jones Trophy

### **15. Provision for Final Tie**

Same as Benevolent Trophy

### **17. Qualification of Players**

a), d) and e) – same as Senior Challenge Cup

b) same as SM Jones Trophy

c) same as Westmorland Under 18 Cup.

f) The competition is open to players under the age of 16 (sixteen) on the 1<sup>st</sup> September.

### **19. Referees and Assistant Referees**

a), c), e), f), g), h), i) and j) – same as Senior Challenge Cup

b) same as Westmorland Under 18 Cup

d) same as SM Jones Trophy

## **THE UNDER 14 GIRLS CUP sponsored by Joey's Cafe**

All same as Senior Challenge Cup except:

### **1. Name of Cup**

The Cup shall be called "The Under 14 Girls Cup sponsored by Joey's Cafe".

### **5. Eligible Clubs**

Same as Under 16 Girls Cup

### **7. The Draw and Kick Off Times**

a) and b) – same as Senior Challenge Cup

c) same as Dallam Tower Trophy

### **11. Duration of Matches**

Same as Dallam Tower Trophy

### **12. Provision for all Matches**

a), b) and c)- same as Senior Challenge Cup

d) and e) - same as SM Jones

### **15. Provision for Final Tie**

Same as Benevolent Trophy

### **17. Qualification of Players**

a), d) and e) – same as Senior Challenge Cup

b) same as SM Jones Trophy

c) same as Westmorland Under 18 Cup.

f) The competition is open to players under the age of 14 (fourteen) on the 1<sup>st</sup> September

### **19. Referees and Assistant Referees**

a), c), e), f), g), h), i) and j) – same as Senior Challenge Cup

b) and d) - same as SM Jones

## **THE UNDER 12 GIRLS CUP sponsored by Joey's Cafe**

All same as Senior Challenge Cup except:

### **1. Name of Cup**

The Cup shall be called "The Under 12 Girls Cup sponsored by Joey's Cafe".

### **5. Eligible Clubs**

Same as Under 16 Girls Cup

### **7. The Draw and Kick Off Times**

a) and b) – same as Senior Challenge Cup

c) same as Dallam Tower Trophy

### **11. Duration of Matches**

Same as Dallam Tower Trophy

### **12. Provision for all Matches**

a), b) and c)- same as Senior Challenge Cup

d) and e) - same as SM Jones

### **15. Provision for Final Tie**

Same as Benevolent Trophy

### **17. Qualification of Players**

a), d) and e) – same as Senior Challenge Cup

b) same as SM Jones Trophy

c) same as Westmorland Under 18 Cup.

f) The competition is open to players under the age of 14 (fourteen) on the 1<sup>st</sup> September

### **19. Referees and Assistant Referees**

a), c), e), f), g), h), i) and j) – same as Senior Challenge Cup

b) and d) - same as SM Jones

## STANDARD CLUB FINES

Unregistered/Ineligible Player(s) in League/League Competition	<b>£5 per player up to maximum of £25</b>
False Information on Registration Form	<b>£15</b>
Disciplinary Reports	<b>As per regulations</b>
Failure to complete Discipline Procedures (2 <sup>nd</sup> occasion onwards)	<b>As per regulations</b>
Failure to answer correspondence within 14 days	<b>£5</b>
Late payment of Fines or Administration	<b>£20</b>

## CUP COMPETITIONS

Non Fulfilment of Fixture / Withdrawal from Competition	- <b>Senior Competition £50</b>
	- <b>Youth Competition £30</b>

Exemption Fee for Entry to Cup Competition or Withdrawal

Any club not entering a cup competition in accordance with Rule shall pay an exemption fee as follows:

- Contributory League Club

**£250**
- Supply League Club

**£150**
- Open Age Club

**£ 75**
- Junior Club

**£ 50**

Late Starts **£5 for first 5 (five) minutes and £2 per 5 (five) minutes thereafter**

Clubs/Match Officials failing to acknowledge appointments **£5**

Failure to provide a Club Assistant Referee **£5**

Failure to provide Club Assistant Referee for duration of Senior Tie Cup **£10**

Badly marked pitch **£10**

Playing in Wrong Colours **£5**

Playing without Numbers on Shirts **£3 per unnumbered shirt**

Unregistered/Ineligible Player(s) in Westmorland County FA Competition  
**£10 per player up to maximum of £30 and eliminated from competition**

Failure to E-mail/Text Result / Postponement by 2 hours after a match **£10**

Late Team Sheet **£5 for first day and £1 per day thereafter**

Failure to provide spectator barriers at all time **£10**

Incorrect Team Sheet **£5**

Cups damaged or returned unclean **On Merit**

All other cases or misconduct to be decided by Westmorland County FA

**SENIOR CUP COMPETITION DATES 2023/2024 (Subject to change)**

<b>Aug</b>	5		<b>Jan</b>	6	
	12			13	
	19			20	Senior Cup Quarter Final
	26			27	Junior Cup Quarter Final
<b>Sep</b>	2		<b>Feb</b>	3	Benevolent Trophy Quarter Final
	9			10	
	16			17	
	23	Senior Cup 1 <sup>st</sup> Round		24	
	30				
<b>Oct</b>	7	Junior Cup 1 <sup>st</sup> Round	<b>Mar</b>	2	Senior Cup Semi Final
	14	Benevolent Trophy 1 <sup>st</sup> Round		9	Junior Cup Semi Final
	21			16	Benevolent Trophy Semi Final
	28	Senior Cup 2 <sup>nd</sup> Round		23	
				30	
<b>Nov</b>	4	Junior Cup 2 <sup>nd</sup> Round	<b>Apr</b>	6	
	11	Benevolent Trophy 2 <sup>nd</sup> Round		13	
	18			20	
	25			27	
<b>Dec</b>	2		<b>May</b>	4	
	9			11	
	16			18	
	23			25	
	30				



## JUNIOR CUP COMPETITION DATES 2023/2024 (Subject to change)

<b>Aug</b>	6		<b>Jan</b>	7	
	13			14	
	20			21	U18 Boys, Dallam Tower and SM Jones Quarter Final
	27			28	Minor Cup and U13 Boys Cup Quarter Final
<b>Sep</b>	3		<b>Feb</b>	4	
	10			11	<b>HALF TERM</b>
	17			18	
	24			26	
<b>Oct</b>	1		<b>Mar</b>	3	U18 Boys, Dallam Tower and SM Jones Semi Final
	8	U18 Boys, Dallam Tower and SM Jones 1 <sup>st</sup> Round		10	Minor Cup and U13 Boys Cup Semi Final
	15	Minor Cup and U13 Boys Cup 1 <sup>st</sup> Round		17	U12 Girls, U14 Girls and U16 Girls Semi Final
	22	<b>HALF TERM</b>		24	
	29	<i>U12 Girls, U14 Girls and U16 Girls 1<sup>st</sup> Round</i>			
<b>Nov</b>	5		<b>Apr</b>	7	<b>EASTER</b>
	12			14	<b>EASTER</b>
	19			21	Youth Finals Day (TBC)
	26			28	
<b>Dec</b>	3		<b>May</b>	5	
	10			12	
	17			19	
	24			26	

