



**WESTMORLAND CFA CHARTER STANDARD FESTIVAL
COMPETITION RULES
SUNDAY 1 September 2019
QUEEN KATHERINE SCHOOL, APPLEBY ROAD, KENDAL LA9 6PJ**

Rules:-

- Matches will be started by the referees.
- Penalty areas go right across the width of the pitch.
- Results don't need to be recorded.
- Teams must be at the correct pitch at the correct time.

Under 7's/8's

5 a-side

10-minute matches (One way)

No Offside

Back pass allowed

Rolling Substitutes

Retreat Line to be used (Retreat Line - Opponents must return to the half way line on goal Kicks)

Total of 40 minutes per team

Under 9's/10's

7 a-side

12-minute matches (One way)

No Offside

Back pass allowed

Rolling Substitutes

Retreat Line to be used (Retreat Line - Opponents must return to the half way line on goal Kicks)

Total of 48 minutes per team

Under 11's

7 a-side

10- minute matches (One way)

No Offside

Back pass allowed

Rolling Substitutes

Total of 50 minutes per team

Under 9 Girls

5 a-side

10-minute matches (One way)

No Offside

Back pass allowed

Rolling Substitutes

Retreat Line to be used (Retreat Line - Opponents must return to the half way line on goal Kicks)

Total of 40 minutes per team

Under 11 Girls

7 a-side

12 minute matches (One way)

No Offside

Back pass allowed

Rolling Substitutes

Retreat Line to be used (Retreat Line - Opponents must return to the half way line on goal Kicks)

Total of 48 minutes per team