



**Tell an adult you trust...**

A parent / teacher / coach  
or your Club Welfare Officer

Or speak to:



Safeguarding Team  
T: 01903 768578  
E: [Safeguarding@SussexFA.com](mailto:Safeguarding@SussexFA.com)

**childline**

W: [www.childline.org.uk](http://www.childline.org.uk)  
T: 0800 1111

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