

COVID-19 RETURN TO COMPETITIVE TRAINING CHECKLIST: PARENTS AND CARERS

- ☐ Adhere to FA travel Guidance ([FA Guidance on Re-Starting Outdoor Competitive Football; P6](#))
- ☐ Adhere to any additional requirements put in place by training/playing venue
- ☐ Ensure player arrives appropriately dressed and ready to play (including laces tied!)
- ☐ Ensure player has their own labelled drinks bottle, hand sanitizer and kit/equipment
- ☐ Confirm consent for your player to participate
- ☐ Upon arrival to each session provide/confirm the following information:
 1. Who is attending (including parent/carer)
 2. Self-assessment completed and clear (including parent/carer)
- ☐ Players - practice social distancing whenever possible (pre, post, during breaks, etc.)
- ☐ Parents/carers - practice social distancing and do not gather in groups of more than six
- ☐ Adhere to FA Code of Behaviour ([FA Guidance on Re-Starting Outdoor Competitive Football; P12](#))
- ☐ Parents/carers to attend to their players' injuries (coaches/managers will only intervene if life/limb threatening) - refer to [FA First Aid Guidance](#) for details
- ☐ Ensure good hygiene practice

