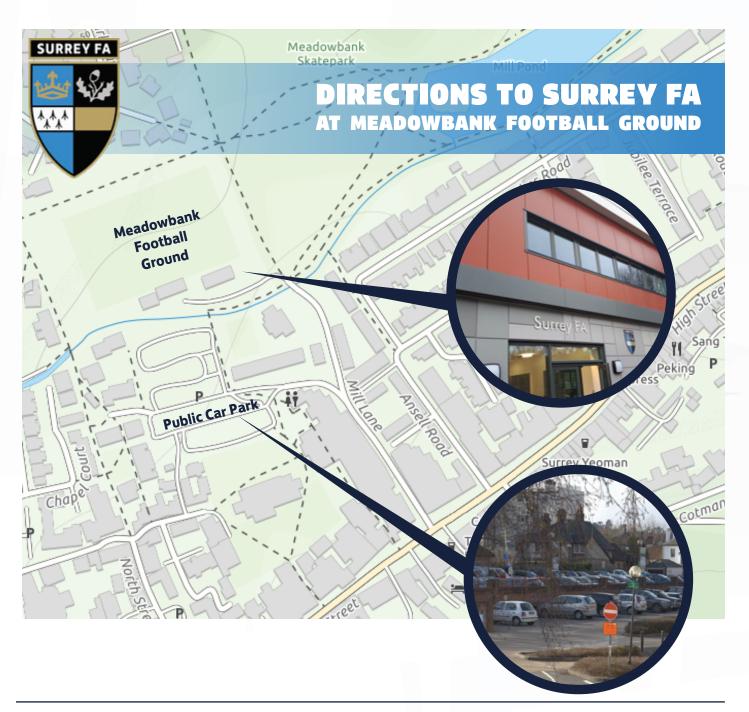




MEADOWBANK

FOOTBALL GROUND

INFORMATION PACK



Arriving by car:

Parking is **not available at Meadowbank**.

Visitors should park at the pay and display car park behind St Martin's Walk, accessible via Mill Lane.

Charges for the car park are set at a flat rate of £1 per hour and **free after 6pm Monday-Saturday, and all of Sunday.** Please refer to the map above for the car park location.

Parking Address:

St Martin's Walk

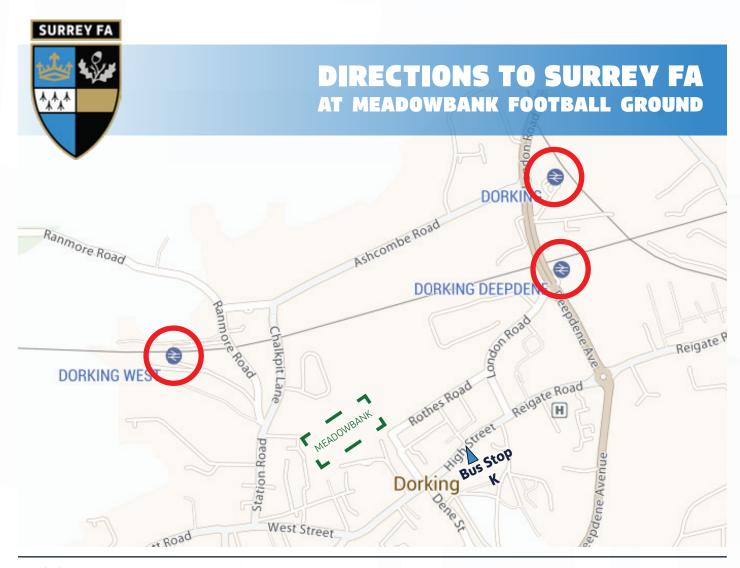
Mill Lane Surrey Dorking RH4 1DX From the car park, walk away from Marks and Spencer towards the Pipp Brook. We are located next to Meadowbank Recreation Grounds.

We are in the building with the Surrey FA crest, nearest the entrance to the car park.

On entering the building, please let reception know who you wish to see.

Disabled Access

Meadowbank has disabled parking and wheelchair access and there is a lift accessible from the ground floor. If you have any concerns about access to the building, please call us on **01372 373 543**.



Arriving by Bus:

The nearest bus stop is The White Horse (Stop K, marked above with the blue triangle) on Dorking High Street. <u>Find more about the buses that stop here.</u>

From this stop, the ground is a 5 minute walk. Cross over the road and head through St Martin's Walk, past Marks and Spencer and down past the car park towards the ground.

Arriving by Train:

Dorking has *three train stations* in close proximity of Meadowbank Football Ground.

The station most convenient depends on where you begin your journey, and with the train operator you travel.

Walking from the station takes approximately:

8 minutes - **Dorking West**

10 minutes - **Dorking Deepdene**

12 minutes - **Dorking**



Surrey FA

Meadowbank Football Ground Mill Lane, Dorking, RH4 1DX

W: www.SurreyFA.com

E: meadowbank@SurreyFA.com

T: 01372 373543

FACILITY RULES

HELP PROTECT THE FACILITY FOR THE BENEFIT OF ALL USERS



THINGS YOU CAN DO:

- ✓ Wear clean boots mud will contaminate the pitch
- ✓ Wear the correct boots refer to the recommended footwear guide
- ✓ Use adequate water bottles only water in suitable bottles are allowed on the pitch
- ✓ Move goals using wheels two people per goal to prevent damage and injury

THINGS YOU **CAN'T** DO:

- No chewing gum gum will damage and contaminate the pitch
- No smoking on or near the pitch
- No food or drink of any discription on the pitch (excl. water bottles)
- Swing on the crossbars to prevent damage (they will bend) and injury

FOOTWEAR GUIDE

FOR 3G ARTIFICIAL PITCHES

PERMITTED FOOTWEAR:



Artificial Ground (AG)

RECOMMENDED

Specifically designed for extra abrasion, these boots usually feature more numerous and densely concentrated studs that vary in height and may be hollowed out.



Firm Ground (FG)

RECOMMENDED

Sole plates feature moulded studs which are evenly dispersed across the foot to offer enhanced traction and comfort.



Hard Ground (HG)

RECOMMENDED

Sole plates utilise a harder Thermoplastic polyurethanes compound for enhanced durability and typically feature multiple slightly shorter, evenly dispersed studs for optimal pressure distribution.



Turf Trainer (TF)

ONLY WHEN DRY

Otherwise known as Astro's, they feature a solid rubber outsole with numerous, small multidirectional lugs spread across the sole, which offer limited grip in wet conditions.

FORBIDDEN FOOTWEAR:



Soft Ground (SG)

TEAR THE SURFACE

Sole features removable, replaceable screw-in studs and typically come in a six-stud configuration, with four at the forefoot and two at the heel.



Soft Ground Pro (SGP)

TEAR THE SURFACE

Also known as Hybrid or Mixed Stud, the sole plate comprises of a combination of conical screw-in studs and moulded studs, which are most commonly bladed.



Blades

CAN CAUSE INJURY

Sole plates feature multiple straight slightly shorter, evenly dispersed studs that can restrict movement and turning which could cause injury.



Flat Sole (Indoor)

NO GRIP & FLATTEN SURFACE

Sole made up of non-marking materials such as moulded gum rubber and feature pivot points, flex grooves and herringbone patterns.







Surrey FA

Contact Us

Tel: 01372 373 543

e-mail: meadowbank@surreyfa.com

website: www.surreyfa.com





