

How it started with **Kick-Off@3**

The Suffolk Police League has been built on the success of the Kick-Off@3's 2019 tournament and culture.



The collaborative initiative set up by Michael Wallace and Ashley Levien has gone from strength to strength, positively impacting hundreds of young people across various communities in the UK through its many initiatives, campaigns and workshops. The pair, along with Kick-Off@3's youth volunteers, ambassadors and partners, work hard to educate young people, diverting the vulnerable youth from criminal activity and violence.

For more information please visit:
www.kickoffat3.co.uk



If you would like to take part but
Have any barriers the league will be
happy to support.



PRE-REGISTRATION OR REFERRAL ONLY!

Scan this QR code to find more info on
registering with the Suffolk Football League.



Scan me!

For More information please email:
suffolkpoliceleague@gmail.com



SUFFOLK POLICE LEAGUE

Weekly football

For boys and girls

- ✓ **Free courses** for participants and young people within the league.
- ✓ **Earn money** through refereeing local youth leagues with potential career prospects.
- ✓ **Gain contacts** within the industry, providing opportunities for possible work experience.



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KEY DATES

TO REMEMBER

We run weekly fixtures on Friday evenings
from 6-9 PM for boys and girls.
@Whitton Sports Centre, Ipswich.
U14's - years 8/9
U16's - years 10/11

League taster sessions:

Starting **06 August 2021** for 4 weeks.

League start date:

10 September 2021



For more information please email:
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RULES SUMMARY

Match Format

7v7

Standard FA rules / 6 outfield & 1 goalkeeper.

Match Length

35 Minutes total with 2 Min half time.

Substitutes

Rolling on and off subs.

Sin Bins

Sin bins will be in effect during all games. Players
will go into the sin bin for dissent cautions.

Ball return to play

The ball must be returned via kick-in from the
sideline (you can score directly from a kick-in).



COMMENTS

Andrea Pitcock, Head of Grant Programmes at Suffolk Community Foundation said "This programme will develop community links, improve the health and well-being of young people and will also offer places for young people to become qualified coaches."

Tim Passmore, Suffolk's Police and Crime Commissioner said, "The team spirit provided

by Suffolk FA provides a supportive environment for young people to thrive and develop their social skills and learn life skills such as personal safety and crime prevention."



Making Suffolk a safer place to live, work, travel and invest
Suffolk Police and Crime Commissioner



SUFFOLK Community Foundation