

Super Sunday

Sunday, April 28th 2019



Sunday Shield Final
Holbrook Swan v Fusilier
Kick-Off 2:30pm

Sunday Trophy Final
Haverhill & Hove Albion v
Lavenham
Kick-Off 10:30am



Suffolk Sunday Cup Final
Tostock Pirates v
Gym United
Kick-Off 11:00am



Suffolk Veterans' Cup Final
Woodbridge Town Veterans
v Whitton United Veterans
Kick-Off 3:00pm





Spectators

We all have a responsibility to promote high standards of behaviour in the game

This club is supporting The FA's **Respect** programme to ensure football can be enjoyed in a safe, positive environment.

Play your part and observe The FA's **Respect Code of Conduct** for spectators

I will:

- Applaud effort and good play as well as success
- Always Respect the match officials' decisions
- Remain outside the field of play and within the Designated Spectators' Area (where provided)
- Let the coach do their job and not confuse the players by telling them what to do
- Encourage the players to Respect the opposition, referee and match officials
- Avoid criticising a player for making a mistake – mistakes are part of learning
- Never engage in, or tolerate, offensive, insulting, or abusive language or behaviour

I understand that if I do not follow the Code, any/all of the following actions may be taken by my club, County FA or The FA:

I may be:

- Issued with a verbal warning from a club or league official
- Required to meet with the club committee
- Obligated to undertake an FA education course
- Obligated to leave the match venue by the club
- Requested by the club not to attend future games
- Suspended or have my club membership removed
- Required to leave the club along with any dependents

In addition:

- The FA/County FA could impose a fine and/or suspension on the club

[TheFA.com/Respect](https://www.thefa.com/Respect)



Welcome



Good morning ladies and gentlemen, and a warm welcome to Super Sunday here at Needham Market FC.

Thank you to Keith Nunn and his colleagues at Needham Market for their hard work, time and commitment in staging today's showpiece finals to another Suffolk football season.

There are four finals today – the Suffolk Sunday Cup, Suffolk Sunday Shield, Suffolk Sunday Trophy and Suffolk Veterans' Cup.

The road to this year's finals has been as exciting as ever. Reaching the finals crowns a successful season for all eight teams.

Former winners Gym United (2014 and 2015) and Tostock Pirates (2016) meet in the Suffolk Sunday Cup Final.

Holbrook Swan, who were runners-up in 2016, and Fusilier, who are appearing in their first final, will contest the Suffolk Sunday Shield Final.

The Suffolk Sunday Trophy Final sees Haverhill & Hove Albion, playing in their first final, face Lavenham, losing finalists in 2017.

Woodbridge Town, winners in both 2017 and 2018, will be playing in their fifth consecutive Suffolk Veterans' Cup Final. Their opponents are Whitton United, losing finalists in 2012.

My congratulations go out to all eight teams for reaching their finals, and best wishes for the games.

Please remember there is a third team involved in each of today's finals. Our teams of officials have been appointed as a result of their performances throughout the season and deserve to be involved in this stage of the competition as much as the eight playing teams.

The games are sure to be tense and competitive and could be decided by the smallest of margins. Whilst we're unlikely to all agree with every decision the officials make, please rest assured that decisions will be made with the best of intentions. Therefore I trust you as spectators, players and team officials will join the match officials in adhering to RESPECT Codes of Conduct at all times; a Spectators' Code of Conduct is included within this programme and Codes of Conduct applying to all match participants are displayed in the respective changing rooms.

If the scores are level in any final at the end of normal time, we go straight to a penalty shoot-out. So please do save any fingernails just in case!

Football should be the best experience For All. Please cheer, congratulate and encourage as much as possible in a respectful manner for all involved. Let the games begin...

#AThrivingLocalGame

Richard Neal
Chief Executive Officer
Suffolk Football Association



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P4 Sunday Cup, Sunday Shield, Sunday Trophy & Veterans' Cup Finals Day | **April 28th 2019**

Cup Competitions Manager



I once worked with a northern lad who supported Everton. I used to ask him the Everton result every time they lost and then on one occasion I tried to wind him up by saying 'Never mind, it's only a game'. His reply was instant. 'Aye, but it's a passionate game'. How right he was.

Tonight's final sees the culmination of hard work, skill, determination, some luck and plenty of passion, but that's just the two teams playing on the pitch. For me, I cannot organise the Suffolk FA County Cups without a team with no less passion, but no-one sees them and without them occasions like tonight would not take place.

My squad consists of the referee co-ordinators Ian Smillie, Graham Apperley, Ian Atkins, Mel Stickland and Alan Dale. Darryn Marsh, Bruce Badcock and Richard Neal are alongside myself when the tough, and not always popular, decisions have to be made, and Ruth Ward makes sure the administration for the finals is fully in control.

Then there are the County Representatives attending each semi final and final making sure the County standards are met and a special thanks to all host clubs who have so readily agreed to host County matches.

I would also like to make a special mention of David Mayes of the Thurlow Nunn League whose help is always valued throughout the rounds in identifying available venues causing the least amount of disruption for our partner leagues. Radio Suffolk has seen the coverage of our live semi-final draws on the Non-League hour of their Thursday Night Sports Social programme reach bigger audiences thanks to the enthusiasm of Graeme Mac and David Mann and, of course, our own Nick Garnham whose passion for the County Cup competitions is truly admirable.

My own football career never reached great heights. I played in a Primary Cup Semi-Final but didn't make the final squad but one of my team-mates looked back at his time in local football when our club celebrated an anniversary and wrote the most sincere and heart warming sentiments about this wonderful game that we play in our most beautiful County. He wrote: "Without the enthusiasm of the people that run our club, it is unlikely that we would be here tonight. From a personal point of view I would have missed out on some of the happiest and proudest moments of my life, moments that I have shared with people that have become my closest friends. Who said football was only a game? It's far more important than that."

Adrian Moye
County Cup Competitions Manager
Suffolk FA

The Teams

Sunday Trophy Final - Kick-Off 10:30am

Penalties

If the match is still level after full-time, the winner shall be determined by penalty kicks.

Haverhill & Hove Albion

Red & White Checked Shirts,
Red Shorts, Red Socks

Lavenham

Navy Shirts, Navy Shorts,
Navy Socks

Referee

Ian Harvey

Assistant Referees

Ben Greenbank
Stephen Clarke

Fourth Official

Richard Skinner

Haverhill & Hove Albion

Ash Botton
Josh Branch
Lewis Catterick
Connor Finn
Sean Finn
Luke Haines
Nathan Hardy
Callum Lewis
Mark Palmer
Russell Pizzey
Jarid Robson
Chris Roper
Hamish Stewart
Tom Stewart

Manager: Ben Swan

Lavenham

Ben St Ledger
Luke Delves
Liam Faiers
Aaron Tatum
Dan Smith
Ant Waugh
Ross Waugh
Scott McKnight
Lewis Cawtherway
Sam Lait
Nathan Rowe
Simon Cruse
Andy Fisher
Ash Drew
George Day
Jack Durey
Scott Sloots
Kieran Fisher

Manager: Mark Wright

Assistant Manager:
Spencer Hynard



Match Officials

Sunday, April 28th 2019 @ Needham Market

Referee: Ian Harvey

Assistants: Ben Greenbank & Stephen Clarke,

Fourth Official: Richard Skinner

Referee Support Officer: Martin Stiff

Today's Sunday Trophy Final will be refereed by Ian Harvey from Stowmarket. While also enjoying spending time practising his golf swing, Ian officiates on the Bury Sunday League and has received cup final honours including operating as assistant on the 2016 Suffolk Junior Cup Final, referee on the 2016 Chell Trophy Final and fourth official on last season's U18 Midweek Cup Final.

He will be assisted by two 18-year-old assistants in Ben Greenbank and Stephen Clarke. After supporting today's referee in last season's U18 Midweek Cup final, Ben also officiated at Stoke City's Bet 365 stadium last year in the ESFA U18 Cup Final, the best ground in which Ben says that he has officiated.

On the opposite side is Stephen Clarke who, like Ben, has progress through the Suffolk Referees' Academy and also assisted in the final at Stoke City. Stephen joined AFC Sudbury on their tour of the USA last Summer, also officiating at the Iber Cup in the same year.

The fourth official is Suffolk stalwart, Richard Skinner. Ipswich Referees' Association Treasurer Ricahrd qualified back in May 2000 and regularly officiates on the Ipswich Sunday League.

Martin Stiff, who received The FA 50-year Long Service award last season, will be supporting the team in the role of Referee Support Officer. Martin now regularly supports newly-qualified in a mentoring role.

Route to the Final

First round

Haverhill & Hove Albion – bye

Lavenham – bye

Second round

AFC Claydon 2 Lavenham 5

Haverhill & Hove Albion 4 Rattlesden 0

Third round

Eastbury Eagles 0 Lavenham 5

Breda 1 Haverhill & Hove Albion 5

Quarter-Finals

Haverhill & Hove Albion 2 Monarchs 2 – Haverhill & Hove Albion won 4-3 on pens

Assington 0 Lavenham 4

Semi-Finals

Bardwell 2 Haverhill & Hove Albion 3

Hardy 0 Lavenham 8



Haverhill & Hove Albion

Ash Botton – Winger. Wide player who is pretty quick.

Josh Branch – Defender. No nonsense, pivotal member of the Hove backline.

Lewis Catterick – Defender. A wise head on young shoulders and a great lad.

Connor Finn – Defender. An original Hoveman – no-one will have relished the highs at the club more than him.

Sean Finn – Defender. A centre half who just keeps running.

Luke Haines – Midfielder. Selfishly takes charge of all Hove set pieces when he shows up – and then bangs them in.

Nathan Hardy – Defender. Solid as a rock. He has an absolute jack hammer of a right boot. A twin but they don't look the same.

Callum Lewis – Defender / Midfielder. Best known for always being cranky. Mark him at your peril.

Mark Palmer – Defender. The most competitive man on the planet who likes to argue with everyone, especially his identical twin brother, Dec.

Russell Pizzey – Midfielder. His eye for a short pass keeps the Hove ticking.

Jarid Robson – Midfielder / Striker. When he plays, he scores as simple as that.

Chris Roper – Defender. Quite simply loves a tackle.

Hamish Stewart – Goalkeeper. The sweeper keeper cuts a formidable figure between the sticks. Expect the unexpected.

Tom Stewart – Midfielder. Proud skipper and leading Hove appearance maker.



Lavenham

Lewis Cawtherway – Full back. Lewis always gives 100 per cent. He can also play in midfield.

Simon Cruse – Midfielder. A former AFC Bournemouth trainee who brings a wealth of experience to the team.

George Day – Striker / Goalkeeper. In his first season with the club and has scored over 20 goals. He is also a good back-up goalkeeper.

Luke Delves – Right back. A strong-tackling defender who likes to get forward.

Ash Drew – Left midfielder. Ash reads the game well. He has good energy and passing ability.

Jack Durey – Striker. He leads from the front well and was part of the Bures United side that won last season's Suffolk Junior Cup Final at Portman Road.

Liam Faiers – Right back. Liam has been with club since it reformed. He is now back to his best after a serious knee injury.

Andy Fisher – Centre midfield. Andy plays for Long Melford. He has good vision and likes to get the ball moving.

Kieran Fisher – Striker. The club's leading goal scorer over three seasons and has tallied over 20 this season.

Sam Lait – Centre midfielder. A good holding midfielder whose work rate is second to none.

Scott McKnight – Defender. The club captain who leads by example. He is a former AFC Sudbury player.

Nathan Rowe – Right midfielder. A good all-round player who is a vital cog in midfield and plays for Long Melford.

Scott Sloots – Striker. He has played for Long Melford and Hadleigh United. Scott has good pace and finishing skills.

Dan Smith – Left back. Another player who has come back from injury and scored in the semi-final. His former clubs include AFC Sudbury.

Ben St ledger – Goalkeeper. He only signed to help the club out short term, but has been a regular since at the expense of his golf.

Aaron Tatum – Left back. Mr Reliable who is always available to start or come off the bench and has scored some vital goals.

Ant Waugh – Central defender. Great ball winner who is strong in defence. Former Boxford player who is now with Long Melford.

Ross Waugh – Central defender. Another former Boxford player who partners his brother in central defence.

Manager - Mark Wright

Assistant Manager- Spencer Hynard

Lavenham. Back row (left to right): Mark Wright (manager), Kieran Fisher, Aaron Tatum, Andy Fisher, Liam Faiers, Ashley Wright, Simon Cruse, George Day, Spencer Hynard (player & assistant manager). Front row: Sam Lait, Mark Theobald, Dan Smith, Jack Durey, Dan Bull, Scott McKnight, Lewis Cawtherway.



The Teams

Sunday Cup - Kick-Off 11:00am

Penalties

If the match is still level after full-time, the winner shall be determined by penalty kicks.

Gym United

White Shirts, White Shorts,
White Socks

Tostock Pirates

Burgundy Shirts, Burgundy
Shorts, Burgundy Socks

Referee

Brian Chapman

Assistant Referees

Chris Humphrey
Kenneth Reeves

Fourth Official

Louis Dawson

Gym United

Kevin Atkinson
Ross Bailey
Ross Beech
Liam Bolton
Sam Bond
Jack Brame
Nathan Clarke
Shaun Hundson
Todd Hutchinson
Arron Joseph
Duncan McNally
Alex McIntosh
Max Melanson
Matt Morton
Robbie Priddle
Wayne Proctor
Charlie Robinson
Shaun Thorrold
Andrew Wood

Tostock Pirates

Elliott Barnard
Theo Barnard
Chris Brock
Matt Chaplin
Jamie Cooke
Steve Fenner
Tom Fenner
Jake Gathercole
Sam Goddard
Tom Goddard
Lee Hammond
Lewis Kemp
Callum Lee
Charlie Leighton
Barry Lynn
Adam Seymore
Daniel Shinn
Ben Virtue

Manager: Matt Morton



Match Officials

Sunday, April 28th 2019 @ Needham Market

Referee: Brian Chapman

Assistants: Kenneth Reeves & Chris Humphrey,

Fourth Official: Louis Dawson

Referee Support Officer: Steve Macken

This morning's referee is the experienced Brian Chapman from Bury St Edmunds. Currently officiating on the Suffolk & Ipswich League, as well as the Bury Sunday League, Brian also appoints referees to the Bury Football Leagues and is a member of the Referee Advisory Panel for the Suffolk Referees' Department. His favourite ground is West Ham United's former home, Upton Park. Last season, Brian was the fourth official on the Suffolk Junior Cup Final at Portman Road.

Assisting today is 48-year-old Kenneth Reeves who took up refereeing after giving up kick boxing. The previous Taekwondo champion in his weight, Ken has this season been nominated to The Football Association for promotion to the Supply League list of referees.

Also on the line for today's final is Chris Humphrey from Ipswich. The self-confessed former referee critic, thought that he should take up the whistle and is now on the Suffolk FA Promotion Scheme for 2019-20. Chris, Grimsby Town support, also won bowler of the year when playing cricket in the Grimsby & District League.

The fourth official is Ipswich Sunday Football League's Cup Final referee Louis Dawson who, like Ken, has also been nominated to The Football Association this season for promotion. Louis has begun coaching referees this season within the Suffolk Referees' Academy and can now speak "reasonably fluent Russian!"

Supporting the team in the Referee Support Officer role is Army FA registered and Suffolk FA Observer, Steve Macken.

Route to the Final

First round

Gym Utd 8 Barrow 0

Tostock Pirates – bye

Second round

Gym Utd v Boxford Rovers - Home Win
Walkover

Tostock Pirates 6 Portman Rovers 1

Quarter-Finals:

Kitchener Taverners 1 Tostock Pirates 1 -
Tostock Pirates won 6-5 on pens

Felixstowe Harpers Utd 0 Gym Utd 3

Semi-Finals:

Tostock Pirates 5 Horringer Social Club 1

Gym Utd 6 Borussia Martlesham 1



Gym United

Kevin Atkinson – A no-nonsense defender who is ruthless in the tackle and makes up for his lack of height with a great spring. He is also the club's assistant manager.

Ross Bailey – A great creative midfielder player with a first-class range of passing. Much more intelligent on the pitch than he is off it.

Ross Beech – An important new addition to the squad this season. He is a very consistent, reliable and cultured player who can sometimes surprise you with the odd enforcer style challenge.

Liam Bolton – 'Bolts' is the Jordan Henderson of the team and not just because he looks like him. He is a very reliable, hard-working, competitive, and no-nonsense player.

Sam Bond – He has recently joined the club. Bondy is a winner and his hard work, fighting spirit and determination make him a very good full back.

Jack Brame – Following some serious bad luck with injuries he is now back to his best. Jack is the club's vice-captain.

Nathan Clarke – 'The Shark' forms a perfect partnership with Morts and is almost unbeatable in the air. He is the club captain.

Shaun Hundson – A high-quality player with great technique. On his journey back to full fitness after bad luck with injuries of late.

Todd Hutchinson – Joined the club half-way through this season. Hutch is a giant centre back who is aerially dominant in both boxes.

Arron Joseph – New to the club this year, 'Jeebs' has been a great addition to the team. He never stops running on the pitch and never stops talking off it.

Duncan McNally – He has been one of the best goalkeepers on the local semi-professional circuit for a number of years. Vocal keeper with bags of experience and also a fantastic shot stopper.

Alex McIntosh – Coming back from injury, Alex has had a very good season, chipping in with important goals and assists on a regular basis.

Max Melanson – 'Mel' is great at creating space and opportunities for his team-mates in the final third. Another creative midfielder who can win you games on his day.

Matt Morton – Morts is not the tallest of defenders but his unbelievable spring and power ensures he rarely loses a header. He is very quick, very strong, and as determined/competitive as they come.

Robbie Priddle – New to the club this year, 'Pridds' has been a great addition to the team. He is hard-working, tough, good in the air and has a sledgehammer of a right foot.

Wayne Proctor – Quick, agile and a proven goalscorer. His tireless work rate makes him an example to his team mates.

Charlie Robinson – A very cultured footballer with a good range of passing. He is ruthless in the tackle. He has recently returned back from travelling in better shape than when he left.

Shaun Thorrold – Another hard-working player who loves to run. He is a long-term member of the squad whose annual appearances can be counted on one hand.

Andrew Wood - 'Woody' is simply the most prolific goalscorer in recent Sunday football history and one of the most consistent scorers in non-league football. He is big, strong and quick and is a handful



Tostock Pirates

Elliott Barnard – Striker. Quite a quick player who is the leading scorer for the club in his first season.

Theo Barnard – Striker. When he's fit he has scored some very important goals this campaign.

Chris Brock – Defender. A very good defender who has been available more this season than previously.

Matt Chaplin – Striker. Very good at holding the ball up, not the quickest but scores and makes quite a few goals each season.

Jamie Cooke – Striker. Joined the club this season from Youth football. He has had limited chances and has played in midfield and at full back, but when he gets his chance he always puts in a lot of effort.

Steve Fenner – Goalkeeper. An outstanding keeper who was in very good form before suffering an injury. He will hopefully be fit for the final.

Tom Fenner – Defender. One of the best defenders in the league who knows when to put in a tackle and is very good in the air.

Jake Gathercole – Midfielder. Jake is a very good player who can pick a pass.

Sam Goddard – Defender. Young player who has progressed every year. He has been with the club since the age of 16.

Tom Goddard – Defender. Sam's elder brother, Tom in an excellent defender and also arranges the teams every week even if he unavailable due to work commitments.

Lee Hammond – Midfielder. First season with the club and has put in some excellent performances.

Lewis Kemp – Midfielder. He has probably been the most consistent player for the club over a number of years.

Callum Lee – Midfielder. He always put in a shift and comes up with his share of goals.

Charlie Leighton – Defender. Charlie likes to get forward when he can from the full-back position.

Barry Lynn – Goalkeeper. Another experienced keeper who has helped out when requested.

Adam Seymore – Midfielder. He hasn't been available very often but when he plays he is excellent.

Daniel Shinn – Goalkeeper. Young goalkeeper who has played very well after helping the club out after an injury to the first choice keeper.

Ben Virtue – Defender. Ben is an outstanding defender who has played very well and has put some very important tackles in this season.



Tostock Pirates. Back row (left to right): Ian Friend (Club Secretary), Ant Welford, Ben Virtue, Charlie Leighton, Tom Goddard (Manager), Chris Brock, Tom Fenner (Club Captain), Louis Kemp, Steve Fenner (Treasurer). Front row: Ben Atkinson, Sam Goddard, Matt Chaplin, Darren Atkins, Callum Lee, Jamie Cooke.

The Teams

Sunday Shield - Kick-Off 2:30pm

Penalties

If the match is still level after full-time, the winner shall be determined by penalty kicks.

Holbrook Swan

Red & Black Shirts, Black Shorts, Red & Black Socks

Fusilier

Purple Shirts, Purple Shorts, Purple Socks

Referee

Ryan Middleton

Assistant Referees

Chris Cornish
Adrian Copsey

Fourth Official

Paul Staddon

Holbrook Swan

Jamie Bowell
Tom Cornock
Adam Ferguson
Mark Flint
Luke Gibbons
David Gray
Rowan Greenland
Denholm Holmes
Luke Holmes
Kieran Mandley
Lee Mandley
Dean Marnell
Matt Nunn
Jonathon Ogle
Mark Thompson
Josh Warwick

Fusilier

Sammy Allen
Ryan Batchelor
Danny Conroy
Ryan Davies
Chris Degen
Ben Dodsworth
Sam Lish
Andre Martins
Tiago Pires
Jamie Shadbolt
Harley Thompson
Lewis Underwood
Luke Wickham
Phillip Watkins
Liam Willis
Kyle Winyard

Manager: Josh Warwick
Assistant: Dan Last

Manager: Tiago Pires
Assistant: Samuel Galante



Match Officials

Sunday, April 28th 2019 @ Needham Market

Referee: Ryan Middleton

Assistants: Chris Cornish & Adrian Copsey

Fourth Official: Paul Staddon

Referee Support Officer: Glenn Scott

Refereeing today's final is Ryan Middleton from Newmarket. On the back of assisting in the 2018 Primary Cup Final, Ryan has enjoyed a successful season, being promoted twice from Level 7 to 6, and then again from Level 6 to 5 in the same year. A referee on both the Bury Sunday League and Thurlow Nunn U18 League, he has progressed as part of the Suffolk FA Referees' Academy and will take charge of today's match.

He will be assisted by Chris Cornish who qualified as a referee in 2012 and now officiates as part of the Bury Sunday League.

On the opposite line is Adrian Copsey, who is back seeking promotion to the Supply League of Referees this season after work meant he could no longer commit the time at that level previously. Along with his refereeing, 'Ade' is currently studying for a masters degree.

Fourth official today is Stowmarket-based referee Paul Staddon, who brings with him cup final experience of refereeing the 2017 Suffolk Primary Cup Final.

Supporting the team today is Glenn Scott who has recently joined the Suffolk FA Observe Team in 2018, living in the area as part of his work in the RAF.

Route to the Final

First round

Holbrook Swan 3 Great Balkenham Chequers 3 -
Holbrook Swan won 3-0 on penalties

Carlton Colville Town 2 Fusilier 13

Second round

Waveney 1 Holbrook Swan 4

Fusilier v Beck Row - Home Win

Third Round

Holbrook Swan 6 Sizewell Argyle 4

Fusilier 9 Taverners 1

Quarter-Finals

Capel Plough 2 Holbrook Swan 3

Fusilier 8 Occold 0

Semi-Finals

Holbrook Swan 2 Walton Wanderers 1

Elmsett United 2 Fusilier 7



Holbrook Swan

Jamie Bowell – Left winger. The happy-go-lucky left back or winger is in his second spell with the club and was part of the Holbrook team who lost in this final in 2016 on penalties. Possesses a sweet left foot.

Tom Cornock – Left back. Enjoying an excellent first season in men's football. Tom has operated mainly as a left back for the Swan.

Adam Ferguson – Right midfield. Another in his first season in men's football, Fergie has established himself as a cult hero.

Mark Flint – Striker. 'Flinty' has a ridiculous goals-to-games ratio this season. He scores when he wants.

Luke Gibbons – Goalkeeper. The best keeper in the division by a mile, The Cat has been imperious once again this season and a major reason for the Swan going unbeaten in the league.

David Gray – Centre midfield. Dave is the engine room in the Swan's midfield when available for selection. His special move is turning a first touch into a tackle.

Rowan Greenland – Centre midfield. Another in his second spell with the club, 'Escobar' is a quality central midfielder. Expertly steadied the ship in the semi-final.

Denholm Holmes – Right wing. Quick and committed, Den has undoubted talent and is, on his day, a match-winner.

Luke Holmes – Right back. Luke is now in his 13th season with the club and has played in every position. Very much at home these days at right back, where his eye for a pass and experience is crucial.

Kieran Mandley – Striker. The league's top scorer is a great player and an even greater pain in the backside.

Lee Mandley – Centre back. The sensible Mandley brother can operate at left back or in the centre of defence. He has been a model of consistency all season.

Dean Marnell – Central midfield. He has been a key part of the team's success this season. 'Deano' is a perpetual pinger of passes with a first-class footballing brain.

Matt Nunn – Centre / right midfield. A classy midfielder who is in his second season with the club, Nunny can operate across the midfield or up front.

Jonathon Ogle – Centre midfield. He joined the club in 2012 having moved to Suffolk from his native Nottinghamshire. Tenacious in the tackle with an eye for goal, Johnny ended up in hospital after the semi-final after a flying elbow to the face.

Mark Thompson – Right back. The ultimate club man, Mark is a hard-working full back. He has been with the Swan for more than ten years.

Josh Warwick – Centre back. The Gaffer has been with the Swan since the very start back in 2005. A former central midfielder, these days he plays at centre back.



Holbrook Swan (old gold & black shirts) in action versus Mellis (red shirts) in the 2015-16 final at Stowmarket Town FC. The match finished 1-1 after extra time, before Mellis won the penalty shoot-out 4-2



Fusilier

Sammy Allen – Right back. A very versatile player. Plays at right back and likes to join and help the attack. He has most assists so far this season.

Ryan Batchelor – Central Midfielder. A hard-working player who will run all day for the team. Good vision, control of the ball and a clean tackler.

Danny Conroy – Right Midfielder. A physical and fast player who has great vision, crossing and passing efficiency and is also a goal scorer.

Ryan Davies – Striker. The team's top goalscorer with over 30 goals this season. He is very quick moving forward with the ball. A dead-ball specialist.

Chris Degen – Defensive Midfielder. The oldest player, with tremendous experience on the field. A great leader and captain who everyone looks up to.

Ben Dodsworth – Left Winger. A naturally gifted player who is very quick and likes to move forward with the ball. He has contributed with many goals and assists this season.

Sam Lish – Central Midfielder. An exciting player who is very skilful, has great vision and is a clean tackler. A hard-working player who will run all day for the team.

Andre Martins – Central Midfielder. Natural No.8. A very talented and technically gifted player with great tactical knowledge.

Tiago Pires – Goalkeeper. Excellent shot stopper who likes to play the ball out from the back whenever possible. Commands his area and good with his feet.

Jamie Shadbolt – Left back. A very consistent and reliable player with an amazing left foot. He has tremendous passing efficiency.

Harley Thompson – Striker. An exciting and tenacious player with rapid pace. Knows where the net is and is a clinical finisher.

Lewis Underwood – Centre Back. A strong presence in the centre. Loud and a tough-tackler who gives it his all in every game.

Luke Wickham – Centre Back. A strong man-to-man marker who is a quick and very strong player.

Phillip Watkins – Left/Right Midfielder. He has great potential with pace and commitment. He is very strong on the ball and scores his fair share of goals.

Liam Willis – Striker. He has missed almost the whole season due to injury but has always been present. A skilful and very natural player who is a clinical finisher

Kyle Winyard – Utility player. One of the club's longest-serving players. He is extremely reliable and a good quality player. He will give his all in any position and situation for the team.

Fusilier. Back row (left to right): Lewis Underwood, Danny Conroy, Samuel Allen, Kyle Winyard, Luke Wickham, Ryan Davies, Tiago Pires (Player-Manager). Front row: Bed Dodsworth, Jamie Shadbolt, Ryan Batchelor, Harley Thompson, Chris Degen (Captain), Phillip Watkins. Not in photograph: Andre Martins, Sam Lish, Liam Willis, Samuel Galante (Assistant Manager).



The Teams

Veterans' Cup Final - Kick-Off 3:00pm

Penalties

If the match is still level after full-time, the winner shall be determined by penalty kicks.

Whitton United

Green & White Striped Shirts, Green Shorts, Green Socks

Woodbridge Town

Black & White Striped Shirts, Black Shorts, Black Socks

Referee

Gary High

Assistant Referees

Rob Bareham
Tony Joyce

Fourth Official

John Hogan



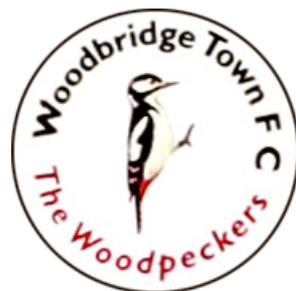
Whitton United

Sam Banya
Brett Bellamy
Tes Bramble
Titus Bramble
Gavin Crane
Matty Cunningham
Ricky Davies
Glyn Dixon
Kieron Dyer
Jezz Eason
Carlos Edwards
Gavin Flurrie
David Head
Conrad Lawrence
Darius Laws
Alan Mills
Nathan Smith
Rene Swann
Shane Wardley

General Manager: Kevin Cunningham

Manager: Jezz Eason

Manager & Coach: Tes Bramble



Woodbridge Town

Jimmy Andrews
Shaun Clarke
Steve Dearsley
Callum Finlayson
Adam Glencastle
John Gibbons
Gary Hammond
Darren Harper
Gavin Jennings
Kevin Morrison
Matt Murphy
Paul Nozedar
James Peachey
Matt Pilkington
Damien Pryke
Robbie Smythe
Ritchie Taylor
Jamie Worne

Manager: Simon Fryatt



Match Officials

Sunday, April 28th 2019 @ Needham Market

Referee: Gary High

Assistants: Robert Bareham & Tony Joyce

Fourth Official: John Hogan

Referee Support Officer: Richard May

Lowestoft-based official Gary High will referee today's Veterans' Cup Final. Gary forms part of a strong support to football in Lowestoft and regularly officiates in numerous games across a weekend. The ever-dependable Gary was highly-commended in the 2018 Grassroots Awards.

Assisting Gary today are Rob Bareham and Tony Joyce, both from Ipswich. Rob has cup final experience, taking charge of the 2018 Suffolk Women's Cup Final at Colchester United after initially thinking that refereeing would be easy!

Suffolk & Ipswich League and Ipswich Sunday League regular Tony Joyce will carry the opposite flag, cheered on no doubt by his supportive partner!

After qualifying in 2012, between the dugouts will be John Hogan, who regularly officiates on both Saturdays and Sundays within Suffolk.

Also from Lowestoft, is Referee Support Officer Richard May who took up the same in the 2018 Suffolk Premier Cup Final at Portman Road. Not only is Richard the Appointments Officer for the Lowestoft & District League, he is also a trusted colleague and good listener for any referee who requires his advice and

Route to the Final

First round

Ipswich Park 1 Whitton Utd 8

Woodbridge Town - bye

Second round

Woodbridge Town 3 Bramford Road Old Boys 0

Whitton Utd 9 Stowupland Falcons 2

Third round

Taydal 0 Whitton Utd 10

Suffolk Police v Woodbridge Town - Away Win Walkover

Quarter-Finals

Whitton Utd 6 Coplestonians 2

Walsham-le-Willows 1 Woodbridge Town 3

Semi-Finals

Woodbridge Town 3 ETC Lowestoft 0

Whitton Utd 2 Capel Plough 1



Whitton United

Sam Banya – Striker. Former AFC Sudbury legend who once scored more than 50 goals in one season. Now manages and coaches in grassroots youth football.

Brett Bellamy – Striker. First season with the club. Still plays Saturday football at senior level.

Tes Bramble – Manager / Coach. Former professional footballer with Southend, Tes has successfully stepped into the role of manager.

Titus Bramble – Defender. Started his professional career at Ipswich Town before moving to Newcastle, Sunderland and Wigan Athletic to further his Premiership career.

Gavin Crane – Striker / Midfield. Started as a young teenager with the famous Heathfield Sunday side. Played his Saturday football with various clubs at Eastern Counties level.

Kevin Cunningham – General Manager. Played Saturday senior football from a young age. Successfully managed local football at Eastern Counties and SIL level. Work commitments mean Tes and Jez now take the reins most match-days.

Matty Cunningham – Defender played Eastern Counties League for various clubs and is now part of the successful management team at Cranes Sports.

Ricky Davies – Midfield. Former Nigerian schoolboy international before moving to England.

Glyn Dixon – Goalkeeper. Former Woodbridge Town and Grundisburgh keeper who is still playing Saturday senior football with Claydon.

Kieron Dyer – Midfield. Really needs no introduction. Former top class professional footballer and England international who unfortunately suffered more than his fair share of injuries.

Jezz Eason – Player / Manager. Played Youth team football locally before his talent earned him a scholarship in America.

Carlos Edwards – Midfield. Former Ipswich Town favourite, who played 90 times for Trinidad & Tobago, and now plays and is joint manager at his Saturday side Woodbridge Town.

Gavin Flurrie – Midfield. Played at several Saturday clubs at senior level including Whitton United.

David Head – Defender former AFC Sudbury, Leiston and Ipswich Wanderers player who is now assistant manager at Leiston.

Conrad Lawrence – Goalkeeper / Utility player. He is the longest-serving Whitton Veterans' player and club captain.

Alan Mills – Midfield / Defender. Another who played his Saturday football at Eastern Counties level. He is also team captain.

Darius Laws – Midfield. Another who played most of his Saturday football at Eastern Counties level with Hadleigh United and Ipswich Wanderers.

Nathan Smith – Midfield. Another long-serving Whitton Vet who played most of his Saturday football at senior level.

Rene Swann – Striker. Played for Whitton and Ipswich Wanderers before finishing his Saturday career at Grundisburgh.

Shane Wardley – Defender / Midfield. Clubs included AFC Sudbury, Leiston and Hadleigh United and he has also managed Ipswich Wanderers and Hadleigh United.

David Wattle – Defender. Played for QPR at youth level, also played for Lincoln City until injury ended a promising career.

Duane Wright – Midfield. Whitton boy who played the majority of his career at the club. Also had spells with Felixstowe & Walton United, Needham Market & Hadleigh United.

Ronaldo Wright – Striker. Another loyal Whitton lad who played his Saturday career at senior level. Now manages Sroughton United.



Whitton United Veterans' players David Head (left) and Matt Cunningham. Photograph: Paul Leech



Woodbridge Town

Jimmy Andrews – Classy centre half who is a former first-team player.

Shaun Clarke – Signed this season a versatile player with a great engine and appetite for the game.

Steve Dearsley – Former First Team player with the Club, creative and skilful midfielder with an eye for goal.

Callum Finlayson – An all-action well balanced defender with a real hunger and passion for the game.

Adam Glencastle – Classy left-sided player with great delivery and is the team's dead-ball specialist.

John Gibbons – A strong versatile player who is a great athlete.

Gary Hammond – Long-serving goalkeeper who is a great shot stopper.

Darren Harper – Joined the team this season. He is a pacey centre forward and has become a great asset very quickly.

Gavin Jennings – Back for his second spell, Gavin is an old school centre forward whose hold-up play is second to none.

Kevin Morrison – Moggy is a seasoned pro and formerly a first team player. He is the joker in the dressing room and has fought back to play after serious health issues.

Matt Murphy – The skipper. An inspirational midfielder who leads by performance.

Paul Nozedar – Noz has just returned from a serious injury. He is an experienced striker with great ability.

James Peachey – Signed this year. A strong and influential defender who has strengthened the group.

Matt Pilkington – Signed this year, Matt is a silky full back with great potential.

Damien Pryke – A class act. He is a silky midfield maestro who weighs in with his fair share of goals.

Robbie Smythe – Robbie is in his second season with the club. He is a wide player who has great strength and ability with an eye for a goal.

Ritchie Taylor – Combative and reliable defender. He is one of the longest-serving players and takes the gloves when required.

Jamie Worne – Jamie signed this season and has a great desire and passion for the game.

Team Manager

Simon Fryatt – Mr Woodbridge Town has been associated with the club for over 30 years. He is a former first-team club captain.



Woodbridge Town Veterans. Back row (left to right): Matt Murphy (captain), Darren Harper, Matthew Pilkington, Jamie Worne, Gary Hammond, Callum Finlayson, Damien Pryke, James Peachey, Robbie Smythe. Front row: Paul Nozedar, Shaun Clarke, Simon Fryatt (manager), Kevin Morrison, Steve Dearsley, Gavin Jennings, John Gibbons, Ritchie Taylor. Missing from photograph: Jimmy Andrews, Adam Glencastle and Daniel Threadkell.

For All Awards

19

GRASSROOTS FOOTBALL WARDS



The FA and McDonald's Grassroots Football awards are back!

Suffolk FA will be celebrating those people, clubs and leagues who make a positive difference across their communities. This is your chance to celebrate work that goes into the grassroots.

Nominations are now open until May 10th 2019. Anyone can make a nomination. Individuals should be nominated by someone else (not themselves), while anyone can nominate their own club and/or league.

The awards are split into 10 categories:

- Grassroots Coach of the Year
- Grassroots Supporter of the Year
- Grounds Team of the Year
- Grassroots Club of the Year
- Volunteer of the Year
- Rising Star of the Year
- We Only Do Positive Respect
- Grassroots Project of the Year
- Grassroots Match Official of the Year
- Grassroots League of the Year

Suffolk referee George Byrne not only won the county award last year, but went on to win the national award.

To make a nomination go to the home page on the Suffolk FA website: www.suffolkfa.com



KBB Grassroots Festival 2019



SUFFOLK FA have pulled off a coup with England legend Kelly Smith agreeing to attend this year's KBB Suffolk FA Grassroots Festival.

Smith, England's all-time leading scorer with 46 goals, is to visit the two-day festival at Whitton United FC on Saturday, May 18th. The festival will continue on the Sunday.

The former striker, who was England's first professional female footballer, won 117 caps in an illustrious career and played in six major tournaments, including representing Great Britain at the 2012 London Olympics.

Smith, who won five FA Cups, scoring six times in those five finals, said: "I'm really looking forward to visiting the KBB Suffolk FA Grassroots Festival.

"Grassroots football and tournaments like these are so important to the development of the players and the future prosperity of the game, so I am pleased to be able to attend."

Suffolk FA Mini Soccer & Youth Football Development Officer James Morley, who is co-organising the festival, said: "We are really pleased to have Kelly Smith attending this year's KBB Grassroots Festival.

"Our festival will be themed around the FIFA Women's World Cup which is taking place in France and to have Kelly in attendance provides a great opportunity for all the young girls to meet someone who has played and achieved everything at the highest level.

"This season is tracking to be the biggest festival we have ever organised, with more teams being able to attend than ever before and new festivals including walking football and disability football.

"Having Kelly in attendance as well is going to help us create the biggest and best festival by far. We now can't wait until May for the festival to be here."

Roger Peck, a director of festival sponsors KBB, said: "Kelly Smith's presence at this year's festival is testament to the hard work and dedication that has gone into the festival over the years.

"The fact that the popularity and the exposure that the festival gets is now encouraging big names like Kelly to get involved makes us very proud."

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Forthcoming Fixtures

Tuesday, May 7th

HomeStore Self Storage Women's Cup

Ipswich Town v Needham Market at Portman Road, 7.30pm

Wednesday, May 8th

KBB NEFF Suffolk Premier Cup

Felixstowe & Walton United v Leiston, at Portman Road, 7.30pm

Thursday, May 9th

KBB NEFF Suffolk Under-18 Midweek Cup

AFC Sudbury v Walsham-le-Willows, at Portman Road, 7.30pm

Friday, May 10th

CNet Training Suffolk Senior Cup

Achilles v Cornard United, at Portman Road, 7.30pm

Sunday, May 12th

Crown Imperial County Youth Cup Finals Day at Ipswich Town FC Training Centre

Monday, May 13th

KBB NEFF Suffolk Primary Cup

AFC Sudbury A v Old Newton United Reserves, at Portman Road, 7.30pm

Tuesday, May 14th

KBB NEFF Suffolk Junior Cup at Portman Road, 7.30pm



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Abi to Referee Cup Final



Suffolk official Abi Byrne is looking forward to 'making my family and friends proud' after being appointed to referee this season's SSE Women's FA Cup Final.

Abi, who recently celebrated her 27th birthday, will be in the middle for the final between Manchester City and West Ham United at Wembley Stadium on Saturday, May 4th.

The showpiece occasion, which kicks-off at 5.30pm, will be broadcast live on BBC One.

Her assistant referees will be Sian Massey-Ellis and Melissa Burgin. The Fourth Official will be Lisa Benn.

Abi, who lives in Mildenhall, said: "I found out about the appointment in a phone call from Peter Elsworth, the Senior Referee Manager at The FA.

"I couldn't believe it once he told me and it still hasn't sunk in yet!

"This is definitely the biggest highlight of my career so far. It's the biggest game in women's football in this country and it makes it even more special that I am able to lead the teams out at Wembley, our national stadium."

Previously known by her maiden name of Abi Marriott, she was an assistant referee at the SSE Women's FA Cup Final at Wembley Stadium two years ago.

She said: "I definitely think being on the cup final before at Wembley will help me prepare and hopefully I can draw on this experience to calm the nerves before kick-off!"

Abi added: "I am most looking forward to making my family and friends proud and trying to soak up as much of the atmosphere as well.

"I have a great team around me so I'm sure we will put in a good performance."

Suffolk FA Senior Referee Development Officer Alan Dale said: "This is an outstanding appointment for Abi and she should be very proud of being selected to officiate the 2019 SSE Women's Cup Final.

"She continues to be a role model for aspiring officials and through her work within the county by mentoring other referees and through supporting local Referees' Associations, this appointment will only serve to continue to encourage those around her.

"On behalf of the whole team at Suffolk FA, we wish Abi and her team all of the very best in the final."

Tickets for this season's final are already on sale priced £15 for adults while kids go free: www.thefa.com/tickets



Stay in the Game



Play on!

**£750 grants available now to support men's clubs
Claim yours by 6 June 2019**

DELIVERED BY
Football Foundation



The Football Association is re-launching its adult male retention-focused funding scheme to support men's 11-a-side community football teams in Suffolk.

The newly-titled Stay in the Game scheme will offer existing clubs the opportunity to apply for grants of £750 to help cover the various associated costs of running a football team.

Last year, under the name Retain the Game, the scheme helped to support the retention of 2,336 adult male teams across the country, supporting an estimated 55,000 community footballers.

Clubs who benefited from the grants last year were able to use the funding for match-day and training facility hire, first-aid training and new equipment, whilst also subsidising match-day fees for members of their respective squads.

This year, the grants will once again be available to adult male teams in the under-18 to Under-21 category, open-age adult sides and veterans' teams.

Grassroots clubs that meet the following criteria will be eligible to apply:

- Clubs that operate with two or more adult male teams – Under-18s, Under-19s, Under-21s, Under-23s, open age and vets.
- Clubs that hold the FA's Charter Standard Award (Adult, Youth, Development or Community).
- Adult clubs that commit to becoming FA Adult Charter Standard within season 2019/20.
- Clubs that have the support of their County Football Association.

Please note that clubs who benefited from successful Retain the Game applications last season will not be eligible to apply to this funding window of Stay in the Game.

Jodie Allard, Football Development Manager at Suffolk FA, added: "Managing finances can be a challenge for adult clubs and so we are really pleased to see the return of this new look funding scheme this season.

"The Stay in the Game scheme is a great incentive for clubs to recognise and reward those with more than one adult team and support them to continue providing opportunities for local people to enjoy the game here in Suffolk.

"We would encourage any adult clubs who fall within the eligibility criteria to take advantage of this opportunity to secure additional financial support."

The application window for Stay in the Game is now open and closes at 5pm on Thursday, June 6th 2019.

Clubs seeking more information on the programme should either contact Jodie Allard at Suffolk FA via Jodie.Allard@suffolkfa.com or visit the Football Foundation website.





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