



Club Guidance Notes Suffolk FA Under U16's, U15's, U14's and U13's Plate Competition

This season Suffolk FA are piloting a new competition in the above age groups. The Plate Competition achieves two objectives. It allows the EJA teams and non EJA teams the opportunity to challenge each other in the same competition but it also provides the non EJA teams with an opportunity to continue their experience in County Cups should they be knocked out before the Quarter Final stages of the Cup.

There shall be four Plate Competitions, one for each age group as listed above.

Format

The Plate Competition shall not commence until the Quarter Finalists for the Cup competitions are known.

Once the Quarter Finalists are known all non EJA teams knocked out of the Cup up to that point will then be entered into the Plate Competition. Those teams shall then be drawn in a straight knock out competition.

Rules Specific to the Plate Competition

The Plate is an extension to the Cup for the four age groups involved. Therefore it is effectively one competition and as such no player is allowed to play for two teams in the same age group. If a player has been knocked out in the cup he cannot play for a different team in the Plate or vice versa.

If a team fails to play against an opponent they shall immediately be disqualified from the 'competition' and fined accordingly. The term 'competition' equally means Cup and/or Plate.

Season 2019-20



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