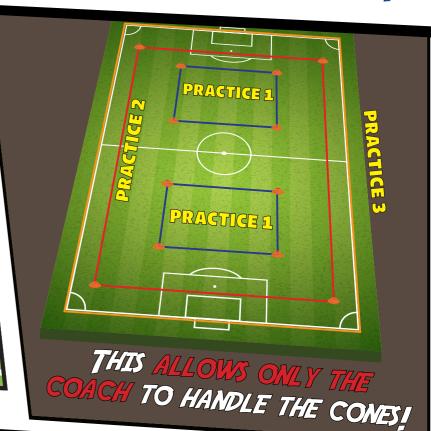




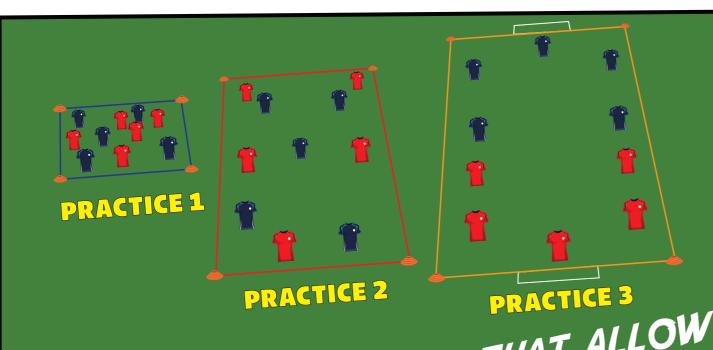


TRY TO PLAN SESSIONS WHERE YOU CAN PEEL BACK THE COMES AS THE SESSION PROGRESSES.



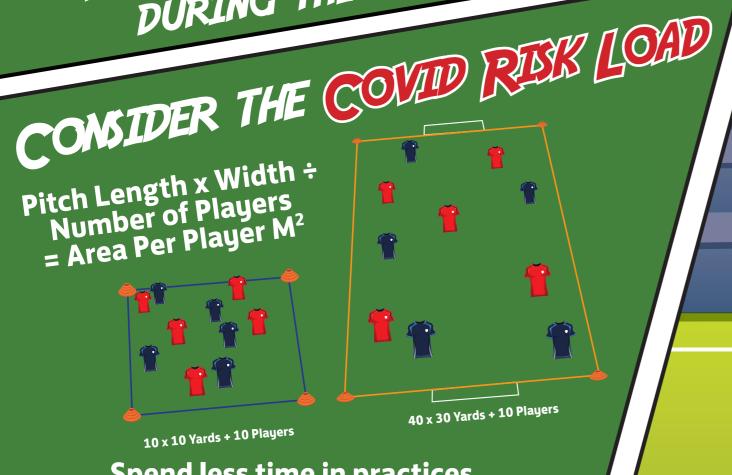






TRY TO PLAN SESSIONS THAT ALLOW PLAYERS TO ONLY WEAR ONE BIB DURING THE WHOLE SESSION





Spend less time in practices with low player area



