

## Barnet FC Football Camp at Northwood HQ



School holidays are always a difficult time for parents as leave is at a premium and we all want the same time off. With this firmly at the forefront of our minds we decided to run a football camp for 5-12 year olds at Northwood HQ. Matthew Dixon from Barnet Football Club was extremely receptive to the idea and a plan was put into place.

Due to the size of the facility it was decided to limit the number of children to 25 which we managed to fill. The weather didn't start too kindly and we began day 1 in the gym hall but the children had plenty of ball work with two excellent coaches delivering fun sessions. The drizzle in the afternoon didn't deter anyone and a full afternoon was spent on the astro turf culminating in some competitive games.

Day 2 was dry and warm and the children were straight into the football, plenty of smiling faces as the exuberance of the coaching staff shone through. Everything was well spirited and the children were visibly improving as the day wore on.

This was an outstanding two-day camp with first class coaching from Sian Osmond and Sheena Hirani of Barnet FC who delivered some fantastic coaching whilst ensuring the emphasis was on fun. The feedback has been exceptional and this is something we will look to run again in the future.





Many thanks to Vince Williams at the RAF FA who funded the camp, CO Northwood HQ for allowing the camp to happen and to Sgt Ottley for his organisation.



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