

RAF Football Association - E-Bulletin

Burnley FC Train with the RAF

Players and coaching staff from Burnley FC have spent a day at RAF Shawbury, in North Shropshire, completing team building exercises, in preparation for the new season. The players, from the Burnley under 23 squad were put through their paces in a number of exercises by personnel from the Physical Education Flight at the unit, led by Corporal Dave Webb. The exercises included a physical exercise session, top ropes, and floor leadership exercises. The squad were also given a tour of the facilities and a brief on RAF Sport.



The link to the unit was through Matt Williams, the Head of Football Operations at Burnley, who was previously at Shrewsbury Town. Also linking the team to the RAF was academy head coach Michael Duff, an ex-Burnley and the Northern Ireland International, and son of Warrant Officer (Retired) John Duff, who, up until his recent retirement, was the RAF Football Association Football Development Officer.



The event was an excellent link to the RAF in its 100TH Anniversary year, perfectly linking to youth and sports activities.

Dave, who is a current RAF Senior Representative Team player as well as a UK Armed Forces player said, 'this was an excellent day spent with the Burnley squad. It is always an excellent training session for the Physical Education Instructors at the unit to be able to interact with professional sportsmen from all areas, but as a footballer myself, linking to a Premiership Squad was great fun.'



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