



**ENGLAND
FOOTBALL**

NOTTINGHAMSHIRE FA CARDS, SIN BINS AND ACCUMULATIONS

Throughout a season, players may receive cards in a few ways (yellow cards, sin bins or red cards). Red cards carry with them an automatic suspension, which will activate 7 days after they are shown. An overview of red card suspensions can be found below:

Red Card Type	Suspension Length
S1 (Serious Foul Play)	3 Matches
S2 (Violent Conduct)	3 Matches
S3 (Spits at an Opponent or any Other Person)	6 Matches
S4 (Denying an Obvious Goalscoring Opportunity - Handball)	1 Match
S5 (Denying an Obvious Goalscoring Opportunity by Foul)	2 Matches
S6 (Using Offensive, Insulting or Abusive Language/Behaviour)	2 Matches
S7 (Receives a Second Yellow Card in the Same Match)	1 Match

The length of suspension for repeat offenders in the same season may differ from the above table of guidance.

An overview of yellow card accumulation suspensions can be found below:

Category/Competition	No. of Cautions Accumulated	Cut-Off Point	Automatic Suspension	Suspension fine	Category/Competition Suspension Served in
A) Saturday	5	31 st December	1 Match	£15	The Same Category in which the Cautions were Accumulated
B) Sunday	10	Second Sunday in April	2 Matches		
C) Midweek	15	Last Day of the Playing Season	3 Matches		
D) Representative	20	Last Day of the Playing Season	Determined by a Disciplinary Commission		All Football
E) Veterans					
F) Schools					

If you have any questions regarding Cards, Sin Bins or Accumulations please email Discipline@NottinghamshireFA.com