# Help us to keep football Covid-19 safe

Make sure you've read The FA guidelines, done a risk assessment and taken steps to ensure you promote social distancing and hygiene.

More info and guidance here:

www.northumberlandfa.com

# **Kick off times**

Several games at the same venue? Consider changing kick off times to stagger arrivals and departures.

# Good hygiene

Make sure every player has their own water bottle and hand sanitiser.

Don't let players share equipment.



# Social distancing for players

Encourage them to stay 2m apart any time they're not actually playing

This includes travelling to the match, listening to coaching instructions and as substitutes.

# Safe spectators

How many supporters can you safely accommodate? Think about limiting it to one per player.

## **Track and Trace**

Ensure you keep a record of ALL attendees to support the Government's Track and Trace system

# No goal celebrations

It's tempting to hug our fellow players when we score – but it's safer not to!

# Toilets and changing facilities

Players should change and shower at home

Make sure any loos or changing rooms comply with Government advice on the use of indoor facilities. Toilets at some facilities may not be available

# Hands off the ball



There should be minimal handling of the ball - use your boot instead.

Make sure it is disinfected regularly during breaks in play.







