



**ENGLAND  
FOOTBALL**



# NORTH RIDING COUNTY FA REFEREEING HANDBOOK

Season 2023-24



**RESPECT**

*#WeonlydoPositive*

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# INTRODUCTION

Welcome to this 2023/24 North Riding Referee Handbook, aimed at all North Riding Match Officials.

Those that have just completed the Referee's Course may find this handbook particularly useful.

This handbook is intended to provide you with all the important information that you need to assist you in getting started with your refereeing journey and beyond!



# WELCOME FROM OUR CHAIR

“ On behalf of North Riding County Football Association, can I firstly congratulate you on successfully completing the Football Association Referees Course and becoming a registered referee with our Association. We at North Riding FA are proud to offer the support, help and guidance to all our referees in order for them to reach their full potential. This will be achieved, not only with your dedication and enthusiasm, but also with the assistance of the Coaches, Mentors, and Observers we have within our Excellent Referee Development Team, led by our new Referee Development Officer Conor Ledgeway. Always remember help is only a phone call away, County FA Staff and our Volunteer Workforce are available for support and advice.

Good luck for the future, and we all look forward to seeing you taking those steps up the refereeing ladder and hopefully for some, television awaits.



”  
**-Barry Casterton**  
***Chair of North Riding County FA***





# REFEREE DEVELOPMENT OFFICER

**Conor Ledgeway**

“ I am delighted that you have enrolled onto an FA Referee Course here at North Riding County FA and this handbook has been devised as a guide to all new referees and parents, alongside existing referees. I am hopeful that everything you could ever wish to know about refereeing in North Riding has been included to answer any questions or queries. I ask you to read through the information and if you do not understand anything, please feel free to contact me or a member of the Referee Development Team, and we will deal with all your queries.

You are embarking on a journey in refereeing that will see you meet many new people and make lots of long-standing friendships. I hope you develop your skills and improve along the way to whatever level of the game you aspire to reach, whether that be The Premier League or The North Riding League!

Please remember that I and the rest of the referee development team are here to support with no question too stupid to ask.

This handbook has been devised for you, so if you think we have missed anything out or could improve it then please let us know.



# OUR REFEREEING STRATEGY

Over the past few years the North Riding County FA, and its volunteer workforce in the Referee Development Team, have significantly improved the image and quality of refereeing standards within the County. Our mentoring programme and Centre of Referee Excellence Group have helped many match officials to prosper. This has greatly benefited local, semi and professional football. Our strategy provides a clear focus on supporting the development of match officials at all levels, from all backgrounds. The North Riding County FA is fully committed to being an inclusive body which provides a clear structure on how to progress & develop as a match official with our key targets to recruit, retain, convert & support all referees.





## WHAT DOES REFEREEING LOOK LIKE IN NRCFA?

- Match Officials
- Referee Observers, Mentors & Coaches
- Referee Tutors
- Referee Development Officer & dedicated Referee Leadership Team
- Referee Associations

## WHAT DOES REFEREE DEVELOPMENT LOOK LIKE IN NRCFA?

- Expert training & support
- Further education
- Dedicated Referee Mentoring programme
- Centre of Referee Excellence (CORE) group
- National & International exchange programmes

## WHAT DOES REFEREE GOVERNANCE LOOK LIKE IN NRCFA?

- Referee appointments through the various leagues Registration
- Yearly registration
- Discipline
- Referee Promotion Pathway
- Safeguarding
- Daily support

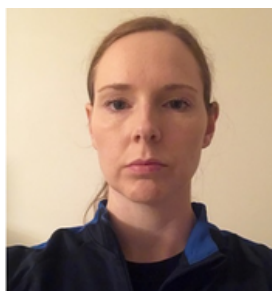


# MEET YOUR REFEREEING TEAM



CONOR LEDGEWAY

Referee Development Officer  
[conor.ledgeway@northridingfa.com](mailto:conor.ledgeway@northridingfa.com)  
+44 (0) 1642 717770 Option 3



AIMEE LEONARD

Football Development Officer/Referee Course  
Administrator  
[aimee.leonard@northridingfa.com](mailto:aimee.leonard@northridingfa.com)  
+44 (0) 1642 717770



LESLEY CLARK

Discipline Officer  
[lesley.clark@northridingfa.com](mailto:lesley.clark@northridingfa.com)  
+44 (0) 1642 717770

## OTHER SUPPORTIVE STAFF



CLAIR SHIELD

Designated Safeguarding Officer  
[clair.shield@northridingfa.com](mailto:clair.shield@northridingfa.com)  
+44 (0) 1642 717770



CHRIS WOOD

Football Development Officer  
[chris.wood@northridingfa.com](mailto:chris.wood@northridingfa.com)  
+44 (0) 1642 717770



CALLUM GUY

Football Administration Assistant  
[callum.guy@northridingfa.com](mailto:callum.guy@northridingfa.com)  
+44 (0) 1642 717770



Official kit and equipment supplier to  
North Riding FA Match Officials

[www.therefstop.co.uk](http://www.therefstop.co.uk)





# REFEREE SUPPORT

North Riding FA is keen to ensure that we provide all our match officials with the best possible support.

As well as contacting the team by phone or email we also have a lot of information on our website.

There is information around support for mental health, fitness and nutrition as well as general match day guidance which can be accessed via the tabs below.

MENTAL HEALTH

FITNESS & NUTRITION

MATCH DAY GUIDANCE



# U18 MATCH OFFICIAL GUIDANCE

We provide all U18 referees with a branded yellow armband to help raise awareness to everyone that somebody still considered a child is refereeing the game from a safeguarding perspective. It is very strongly recommended that you wear this in any game that you referee. The aim of this scheme is to improve the match day experience and environment for our U18 referees. If you face an issue from a discipline perspective in a game then please ensure you report it on The Whole Game System and in your misconduct report state that you were wearing your yellow U18s armband. This is because the sanction against the offender will be more severe as it is a breach of safeguarding conduct.

## REFEREEING YOUTH FOOTBALL

As a reminder it is vital that if you referee in youth football that you follow all the safeguarding protocols that you would with an U18 referee. You must ensure that if you are over 18 but still operate in youth football that you have an in-date DBS & Safeguarding Children Qualification. You will be notified by our Designated Safeguarding Officer, Clair Shield when your DBS & Safeguarding qualifications expire and asked to update them. Failure to do this will rest in you not being allowed to officiate in youth football so please ensure these requirements are met.





# THE REFEREE'S ASSOCIATION

The Referee's Association is another way to enhance your learning and development as a referee.

The National Referees Association is made up of numerous local associations that all serve to provide a social meeting point for referees in their local area.

In North Riding, our only operating RA is York Referees Association who meet on the first Thursday of each month at York Hospital Social Club 7:30-9:30PM. They are a brilliant association who regularly have over 30 attendees at each meeting, whereby they will get high profile guest speakers from the elite levels of the game, put on social events and share local football experiences. It is strongly recommended that you join your local association to supplement and enhance your learning as a referee. They are also a great support network as they provide insurance on your refereeing kit and have numerous other benefits. Please go to <https://www.the-ra.org/> in order to see the full range of benefits that The RA has to offer.



## YORK REFEREE'S ASSOCIATION

# SOCIAL MEDIA

Social media is a great tool to promote positive refereeing stories and search for games.

However please be aware that as a match official you should be careful about what you post, such as opinions on games, players and clubs that you are both involved with and other games.

You can follow us on various platforms:



@NRCFAREFDEV



North Riding FA



<https://www.northridingfa.com/referees>



# DISCIPLINE

Submitting discipline is an important role of a match official and this can be easily done through the Whole Game System (WGS)  
<https://wholegame.thefa.com/>

It is important any reports are submitted with 48hrs of the game so that any discipline can be processed.

When carrying out your duties as a referee please ensure that when you caution, dismiss or report any participants that you get their full name at the time rather than rely on any team sheets or websites.

Any offences by managers, coaches or spectators/any discrimination or any incidents outside of a normal caution/dismissal need to be reported as any extraordinary misconduct report on the WGS.

Below is some links to help you with any misconduct report:

TEMPORARY DISMISSALS (SIN BINS)

FA REFEREE GUIDE TO REPORT WRITING

VIDEO GUIDE TO WGS

NORTH RIDING WGS POWERPOINT

REPORTING DISCRIMINATION

**Report all discipline – failure to do so may result in an FA charge**

# MENTORING PROGRAMME

North Riding County FA offers a dedicated mentoring programme that is led by our North Riding Head of Mentoring, Geoff Mann (pictured below). With a dedicated mentor workforce across the county we offer fantastic dedicated support to our newly qualified referees, who will all receive a mentor who will act as a point of contact. It is hoped that this will make new referees feel supported and increase our retention of referees.

Our mentors provide the following support:

- New referees first point of contact
- Will endeavour to try and make on of the new referees first 5 games
- Support referees in contacting local referees appointments secretaries to get games
- Answer any questions from the referees or parents/guardians



# REFEREE PROMOTION PATHWAY

The referee promotion pathway was revised by the FA in season 22/23 which would benefit match officials in that it no longer became a seasonal window.

Instead promotions can now run over into new seasons and is split into 4 opportunities to join or be promoted during a season.

It provides you as a referee with greater flexibility and control over your promotion and referee pathway.

All information relating to the referee promotion pathway can be found on our website:



## REFEREE PROMOTION PATHWAY





# CENTRE OF REFEREEING EXCELLENCE (CORE)

Our Centre Of Referee Excellence (CORE) Group serves as a Talen ID Programme whereby referees that show potential to reach the higher levels of the game are given specific development from our CORE Coaching Team. Applications are welcome during the summer months for the forthcoming season that are then scrutinised during our selection process. We expect CORE referees to show excellence both on and off the field with successful applicants expected to be able to pass a fitness test, laws of the game test, and keep in regular contact with their allocated coach. County CORE Referees will then feed into The FA CORE Programme on a national level by recommendation from The County FA.



**RESPECT**







# COMPETITION RULES

## NORTH RIDING COUNTY FA LEAGUES

The below pages highlight relevant information for the majority of leagues and County Cups that you could act as a referee or assistant referee on across the County in Middlesbrough, York, Scarborough and The Dales. Please read this information carefully and if you believe anything is missing, or would like further clarification then please contact the leagues directly, using the contact details provided.





# NORTH RIDING FOOTBALL LEAGUE

**(Sat- PM)**



## Match Balls

Adult = Size 5 match balls  
All provided by the home club

## League contact

Paul Stalker (Secretary)  
paul.stalker@northridingfa.com

## Substitutes

7 from 7, rolling substitutions permitted

## Teamsheets

Completed on matchday app.  
Referee to ask for names of subs prior to kick off.

## MATCH FEES

League/Cup	Referee	Assistant Referee	Travel Expenses	Paid by
Premier Division	£35	£20	30p per mile	Split 50/50
Division 1	£30	N/A	30p per mile	Split 50/50
Womens	£35	N/A	30p per mile	Home Club

## DURATION

League/Cup/Age group	Duration (mins each way)	Extra time (mins each way)	Penalties (yes/no)	Appointed by
League games	45 mins	N/A	N/A	League- Paul Stalker
Macmillan Bowl Cup	45 mins	N/A	Yes	League- Paul Stalker

# YORK MINSTER ENGINEERING LEAGUE

**(Sat- PM)**



## Match Balls

Home team to provide match ball

## Substitutes

Rolling subs, 5 from 5

## Teamsheets

Team sheet provided by both teams  
before kick off

## League contact

Colin Atkinson  
[york.league@btinternet.com/](mailto:york.league@btinternet.com)  
07824771354

## MATCH FEES

League/Cup	Referee	Assistant Referee	Travel Expenses	Paid by
Premier Division	£30 to not exceed £45 with travel expenses	N/A	30p per mile	Home Club but split between both teams

## DURATION

League/Cup/Age group	Duration (mins each way)	Extra time (mins each way)	Penalties (yes/no)	Appointed by
League Cup	45 mins	N/A	Yes	League appointed by Matt Cottingham

# SCOTTS STORAGE WENSLEYDALE FOOTBALL LEAGUE

**(Sat- PM)**



## Match Balls

Home team to provide match ball size 5

## Teamsheets

Electronically

## Substitutes

Rolling subs, 5 from 7

## League contact

Paul Dinsdale, [paul.dinsdale@carrs-billington.com](mailto:paul.dinsdale@carrs-billington.com), 07359 187028  
Miles Middleton (fixtures secretary),  
[miles.middleton@bishoptonvets.co.uk](mailto:miles.middleton@bishoptonvets.co.uk),  
07739 997086

## MATCH FEES

League/Cup	Referee	Assistant Referee	Travel Expenses	Paid by
League & Cup	£25 to not exceed £50 with travel expenses	£20 to not exceed £40 with travel expenses	35p per mile	Home Club but split between both teams

## DURATION

League/Cup/Age group	Duration (mins each way)	Extra time (mins each way)	Penalties (yes/no)	Appointed by
League	45 mins	N/A	N/A	League appointed
Dales Cup & Medals Shield	45 mins	15 mins	Yes	League appointed



# THE TIMCLAD YORK SUNDAY MORNING LEAGUE

**(Sun- AM)**



## Match Balls

Home team to provide size 5 match ball.

## Substitutes

5 from 5, rolling subs

## Teamsheets

Handed to match official 30 minutes before kick off

## Duration

90 Minutes

## League contact

Matt Cottingham (Secretary) 07736323771  
Matthew.Cottingham@northridingfa.com

Craig Atkin (Referee Appointments) 07450258876  
Craig.Atkin@pbhrrail.com

## MATCH FEES

League/Cup	Referee	Assistant Referee	Travel Expenses	Paid by
League	£35	N/A	30p per mile	Home Club but split between both teams

## DURATION

League/Cup/Age group	Duration (mins each way)	Extra time (mins each way)	Penalties (yes/no)	Appointed by
League Cup	45 mins	N/A	Yes	League appointed by Craig Atkin

# MANJAROS LANGBAURGH LEAGUE

**(Sun- AM)**



## Match Balls

Home team to provide size 5

## Teamsheets

Subs names given to the referee verbally before the game.

## Substitutes

5 subs out of 7 named but can be rolled

## League contact

Jonny McNaughton 07944954632  
[Langbaughcommittee@hotmail.com](mailto:Langbaughcommittee@hotmail.com)

## MATCH FEES

League/Cup	Referee	Assistant Referee	Travel Expenses	Paid by
Division 1	£35	N/A	Fee inclusive of travel	Home Club

## DURATION

League/Cup	Duration (mins each way)	Extra time (mins each way)	Penalties (yes/no)	Appointed by
Division 1	45	None	Yes	League

# STOCKTON SUNDAY LEAGUE

(Sun- AM)



## Match Balls

Home team to provide 2 match balls

## Substitutes

7 allowed

## Teamsheets

Each team submits a match sheet to the referee before kick off

## League contact

Ken Clark 07504303153

[ken.clark@stocktonsundayleague.org.uk](mailto:ken.clark@stocktonsundayleague.org.uk)

[www.stocktonsundayleague.org.uk/](http://www.stocktonsundayleague.org.uk/)

## MATCH FEES

League/Cup	Referee	Assistant Referee	Travel Expenses	Paid by
Divisions & Cup	£35	N/A	Fee inclusive of travel	Home Club

## DURATION

League/Cup	Duration (mins each way)	Extra time (mins each way)	Penalties (yes/no)	Appointed by
Divisions & Cup	45	None	Yes	League



# YORK FA UNDER 19s LEAGUE

(Sun-PM)



## Match Balls

Home team to provide size 5 match ball.

## Substitutes

5 from 5, rolling subs

## Teamsheets

Handed to match official 30 minutes before kick off

## Duration

90 Minutes

## League contact

Brandon Bishop 07913754238 brandonjbishop@live.co.uk

Paul Ballantyne (Referee Appointments) 07986035423  
paulballantyne1@yahoo.co.uk

## MATCH FEES

League/Cup	Referee	Assistant Referee	Travel Expenses	Paid by
League Matches	£30	N/A	30p per mile	Home Club

## DURATION

League/Cup	Duration (mins each way)	Extra time (mins each way)	Penalties (yes/no)	Appointed by
League Matches	45	None	N/A	League

# YORK MINSTER ENGINEERING - VETERANS

**(Sun- AM)**



## Match Balls

Home team to provide size 5 match ball.

## Substitutes

5 from 5, rolling subs

## Teamsheets

Handed to match official  
before kick off

## Duration

90 Minutes

## League contact

Colin Atkinson (Secretary) 07824771354    [york.league@btinternet.com](mailto:york.league@btinternet.com)

Craig Atkin (Referee Appointments) 07450258876    [Craig.Atkin@pbhrrail.com](mailto:Craig.Atkin@pbhrrail.com)

## MATCH FEES

League/Cup	Referee	Assistant Referee	Travel Expenses	Paid by
League Matches	£35	N/A	30p per mile	Home Club who get half from away team

## DURATION

League/Cup	Duration (mins each way)	Extra time (mins each way)	Penalties (yes/no)	Appointed by
League Matches	45	None	N/A	League



# RESPECT

# TEESIDE JUNIOR FOOTBALL ALLIANCE LEAGUE (TJFA)

(Sat/Sun)



## Match Balls

U7-U10 Size 3 match balls  
U11-U14 Size 4 match balls  
U15+ Size 5 match balls  
All provided by the home club

## League contact

Kevin Close 07793280949  
kevin@tjfa.co.uk www.tjfa.co.uk

## Substitutes

U7 & U8 –Roll on/Roll off, 5 from 5  
U9+ Roll on/Roll off, 7 from 7

## Teamsheets

Match day App by both teams  
Subs to be given to referee prior to KO

## MATCH FEES

Age Group	Referee	Assistant Referee	Travel Expenses	Paid by
U7 to U10	£15	N/A	Inclusive of fee	Home Club
U11 to U12	£20	£15	Inclusive of fee	Home Club
U13 to U16	£25	£15	Inclusive of fee	Home Club
U17 to U18	£30	£15	Inclusive of fee	Home Club

## DURATION

League/Cup/Age group	Duration (mins each way)	Extra time (mins each way)	Penalties (yes/no)	Appointed by
U7 to U8	20	N/A	Yes	Home Club
U9 to U10	25	N/A	Yes	Home Club
U11 to U12	30	N/A	Yes	Home Club
U13 to U14	35	N/A	Yes	Home Club
U15 to U16	40	N/A	Yes	Home Club
U17	45	N/A	Yes	Home Club
U18	45	N/A	Yes	League Appointed





### Match Balls

U13/14- Size 4

U15/16- Size 5

### Teamsheets

Team sheet handed to the referee prior to kick off.

### Substitutes

5 subs. Rolling subs allowed.

7 v 7 Teams: £15.00 plus 30p per mile

9 v 9 Teams: £20.00 plus 30p per mile

11 x 11 Teams: £25.00 plus 30p per mile

### League contact

David Wilson 07513 080316 [dpwilson1@virginmedia.com](mailto:dpwilson1@virginmedia.com)

### MATCH FEES

League/Cup	Referee	Assistant referee	Travel Expenses	Paid by
11 v 11	£25	N/A	30p per mile	Home Club
9 v 9	£20	N/A	30p per mile	Home Club
7 v 7	£15	N/A	30p per mile	Home Club

League/Cup/Age group	Duration (mins each way)	Extra time (mins each way)	Penalties (yes/no)	Appointed by
U7-U8	20 mins	N/A	N/A	Club appointed
U9-U10	25 mins	N/A	N/A	Club appointed
U11-U12	30 mins	N/A	N/A	League appointed by Andy Kay
U13-U14	35 mins	N/A	N/A	League appointed by Andy Kay
U15-U16	40 mins	N/A	N/A	League appointed by Andy Kay

SCARBOROUGH & DISTRICT  
MINOR FOOTBALL LEAGUE

(Sun-AM/PM)



Match Balls

- U7-10 Size 3
- U11-14- Size 4
- U15+ Size 5

Teamsheets

Team sheet via FA Matchday App

League contact

Karen Louth (Secretary)Karen.louth@scarboroughminorleague.co.uk  
George Roberts (referee appointments U12+  
George.Roberts@scarboroughminorleague.co.uk  
07985266335

Substitutes

- U7s-U11 no maximum number of named subs.
- U12+ 5 named subs
- Rolling subs allowed

MATCH FEES

£20.00 inclusive of travel expenses (paid by the home club) either by cash or bank transfer on the day.

DURATION

League/Cup/Age group	Duration (mins each way)	Extra time (mins each way)	Penalties (yes/no)	Appointed by
U7-U8	20 mins	N/A	N/A	Club appointed
U9-U10	25 mins	N/A	N/A	Club appointed
U11-U12	30 mins	N/A	N/A	League appointed
U13-U14	35 mins	N/A	N/A	League appointed
U15-U16	40 mins	N/A	N/A	League appointed

# CITY OF YORK GIRLS FOOTBALL LEAGUE (CYGFL)

**(Sat- AM)**



## Match Balls

U13-14 Size 4

U15-U18 Size 5

## Teamsheets

Via full time website before the game

## League contact

David Winterburn 07833922860

secretary@cygfl.com

## Substitutes

5 from 5. Rolling subs are permitted.

## MATCH FEES

League/Cup	Referee	Assistant Referee	Travel Expenses	
11 v 11	£25	N/A	30p per mile	Home Club
9 v 9	£20	N/A	30p per mile	Home Club

## DURATION

League/Cup/Age group	Duration (mins each way)	Extra time (mins each way)	Penalties (yes/no)	Appointed by
U7-U8	20 mins	N/A	N/A	Club appointed
U9-U10	25 mins	N/A	N/A	Club appointed
U11-U12	30 mins	N/A	N/A	League appointed by Andy Kay
U13-U14	35 mins	N/A	N/A	League appointed by Andy Kay
U15-U16	40 mins	N/A	N/A	League appointed by Andy Kay
U18s	45 mins	N/A	N/A	League appointed by Andy Kay



### Match Balls

Futsal ball given by league

### Teamsheets

Online matchday app

### League contact

Steven Phillips 07799652312

teesside.futsal@gmail.com

### Substitutes

Rolling subs (no  
referee permission  
needed)

### MATCH FEES

Fees to be paid by bank transfer after the night. Most referees usually do 2/3 games an evening. Speak to Steven for more information on fees per game.

### DURATION

Futsal game is 40mins for all age groups. 20 mins each half. No extra time within the league. If it's a cup game it will go direct to best of three penalties.



# NORTH EAST POWERCHAIR FOOTBALL LEAGUE

**(Sun- AM)**



## Match Balls

Size 9

## Substitutes

4 a side, 4 subs max.

Rolling subs allowed

## Teamsheets

Online

## League contact

Carolyn Bean

[northeastpfl@gmail.com](mailto:northeastpfl@gmail.com)

## MATCH FEES

League/Cup	Referee	Assistant referee	Travel Expenses	Paid by
League	£10 for each game (most refs do 3 a time)	N/A	40p per mile	Paid by treasurer

## DURATION

League/cup	Duration (mins each way)	Extra time (mins each way)	Penalties (yes/no)	Appointed by
League	20 mins	N/A	N/A	League



## Match Balls

U7-U10 Size 3 match balls

U11-U14 Size 4 match balls

U15+ Size 5 match balls

All provided by the home club

## Substitutes

U7 & U8 –Roll on/Roll off, 5 from 5

U9+ Roll on/Roll off, 7 from 7

## Teamsheets

9v9 and 11v11 online match return

## Club contact

Wendy Thomas 07786 924471

wendy.thomas@mfc.co.uk

## MATCH FEES

Age group	Referee	Assistant referee	Travel Expenses	Paid by
U9 – U16	£30	N/A	Inclusive of fee	MFC via BCAS
U16s	£50	£30	Inclusive of fee	MFC via BCAS
U18 & U21	As Per Dev rules			

## DURATION

League dependent - check with coaches on day

## YORK CITY FC ACADEMY

(Sat/Sun)



### Match Balls

U7-U10 Size 3 match balls

U11-U14 Size 4 match balls

U15+ Size 5 match balls

All provided by the home club

### Substitutes

U7 & U8 –Roll on/Roll off, 5 from 5

U9+ Roll on/Roll off, 7 from 7

### Teamsheets

9v9 and 11v11 online match return

### Club contact

Dan Wilson 07508 217654

[dan.wilson@yorkcityfootballclub.co.uk](mailto:dan.wilson@yorkcityfootballclub.co.uk)

### MATCH FEES

Age group	Referee	Assistant referee	Travel Expenses	Paid by
U13s and below	£25	N/A	Inclusive of fee	Home club cash
U14-U16s	£30	N/A	Inclusive of fee	MFC via BCAS
U18 & U21	As Per Youth Alliance rules			

### DURATION

League dependent - check with coaches on day

## NORTH RIDING FA COUNTY CUP COMPETITIONS



### **Match Balls**

See competition rules

### **Teamsheets**

See competition rules

### **Substitutes**

See competition rules

## **COMPETITION RULES**

### **Competition contact**

Paul Stalker 07725307822 paul.stalker@northridingfa.com

Conor Ledgeway +44 (0) 1642 717770 conor.ledgeway@northridingfa.com

## **Competitions**

**North Riding Senior Cup**

**North Riding Women's Cup**

**North Riding Men's County Cup**

**North Riding Men's Challenge Cup**

**North Riding U19s Cup**

**North Riding Junior Cups**

**North Riding Disability Cup**



# KEY CONTACTS



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**Matthew** NRCFA Appointments Officer (South)

**Cottingham** M: 07736 323771

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Our Purpose:

Enhance football, by developing an  
inclusive game that inspires people and  
communities.



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**RESPECT**

*#Weonlydopositive*