



**COLLABORATING
WITH SCHOOLS TO HELP,
INSPIRE AND DEVELOP
CHILDREN THROUGH
FOOTBALL**



WELCOME



Football has the unique ability to capture the hearts and imagination of school children, enhance everyday school life, improve physical and mental wellbeing and play a key role in supporting whole school improvement.

Due to the increasing concerns about mental health in young people, **GOAL DIFFERENCE** has been designed to introduce a number of 'attitudes' (thoughts, feelings and behaviours) that we believe contribute to the development of positive mental wellbeing in a child's formative years.

GOAL DIFFERENCE is Football's lasting commitment to providing schools with child-friendly programmes, high quality services that schools value, while actively engaging with teachers to ensure we complement their work.



ABOUT THE NORTH RIDING FOOTBALL ASSOCIATION

MAKING A DIFFERENCE THROUGH FOOTBALL ACROSS NORTH RIDING SINCE 1881

North Riding County Football Association is the guardian of our national game in the County. Responsible for efficiently governing and developing the local game, North Riding FA strives to positively influence participation for all in football regardless of age, ability, sex, sexual orientation, race, religion and socio-economic status.

We aim to ensure the long-term future of the game by providing the best possible environment and infrastructure where Football will flourish in the County for all backgrounds and abilities.

MESSAGE FROM GARETH SOUTHGATE

At youth level our first and foremost aim should always be that everybody enjoys their football. Everybody should get to play, enjoy the game, have fun with their friends and grow their love for the sport.

The Football Association champions positive values and behaviours such as fairness, integrity, inclusion and leadership. Our mantra is "We Only Do Positive" which highlights the impact of positive encouragement in the game.



WE REALLY LOOK FORWARD TO WORKING WITH YOUR SCHOOL

ABOUT US



GOAL DIFFERENCE is a whole school approach to teaching and learning in PE, where positive attitude (thoughts, feelings and behaviours) towards the values of teamwork, self-belief and resilience are taught explicitly through football and play. The programme explores these values practically, helping children to recognise and transfer them to other lessons, to life in school and to their wider environment at home.

GOAL DIFFERENCE is progressed over a 6-week delivery programme, divided into 3 core elements that aim to: support the development of FUNDamental movement, speaking and listening skills for Key Stage 1 children; offer a Sports Leadership award for pupils in Key Stage 2; and provide access to a recognised Teacher Training qualification in Football delivery. Underpinning the programme are 6 core values around which the programme is focussed.

The 6 core values of the **GOAL DIFFERENCE** programme that are integrated throughout have been colour coded to aid the children's understanding of the different weeks and themes. Each week will have a different focus and colour.

 RESILIENCE Being able to bounce back from challenges and setbacks	 TEAMWORK Work well together as a group, helping one another to achieve the same goal	 SELF-BELIEF Having confidence in yourself to be able to achieve identified goals
 LEADERSHIP Developing self-control (self-leadership) and leading others	 RESPECT Treating everyone equally and respecting yourself	 WELL-BEING Being comfortable, healthy, safe and happy

SPORT PREMIUM PRIORITIES MET:

- ✓ Engagement of all pupils in regular physical activity
- ✓ Raised profile of PE and Sport across the school as a tool for whole school improvement
- ✓ Increased confidence, knowledge and skills of all staff in teaching PE and Sport
- ✓ Broadened experience of a range of sports and activities offered to all pupils

THE FOOTBALL ASSOCIATION STRATEGIC PRIORITIES MET:

- ✓ High quality introduction to Football
- ✓ Embrace all formats and engage all participants
- ✓ Recruit, develop and support the workforce



KEY STAGE 1 DELIVERY

Through the power of story & rhymes combined with the popularity of football, **GOAL DIFFERENCE** looks to engage children aged five to eight years old in active play and adventure. Uniquely designed activities will be delivered to support children's FUNdamental movement skills, teamwork and social skills and their confidence in sharing ideas with others, whilst encouraging them to be physically active. These changes are designed to support improved academic performance.

Each lesson will be based around engaging rhymes and encouraging children to take part in the active parts of the adventure. There are 6 core values that are explored which form the basis of a 6-week block of work. At the end of the Half Term, KS1 pupils will have the opportunity to participate in a multi-skills festival planned and organised by KS2 pupils.

The six core values are: *Resilience, Teamwork, Self-Belief, Leadership, Respect & Wellbeing.*

Lessons will be structured in the following way:

INTRODUCTION - Introduces the story/rhyme and the core value.

THE CHARACTER AND THEIR CHARACTERISTICS - Introduces who the children will become.

THE SETTING - The class will work together to build the setting of the story using a range of resources. This will create the space and boundaries for the lesson.

THE ADVENTURE - A simple game to highlight the main part of the rhyme/story. This will include FUNdamental movement skills based around play.

THE REFLECTION - Questions to encourage children to reflect on their learning and the skills they have developed.

THE CLIFFHANGER - Set the scene for the next story and core element and prompt their *Goal Difference Adventure Booklet** reward stickers to the children after completing the booklet from previous weeks story.

WIDER SCHOOL COMMUNITY LINKS

* At the beginning of the programme each child will be given a *Goal Difference Adventure Booklet* which they can take home. Children will be encouraged to complete their booklets which will include literacy and physical activity challenges with someone at home - all based around the programmes core values.

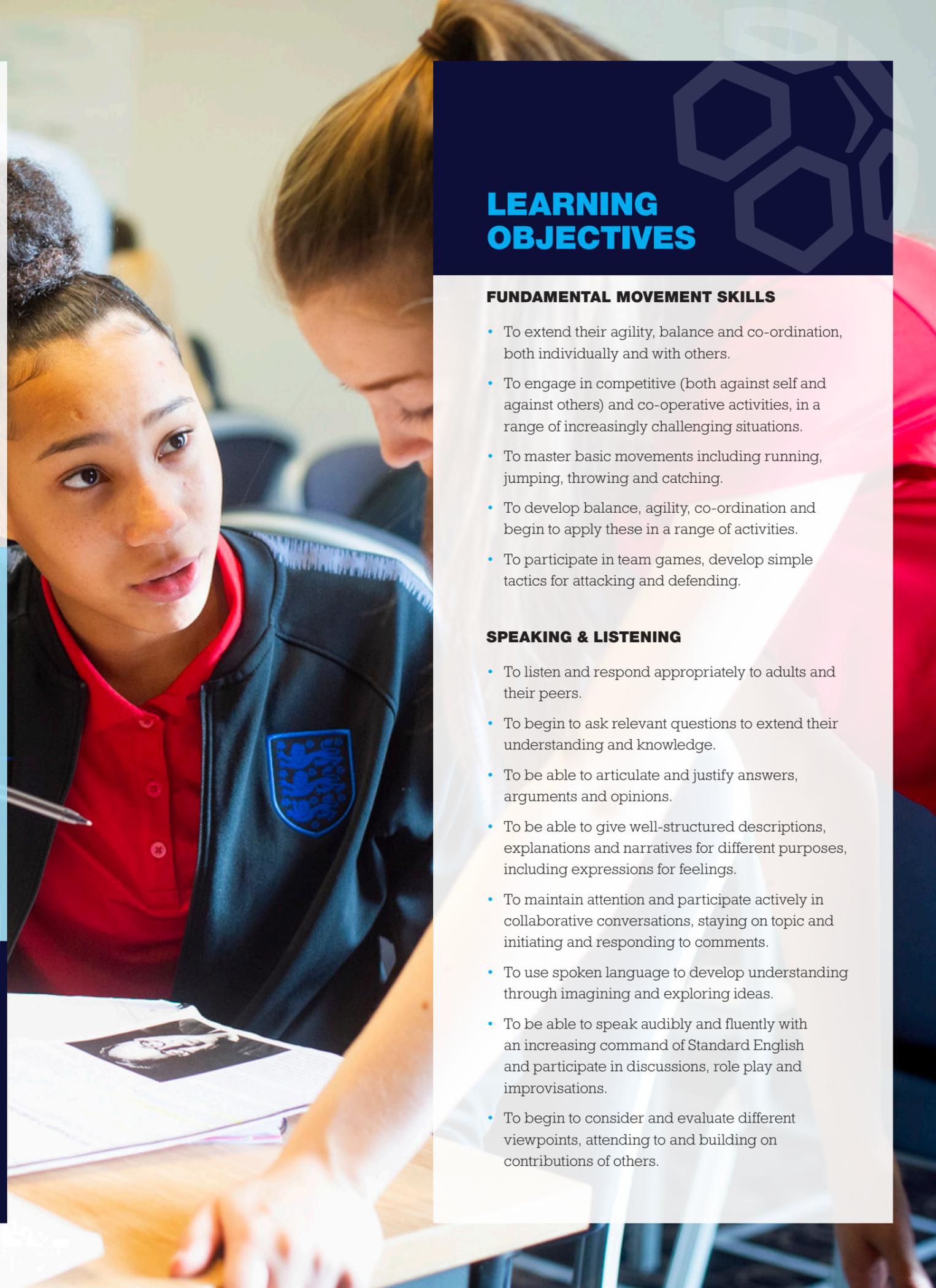
LEARNING OBJECTIVES

FUNDAMENTAL MOVEMENT SKILLS

- To extend their agility, balance and co-ordination, both individually and with others.
- To engage in competitive (both against self and against others) and co-operative activities, in a range of increasingly challenging situations.
- To master basic movements including running, jumping, throwing and catching.
- To develop balance, agility, co-ordination and begin to apply these in a range of activities.
- To participate in team games, develop simple tactics for attacking and defending.

SPEAKING & LISTENING

- To listen and respond appropriately to adults and their peers.
- To begin to ask relevant questions to extend their understanding and knowledge.
- To be able to articulate and justify answers, arguments and opinions.
- To be able to give well-structured descriptions, explanations and narratives for different purposes, including expressions for feelings.
- To maintain attention and participate actively in collaborative conversations, staying on topic and initiating and responding to comments.
- To use spoken language to develop understanding through imagining and exploring ideas.
- To be able to speak audibly and fluently with an increasing command of Standard English and participate in discussions, role play and improvisations.
- To begin to consider and evaluate different viewpoints, attending to and building on contributions of others.



KEY STAGE 2 LEADERSHIP

Through the power of Football and high quality teaching the **GOAL DIFFERENCE** programme aims to engage KS2 pupils in a leadership course aiding them with important life skills and enhances their independent development as a child.

Each lesson will have a different theme with relating content in order to improve the pupils team work and leadership skills. This is so that they can effectively plan and organise a multi-skill festival, which the KS1 pupils will participate in at the end of the 6-weeks. Each theme will be linked to the 6 core values of the programme encouraging the pupils to instill these values into their daily life.

The 6 themes are: *Organisation & Planning, Managing a Game, Working as a Team, Staying Safe, Respecting Others and Becoming a Leader.*

Lessons will be structured in the following way:

INTRODUCTION – Introduces the **Theme of the Week** and its importance, and re cap of what was learnt in last week's session

CONTENT – The children will be taught valuable content relating to the **Theme of the Week** in a practical session led by a teacher/coach

FESTIVAL – The children will apply what they have learnt in the session to the festival that they will be leading at the end of the 6-weeks

REFLECTION – Questions to encourage children to reflect on their learning and the skills they have developed and how they can transfer this into daily life

LEARNING OBJECTIVES

- To be able to prepare, lead and manage an activity session for young people
- To be able to review and reflect on their leadership qualities along the programme
- Demonstrate an understanding of group dynamics and effective teamwork
- To improve knowledge of health, wellbeing and personal skills that will support them to flourish in PE, school and readiness for life

The Key Stage 2 pupils will be awarded with a Goal Difference certificate after completing the 6-week programme. Demonstrating that they can effectively plan, organise and officiate a multi-sport festival.



FA PRIMARY TEACHERS AWARD

The **GOAL DIFFERENCE** programme offers an FA Primary Teachers Award in order to educate and engage members of staff at your school in KS1 & KS2 Physical Education. The FA Primary Teachers Award is designed to help with basic awareness and knowledge of the contribution of an Invasion Game (football) to PE and how to actively deliver a session, while linking relevant subject content to supporting pupil learning.

The delivery of this course is 6 hours, or can be split into 2 x 3 hr sessions. There is no limit to the number of staff that can take part in the course.

PROGRAMME IMPACT: WHOLE SCHOOL IMPROVEMENT

- To understand how feelings can have an impact on what we think and do.
- To support children to empathise with those who are different.
- To build respect and tolerance for difference.
- To promote the ethic of effort and persistence as the path to improvement.
- To positively influence and shape pro-social behaviour.
- To promote curiosity and inquisitiveness as positive behaviour.
- To encourage action and low level risk taking, i.e. give something a try.
- To promote the attitude that there is no failure only feedback. We fall-short, learn, and come-back stronger.
- We all have different strengths and weaknesses, but we use our strengths and manage our weaknesses to find our path to success.
- Being kind and doing things for others is good for them and good for us.
- Being kind to ourselves is very important because as people we are prone to making mistakes. It is part of being human.
- To be a good leader we first need to learn how to lead ourselves.

By the end of this course, the learner will be able to:

- Recognise the role Invasion Games have in KS1 and KS2 PE purpose and study
- Explain the FA's playing and coaching philosophy
- Set up organised football lessons
- Organise basic FUNdamental games to help develop movement skills
- Modify learning activities to manage difference
- Set up small sided games for young players
- Help with school teams and provide further playing opportunities for pupils
- Access further information and knowledge of football coaching



PROGRAMME OVERVIEW & COST

KS1 PUPILS	KS2 PUPILS	TEACHERS
6 weeks of co-delivery in curriculum time to develop physical literacy through football (6 hrs*)	6 weeks of delivery within or beyond curriculum time to develop leadership and team work skills (6 hrs)	2 x 3 hr workshops from: <ul style="list-style-type: none"> • Differentiation • Curriculum Planning • Assessment in PE • Employment & Deployment of Coaches in School • Physical Literacy & Modified Team Games • Football in School
<i>* based on single class delivery</i>		
Multi-skill Festival participation (3 hrs)	Plan and deliver Multi-skill Festival (3 hrs)	

PACKAGE = £900

For more information please see the contact details on the back page of this brochure.



CONTACT US

NORTH RIDING COUNTY FOOTBALL ASSOCIATION

Broughton Road
Stokesley
TS9 5NY

T: +44 (0)1642 717 775

E: support@northridingfa.com

www.northridingfa.com

