

# WILDCATS

FROM

HOME



Week 2

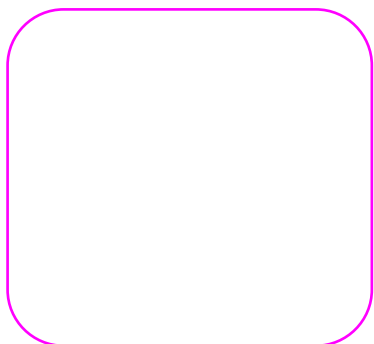


#NorthRidingWildcats



# *Weekly Challenge Badges!*

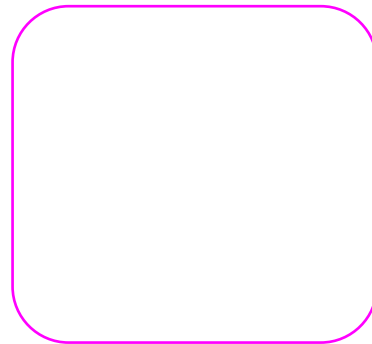
**Well done**



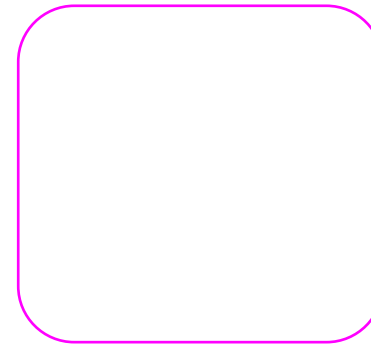
**Superstar**



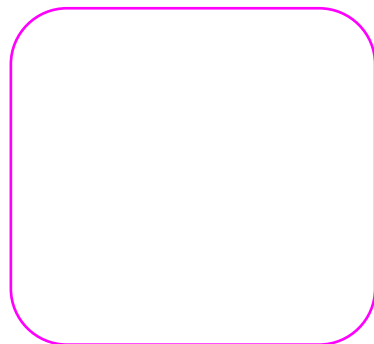
**Proud**



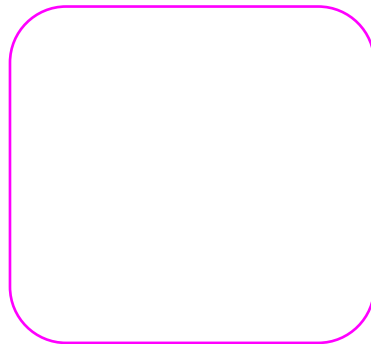
**Fantastic**



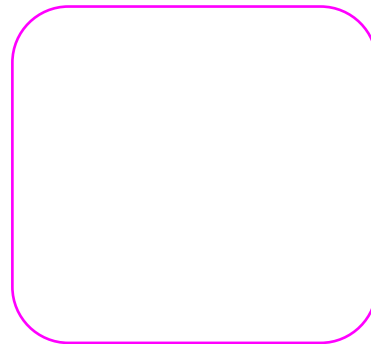
**Nailed it**



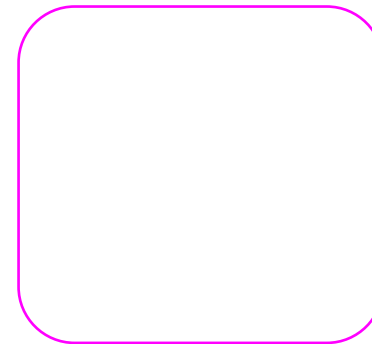
**Keep going!**



**Epic**



**Respect**



Design your own badge when you complete each of the weekly challenges!

**Parents – Don't forget to show us your wildcats achievements #NorthRidingWildcats**



# Skill

**Mark out a circle that's big enough for you to take three large steps.**

**As your favourite song starts, move freely around the area, but as soon as the chorus starts how many times you can:**

Bounce the ball with two hands and catch it

Bounce the ball with one hand and catch (Remember to switch hands)

## **Make it harder**

Try the challenge above whilst moving forward slowly

*Make sure that you try this in a safe space.*

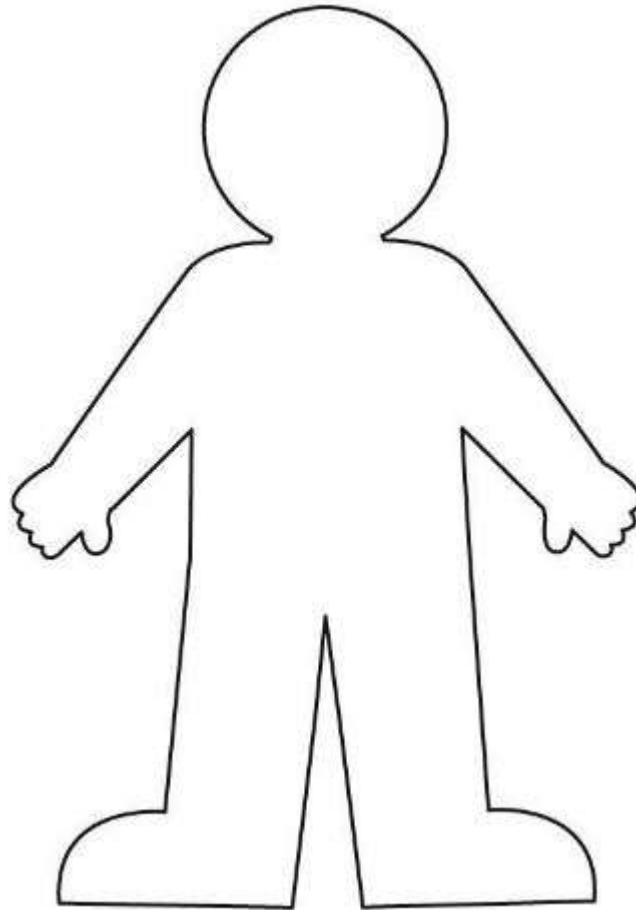
**Parents – Don't forget to show us your wildcats achievements #NorthRidingWildcats**



# Activity

Why do you like football?

Use the 'bodymap' to describe why you like wildcats



Parents - Don't forget to show us your wildcats designs #NorthRidingWildcats

