

Stepping over the Sidelines

Building confidence across historically underrepresented groups to take the step into coaching

- Addressing pre-conceived ideas of what it means to be a coach.
- Highlighting key attributes and every day skills that are transferable to coaching.
- Signposting towards next steps and potential opportunities.



ENGLAND FOOTBALL
LEARNING

STEPPING OVER THE SIDELINES

Stepping Over The Sidelines is an introductory workshop, for women and girls of all ages and backgrounds, who would like to get into volunteering and coaching football.

Delivered online or face to face, *the workshop aims to break down some of the barriers* such as, “I have no playing or coaching experience” or “I don’t know the rules” and *looks at skills & attributes that individuals may already hold which can be transferable to coaching football*. It is also hoped that the workshop will inspire females by *highlighting other positive role models* who are influencing change within the game.

Finally, the workshop *gives a flavour of the prospective next steps*, including the BT Playmaker by England Football and the Introduction to Coaching football course. It is *the perfect opportunity for clubs to engage their parents, players and increase their female volunteer base*.

