

# Walking Football in Norfolk



Name	Venue	When	Cost	Contact Info	Contact Number	Contact Email
Age UK Walking Football - Heartsease	The Arena, NR7 9AT	Thursday 11am-12noon	Free	Joe McGuire	07781 325362	joe.mcguire@ageuknorwich.org.uk
Age UK Walking Football - Lakenham	GOALS, Hall Road, NR1 2GB	1st & 3rd Wednesday 12.30-1.30	Free	Joe McGuire	07780 325362	joe.mcguire@ageuknorwich.org.uk
Age UK Walking Football - West Earlham	UEA Sportspark	2nd & 4th Wednesday 12.30-1.30	Free	Joe McGuire	07782 325362	joe.mcguire@ageuknorwich.org.uk
Aylsham	Youngs Park, Woodgate Way, Aylsham	Friday 10am-11.30am	£3	Michael McCann	07777 661117	michael.mccann@btinternet.com
Carleton Rode WF	Carleton Rode Jubilee Hall 3G (NR16 1NQ)	Monday 6pm-7pm	£2.50	Steve Race	07590 430142	stevenrace1@btinternet.com
Cromer Strollers Walking FC	Cromer Tennis Club	Tuesday 9.30am-10.30am	£2	Ted Scott	07543 501267	tedscott54@me.com
DNA Walking Football	Diss Town FC	Monday 8.30pm-10pm	£3			steven.hicklin@icloud.com
Erpingham Leisure Hub	Monday - Aylsham Sports Hub	Monday 8pm-9pm	Mon -£3 Weds -£2	Bill Goreham	07979 633000	bill.goreham@btinternet.com

*For further information, please contact [James.Buhlemann@NorfolkFA.com](mailto:James.Buhlemann@NorfolkFA.com)*

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	Wednesday - Erpingham Village Playing Field	Wednesday 10am-11am				
<b>Fitness in later life</b>	UEA	Tuesday 10am-12noon	£4.85	Danny Belletty	01603 591261	scd.sportspark@uea.ac.uk
<b>Framingham Earl WF (Age UK)</b>	Framingham Earl Sports Centre, Norwich Rd, Poringland, Norwich NR14 7QP	Saturday 9am-10am	£3	Bob Spanner	07740 341877	bobspanner1@gmail.com
<b>Heacham</b>	Sports and Social Club, Station Road, Heacham	Monday 5pm-6pm	£5	Stephen Watson	07931 383401	watty.cfconger@yahoo.co.uk
<b>Horsford</b>	FDC. Bowthorpe Park, NR5 9ED	Thursday 10am-12noon	£3	Gary Cockaday		garycockaday@aol.com
<b>King's Lynn Community Football</b>	Alive Leisure	Monday 11am-1pm	£5	Dan Buhlemann	01553 818001	dan.buhlemann@alivewestnorfolk.co.uk
<b>Long Stratton</b>	Long Stratton 3G	Thursday 7pm-8pm	£4	Steve Race	07590 430142	stevenrace1@btinternet.com
<b>Mundesley WF</b>	Gold Park, Mundesley, NR11 8JG	Wednesday 10am-11am	£1	Stephen Hunt	07772 641899	sjehunt@aol.com
<b>North Elmham Walking Football Club</b>	Northgate School	Wednesday 7.30pm-8.30pm	£4	Kevin Mullany	07493 109705	kevin_mullany54@live.co.uk

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<b>Norwich City CSF</b>	<b>The Nest</b>	<b>Monday 8pm-9pm Tuesday 10am-11am</b>	<b>£4.50</b>	<b>Ryan Fuller</b>	<b>07454 648646</b>	<b>ryan.fuller@norwichcitycsf.org.uk</b>
<b>Norwich SOCA Seniors</b>	<b>FDC. Bowthorpe Park, NR5 9ED</b>	<b>Monday 10am-12noon Friday 10am-12noon</b>	<b>£3</b>	<b>Brian Russell</b>	<b>07773 392392</b>	<b>brianrussell02@gmail.com</b>
<b>Norwich Women's Walking Football Club</b>	<b>Mon – FDC Open, Salhouse Road, NR7 9DL. Thurs – FDC Bowthorpe, NR5 9ED</b>	<b>Monday 8pm-9pm Thursday 7pm-8pm</b>	<b>£3</b>	<b>Sharon</b>		<b>NorwichWWFC@gmail.com</b>
<b>Sheringham Town</b>	<b>Sheringham FC</b>	<b>Thursday 10am-12noon</b>		<b>Simon</b>	<b>07881 878081</b>	<b>simon@firstlocal.org.uk</b>
<b>Watton Vikings</b>	<b>Watton Sports Centre,</b>	<b>Monday 6pm-7pm</b>	<b>£4</b>	<b>Kevin Jones</b>	<b>01953 884450</b>	<b>kcjones13@hotmail.co.uk</b>
<b>West Winch Walking Football</b>	<b>West Winch Playing field</b>	<b>Monday 6.30-7.30</b>	<b>£3</b>	<b>Nick Bell</b>	<b>07845 286527</b>	<b>westwinchwalkingfootball@gmail.com</b>

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