

WELCOME

Welcome to the latest edition of the Norfolk County FA bulletin and the fourth instalment of the 2022/23 season. We hope all Clubs have enjoyed the start of the new season and we would like to wish all teams good luck for the rest of the 2022/23 campaign.

GRASSROOTS HEROES CELEBRATED AT 2022 VOLUNTEER AWARDS

Grassroots football's finest were recognised and rewarded last month as we held our Volunteer Awards which were once again supported by [Chaplin Farrant](#).



Long standing partners to Norfolk FA, Chaplin Farrant, were sponsors of the Awards for the fifth time with Director and Architect Mark Camidge being welcomed onto stage by Chairman Michael Banham in the opening speech to pose for a photo with the Sunday Senior Cup, the Norfolk County Cup competition also being sponsored by them this season.



Norfolk FA Chairman, Michael Banham (left), alongside Chaplin Farrant Director, Mark Camidge with the Chaplin Farrant Sunday Senior Cup trophy.

With hundreds of nominations, categories were extremely tough to judge, and some were recognised through highly commended awards for deserving individuals who only just missed out on the win.

A total of 40 awards were handed out by Chairman Michael Banham across two formats: The England Football & McDonald's Grassroots Football Awards, and The FA & Norfolk FA Long Service Awards. You can see a full list of winners by [clicking here](#).

BLACK HISTORY MONTH 2022

October has once again seen the return of Black History Month whereby Black history is celebrated. It has allowed us the opportunity to discuss how Black history over the years relates to our lives, society, and football today. Read more about the importance of Black History Month by [clicking here](#).

Throughout October, we celebrated, discussed and highlighted Black History which included talking to members of our Inclusion Strategy Advisory Group about their thoughts on #BHM22.



Norfolk FA's Inclusion Strategy Advisory Group Chair, Gabriel Evbota BEM said: "Black history month is a chance to celebrate and promote the achievements of the black community whilst at the same time addressing and confronting the racism that still exists today, ultimately breaking down the walls of fear and ignorance." Read more of Gabby's interview by [clicking here](#).

Vice-Chair of our Inclusion Strategy Advisory Group, Sheila Leighton said: "I regularly see black people in the sporting world, which is excellent. However, it is still important to celebrate Black players' achievements in football and other areas of work." Read more of Sheila's interview by [clicking here](#).

Grassroots Match Official, Vincent Were said: "Black History Month reminds me of the importance of self-love, striving for happiness and appreciating friendship from different cultures." Read more of Vincent's interview by [clicking here](#).

DEMENTIA CONNECT REFERRALS

Dementia Connect provides personalised support to people from day one of their dementia journey. This includes a combination of one-to-one support both in person and over the phone, as well as online resources and local groups.

**Asking the same question
over and over again. over and over again.
over and over again. over and over again.
over and over again. over and over again.
over and over again. over and over again.**
**It's not called getting old,
it's called getting ill.**



You can now utilise Norfolk County FA as a referral route to obtain dementia support. Norfolk FA's Dementia Connect Referee is Head of Marketing & Communications, Rebecca Burton. Email Rebecca.Burton@NorfolkFA.com to set up a referral meeting.

Please [click here](#) to read more.

RAINBOW LACES CAMPAIGN 2022

The Rainbow Laces Campaign was back again this season between 19th - 31st October. Each season the Norfolk Football community impresses with their display of support for the campaign and this season was no different!



Norfolk County FA are committed to providing a safe and inclusive environment for all individuals across our County who participate in football. Whatever your involvement in football, whether it is as a player, coach, volunteer, referee or fan; football should be enjoyed by all and that is why we support the Rainbow Laces Campaign.

To read more and find out further details, please [click here](#).

PROTECT YOUR ASSETS WITH ONE BROKER

The cost of living crisis and higher energy costs could drive up crime levels, including for rural businesses, which makes protecting your assets even more important.



This winter is looking to be a difficult one for many people due to increasing inflation, depressed wages, and rocketing costs. And when times get tough, some feel that they have no choice but to turn to crime. This could impact your business and make your assets more vulnerable. Whether you own a premises, have expensive equipment or valuable data, you need to think carefully about what needs protecting and how.

Security measures are a must, but you should also consider your insurance. Having the right amount of cover in place means that you won't be left out of pocket should the worst happen, and your assets get stolen. It's therefore a good idea to review your insurance to check that you have suitable cover in place.

If you'd like to talk about your business' assets and work out what kind of cover you need to protect them, we're [happy to help](#). We can also arrange a free Business Insurance review for you. Call Account Executive Ian Stone on 01603 218 249 or email ian.stone@onebroker.co.uk to get started.

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WORLD MENTAL HEALTH DAY

Monday October the 10th was World Mental Health Day, and our Official Charity Partners, Norfolk and Waveney Mind turned Norfolk and Waveney blue to raise vital awareness and funds, as part of the ['Do Blue' campaign](#). Norfolk FA and FDC staff supported the campaign on World Mental Health Day.



Norfolk and Waveney Mind are Norfolk's local mental health charity and while they are part of the Mind network, they are an independent charity and raise their own funds. It's a challenging time for everyone at present but the cost of a morning coffee or even £1 can help the charity support the people of Norfolk and Waveney

To read more and view resources & information please [click here](#).

START YOUR REFEREEING JOURNEY TODAY

After an excellent start to the season of Match Official recruitment which saw 58 newly qualified Referees take the course, we are looking to expand the pool of FA qualified referees in Norfolk.



Refereeing is a great way to keep fit, meet new people, stay involved in football, and earn a bit of additional income. Officials can be rewarded with County Cup Final appointments and Refereeing can even become a viable career opportunity for those progressing up the promotion pathway.

We are delivering a course at The FDC in Norwich on Friday 18th November, 6pm – 9pm and Sunday 20th November, 9am - 3pm.

To read more and book on, please [click here](#).

THE NORFOLK COUNTY CUP COMPETITIONS

The Norfolk County Cup competitions continued this month, with either first or second round matches taking place in eight different County Cup Competitions. The only competitions yet to play the first round are the [Chaplin Farrant](#) Sunday Senior Cup, [Wensum Print](#) Sunday Junior Cup and the [One Broker](#) Veterans Cup.



NORFOLK FA
COUNTY CUPS

You can view the 2022-23 round dates and kick off times for all the Norfolk County Cup competitions on our dedicated Norfolk County Cups Twitter page which can be accessed by clicking on the below image.



JOIN THE BOARD AT NORFOLK FA

We will soon be opening applications for an exciting opportunity to join the Board at Norfolk FA as an Independent Non-Executive Director.

We are ideally looking for individuals to join us who have relevant skills and experience in one of the following areas:

- Human Resources
- Inclusion



Norfolk County FA would like our Board to be reflective of our local demographic, consisting of a diverse range of skill sets and backgrounds to enable the Association to continue to go from strength to strength. As such we are committed to equality of opportunity and would welcome applications from all sections of the community.

If you think this could be of interest to you or have any questions regarding the roles, please contact Matt Carpenter, Chief Executive at Norfolk FA via email, Matt.Carpenter@NorfolkFA.com.

SHARED SAFEGUARDING SERVICE

Starting on Monday 24 October, Norfolk County FA will be participating in the FA Safeguarding Shared Services for compliance monitoring and management. The Shared Service team will be reviewing safeguarding compliance on our behalf and will be issuing reminders, chase emails and identifying to the individuals the outcomes for non-compliance. The County FA will remain responsible for the enforcement and implementing any actions, such as non-compliance suspensions, but communications will be sent via emails from the CFA Safeguarding Support using the following e-mail address, support@cfasafeguardingsupport.freshdesk.com.

The proactive emails will be sent for DBS'S due to expire for Youth Team Officials, Club Welfare Officers, Referee's, and the Referee Workforce covering

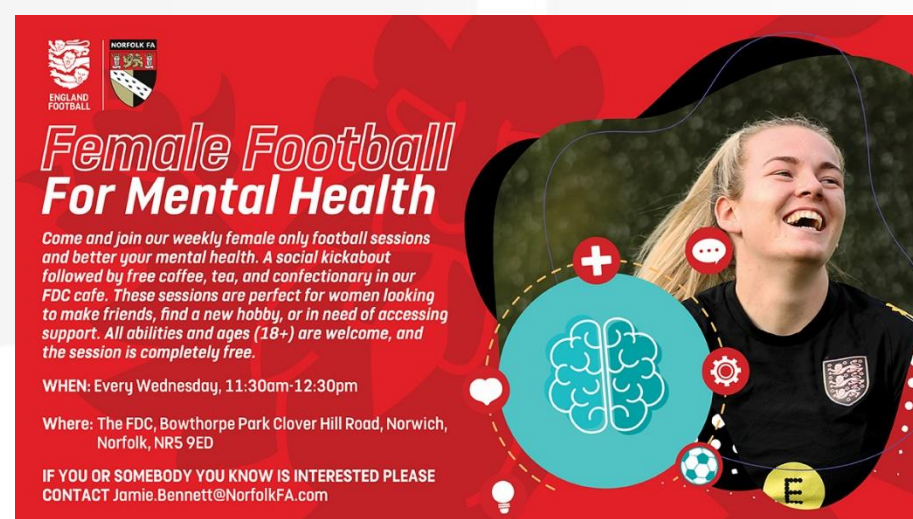
- 3-month notification
- 2 months notification
- 2 weeks notification
- 1 week notification

To ensure that you remain active, please take appropriate action when you receive these reminders.

Thanks for your continued involvement and engagement.

FEMALE FOOTBALL FOR MENTAL HEALTH

Female Football For Mental Health is a weekly inclusive football session for females struggling with their mental health, led by a FA qualified coach. It is free to attend and is open to all ages (18+) and abilities. The session will involve a kick about style small-sided match. The session design creates the perfect environment for participants to try something new and access support should they choose to.



To find out more details and book on, please [click here](#).

AND FINALLY

As always, we will continue to do our best to offer support to all Clubs and Leagues throughout the 22/23 season and wish all competing teams good fortune in the rest of the campaign.

Best wishes,
Norfolk County FA