

Norfolk County FA Bulletin

December 2019



WELCOME

Welcome to the latest edition of the Norfolk County FA bulletin and the sixth of the 2019/20 Season.

As always, we aim to continue to provide you with engaging content from the various Norfolk FA departments as well as relevant information regarding what's on the horizon within the #NorfolkFootball calendar.

CARROW ROAD CUP FINALS ANNOUNCED

Last week saw us release the dates of our annual County Cup Finals including those played at the home of Norwich City.



The big news is that the Norfolk Senior Cup final will be played at Carrow Road on Monday 23 March making it second in the programme of County Cup Finals. This is during the next international break meaning that it will be a great opportunity to support grassroots football at Norfolk's most prestigious football venue.

The full programme of the 19/20 County Cup Finals is as follows:

- [Wensum Print](#) Sunday Junior Cup Final - Friday 20 March, 7.30pm (the FDC)
- Senior Cup Final – Monday 23 March 7.45pm (Carrow Road)
- Primary Cup Final - Friday 27 March, 7.30pm (the FDC)
- Veterans Cup Final in Association with [Christiaan Partridge Photography](#) - Friday 3 April, 7.30pm (the FDC)
- John Savage Cup Final - Friday 24 April, 7.30pm (the FDC)
- Stuart Dracup Cup Final, sponsored by [Soccer@Sea](#) - Friday 1 May, 7.30pm (the FDC)
- Junior Cup Final – Tuesday 12 May, 7.45pm (Carrow Road)
- Women's Cup Final – Wednesday 13 May, 7:45pm (Carrow Road)

- U12s County Cup Final – Friday 15 May, 7:30pm (the FDC)
- Sunday Senior Cup Final - Monday 18 May, 7:45pm (Carrow Road)

As always, the Carrow Road dates may be subject to change.

Find out more by [clicking here](#).

#NORFOLKFOOTBALL PLEDGE PROJECT

The pledge project is designed to promote disability football within Norfolk. We want clubs to take the pledge to improve disability football by committing to do what they can to create opportunities within the game across the County.



Your club can select from either of the three different levels of pledge available, bronze, silver or gold. Each category has certain criteria which means you can select the relevant level suitable for your club. Whatever level you select you will be having a massive impact on #NorfolkFootball and contributing to the growth of disability football.

We want more opportunities to play disability football in Norfolk and you can help. Whether your commitment is small or large we want you to get involved and make a difference to #NorfolkFootball. Clubs can access funding to outsource to external organisations to deliver initial sessions within the club or to deliver sessions to instigate interest i.e. school's delivery. Clubs can access funding up to £450 via the disability starter pack. This funding can be used for marketing, coach education, facility hire or equipment. Read more be [clicking here](#).

COURSE AVAILABILITY FOR JANUARY TO JULY 2020

We are pleased to announce that all the courses for the first half of next year are now available to book onto via our website. We have several discounts and bursaries available which are detailed on the individual booking pages, and also the addition of a Female Only Level 1, an FA Level 2 Emergency First Aid in Football (EFAiF) course and an FA Level 2 in Coaching Futsal course.

Courses can be found by clicking on the relevant links on our main Course website page [here](#).

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All places must be booked online, however places can be pre-paid by a club or organisation. Next season's courses will be on the website in the Spring. If you have any questions or problems booking onto a course or workshop, please contact Kate.Dixon@NorfolkFA.com

ADULT DISABILITY FESTIVAL

Norfolk County FA are hosting a disability festival at UEA Sportspark on Monday 20 January (1-5pm). If you or anyone you know is interested in entering a team, please contact Rachel.Cossey@NorfolkFA.com.

UEA INCLUSIVE SESSIONS



UEA Sportspark are running fun, inclusive pan-disability football sessions on Mondays 4.30-5.30pm at the UEA Sportspark sports hall. Sessions are supported by FA qualified coaches and cater for all abilities. For more information on the sessions please contact S.Pasque@UEA.ac.uk.

STAFF CHANGES AT NORFOLK FA



There have been some staffing changes at Norfolk County FA in the last three months which has seen two members of staff leave the Association. They have since been replaced and another member of staff has changed their job role. We have welcomed two new members of staff to the Association; Harry Murphet (pictured) and Mitchell Smith.

To read more about the latest Staff changes please click [here](#).

CHARTER STANDARD UPDATE

Annual Health Checks

The early bird window is now CLOSED. If your club were awarded your Annual Health Check by 5pm on Thursday 28 November you would have been entered into the prize draw, which took place at County HQ on Monday 2 December. You can watch the draw on our Twitter page - @NorfolkCountyFA.

We are pleased to announce the following winners:

£200 discountfootballkits.com Voucher: **Hempnall F.C.**

£150 Nike Voucher: **Swanton Morley F.C.**

£100 Amazon Voucher: **Salhouse Rovers F.C.**

£75 discountfootballkits.com Voucher: **Norton Athletic F.C.**

£50 Nike Vouchers: **South Creak F.C., Horsford F.C., Acle United F.C., Dersingham Rovers F.C., East Harling F.C., Stalham Town F.C.**

£50 Amazon Vouchers: **Mattishall F.C., UEA F.C., Harleston Youth F.C., Morley Youth F.C., Thetford Town F.C., Hickling F.C.**

£50 discountfootballkits.com Vouchers: **Blofield United Youth F.C., Brooke Juniors F.C., New Buckenham Juniors F.C., Newton Flotman F.C., Poringland Wanderers Youth F.C., Wells Town F.C.**

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BECOME A WILDCATS CENTRE

The FA Wildcats Centre applications opens for another Season giving more opportunities to get involved with the ever-growing female game!



We are currently accepting new applications to be a part of The FA Wildcats Programme in Norfolk. Wildcat Centres are a key part of The FA's commitment to doubling Women's and Girls' football participation. A Wildcats Centre is an opportunity for girls aged 5-11 to have fun, develop fundamental skills, try a variety of sessions and lay the foundations for a lifelong love of sport.

For further information please [click here](#).

REFEREEING IN NORFOLK

The RB Trucks North West Norfolk League have announced details of a bursary that they are offering to help support Norfolk County FA in addressing the shortage of Referees in West Norfolk. Read more by [clicking here](#).



You can listen to Norfolk FA Referee Development Officer, David Robinson, talk about Refereeing in Norfolk and the upcoming Courses [here](#). Alternatively you can listen to four FA Qualified Referees talk about Refereeing by clicking [here](#).

Finally, we are giving away a Precision Fox 40 Watch & Whistle! To enter the draw, become a Qualified Referee by attending one of our forthcoming courses at Lynnsport or theFDC. You can book on [here](#).

PROTOCOL FOR DEALING WITH DISCRIMINATORY ABUSE

The FA have released a protocol for dealing with discriminatory abuse aimed at Players, Managers or Match Officials by spectators at grassroots level.

This protocol specifically aims to deal with the match day process for match officials where discriminatory behaviour by spectators is witnessed at football matches at grassroots level.

To read more and download the protocol document, please [click here](#).

SAFEGUARDING IN NORFOLK

Please be reminded that Safeguarding children is everyone's responsibility.



Please contact our County FA Designated Safeguarding Officer, Ken D'Rosario via safeguarding@NorfolkFA.com or call 01603 704050 if you have any concerns.

NORFOLK TEAMS IN FA COMPETITIONS

We have had teams compete in The FA Trophy and The FA Vase this month.

Results from The FA Vase 3rd Round:

- **Wroxham** 1-0 Wellingborough Town (AET)

Fixtures for The FA Vase 4th Round:

- South Normanton Athletic Vs **Wroxham** – *Saturday 11 January*

Results from The FA Trophy 3rd Round Qualifying:

- Hereford 0-3 **King's Lynn Town** (Replay)

Fixtures for The FA Trophy 1st Round:

- **King's Lynn Town** Vs Dover Athletic – *Saturday 14 December*

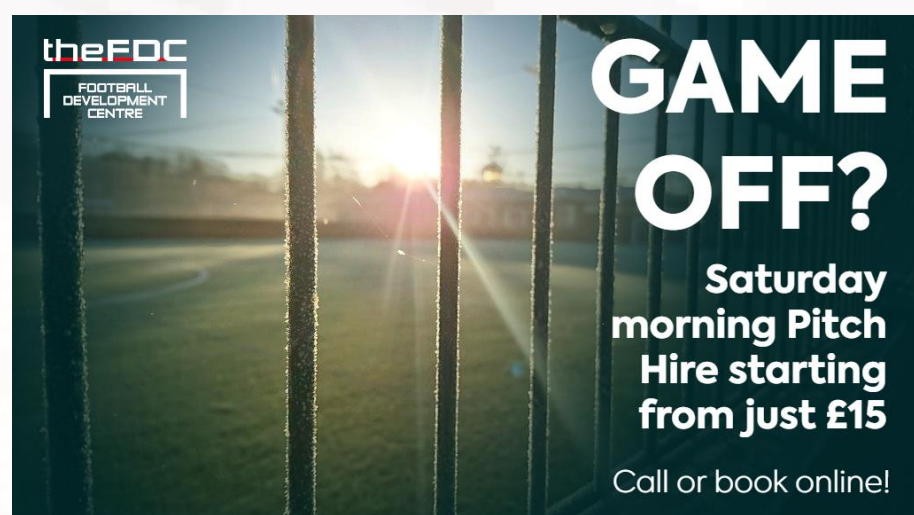
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SATURDAY MORNING PITCH HIRE AT THE FDC

If your pitch is unplayable and you need somewhere to train you can hire a pitch at theFDC for as little as £15 on a Saturday morning.



To enquire further or book a pitch please call 01603 704050 (Opt. 2) or e-mail Adam.Gusterson@NorfolkFA.com.

CHRISTMAS & NEW YEAR OPENING TIMES

Please [click here](#) to see the opening times at County Headquarters and our three FDC's over the Christmas and New Year period.



NOTICEBOARD

Are you a club looking for players? Or a player looking for a new team?

The Norfolk FA Noticeboard is where you can advertise anything related to Norfolk Football. Need equipment? Looking for volunteers? Submit your post now!

To view the Noticeboard please [click here](#).

21 DAYS OF POSITIVITY

Last year The FA launched 21 Days of Positivity with the aim of sharing positive hints, tips and challenges with youth coaches across the country. Almost 4,000 coaches took part & this year they have even more positive practices to share that will put the We Only Do Positive mantra into practice.



Sign up to receive 21 Days of Positivity through six emails covering training and matchdays. All content is created by the coaching experts in The FA Education team. Every coach that completes the 21 days will receive one hour towards their Continued Professional Development and be in with a chance to win a Respect pack. [Click here](#) for more.

AND FINALLY,

We hope all involved with #NorfolkFootball have enjoyed the season thus far and we will see you in the New Year.

Best wishes
Norfolk County FA