

Previous Cup Competition Results

Invitation Cup

1960-61 Norwich City beat King's Lynn (two legs)	5-0
1961-62 Peterborough Utd beat Norwich City	4-1
1962-63 Norwich City beat Peterborough Utd	2-0
1963-64 King's Lynn beat Peterborough	4-1
1964-65 King's Lynn beat Great Yarmouth Town	2-1
1965-66 Norwich City beat King's Lynn	2-1
1979-80 Norwich City beat Chelsea	2-0
1989-90 Norwich City beat Ferencvaros (Hungary)	2-0
1993-94 King's Lynn beat Norwich City	2-1
2016-17 Norwich City beat Dereham Town	4-0

Norfolk Senior Cup Finals

1881-82 Norfolk and Norwich beat Lynn Town	3-1
1882-83 Lynn Town beat Norwich Wanderers	5-1
1883-84 Withdrawn - Lynn Alexandra and Carrow	
1884-85 Lynn Town beat Carrow	3-2
1885-86 Norwich Teachers beat Lynn Alexandra	2-0
1886-87 Lynn Town beat Carrow	4-2
1887-88 Wymondham beat Thorpe	1-0
1888-89 Wymondham beat Lynn Town	3-0
1889-90 Lynn Town beat Thorpe	3-1
1890-91 Yarmouth Association beat CEYMS	5-2
1891-92 CEYMS beat Dereham	6-0
1892-93 Yarmouth Royal Artillery beat Lynn Town	2-0
1893-94 Yarmouth Royal Artillery beat CEYMS	2-1
1894-95 Yarmouth Royal Artillery beat CEYMS	3-0
1895-96 Yarmouth Fearnoughts beat Lynn Town (after two drawn matches)	5-0
1896-97 CEYMS beat Yarmouth Fearnoughts	2-1
1897-98 Yarmouth Town beat Lynn Town (after 0-0 draw)	4-2
1898-99 Lynn Town beat Yarmouth Town	2-0
1899-00 CEYMS beat Lynn Town	2-0
1900-01 CEYMS beat Lynn Town	2-0
1901-02 CEYMS beat Yarmouth Town	1-0
1902-03 Yarmouth beat Lynn Town (after drawn game)	4-0
1903-04 Yarmouth beat Lynn Town (after drawn game)	4-0
1904-05 Yarmouth Town beat Lynn Town	1-0
1905-06 Yarmouth Town beat Lynn Town	3-2
1906-07 St James' beat CEYMS	2-1
1907-08 Lynn Town beat 19th Hussars (after drawn game)	4-2
1908-09 19th Hussars beat CEYMS (after drawn game)	3-2
1909-10 16th Lancers beat Carrow (after drawn game)	1-0
1910-11 CEYMS beat Yarmouth Town	3-0
1911-12 CEYMS beat Cromer	2-1
1912-13 Cromer beat Lynn Town	1-0
1913-14 Cromer beat Yarmouth Town	1-0
1919-20 Norwich City beat Cromer	4-0
1920-21 Cromer beat Gorleston	2-1
1921-22 Gorleston beat King's Lynn (after drawn game)	1-0
1922-23 Gorleston beat CEYMS (after drawn game)	4-1
1923-24 King's Lynn beat Cromer	2-1
1924-25 King's Lynn beat 5th Co BBOB	2-0
1925-26 Gorleston beat CEYMS	1-0
1926-27 CEYMS beat Gorleston	6-3
1927-28 Gorleston beat Cromer	3-0
1928-29 Yarmouth Town beat Holt Utd	2-1
1929-30 Yarmouth Town beat Gorleston	2-1
1930-31 Gorleston beat King's Lynn	2-1
1931-32 King's Lynn beat Yarmouth Town (after drawn game 1-1)	4-1
1932-33 Gorleston beat Norwich YMCA	1-0
1933-34 King's Lynn beat Gorleston	1-0
1934-35 Norwich City 'A' beat Sheringham (after drawn game 1-1)	5-0
1935-36 Gorleston beat King's Lynn	2-1
1936-37 King's Lynn beat Gorleston (after drawn game)	2-0
1937-38 Gorleston beat Yarmouth Town	3-0
1938-39 King's Lynn beat Fakenham Town	4-1
1946-47 Gothic (Norwich) beat King's Lynn	6-2
1947-48 Thetford Town beat North Walsham Town (after drawn game 2-2)	4-0
1948-49 Carrow beat King's Lynn	3-1
1949-50 Gothic (Norwich) beat CNSOBU	3-0
1950-51 Gorleston beat Cromer	7-0
1951-52 King's Lynn beat Gorleston	2-1

1952-53 Gorleston beat King's Lynn	3-0
1953-54 King's Lynn beat Great Yarmouth (after drawn game 0-0)	2-1
1954-55 King's Lynn beat Gorleston	2-0
1955-56 King's Lynn beat Gothic	3-0
1956-57 King's Lynn beat Great Yarmouth	2-1
1957-58 King's Lynn beat Norwich City	3-1
1958-59 Norwich City beat Gorleston	7-2
1959-60 Norwich City beat King's Lynn	3-0
1960-61 Gothic beat Fakenham Town	5-0
1961-62 Great Yarmouth beat Fakenham Town (after drawn game 3-3)	2-1
1962-63 Gothic beat Gorleston	3-0
1963-64 Downham Market beat Norwich Electricity	3-2
1964-65 Yarmouth Town beat Thetford (after drawn game 1-1)	2-1
1965-66 Downham Town beat Norwich Electricity	1-0
1966-67 CNSOBU beat Downham Market	2-1
1967-68 Horsford Utd beat Downham Town	2-1
1968-69 Gorleston beat Downham Town	2-1
1969-70 CNSOBU beat St Andrew's	4-0
1970-71 Fakenham Town beat Watton Utd	2-0
1971-72 St Andrew's beat Sheringham	2-1
1972-73 Fakenham Town beat Hoveton	5-4
1973-74 Fakenham Town beat Hoveton	2-0
1974-75 Diss Town beat St Andrew's	3-2
1975-76 St Andrew's beat Norman OB	2-0
1976-77 St Andrew's beat Thetford Rovers	4-1
1977-78 Gorleston beat Hellesdon	1-0
1978-79 Great Yarmouth beat Hoveton	5-0
1979-80 Great Yarmouth Town beat Gorleston	2-0
1980-81 Newton Flotman beat Gorleston	2-0
1981-82 St Andrew's beat Thetford Town	4-2
1982-83 King's Lynn Reserves beat Great Yarmouth Town	1-0
1983-84 Gorleston beat Great Yarmouth Town	2-0
1984-85 Great Yarmouth Town beat Gorleston	1-0
1985-86 Norwich City Reserves beat Poringland Utd	4-1
1986-87 Walton Utd beat Poringland Utd	3-1
1987-88 Norwich City Reserves beat Great Yarmouth Town	1-0
1988-89 Norwich City Reserves beat Great Yarmouth Town	1-0
1989-90 Great Yarmouth Town beat Norwich Utd	2-1
1990-91 Thetford Town beat St Andrew's	4-3
1991-92 Fakenham Town beat Diss Town (after 2-2 draw (aet))	2-1
1992-93 Wroxham beat Watton Utd	3-0
1993-94 Fakenham Town beat King's Lynn	4-0
1994-95 Fakenham Town beat Gorleston	2-1
1995-96 Diss Town beat Wroxham	4-0
1996-97 Wroxham beat Diss Town	4-1
1997-98 Wroxham beat Swaffham Town	3-1
1998-99 Fakenham Town beat Swaffham Town	4-2
1999-00 Wroxham beat Gorleston	4-0
2000-01 Gorleston beat Great Yarmouth Town	4-0
2001-02 Wroxham beat Great Yarmouth Town	2-1
2002-03 Diss Town beat Great Yarmouth Town	4-1
2003-04 Wroxham beat Diss Town (on pens, 3-3 (aet))	6-5
2004-05 Diss Town beat Wroxham	3-0
2005-06 Dereham Town beat Norwich United	1-0
2006-07 Dereham Town beat Wroxham	1-0
2007-08 Wroxham beat Sheringham	3-1
2008-09 King's Lynn Reserves beat Wroxham	3-1
2009-10 Mattishall beat Norwich United (on pens, 1-1 (aet))	5-4
2010-11 Dereham Town beat King's Lynn Town	4-1
2011-12 Gorleston beat Thetford Town	2-0
2012-13 Norwich City U21 beat Wroxham	2-0
2013-14 Gorleston beat Wroxham	1-0
2014-15 Wroxham beat Dereham Town (after 1-1 draw (aet))	3-2
2015-16 Dereham beat Norwich United	2-0
2016-17 King's Lynn Town beat Fakenham Town	2-0
2017-18 Norwich United beat Downham Town (after 2-2 draw (aet))	4-2
2018-19 Dereham Town beat Thetford Town (after 1-1 draw (aet))	2-1
2019-20 Dereham Town vs UEA Finalists	
2020-21 Gorleston beat Mulbarton Wanderers	3-2
2021-22 Mulbarton Wanderers beat Dereham Town	2-1
2022-23 Gorleston beat Dereham Town	3-0
2023-24 Downham Town beat Gorleston	4-2

Norfolk Junior Cup Finals

1889-90 Wymondham 2nd XI beat Rudham	2-1
1890-91 Lynn Star beat Wymondham 2nd XI(later scratched)	
1891-92 Diss beat Yarmouth 2nd XI (after drawn game 0-0)	3-1
1892-93 Lynn Juniors and YMCA joint winners	
1893-94 Wymondham 2nd XI beat Swaffham	1-0
1894-95 Wymondham 2nd XI beat Thorpe Hamlet	3-0
1895-96 Wymondham 2nd XI beat North Yarmouth	5-0
1896-97 Norwich Vol Artillery beat Lynn North End	2-1
1897-98 Thorpe Hamlet beat Swifans	2-0
1898-99 Lynn Swifts beat Cromer	2-0
1899-00 Fakenham beat Lynn North End	2-1
1900-01 Sheringham beat Lynn North End	5-1
1901-02 Lynn North End beat Wymondham District	5-1
1902-03 Cromer beat Great Yarmouth Reserves	2-0
1903-04 Norwich Teachers beat Great Yarmouth Town 2nd XI	1-0
(after two drawn games)	
1904-05 Lynn Utd beat Yarmouth Artillery	4-1
1905-06 Fakenham beat Great Yarmouth Reserves	4-1
1906-07 Gorleston beat St James'	2-1
1907-08 Lynn Swifts beat Norwich Teachers	1-0
1908-09 Royal Naval Hospital beat Lynn St Nicholas (after drawn game 0-0)	3-1
1909-10 Blue Crusaders beat Great Yarmouth Reserves	3-1
1910-11 Lynn St Nicholas beat Norwich Caley's	1-0
1911-12 Lynn Swifts beat Sheringham Teachers	1-0
1912-13 Yare Barrel Factory beat Sheringham Teachers	1-0
1913-14 Lynn St Nicholas beat CEYMS Reserves	4-1
1919-20 Carrow beat Terrington Rovers	3-0
1920-21 Sheringham beat Norwich Priory (after drawn game 1-1)	3-0
1921-22 Norwich Athletic beat Fakenham	4-0
1922-23 5th Co BBOB beat Norwich YMCA	3-0
1923-24 Norwich YMCA beat Great Yarmouth Town Reserves	4-0
1924-25 Jewson's Athletic beat Diss Town	1-0
1925-26 Beeston Utd beat CEYMS Reserves (after drawn game 0-0)	3-1
1926-27 King's Lynn Reserves beat Sheringham Reserves	3-1
1927-28 Jewson's Athletic beat Wells Town	5-2
1928-29 Great Yarmouth Town Reserves beat Melton Constable Institute	2-1
1929-30 Great Yarmouth Town Reserves beat Norwich Lads' Club	3-1
1930-31 Gorleston Reserves beat Sheringham Reserves	3-2
(after drawn game 0-0)	
1931-32 King's Lynn Reserves beat CEYMS Reserves	3-2
1932-33 Great Yarmouth Town Reserves beat Esdelle Works	3-2
1933-34 King's Lynn Reserves beat Southrepps	2-1
1934-35 Esdelle Works beat East Runton	2-0
1935-36 Walsingham beat East Runton	2-0
1936-37 CEYMS Reserves beat Walsingham	2-1
1937-38 Yarmouth Caledonians beat Walsingham Utd	4-1
1938-39 King's Lynn Reserves beat CNSOBU (after drawn game 3-3)	2-1
1945-46 Sheringham beat Yarmouth Caledonians	1-0
1946-47 RAAF (Langham) beat King's Lynn Reserves	4-1
1947-48 Reedham beat Lynn North End	3-0
1948-49 RAF (Watton) beat Great Yarmouth Town Reserves	1-0
1949-50 RAF (Swanton Morley) beat Snettisham Maroons	2-0
1950-51 Swaffham Town beat RAF (Coltishall)	2-0
1951-52 Swaffham Town beat RAF (Watton)	3-2
1952-53 Norman Old Boys beat Swaffham Town	5-2
1953-54 Shipdham beat East Harling	1-0
1954-55 Southery Rovers beat Gorleston Utd	5-2
1955-56 Acle beat Fakenham Reserves	3-1
1956-57 Little Melton beat Aylsham Wanderers (after drawn game 3-3)	2-1
1957-58 East Harling beat Mundford	5-0
1958-59 Feltwell Utd beat Coltishall (after drawn game 3-3)	6-2
1959-60 Acle Utd beat Wymondham Town Reserves	1-0
1960-61 Southery Racers beat Castle Acre Swifts	5-3
1961-62 Holt Utd beat Sprowston Athletic	2-1
1962-63 Gorleston Rangers beat Southery	4-1
1963-64 West Norfolk Fertilisers beat CNSOBU Reserves	2-0
1964-65 Holt beat Gorleston Rangers	2-1
1965-66 West Norfolk Fertilisers beat Carrow	2-1
1966-67 North Walsham Town beat Hoveton	4-3
1967-68 Hellesdon beat Hoveton	2-0
1968-69 Potter Heigham beat Reedham	3-2
1969-70 Town Hall beat Cooper Sport	3-2
1970-71 Town Hall beat Gothic Reserves	1-0
1971-72 Sprowston Wanderers beat Town Hall	2-1

1972-73 Gorleston Reserves beat Norwich Lads' Club	1-0
1973-74 Burgh Castle beat Wells	4-0
1974-75 Wroxham beat Norwich Lads' Club	2-1
1975-76 Tottenhill beat Reedham	1-0
1976-77 Sprowston Athletic beat Tottenhill	1-0
1977-78 Gorleston Reserves beat Castle Rising	3-1
1978-79 Tottenhill beat Great Yarmouth Town Reserves	3-0
1979-80 Poringland Wanderers beat Bradenham Wanderers	6-2
1980-81 Hoveton Reserves beat Harleston Town	2-1
1981-82 Poringland beat Wroxham Reserves	3-2
1982-83 Norman OB beat Norm End	2-1
1983-84 Mulbarton Utd beat Tottenhill	2-1
1984-85 North End Utd beat Norwich CEYMS	2-0
1985-86 East Harling beat Horsford Utd	2-1
1986-87 North End Utd beat Hellesdon	3-1
1987-88 North Lynn Athletic beat Mattishall (aet)	4-3
1988-89 North End Athletic beat Mattishall	1-0
1989-90 North Lynn Athletic beat Halvergate Utd (after 1-1 draw (aet))	4-1
1990-91 Poringland Wanderers beat Mattishall	6-1
1991-92 Diss Town Reserves beat North End Utd	2-0
1992-93 North Walsham Town beat Thorpe Village	3-1
1993-94 Stalham Town beat Anglian Windows	2-0
1994-95 Acle Utd beat Hemphall	4-1
1995-96 Attleborough Town beat Rangers	6-0
1996-97 Wells Town beat Aylsham Wanderers (aet)	6-5
1997-98 Bircham beat East Harling (on pens (1-1 aet))	4-2
1998-99 Norwich Union beat Harleston Town	1-0
1999-00 Watton Utd Res beat Norwich Union	3-1
2000-01 Thorpe Rovers beat UEA (on pens (2-2 aet))	4-2
2001-02 Holt Utd beat Thorpe Rovers	5-2
2002-03 Dersingham Rovers beat Gayton	6-1
2003-04 UEA beat Gayton United	4-1
2004-05 Dersingham Rovers beat Cromer Town Reserves	4-1
2005-06 Caister United beat Mattishall Reserves	1-0
2006-07 Norwich United Reserves beat Catfield	2-0
2007-08 Horsford United beat Swaffham Town Reserves	3-1
2008-09 Norwich St John's beat King's Lynn A (on pens (1-1 aet))	4-3
2009-10 West Lynn Sports & Social Club beat Foulsham	2-1
2010-11 UEA beat Reffley Royals	2-1
2011-12 Reffley Royals beat Harleston Town	2-1
2012-13 Catfield beat Mundford	4-1
2013-14 Catfield beat Scole United	4-2
2014-15 Castle Acre Swifts beat Sprowston Athletic (on pens (1-1 aet))	7-6
2015-16 Mundford beat East Harling	1-0
2016-17 UEA beat Runton United	4-0
2017-18 Dussindale Rovers beat East Harling	4-1
2018-19 Gorleston Reserves beat Sprowston Athletic	2-1
2019-20 Competition was not completed	
2020-21 Wells Town beat Reepham Town	2-1
2021-22 Wymondham Town beat AC Mill Lane	3-1
2022-23 Loddon United beat Castle Acre Swifts	2-1
2023-24 Watlington Sports & Social Club beat Dersingham Rovers	1-0

Norfolk Intermediate Cup Finals

2021-22 UEA 'A' beat Celt Rangers Reserves	5-2
2022-23 Attleborough Town Reserves beat Earsham Reserves	3-1
2023-24 Dersingham Rovers Reserves beat Shrublands Reserves	3-0

Norfolk Primary Cup Finals

1925-26 West Lynn beat Ber Street Adult School	3-2
1926-27 Ber Street Adult School beat Holt Utd Reserves	2-0
1927-28 Massingham beat Angel Road OB	2-1
1928-29 King's Lynn Labour beat Grout's Athletic (after drawn game 2-2)	4-2
1929-30 Terrington Wanderers beat St Mary's AS	3-2
1930-31 Terrington Wanderers beat Happisburgh	3-2
1931-32 Norvic Works beat Horsford Athletic (after drawn game 3-3)	2-1
1932-33 Heacham beat Norfolk Iron Works	1-0
1933-34 Walton Church End beat Elsing	2-1
1934-35 Norwich Lads' Club Reserves beat Walton Church End	4-3
1935-36 Feltwell beat Happisburgh	2-1
1936-37 Happisburgh beat Walton Church End	5-3
1937-38 Norwich Lads' Club Reserves beat Massingham	6-1
1938-39 Norwich CWS beat Great Ormesby	3-2
1945-46 Yarmouth Caledonians beat Shouldham	10-0
1946-47 Norwich St Barnabas beat Albert Sports	2-0

1947-48 Albert Sports beat Feltwell	2-1
1948-49 Overstrand beat Bawburgh Utd	2-0
1949-50 St Faith's beat Dyson's Athletic	2-0
1950-51 Costessey Sports Club beat Rollesby	5-2
1951-52 Hevingham beat Rollesby	2-1
1952-53 Broome Athletic beat Gorleston 'A'	2-1
1953-54 Gorleston Utd beat Hickling	5-2
1954-55 Buxton beat East Tuddenham	3-1
1955-56 Martham beat Horsford Reserves	3-0
1956-57 Sprowston YC beat Lakenham YC (after drawn game 2-2)	4-2
1957-58 Norwich Young Liberals beat Southrepps	2-1
1958-59 Lakenham YC beat Warham Utd	4-1
1959-60 Overstrand beat Beighton	2-1
1960-61 South Creake beat Overstrand	1-0
1961-62 Wensum View beat Walsingham	3-1
1962-63 West Lynn beat Rollesby	2-0
1963-64 Weeting beat Grants	3-0
1964-65 Hellesdon beat Carrow	4-3
1965-66 Marham beat Hellesdon	3-2
1966-67 Sprowston Wanderers beat Ashby	7-2
1967-68 Yarmouth Wanderers beat Hilgay	3-1
1968-69 Briston beat Crome YC Sports	4-0
1969-70 Marsham Sports beat Yarmouth Wanderers	3-1
1970-71 Cromer YC beat Weasenham	6-3
1971-72 Felmingham beat Crome YC	1-0
1972-73 Blyth/Jex beat Catfield	4-0
1973-74 Blyth/Jex beat Norwich Union Reserves	3-2
1974-75 Whitbread beat Carrow Reserves	1-0
1975-76 Great Yarmouth Adult Centre beat Blackborough	2-1
1976-77 Whitbreads beat North End Reserves	2-1
1977-78 Tottenhill Reserves beat Hemsby	2-1
1978-79 Gorleston 'A' beat Aquafibre (after drawn game 1-1)	4-2
1979-80 Aquafibre beat Briston	2-1
1980-81 Cobholm beat West Lynn	2-1
1981-82 Cobholm beat Blakeney	3-2
1982-83 Cawston Rovers beat Britannia (aet)	2-1
1983-84 Parkside beat Wanderers	4-0
1984-85 Parkside beat Norwich CEYMS Reserves (aet)	3-2
1985-86 Eastern Counties beat Stalham Reserves	1-0
1986-87 Anglian Windows S&S beat Sportsman's Arms	4-0
1987-88 Feltwell United beat Stalham Town Reserves	2-0
1988-89 Cup awarded to Bradwell	
1989-90 Catton Grove beat Norwich Utd	3-1
1990-91 Dereham Town 'A' beat North End Utd Reserves	1-0
1991-92 Rangers beat Fakenham Town 'A'	1-0
1992-93 Fakenham town 'A' beat Ditchingham	5-1
1993-94 Stalham Town Reserves beat Terrington St Clements	2-0
1994-95 Gimmingham Utd beat Terrington St Clements	1-0
1995-96 Great Massingham beat Narborough	2-0
1996-97 Coach & Horses beat Yaxham	4-2
1997-98 Yaxham beat Aylsham Wanderers Reserves	2-1
1998-99 North Lynn beat Dersingham Rovers Reserves	5-0
1999-00 Gayton Reserves beat Dereham Town 'A'	3-2
2000-01 Marham beat Freethorpe	2-1
2001-02 Methwold Hythe beat UEA Reserves (on pens (1-1 aet))	6-5
2002-03 King's Lynn Royals beat Yaxham	3-1
2003-04 Yaxham beat Dickleburgh (aet)	5-2
2004-05 East Harling beat The Feathers	2-0
2005-06 Dereham Posties beat Hereward Wiggshall	2-1
2006-07 Dereham Posties beat UEA Reserves (on pens (1-1 aet))	3-2
2007-08 Lynn Docklands beat Ellingham	5-0
2008-09 Docking Rangers beat Pott Row	2-1
2009-10 Old Hunstanton beat Great Yarmouth Town Hall	4-2
2010-11 Hopton beat Great Massingham	3-2
2011-12 Haven Bridge United beat West Winch Reserves	2-1
2012-13 Scarning United beat Riverside	3-1
2013-14 One Love United beat Springwood (on pens (2-2 aet))	3-2
2014-15 Dereham Taverners beat The Woottons	2-1
2015-16 Dereham Taverners beat Marham Wanderers	5-0
2016-17 Dereham Taverners beat Castle Acre Swifts Reserves	2-1
2017-18 Gayton United Reserves beat Celt Rangers	2-1
2018-19 Celt Rangers beat Gayton United Reserves	5-2
2019-20 Dussindale Rovers Reserves vs Dersingham Rovers Reserves Finalists	
2020-21 Upwell Town beat Watlington Sports & Social Club	3-2
2021-22 Sprowston 'A' beat AFC Lynn Napier Reserves	4-2

2022-23 AG Hingham beat AFC Emneth Reserves	3-1
2023-24 Hockering beat Swaffham Town A (on pens after drawn game 1-1)	4-2

Thursday Finals

1904-05 Yarmouth RA beat Royal Scots Greys	4-1
1905-06 Yarmouth Swifts beat YMCA	3-1
1906-07 Norwich and Loddon beat CEYMS (after two drawn games)	1-0
1907-08 Yarmouth RA beat Norwich and London	3-1
1908-09 Royal Naval hospital beat Norwich & London	1-0
1909-10 YMCA beat Norwich and London	3-2
1910-11 Norwich and London beat Yarmouth Ramblers	6-1
1911-12 Yarmouth Thursday beat RA	4-1
1912-13 Norwich St Andrews beat Yarmouth RA	4-1
1913-14 Yarmouth Thursday beat Hunstanton	4-0
1919-20 YMCA beat Norwich Federation	3-2
1920-21 Norwich Police beat Hellesdon House	1-0
1921-22 Hunstanton beat Norwich Banks	4-2
1922-23 85th Battery RAF beat Hunstanton	1-0
1923-24 Yarmouth GPO beat Hunstanton (after drawn game 1-1)	2-1
1924-25 Nulothians beat CEYMS	2-0
1925-26 Norwich City Supporters' Club beat Depot Norfolk Regiment	6-0
1926-27 Yarmouth PO beat CEYMS	1-0
1927-28 CEYMS beat Hunstanton	4-2
1928-29 Norwich City SC beat Hunstanton (after drawn game 5-5)	2-1
1929-30 Norwich CEYMS beat 19th Battery RA	3-1
1930-31 19th Battery RA beat CEYMS	4-2
1931-32 Norwich Rovers beat Yarmouth PO	5-3
1932-33 CEYMS beat County Council Staff	3-2
1933-34 CEYMS beat 16th Battery RA	2-0
1934-35 Yarmouth Swifts beat CEYMS	3-2
1935-36 18th Battery RA beat Depot The Royal Norfolk Regiment	3-1
1936-37 CEYMS beat Thetford Town Thursday	4-2
1937-38 117th Battery beat Depot The Royal Norfolk Regiment	3-1
1938-39 Norwich Rangers beat 112th Battery RA (after drawn game 2-2)	3-1
1946-47 Norwich Rangers beat Norwich Corinthians (after drawn game 2-2)	2-0
1947-48 RAF Watton beat Norwich Rangers	4-0
1948-49 RAF Watton beat Yarmouth Railway Social	7-2
1949-50 Lowestoft Wanderers beat Yarmouth Nondescripts	1-0
1950-51 Norwich City Police beat Norwich Rangers	2-1
1951-52 Norco beat Norwich Corinthians	3-2
1952-53 Norm beat Lowestoft Wanderers	5-3
1953-54 Norwich Rangers beat Lowestoft Wanderers	4-3
1954-55 RAF Bawburgh beat RAF Neatishead	1-0
1955-56 RAF Bawburgh beat Norfolk Regiment	10-1
1956-57 RAF Bawburgh beat Norwich Rangers	5-2
1957-58 RAF Neatishead beat Norwich City Police	5-0
1958-59 RAF Old Catton beat Depot The Royal Norfolk Regiment	2-1
1959-60 Norwich Rangers beat RAFTrimingham	5-1
1960-61 Norwich Rangers beat Norfolk County Police (Norwich Division)	2-1
1961-62 Norwich Corinthians beat Norwich Railway Social	5-0
1962-63 Norco beat Norfolk Police (Norwich Division) (aet)	1-0
1963-64 Yarmouth Police beat Norco (after drawn game 4-4)	3-0
1964-65 Corinthians beat Norco	3-1
1965-66 Norwich City Police beat Corinthians	3-2
1966-67 Norwich City Police beat Norwich Post Office	3-2
1967-68 Norwich Corinthians beat Curls	6-2
1968-69 RAF Watton beat Norwich Corinthians	3-1
1969-70 Norwich Rangers beat Norwich Post Office	4-1
1970-71 Norwich Rangers beat Norwich Post Office (after drawn game 4-4)	4-3
1971-72 LISA beat Norwich Rangers	3-1
1972-73 Norwich Post Office beat LISA	8-0
1973-74 Norwich Rangers beat Norwich Police	4-3
1974-75 Great Yarmouth Post Office beat Norwich Rangers	5-3
1975-76 Great Yarmouth Post Office beat Norwich Corinthians (after drawn game 2-2)	2-1
1976-77 Norwich Corinthians beat Norwich Rangers	4-0
1977-78 Norwich Post Office beat Norwich Corinthians	4-3
1978-79 Norwich Post Office beat Norwich Police	3-0
1979-80 Norwich Corinthians beat Great Yarmouth Post Office	5-2
1980-81 Norwich Post Office beat Norwich City College	5-1
1981-82 Norwich Corinthians beat J J Fun City	3-1
1982-83 Norwich Post Office beat Great Yarmouth Post Office	5-1
1983-84 J J Fun City beat Norwich Prison	2-0
1984-85 Norwich Post Office beat Sprowston Thursday (aet)	5-4

1985-86 Sprowston Thursday beat J J Fun City	2-1
1986-87 Sprowston Thursday beat British Rail SSC	4-0
1987-88 Sprowston Thursday beat RAF Coltishall (after drawn game 2-2)	4-0
1988-89 Norwich Post Office beat Fun City	2-0
1989-90 Norwich Post Office beat Norwich Corinthians	2-1
1990-91 Norwich Post Office beat Little Plumstead Hospital	3-1
1991-92 Merlin beat Great Yarmouth Police	4-2
1992-93 Great Yarmouth Postels beat British Rail (after 2-2 draw (aet))	3-2
1993-94 Lakeside beat Great Yarmouth Postels	5-3
1994-95 Norwich Post Office beat Hewett School	2-0
1995-96 Norwich Post Office beat Hewett School (on pens (aet))	5-4
1996-97 Norwich Post Office beat Great Yarmouth Police	3-0
1997-98 Norwich Post Office beat AFC Hainford	2-1
1998-99 Hewett U19s beat Norwich Post Office	3-2
1999-00 Norwich Post Office beat Little Plumstead Hospital	2-0

Sunday Senior Cup Finals

1960-61 Culley & Co beat Unity	4-2
1961-62 Unity beat Loke Utd	2-1
1962-63 Earlham Utd beat Mackintosh	1-0
1963-64 Earlham Utd beat Watton	5-1
1964-65 Unity beat Middleton	5-0
1965-66 Loke Utd beat Gothic	8-2
1966-67 Loke Utd beat Walton Sunday	3-0
1967-68 Norwich Electricity beat Aylsham Sunday	3-1
1968-69 Loke Utd beat Emeralds	4-1
1969-70 Loke Utd beat Farmhouse	2-0
1970-71 Loke Utd beat Parkside	3-0
1971-72 Unity Emeralds beat Lingwood Caverners	1-0
1972-73 John Menzies beat Quebec Rovers	4-3
1973-74 Loke beat Nondescripts	3-2
1974-75 Five Star beat Unity Emeralds	4-2
1975-76 Unity Emeralds beat Lingwood Caverners	1-0
1976-77 Unity Emeralds beat Wymondham Sunday (after drawn game 2-2)	5-3
1977-78 Unity Emeralds beat Alley Cats	4-0
1978-79 Quebec Rovers beat Wymondham Sunday	2-0
1979-80 Schooners beat Copita	2-0
1980-81 Hobbies Utd beat Norwich Busmen	4-3
1981-82 Schooners beat Feasts	3-1
1982-83 Schooners beat Heartsease Towers	5-2
1983-84 Hobbies beat Unity Emeralds	2-0
1984-85 Unity Emeralds beat Hobbies Utd	1-0
1985-86 Hobbies Utd beat Unity Emeralds	6-1
1986-87 Shouldham Sunday beat Wimbotsham (after drawn game 0-0)	3-0
1987-88 Gorleston Utd beat Light Blues	2-0
1988-89 Shouldham Sunday beat Unity Emeralds (aet)	3-2
1989-90 Shouldham Sunday beat Norwich Busman	2-0
1990-91 Norwich Busmen beat Poringland Wanderers (aet)	2-1
1991-92 Foster Refrigerator SC beat Norwich Busmen	2-1
1992-93 Poringland Wanderers beat Schooners	2-0
1993-94 Norwich Busmen beat Wimbotsham	4-2
1994-95 Poringland Wanderers beat Spooner Row (aet)	4-2
1995-96 Poringland Wanderers beat Alleycats (on pens (2-2 aet))	8-7
1996-97 Hellesdon Sunday beat Tramway Rovers	3-2
1997-98 Tramway Rovers beat Alleycats	1-0
1998-99 Fenman Freehouse beat Schooners	7-0
1999-00 Fenman Freehouse beat Acle Rangers	5-3
2000-01 Coach & Horses Aca beat Camden Tavern	2-1
2001-02 Coach & Horses Aca beat Fenman Freehouse	5-2
2002-03 Fenman Freehouse beat North Lynn Harvesters	2-0
2003-04 Fenman Freehouse beat Hethersett Athletic	5-0
2004-05 Horsford United Sunday beat Fenman Freehouse	3-2
2005-06 Delaneys beat Norman Wanderers	2-0
2006-07 Camden Tavern beat Delaneys (on pens (aet))	3-3
2007-08 Delaneys beat Camden Tavern Sunday (aet)	5-2
2008-09 Marlborough beat El Sol	5-1
2009-10 AFC Wanderers beat Dog House	3-2
2010-11 Dog House beat Marlborough	3-0
2011-12 Marlborough beat Camden	4-1
2012-13 Dog House beat Windmill	3-2
2013-14 AFC Wanderers beat Windmill	2-1
2014-15 Schoolhouse beat El Sol	4-2
2015-16 Schoolhouse beat Riverside Rovers (aet)	1-0
2016-17 Windmill beat CSKA Emneth (aet)	4-2

2017-18 Windmill beat Acle Rangers	4-2
2018-19 El Sol beat Riverside Rovers	3-1
2019-20 Schoolhouse vs Acle Rangers Finalists	
2020-21 CSKA Emneth beat Acle Rangers (on pens (2-2 aet))	4-3
2021-22 Long Stratton beat Easton	5-0
2022-23 Young Boys beat Moose Park Rangers	2-1
2023-24 CSKA Emneth beat The Middle Green	2-1

Sunday Intermediate Cup Finals

1965-66 Taverham beat Tunstead Reserves	3-1
1966-67 Farmhouse beat Cromer Sunday Youth	4-0
1967-68 Alley Cats beat Clipper Utd (after two drawn games)	4-1
1968-69 Norwich Walsham Sunday beat Norwich Busmen	4-2
1969-70 Tunstead Rovers Reserves beat Aylsham YC	4-3
1970-71 Weeting beat Edgefield (after drawn game 2-2)	4-1
1971-72 Brancaster Ship beat Light Blues	2-1
1972-73 Holt YC beat Discovery Reserves	2-1
1973-74 Brancaster Ship beat Bunwell (after drawn game 2-2)	3-2
1974-75 Newton Flotman beat Fisherman's Arms	3-2
1975-76 Wymondham Sunday beat Weeting Sunday	5-3
1976-77 Brancaster Ship beat Foster Refrigerator	1-0
1977-78 Sporting TS beat Weeting	1-0
1978-79 Weeting bet Dereham Sunday	3-2
1979-80 Pulham Utd beat University Arms	2-1
1980-81 Shropham beat Granada AA (after drawn game 2-2)	2-0
1981-82 Shropham beat Hull YCOB	1-0
1982-83 North Park Athletic beat Albion Exiles	2-0
1983-84 Catton Rovers beat Norwich Park Athletic	2-0
1984-85 Raynham beat Black Swan (on pens (1-1 aet))	5-4
1985-86 Locomotion beat Hellesdon Sunday	5-0
1986-87 Saxlingham beat Salhouse Sunday (on pens (3-3 aet))	2-1
1987-88 Olympic beat Little Melton	3-1
1988-89 Raynham beat Hellesdon High School Old Boys	6-0
1989-90 Civil Service Sunday beat Mundesley	4-3
1990-91 East Tuddenham Sunday beat Mundesley	4-3
1991-92 East Tuddenham Sunday beat Wimbotsham Reserves	1-0
1992-93 Coltishall HV '85 beat Black Swan	2-0
1993-94 Black Swan beat Aylsham Sunday	4-0
1994-95 Cranworth '75 beat Black Swan	1-0
1995-96 Eels Foot beat Taverham High School Old Boys	5-0
1996-97 K L Workers Club beat Aylsham Unicorn Sunday	4-1
1997-98 Heathgate beat Black Horse on pens (0-0 aet)	3-2
1998-99 North Walsham Town beat Quebec Tavern (on pens (1-1 aet))	5-4
1999-00 Bell Inn Reserves beat Aztec	4-3
2000-01 Yarmouth Utd beat North Walsham Town	2-0
2001-02 Green Dragon beat Taverham Sunday	3-2
2002-03 AFC Hainford beat North Walsham Town	1-0
2003-04 Aylsham Feathers Old Boys beat Norman Wanderers	2-0
2004-05 Gorleston Feathers beat Acle Rangers Reserves	2-1
2005-06 Fosters Refrigerators Athletic Sunday beat Winstone Rovers (on pens (1-1 aet))	
2006-07 West Lynn Sports & Social Sunday beat Green Dragon	2-1
2007-08 Costessey Sports Sunday beat West Lynn Sports & Social Sunday	3-2
2008-09 Splinters beat Norfolk County Council Social Club	6-0
2009-10 Globe Bowls Club beat Railway Tavern (on pens, (2-2 aet))	4-3
2010-11 Bentinck Arms beat Bayer (aet)	2-1
2011-12 Sprowston Sunday beat Bentinck Arms	5-1
2012-13 Chilvers beat Bell Inn	6-1
2013-14 Moles Rest beat William Wanderers	6-5
2014-15 Dilham Cross Keys beat Salhouse Rovers (after 2-2 draw (aet))	3-2
2015-16 Phoenix beat Trimmingham Pilgrims	5-2
2016-17 North Walsham Town beat Hewett Old Boys	4-2

Sunday Junior Cup Finals

1974-75 Anchor Reserves beat Holt Youth Club OB	3-0
1975-76 Mundesley Sunday beat R G Carter	2-0
1976-77 Watton Utd beat Taurus Athletic	2-0
1977-78 North Walsham Feathers beat Hempnall	4-0
1978-79 Gala Sports beat Black Swan	4-2
1979-80 Norwich Brewery beat Bunwell Utd	1-0
1980-81 Boundary Athletic beat Pattrick and Thompson	3-2
1981-82 Gala Sports beat Black Swan	2-0

1982-83 Hethersett beat Seething Sunday (after 1-1 draw)	3-1
1983-84 Hotel Wroxham beat Hethersett	2-1
1984-85 Herbert Engineering beat Norwich VW Centre	2-1
1985-86 Seething Sunday beat Mulbarton Utd	2-0
1986-87 Coachmakers beat Diss Saracens	4-0
1987-88 East Tuddenham Sunday beat Dillon Utd	3-0
1988-89 Coachmakers beat Man on the Moon	3-1
1989-90 Man on the Moon beat Anglian Windows	3-1
1990-91 Cranworth '73 beat Stalcon Sunday	4-0
1991-92 Cranworth beat Bure Construction	1-0
1992-93 Caister Athletic beat Cranworth	2-1
1993-94 Saham Sunday beat Unicorns	3-1
1994-95 Marriott Hotspurs beat Saham Sunday	2-0
1995-96 Horsham Exiles beat Winterton (aet)	1-0
1996-97 Hockwold beat Holt Utd	2-1
1997-98 Bell Inn Res beat Bradwell Rangers	6-1
1998-99 Bell Inn Res beat White Hart Lane (on pens (2-2 aet))	3-1
1999-00 Yarmouth Utd beat Greyhound Inn (on pens (2-2 aet))	5-4
2000-01 AFC Hainford beat Green Dragon	2-0
2001-02 Attleborough Town Sunday beat England's Hope	3-1
2002-03 Aylsham Feathers Old beat AFC Gorleston (on pens (4-4 aet))	8-7
2003-04 AFC Rompers beat Nags Head	3-1
2004-05 Foddestone Gap beat Shropham Poultry	4-3
2005-06 Red castle Storm beat Haig	2-1
2006-07 The Fowler beat Black Horse Athletic	5-2
2007-08 Splinters beat Newtown Golfers	2-0
2008-09 Windmill beat Dereham Wanderers (on pens (3-3 aet))	4-2
2009-10 Sprowston Royal Oak beat Attleborough Town Sunday	2-0
2010-11 Fairstead United beat Bell Inn	2-1
2011-12 Schoolhouse beat Chilvers	2-1
2012-13 Fairstead A.N.G. beat Belton (aet)	2-1
2013-14 GY Galaxy beat Mischief	4-1
2014-15 Labas beat Harleston Town U19's	2-0
2015-16 SNS beat North Walsham Town U19's	4-0
2016-17 Drayton Dazzlers beat North Walsham Town U19's	4-1
2017-18 Aylsham beat Silver Fox	1-0
2018-19 Silver Fox beat Watton United (after 2-2 draw (aet))	3-2
2019-20 Easton vs Long Stratton Finalists	
2020-21 Long Stratton beat F.C. Steamers (on pens (3-3 aet))	4-2
2021-22 Young Boys beat Jubilee	2-0
2022-23 Norman Wanderers Reserves beat Over Me	3-0
2023-24 Costessey Sports U18's beat Matham U18's	2-1

Sunday Youth Cup Finals

1970-71 Rackheath Red Star beat Jex OB	8-0
1971-72 Reepham Town beat BEE	3-1
1972-73 Eaton Athletic beat Sprowston Utd	1-0
1973-74 Norwich Lads' Club beat Hellesdon	2-1
1974-75 Lakeford Rangers beat Fakenham Town	8-0
1975-76 Fakenham Youth beat Newton Flotman Youth	4-2
1976-77 Lakeford Rangers beat Attleborough	2-1
1977-78 Lakeford Rangers beat Three Holes and Upwell	4-3
1978-79 Attleborough Juniors beat Three Holes and Upwell	4-0
1979-80 Gorleston Utd beat Norwich City Supporters Youth	1-0
1980-81 Norwich Sunday Youth beat Fakenham Youth	7-2
1981-82 Millpark Utd beat Norwich Sunday Youth	2-1
1982-83 Norwich Sunday Youth beat HW Youth	6-2
1983-84 Norwich Sunday Youth beat Ranworth Rovers	4-1
1984-85 Hellesdon Wanderers beat Great Yarmouth Town Youth	3-1
1985-86 Norwich Sunday Youth beat Gorleston Youth	4-3
1986-87 Harford Tornadoes beat Sprowston Lads	3-0
1987-88 Dereham Hobbies Utd beat Poringland Youth	4-3
1988-89 Sprowston Youth beat Harford Tornadoes	1-0
1989-90 Gorleston Youth beat Mundesley (aet)	3-1
1990-91 Caxton Youth beat Dereham Rangers	2-1
1991-92 Acle Rangers Youth beat Norwich Utd	1-0
1992-93 Gorleston Rangers beat Great Yarmouth Town Youth (aet)	2-1
1993-94 Great Yarmouth Town Youth beat Sprowston Lads	1-0
1994-95 Sprowston Lads beat Thetford Town Youth	2-1
1995-96 Sprowston Lads beat Thetford Town Youth	3-1
1996-97 King's Lynn Youth beat Great Yarmouth Youth	1-0
1997-98 Fakenham Town Youth beat King's Lynn Youth	3-2
1998-99 Fakenham Town Youth beat Downham Town Youth	2-1
1999-00 Swaffham Town Colts beat North Lynn Boys (on pens (1-1 aet))	3-1

Norfolk Minor Cup Finals

Under 18 (Saturday)

1927-28 Norwich ILP beat Rudham	5-0
1928-29 Yarmouth III beat King's Lynn Old Boys	3-1
1929-30 King's Lynn Old Boys beat Cowgate YM	3-2
1930-31 CEYMS III beat Yarmouth Town III	4-1
1931-32 Gorleston Juniors beat St Mark's (after a drawn game 2-2)	4-1
1932-33 Gorleston Juniors 2nd XI beat Suffield Park (after a drawn game 1-1)	3-2
1933-34 Bacton beat Gorleston Albion (after a drawn game 1-1)	3-2
1934-35 Bacton beat Wymondham III	10-3
1935-36 Bacton beat Earlham Fiveways	3-2
1936-37 CNSOBU beat Earlham Minors	5-0
1937-38 Yarmouth St George's Mens Service 3rd XI beat CNSOBU	5-1
1938-39 Norwich St Barnabas beat Yarmouth St George's Mens Service 3rd XI	2-0
1945-46 Yarmouth St Paul's beat Crome 'A'	6-3
1946-47 Crome 'A' beat Yarmouth Calies & St Paul's	2-0
1947-48 Wymondham Minors beat Sheringham Minors	5-3
1948-49 Norwich St Barnabas beat Lynn North End	3-1
1949-50 West Lynn YC beat Wensum View YC	5-0
1950-51 Wymondham Minors beat Norwich City College	4-2
1951-52 Thorpe Hamlet beat North Walsham Town	3-1
1952-53 Wymondham Minors beat Alderman Jex YC	4-3
1953-54 Wymondham Minors beat Thorpe Village	6-4
1954-55 Thorpe Village beat North Walsham Town	2-0
1955-56 Thorpe beat Wymondham	5-2
1956-57 Gorleston beat Terrington Boys	3-2
1957-58 CNSOBU beat Gorleston	6-2
1958-59 Thorpe Village beat Wymondham	3-2
1959-60 King's Lynn 'A' beat Terrington Lads (aet)	3-1
1960-61 Gorleston beat Henderson	4-2
1961-62 King Edward VII Grammar School, King's Lynn beat Henderson	3-2
1962-63 Gothic beat Spartak	3-0
1963-64 Gorleston beat Henderson	3-0
1964-65 Spartak beat Gorleston	2-0
1965-66 Spartak beat Fish Club (Great Yarmouth)	7-0
1966-67 Gorleston beat Yarmouth Town Hall	2-1
1967-68 Gorleston Minors beat Lakenham Minors	3-1
1968-69 Spartak beat Attleborough	3-1
1969-70 Old Yarmouthians beat Attleborough	3-0
1970-71 Avenue Athletic beat Old Yarmouthians	3-2
1971-72 Great Yarmouth Grammar School beat York Athletic	2-1
1972-73 Lakeford Rangers beat Norwich Lads Club	2-1
1973-74 Lakeford Rangers beat West Norfolk	1-0
1974-75 Lakeford Rangers beat Norwich Lads Club	3-1

John Savage Cup Finals

1978-79 Gorleston Utd beat Attleborough Juniors	5-2
1979-80 Ranworth Rovers beat Hindringham	4-2
1980-81 Dereham Dynamos beat Heartsease Juniors	2-0
1981-82 Hellesdon Wanderers beat Costessey Sports	4-1
1982-83 Brooke Youth beat West Winch	2-0
1983-84 Carrow Youth beat Watlington (aet)	4-1
1984-85 Eaton Rangers beat Crown Youth	2-0
1985-86 Sprowston Lads beat Downham YC (aet)	1-0
1986-87 Reffley Youth beat Costessey Sports Youth	4-0
1987-88 Stowbridge Youth beat Great Yarmouth Town Youth	2-0
1988-89 Great Yarmouth Town Youth beat Thetford Panthers	1-0
1989-90 Great Yarmouth Town Youth beat Sprowston Lads (aet)	2-1
1990-91 Norwich Utd beat Carrow Youth	5-0
1991-92 Sprowston Lads beat Old Catton Juniors	2-1
1992-93 Downham YC beat Acle Boys	8-1
1993-94 Old Catton juniors beat Scole Lads	4-0
1994-95 Yarmouth Boys beat Hethersett Social	5-2
1995-96 Dersingham Minors beat Caister Utd	2-0
1996-97 Sprowston Lads beat Old Catton Juniors	4-1
1997-98 Caister Roma beat Fakenham Town Juniors	1-0
1998-99 Old Catton Juniors beat Gorleston Rangers	6-3
1999-00 Woottons (The) beat Caister Roma (aet)	2-1
2000-01 Lakeford Rangers beat Yarmouth Boys	4-3
2001-02 Lakeford Rangers beat Sheringham Youth	7-0
2002-03 Firside Athletic beat Lakeford Rangers (on pens (2-2 aet))	4-3

2003-04 Lakeford Rangers beat Spixworth Youth	2-1
2004-05 Dereham Town Youth beat Jex Rangers	1-0
2005-06 Gorleston Rangers Youth beat Downham Town Youth	5-2
2006-07 Downham Town Youth beat Drayton Youth	1-0
2007-08 Lakeford Rangers Juniors beat Gorleston Youth	3-0
2008-09 Sprowston beat Scole United	2-0
2009-10 Sprowston beat Loddon Grasshoppers	2-1
2010-11 Sprowston beat East Lynn	5-0
2011-12 Dereham Town Youth beat Clenchwarton	2-1
2012-13 Great Yarmouth Town beat Downham Town	2-1
2013-14 Reffley Youth beat Dereham Town Youth	4-3
2014-15 Thetford Town beat Lakeford Rangers	4-2
2015-16 Attleborough Town beat Dereham Town Youth	3-2
2016-17 Firside Athletic beat Reffley Youth	5-0
2017-18 Firside Athletic beat Attleborough Town	1-0
2018-19 Old Catton Juniors beat Taverham	1-0
2019-20 Wroxham vs Mulbarton Wanderers Finalists	
2020-21 Wroxham beat Sprowston	4-0
2021-22 Fakenham Town beat North Walsham Town	2-0
2022-23 Fakenham Town beat Terrington Tigers	3-1
2023-24 Fakenham Town beat Heacham	3-1

U16's Girls County Cup

2023-24 Dussindale & Hellesdon Rovers beat Costessey Sports	2-0
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Under 14 (Sunday)

1986-87 Caister North End beat Hungate Rovers Boys	5-2
1987-88 Poringland Youth beat Old Catton Juniors	2-1
1988-89 Sprowston Youth beat Old Catton Juniors (aet)	3-1
1989-90 Old Catton Juniors beat Magdalen Colts	3-2
1990-91 Old Catton Juniors beat Gorleston Rangers	4-0
1991-92 Scole Lads beat Thorpe Rovers	2-1
1992-93 Sprowston Youth beat Hellesdon	4-0
1993-94 Downham YC beat Fleggburgh Falcons	8-1
1994-95 Sprowston Lads beat Thetford Panthers	6-3
1995-96 Old Catton Juniors beat Caister Utd	5-0
1996-97 Spixworth beat Swaffham Town Colts	4-0
1997-98 Caister Roma beat Old Catton Juniors	5-2
1998-99 Lakeford Rangers beat Tilney Rovers	1-0
1999-00 Old Catton Juniors beat Yarmouth Boys	3-1
2000-01 Lakeford Rangers beat Firside Athletic (aet)	3-1
2001-02 Lakeford Rangers beat Sprowston Lads	2-0
2002-03 Jex Rangers beat Gorleston Youth	5-0
2003-04 Taverham beat Lakeford Rangers	3-2
2004-05 Downham Town Youth beat Sprowston Lads	4-1
2005-06 Lakeford Rangers Juniors beat Thorpe Rovers Juniors	1-0
2006-07 Sprowston Lads beats Mundford Youth	5-1
2007-08 Thorpe Rovers Youth beat St Andrews Youth (aet)	4-3
2008-09 Sprowston beat Dereham Town Youth (aet)	2-1
2009-10 Thorpe Rovers Youth beat Clenchwarton on pens (5-5 aet)	5-4
2010-11 Shrublands Juniors beat Gorleston Rangers Youth	4-0
2011-12 Taverham beat Lakeford Rangers	4-1
2012-13 Firside Athletic beat Harling Colts	4-0
2013-14 Dereham Town Youth beat Sprowston	2-0

Renamed Stuart Dracup Cup from 2014-15

Stuart Dracup Cup Finals

2014-15 Reffley Youth beat Firside Athletic	2-0
2015-16 Sprowston beat Lakeford Rangers Juniors	5-0
2016-17 St Andrews beat Attleborough Town	1-0
2017-18 Dereham Town beat Costessey Sports	3-2
2018-19 Firside Athletic beat Norman Wanderers	1-0
2019-20 Fakenham Town vs Wroxham Finalists	
2020-21 AC Mill Lane beat Horsford	2-0
2021-22 Blofield United Youth beat Wymondham Town United	3-1
2022-23 Wymondham Town United beat Hellesdon St Faiths on pens (2-2 aet)	5-4
2023-24 Wroxham beat Dereham Town Youth	4-2

U14's Girls County Cup

2023-24 Wymondham Town United beat Dereham Saints	5-0
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U12's County Cup

2018-19 Costessey Sports beat Reffley Youth	2-0
2019-20 Competition was not completed	
2020-21 Wroxham beat KLSC	4-1
2021-22 Attleborough Town beat Horsford on pens (2-2 aet)	11-10
2022-23 Costessey Sports Eagles beat Scole United	4-2
2023-24 Costessey Sports Lions beat Fakenham Town (1-1 after normal time)	11-10

U12's Girls County Cup

2023-24 Gorleston beat Terrington Tigers Youth	7-2
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SRB Cowles Cup Finals

1948-49 Thorpe Hamlet beat Norwich St Barnabas	5-1
1949-50 Alderman Jex YC beat Lynn North End Utd	2-1
1950-51 Alderman Jex YC beat Norman YC	5-1
1951-52 Crome YC beat Wymondham Minors	3-2
1952-53 Gorleston beat Wensum View YC	6-4
1953-54 Belmore Racers drew with Downham Town (Cup is held jointly)	4-4

For Schools

1957-58 Hammond's Grammar School beat Diss Grammar School	3-1
1958-59 CNS beat Paston Grammar School	2-1
1959-60 CNS beat Paston Grammar School	3-1
1960-61 CNS beat Fakenham Grammar School	4-0
1961-62 King Edward VII Grammar School, King's Lynn beat CNS	1-0
1962-63 King's Lynn Grammar School beat Fakenham Grammar School	3-2
1963-64 CNSOBU beat Fakenham	9-1
1964-65 Great Yarmouth Grammar Sch beat Fakenham Grammar Sch	3-1
1965-66 Paston Grammar School beat Hammond's Grammar School	3-2
1966-67 King's Lynn Grammar School beat Yarmouth Grammar School	3-0
1967-68 CNS beat King's Lynn Grammar School	4-1
1968-69 Great Yarmouth Grammar Sch beat Fakenham Grammar Sch	3-1
1969-70 Great Yarmouth Grammar School beat Thorpe Grammar School	4-2
1970-71 Great Yarmouth Grammar School beat Thetford Grammar School	4-2
1971-72 Great Yarmouth Grammar School beat CNS	1-0
1972-73 Norfolk College of Arts and Technology beat CNS	2-0
1973-74 King Edward VII Grammar School, King's Lynn beat CNS	3-0
(after 1-1 draw)	
1974-75 Hewett School beat King Edward VII School	3-1
1975-76 Paston Grammar School beat Hewett School	4-0
1976-77 Paston Grammar School beat NORCAT	3-2
1977-78 Paston Grammar School beat NORCAT	2-1
1978-79 Gorleston Grammar School beat Eaton CNS	2-1
1979-80 Thorpe St Andrew beat NORCAT	4-1
1980-81 Wymondham College beat Dereham High	2-1
1981-82 Wymondham College beat Fakenham Grammar School	3-1
1982-83 Hellesdon High beat Wymondham College	3-2
1983-84 Hellesdon High beat Wymondham College (aet)	2-1
1984-85 Hewett School beat NORCAT (aet)	2-1
1985-86 NORCAT beat Hellesdon High	8-0
1986-87 NORCAT beat Eaton CNS	2-0
1987-88 NORCAT beat Norfolk 6th Form College	8-0
1988-89 NORCAT beat Wymondham College	3-0
1989-90 NORCAT beat Hellesdon High	4-2
1990-91 Great Yarmouth College of FE beat Blyth Jex	3-0
1991-92 Paston 6th Form beat Sprowston High (on pens (2-2 aet))	5-4
1992-93 Hewett School beat Sprowston High School	5-2
1993-94 NORCAT beat Hewett School	5-2
1994-95 Sprwoston High School beat King Edward VII School	4-2
1995-96 Sprowston High School beat Hewett School	4-3
1996-97 Hewett School beat Springwood High	3-1
1997-98 Hewett School beat NORCAT	3-2
1998-99 Sprowston High School beat Hewett High School	3-1
1999-00 Sprowston High School beat The Park High School	2-0
2000-01 East Norfolk 6th Form College beat Hewett High School	3-2
2001-02 East Norfolk 6th Form College beat Hewett School	4-2
2002-03 East Norfolk 6th Form College beat College West Anglia (aet)	3-2
2003-04 College of West Anglia beat East Norfolk Sixth Form College	3-1
2004-05 College of West Anglia beat Thorpe St Andrew School	7-1
2005-06 College of West Anglia beat Flegg High School	9-3
2006-07 King Edward High School beat College of West Anglia	1-0

Norfolk & Suffolk Women's Cup Finals

1998-99 HP Needham Market Ladies (Suffolk) beat Norwich City Ladies	3-2
1999-00 Racers beat Stowmarket Ladies (Suffolk)	6-3
2000-01 Stowmarket Ladies (Suffolk) beat Haverhill Ladies (Suffolk)	8-0
2001-02 Stowmarket Ladies (Suffolk) beat Norwich City Racers	4-0
2002-03 Stowmarket Sophlogie (Suffolk) beat Norwich City Racers	1-0
2003-04 Stowmarket Sophlogie (Suffolk) beat Norwich City Ladies	1-0
2004-05 Stowmarket Sophlogie (Suffolk) beat Norwich City Canaries	1-0
2005-06 Ipswich Town (Suffolk) beat Norwich City Ladies (aet)	4-3
2006-07 Norwich City Ladies beat Ipswich Town Ladies on pens (3-3 aet)	
2007-08 Ipswich Town Ladies beat Norwich City Ladies	3-0
2008-09 Norwich City Ladies beat West Lynn Ladies	5-0
2009-10 Norwich City Ladies beat Ipswich Town Women	1-0

Norfolk Women's Cup Finals

2010-11 Norwich City Ladies beat Hethersett Athletic	2-1
2011-12 Norwich City Ladies beat Thorpe United	5-0
2012-13 Norwich City Ladies beat Acle United	6-1
2013-14 Norwich City Ladies beat Thorpe United	5-1
2014-15 Acle United beat Thorpe United (on pens (2-2 aet))	4-1
2015-16 Thorpe United beat Aylsham	2-0
2016-17 Thorpe United beat Wymondham Town	2-0
2017-18 Wymondham Town beat Acle United	3-2
2018-19 Wymondham Town beat Kings Lynn Town	4-1
2019-20 Wymondham Town vs Norwich City Women Finalists	
2020-21 Norwich City Women beat Mulbarton Wanderers	7-0
2021-22 Wymondham Town beat Mulbarton Wanderers	2-0
2022-23 Norwich City Women beat Mulbarton Wanderers	3-0
2023-24 Norwich City Women beat Wroxham	6-0

Norfolk Veterans' Cup Finals

2009-10 Norwich Trafford beat The Griffin	3-0
2010-11 Norwich Trafford beat Sprowston Wanderers	2-1
2011-12 Norwich Trafford beat The Griffin	4-2
2012-13 Quebec Vets beat Long Stratton	4-0
2013-14 Lynn North End beat Scole United	6-0
2014-15 Lynn North End beat Quebec Vets (on pens (1-1 aet))	4-3
2015-16 Horsford United beat Quebec Vets	2-1
2016-17 Cringleford Veterans beat Thetford Town	3-1
2017-18 Cringleford Veterans beat Horsford	4-1
2018-19 Horsford beat Tavern Old Boys (after 3-3 draw (aet))	4-3
2019-20 Cringleford Veterans vs AFC Lynn Napier Finalists	
2020-21 Cringleford Veterans beat Mulbarton Wanderers	5-2
2021-22 Costessey Sports Y.B.V beat Thetford Town	5-2
2022-23 Cringleford Veterans beat Sprowston	4-0
2023-24 AFC Lynn beat Loddon United (on pens 2-2 after normal time)	4-2