

Norfolk County FA

Suspensions



Automatic match based suspensions

Automatic match based suspensions are imposed following the receipt of a standard charge (red card) or an accumulation of cautions (yellow cards).

Match based suspensions are category specific. For example, a player sent off on Saturday is able to continue playing Sundays during the suspension period. The categories of football are:

Saturday	School
Sunday	Representative
Midweek	Veterans
Further Education	Friendly

Suspensions commence automatically 7 days after the date of the offence.

Standard charges from friendly fixtures will incur a 1 match suspension from the next friendly for that team.

Misconduct suspensions

Suspensions imposed following a misconduct charge can either be match or term based (i.e. number of days). Term based suspension generally apply for serious misconduct matters, and non-playing participants (e.g. referee)

A misconduct suspension is from all categories of football until the team has completed the required number of matches, or the term of the suspension has been completed.

Non playing team officials (managers/coaches etc) will be subjected to a ground ban – a suspension from attending the ground before, during or after any match that the team participates in.

Interim Suspension Order (ISO)

An ISO is raised as a result of an allegation of serious misconduct, or charged with a criminal offence.

The participant is suspended from all football with immediate effect, pending the outcome of the case or legal proceedings.

Sine Die suspensions

Participants who have unpaid discipline cases, an ISO, or have failed to settle a Football Debt Recovery action in time will have a sine die suspension imposed.

A sine die suspension is a suspension from all categories of football, until such time that the discipline case or debt has been settled.

Suspension transfers

When a player transfers the suspension transfer depends on the level of football of the two teams:

- Same level: the suspension will transfer with the player
- Different level: the remainder of the suspension served by matches of the team the player moves from

The football levels for the purposes of suspension transfers are:

Premier League/EFL/ National League	National League (N&S)/Isthmian League/Northern Premier/Southern League	Step 5-7/Outside NLS
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