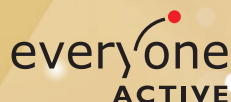


# EALING SPORTS AWARDS 2022

Supported by Everyone Active



# EALING SPORTS AWARDS

## MESSAGE FROM COUNCILLOR



### **JASBIR ANAND, CABINET MEMBER FOR THRIVING COMMUNITIES**

"I am delighted to welcome nominees, guests and supporters to the 4th Ealing Sports Awards evening, supported by Everyone Active, which I am sure will be a fantastic event to celebrate all the grassroots and community sports that takes place in our Borough. This is the first Ealing Sports Awards to take place since Covid-19, and the pandemic showed us all just how important getting out and about with friends and neighbours is for our mental and physical wellbeing. We are so fortunate in Ealing to have such a diverse and thriving network of sports clubs which reflect and meet the diversity of our borough, but we know that the last few years have been especially challenging for grassroots organisations. That's why it is even more special to be able to celebrate the excellent work, often done by volunteers, to bring people of all generations together through sport.

I am hopeful that as we emerge from the pandemic, Ealing's young people will be more inspired than ever by the likes of Ealing's own Bukayo Saka, who showed us all what it means to be a true sportsman during last year's Euros tournament. While we can't all be an England star, I know that the same dedication, courage and teamwork takes place across our network of indoor and outdoor sports every single week.

I want to congratulate all the nominees and winners this evening, and thank everyone who has come along to show your support, as well as all those who submitted a nomination. I am proud to represent Ealing and its diversity, passion and dedication."

# EALING SPORTS AWARDS

## COMPÈRE FOR THE EVENING



### **PETER GORDON**

An accomplished broadcaster, performer, communications specialist, and event host. Peter's career spans more than 30 years; he was the Content Director, voice, and indeed the public face, of Eagle Radio, broadcasting to Surrey and Hampshire, which was the leading commercial radio station for audience reach in one of Europe's busiest and competitive radio markets of more than 70 radio stations. He also hosted the radio station's breakfast show for 25 years.

In recent times, Peter has presented the breakfast show on BBC Radio Surrey as well as a much loved weekly 80s show on the south coast's V2 Radio.

As one of the original employees of the ground-breaking UKRD Radio Group, which prided itself on a supportive company culture – winning the "Sunday Times Best Company to Work For" award many times – Peter actively promotes the importance of strong cultural values in business to help inclusivity and staff engagement. He now runs coaching sessions and workshops on request to help groups and organisations move forward through better conversations.

Peter is also a voice artist and professional actor - appearing over many years in pantomime at Guildford's Yvonne Arnaud Theatre as well as previously at Woking's New Victoria Theatre and Aldershot's Princes Hall. He also took on the role of Falstaff in the Guildford Shakespeare Company's open air production of the Merry Wives of Windsor.

[www.petergordon.uk](http://www.petergordon.uk)

# OUTSTANDING CONTRIBUTION TO SPORT SHORTLIST



## DANNY HARLOW EALING TRAILFINDERS COMMUNITY DEPARTMENT

**Dedicated • Engaging • Inclusive**

Danny runs the Community Department at Ealing Trailfinders Rugby Club. Over the past few years he and his colleagues have made remarkable progress and growth with their engaging multi-sports and rugby specific community programmes. Danny has established school holiday, after school club and disability engagement programmes, plus football teams, women's community rugby coaching clinics and a women's team. Danny also coordinates food bank donation sessions at the Club to help the Ealing Food Bank. Danny is an extremely dedicated guy who has children's engagement, development and fun at the heart of everything he does.

*"I am honoured to be nominated and short-listed for the Outstanding Contribution To Sport Award at the 2022 Ealing Sports Awards. We have a great team in the Ealing Trailfinders Community Department who are all passionate about creating a safe, fun environment, where children and young adults can experience all the great things team sports have to offer. It's a pleasure to work alongside such amazing people. We have achieved many great things over the past few years and we are all excited about what is to come over the next year!"*



## JAMES GRIGG EALING CRICKET CLUB

**Passionate • Hardworking • Motivated**

Without James, Ealing Cricket Club would be an entirely different club. As treasurer, James secured the club registered charity status which kick started the club as well as coaching in the community, at schools and at charity events. He helped initiate the club's seven girls and womens teams, currently 130+ playing softball and hardball cricket, linking with girls' schools and local universities. As Head of Juniors, James is the initial point of contact for parents, he's also Club Secretary and the Chair of Trustees. He manages the club's coaching employees and helps fund raise, including helping with the club's annual fireworks display, which attracts 6,000+ people. James also assists with Ealing Borough Cricket and Ealing's London Youth Games team. There is no one as far as Ealing CC is concerned, that deserves to be recognised more as making a constant, tireless outstanding contribution to sport.

*"I am very honoured to have been nominated for an Award at the Ealing Sports Awards 2022. I am very fortunate to be involved in such a dynamic club, and have so many other people to assist me in the various activities in which I am involved."*

# OUTSTANDING CONTRIBUTION TO SPORT SHORTLIST



## JEFF MOORES EALING HOCKEY CLUB

**Resourceful • Committed • Supportive**

Jeff founded Ealing Hockey Club in 2013 after supporting Active Ealing with London Youth Games since 2008 and the Borough's School Games since 2013. In 2021 Ealing won U14 LYG regional gold and silver. Jeff used the success of LYG and the 2012 Olympics to provide the foundations for the member-owned and run Community Amateur Hockey Club, which now has over 450 members, primarily juniors, with the adult teams providing a player pathway. Jeff remains Chairman and leads the coaching, which included remote training during lockdown. Along with business colleagues, Jeff donated 3D printers to two state schools, and with the schools and a WI group, donated circa 21,000 items of PPE to care homes and local hospitals. Post lockdown, three junior teams reached league finals and two teams reached London Cup finals, winning gold, silver and two bronze. After a tough year, Jeff continues to develop the club, it's coaches and it's members, ensuring the club remains fresh and welcoming to new and existing members.

*"I am honoured to have been nominated for this award. It is a testament to all of the members and volunteers as without them the club would not be what it is and I would not have the enjoyment of it."*



## SUNIL BIRDY PACE CHARITABLE TRUST

**Passionate • Nurturing • Driven**

Sunil has volunteered his time and energy since PACE was formed in 2004. His dedication and passion for sport, particularly Boccia, is evident not only through his work with committed top athletes but also with youngsters and adults just beginning their sporting journey, who have severe and complex health, physical and learning difficulties, ensuring they actively participate and experience Boccia. Sunil has infused his coaching style and experience into the core structure of the club creating high calibre volunteers, coaches and athletes from grassroots to international level. At the start of the pandemic, Sunil swiftly developed a series of online services including PACE Online, PACE Pals, PACE your Body and PACE Presents to keep members and the wider community engaged in physical activity and mental wellbeing.

*"I am very grateful to have had my work recognised and to be nominated for this award. The last few years have seen a huge increase in barriers to participation, at a time where physical and mental health must be prioritised. To receive this nomination means the work that has and is being done is surely having a positive impact on the local community, which I am delighted with."*



# COACH OF THE YEAR SHORTLIST



## ALLAN COCKRAM BRENTFORD PENGUINS FC

**Joyful • Encouraging • Inspiring**

Allan and his wife Vickie, set up Brentford Penguins FC, a football group for children with Down Syndrome in 2017, with not much know how, just a conviction to do something to enrich the lives of children with down syndrome with an aspiration that they play football. Allan reached out to the Down Syndrome Association for advice and training and has created a place where children are able to blossom and keep active in a safe environment, involving adults with Down Syndrome to help with training. He is willing to learn, is warm, cheerful, patient and kind; the space he's created allows parents to share and support each other and allows players to build friendships that otherwise would be outside of their ability. Through lockdown, Allan kept in touch with the group by way of WhatsApp encouraging them to keep fit and active. Coach AI has brought fun, friendship and football to many lives and given people a sense of pride, self esteem and belonging.

*"It is an absolute honour to be shortlisted for this award, but it is even more of an honour to represent the children and their families who have helped us grow in the last five years."*



## HUSNA DILDAR BRITISH WOMEN'S TAE KWON DO CLUB

**Committed • Creative  
Inspiring Role Model**

Husna grew up in a household where Tae Kwon Do was very much part of daily life, encouraged by her father - grandmaster, Yousuf Dildar; Husna, at the young age of 15, started a Ladies only class - the British Women's Tae Kwon Do Club at St Andrews Church in Ealing. Over time she created a one-of-a-kind club, encouraging and empowering women to take up the sport and improve their health - physically, mentally, and emotionally. Her belief in the members' abilities is unrelenting and she has taken her first white belt cohort to achieve their black belts, overcoming limitations with grading opportunities by creating a new ladies-only grading to enable women to continue to progress within the sport. In addition, she took her first all-women team to the British Tae Kwon Do national championships with many returning as medallists and best of all with an increased belief in themselves. Husna has an unassuming manner and is an outstanding and inspiring role model and motivator.

*"I am truly humbled and extremely honoured to be among this year's nominees for Coach Of The Year. I am not sure if a student, co-worker, friend or family member nominated me, but to the person who did, thank you."*

# COACH OF THE YEAR SHORTLIST



## MD TANVIR AHAMED LONDON TIGERS

**Hard Working • Inspirational • Nurturing**

Tanvir, coach for London Tigers over the last six years has made a big difference to so many individuals, both young and old, helping over 500 young people achieve their goal of playing cricket. Tanvir's U13 and U14s were crowned Middlesex Junior Cricket League champions this year and the U12 and U15 teams were runners-up. Tanvir joined London Tigers at a stage where they had just a handful of cricketers, now London Tigers' Cricket has secured Clubmark status, runs five colts teams, two youth teams and four adult teams; Tanvir also coaches in local schools, providing innovative, fun coaching sessions. Many young cricketers have progressed to Borough, Regional and County Level cricket due to his coaching and training and in 2021, Tanvir was nominated for coach of the year by Middlesex at Lords, his next challenge is to become an ECB Level 3 coach.

*"I am surprised and pleased to receive the nomination for the second time. We are a local club and my job is to bring the communities together, especially the young people around me who are so excited after the news."*



## STEVE NEWLAND POWERDAY HOOKS BOXING ABC

**Committed • Experienced • Supportive**

At 66, Steve has 38 years experience as a boxing coach, volunteering six days a week for the last 13 years as Head Coach at Hooks Boxing. Steve is committed to making boxing fun and affordable to everyone regardless of age, ability or background, he mentors young people with weight problems, physical, mental and emotional disabilities or disadvantages and helps youngsters transform their own lives. Steve has coached over 80 National Champions as well as Olympic Gold medallists and this year the European Youth Champion, eight National Champions, one National Runner Up, five National semi-finalists and 14 London Champions plus he's worked with GB Boxing preparing two boxers for the next Olympics. Steve's passion, enthusiasm, energy and commitment to youngsters and boxing is truly inspirational.

*"Ealing Sports Awards are special for us at Powerday Hooks Boxing, as all at Ealing Council were very helpful in finding us our own premises. Ealing Council continue to follow and support us, so after winning 9 national titles and a European Championship this season, with three of us being shortlisted by Ealing for awards, makes this year's Ealing Sports Awards a big evening for our club and a way for us to show part of the role we play in the community and the success we bring to Ealing."*

# JUNIOR CLUB OF THE YEAR SHORTLIST



## LONDON PULSE BASKETBALL CLUB

**Inspiring • Community • Respectful**

London Pulse, make such a big difference to children's and young people's lives; a community basketball club running sessions and teams for well over 100 people of different ages and abilities, from beginners to National league teams. Pulse puts youth engagement first in the club model and insist on good behaviours and values of inclusivity, tolerance, and respect for everyone regardless of their background. There is an ethos of teamwork and community and the whole culture supports positive youth development as well as coaches and older players providing brilliant role models and instilling good values. The club has a reputation for being a caring club with player welfare extending well beyond basketball alone. It seeks to support parents in developing young people that will contribute to society in a positive manner.

*"It's a tremendous honour to be nominated for the Ealing Sports Award, as this comes from our community members. At London Pulse, we get really excited about youth development through basketball, and our focus has been to expand our reach to as many young people in the borough as possible. In addition, being nominated gives recognition to our volunteers and all the work they do every week to build and lead our programmes."*



## LONDON TIGERS COLTS CRICKET CLUB

**Outstanding • Inspirational  
Family-Friendly**

London Tigers has worked tirelessly to create a new junior cricket club in Southall, which now has over 300 junior cricketers from a wide range of cultural backgrounds including Bengali, Gujrati, Punjabi, Tamil, Kashmiri, Goan and Pakistani. The club works within the local community and engages with mosques, temples and community groups to reach many local families. The club is Clubmark accredited and provides youngsters of all abilities and backgrounds with the opportunity to play cricket in a friendly and safe environment; during school holidays, after school and at weekends. In 2021, London Tigers became the most successful club across the Middlesex Leagues with the U13's and U14's becoming league champions and the U12's and U15's runners up, with the U17's, U19's and U21's all playing well too. Tigers has also created partnerships and pathways with many local schools such as Lady Margaret Primary, Featherstone, Villiers High School, Dormers Wells and North Primary School.

*"We are thrilled to be shortlisted for the Junior Club of the Year. Helping children prosper and follow their dreams has been a big part of our mission. We create opportunities so that everyone can fulfil their dreams and improve their lives."*

# JUNIOR CLUB OF THE YEAR SHORTLIST



## LONDON TRAMPOLINE ACADEMY

**Inclusive • Energetic • Friendly**

London Trampoline Academy delivers a range of sessions for over 200, under-18s, including disability, pre-school, recreational, regional and national competitive squads. All these groups train together to create an aspirational environment for all levels of participant. The club supports many participants to become coaches through regular mentoring, in-house training and formal qualifications. The club has worked hard to create spaces within sessions for those with a disability by supporting coaches to access training via funding and in house training. Online sessions during COVID helped keep club members connected and ensured once lockdown ended the club was ready to go! As a registered charity the club regularly looks for funding to help purchase equipment and cover the costs of coaching courses, so that the club is constantly developing coaches to ensure classes are accessible and sustainable.

*"London Trampoline Academy is really proud and excited to be shortlisted for Junior Sports Club of the Year!"*

*"Being shortlisted for this award is a fantastic recognition of all the hard work our club members put in to create a successful and inclusive club for all."*

# ADULT VOLUNTEER OF THE YEAR SHORTLIST



## ALEX DUKES PACE CHARITABLE TRUST

**Approachable • Empathising • Supportive**

Alex joined PACE 16 years ago as a member and is now a volunteer, team leader, boccia coach and captain of the PACE A Boccia Team, he also writes for the website. Alex has committed endless time and energy to delivering sessions at PACE, in the community, schools, day centres for adults with complex health and communication needs and online during the pandemic, utilizing his IT skills, so that members had access to physical activity programmes and fun activities. Alex is always ready to step up when required, everything he does is to the best of his ability and with 100% commitment. He always shows kindness and is incredibly popular with everybody at PACE.

*"I'm extremely grateful for this nomination and the recognition that comes with it. I'm really proud of the work we have all done at PACE particularly these last couple of years, adapting to real world challenges, creating online multiple sessions for our members to socialize and talk about issues that matter to them. It has been great to see the sessions continue to grow into 2022 and add these sessions to my coaching commitments. It is a huge honour just to be nominated so thank you to PACE and Ealing Sports Awards."*



## JAMIE CUTTICA THE BRENTHAM CLUB

**Altruistic • Hard-working • Supportive**

Jamie has been involved with the Brentham Club for many years. As a youth, he stocked the bars and helped around the club and was a cricket and tennis member before eventually joining the football team as a player, then manager. Within the last 10 years, Jamie has taken on the roles of Secretary, Treasurer, Kit Man and First Aider as well as maintaining the changing rooms and assisting with the pitch maintenance, all voluntary roles. Jamie is someone that everyone at the club looks up to and respects, he offers encouragement and support to anyone that needs it and always looks at ways for the club to improve. Jamie helps the club to find sponsorship and has gained grant funding for the club that has enabled the purchase of new equipment for pitch maintenance.

*"I take great pleasure in running the adult football section of Brentham FC where I was once a player and manager. Seeing the players enjoy the sport I love gives me great satisfaction and I feel privileged to be part of our great club. To be shortlisted for an award is an exciting honour for which I really do appreciate the recognition."*

# ADULT VOLUNTEER OF THE YEAR SHORTLIST



## JENNY DAWUDA ACTON EALING WHISTLERS FOOTBALL CLUB

**Organised • Committed • Unassuming**

Jenny is a remarkable volunteer who without fuss, has transformed Acton Ealing Whistlers, she has secured vital grants including FA Wildcats funding three years ago to establish female football at the club and has organised the girls' section ever since, from four players to almost 80, with two girls' teams playing in the Capital Girls League who Jenny also volunteers for, using her digital marketing skills to promote female football. Jenny has recruited two aspiring female coaches and supported their development through the 100FC scheme and has inspired the club to establish an adult women's team. Whistlers is so fortunate to have such a kind, caring and committed volunteer whose efforts have provided opportunities to so many players.

*"I am thrilled and proud to have been nominated and shortlisted for this Award. It's an exciting time to be involved with girls' football and I'm driven by wanting to provide females with their own space to participate, be inspired and gain great enjoyment from the game. The work I do to grow girls' football at Acton Ealing Whistlers is only possible through the support of a fantastic and progressive committee and a wonderful community of players and parents. I'd like to thank them all and recognise their contribution to this shortlisting too."*



## JOHN BIVENS NORTH GREENFORD UNITED FC

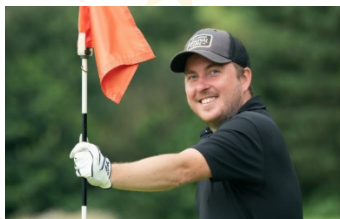
**Considerate • Thoughtful • Kind**

John is chairman of North Greenford United football club, he has been in football for over sixty years and has played football, coached football, managed football at many levels and has been awarded a 50 year medal from the Football Association for services to football. As Chairman of NGU he is still very active, he cleans the changing rooms after each game and can always be seen with a strimmer or lawn mower in his hand keeping the ground tidy, he can also be seen in close season barrowing soil on the pitch, nothing is too much trouble for him.

*"I am deeply humbled and honoured to be shortlisted for this award. As the club Chairman I dedicate this honour to the hard working Committee, Coaching Team, Volunteers, Supporters and Players at North Greenford United FC who are the backbone of the club."*



# ADULT VOLUNTEER OF THE YEAR SHORTLIST



## KIERAN GIRVAN BRENT VALLEY GOLF CLUB

**Unflappable • Selfless • Expert**

As the club's competition secretary, Kieran modernised the way club competitions are organised, taking the process online, making sure any member who was not comfortable with the process was given training or alternative arrangements. He also introduced club chat groups, to connect members, even when they can't be on the golf course. Participation has increased and there is a real sense of community amongst members. Kieran also updated the club's website, which now provides a bright and welcoming portal to new members. He has an eye for detail and a head for complexity that has been key to successfully modernising the club. After 10 years, Kieran returns to his native Cornwall this year, but he leaves Brent Valley Golf Club a transformed sports club thanks to his tireless, selfless and expert work.

*"I feel very proud and honoured to have been nominated for this award. It is very clear how important Brent Valley Golf Club is for the local community, by offering everyone the ability to play a sport in a safe and friendly environment, especially considering the recent pandemic. Offering some technical expertise and governance over the running of competitions is my little way of giving back to this great club."*



## MATTHEW VILLARUEL EALING CANOE CLUB

**Enthusiastic • Organised • Polite**

All coaches of Ealing Canoe Club are volunteers and Matthew is one of them. During the warmer months he could organise and run 40 beginner's sessions as well as the usual three sessions every week all year round. Matthew is the leader of the club, he organises participants for all the regional and national competitions and is working to create a new club website, renewed logo, banners and club uniforms. Matthew finds time for his family, for his work and for the club and thanks mainly to Matthew the club runs smoothly.

*"I feel honoured to be nominated for the adult volunteer award, especially since I really enjoy introducing new adults and children to our sport and seeing them growing in confidence, ability and fitness as they progress. I would highly recommend others to get involved in volunteering as it can be very rewarding."*

# ADULT VOLUNTEER OF THE YEAR SHORTLIST



## PENNY LEWIS EALING CRICKET CLUB AND EALING HOCKEY CLUB

**Committed • Passionate • Hard-working**

Penny has been a member of Ealing Cricket Club for the last seven years and has always looked to volunteer for roles within the Club. Initially a parent volunteer within her son's age group, she went on to volunteer as U12A's/ U13B's age group manager doing an excellent job over the past five years organising over 60 children. Penny organises matches and training, assisting the Club's coaches to make sessions more effective and enjoyable. As well as her efforts helping her teams win their respective MJCA League titles last season, Penny is also a Youth Cricket committee member and for the last four years the lead organiser for the Annual Colts Festival. Last year, she additionally led three internal league teams and still found time to volunteer for Ealing Hockey Club. This year she has increased her contributions by accepting a role as a Trustee with special responsibilities as the Safeguarding Officer, having trained as a Club Welfare Officer.

*"I am extremely proud to be nominated for Adult Volunteer of the Year Award. Sport is so important for the physical, social and mental health of individuals and I love to support and enable others to partake and experience sport."*



## STUART PUGH ATHLETICS

**Happy • Dedicated • Constant**

Volunteer officials are the unsung heroes of British athletics, without volunteer officials there would be no events, these are the people on their feet for 10 hours a day measuring long jumps, dodging javelins and timing runners. They are the people who give up their time to marshal cross country races in corners of windblown parks enduring all weathers so that athletes can compete fairly and safely. And the one person who will always be there is Stuart. You'll see him marshalling at Parkrun on Saturday morning and possibly later that same day he'll be officiating at a track meet somewhere else. He'll reappear at junior parkrun on Sunday followed by another athletics event in the afternoon. You'll see his beaming smile in the finishers' tunnel at a junior cross country event at Horsenden Hill in the pouring rain, then with the same friendly demeanour he'll be officiating over at Lee Valley in East London.

*"I am totally surprised and thrilled to have been nominated for this award. I really enjoy volunteering with Ealing Eagles, Parkrun and Ealing Half Marathon. It's great to be able to ensure people can enjoy sport and to do my bit alongside so many others."*



# ADULT VOLUNTEER OF THE YEAR SHORTLIST



## SUNIL RAJAL BOXING

**Enthusiastic • Committed • Patient**

Sunil volunteers his time to teach boxing at the Singh Sabha Gurdwara in Southall, he offers free weekly classes open to all children in the community aged 5+, bringing a wealth of experience and knowledge from his professional career, both about the sport and the discipline it requires. Sunil is an outstanding role model, teaching children right from wrong and supporting both children and families with any personal problems. Through his engagement with children attending classes he has had a positive impact on the children's health and activity, their confidence, and also in their faith and giving back to the community via other volunteer roles. Sunil's commitment, enthusiasm and patience has seen the classes continue to grow in size and popularity.

*"I feel honoured to be nominated for this award. I hope my motivation for voluntary work will be the inspiration for others to do the same in investing to build our local and national communities."*

# SPORTS CLUB OF THE YEAR SHORTLIST



## BRENT VALLEY GOLF CLUB

**Anti-stereotypical • Vibrant • People-based**

Brent Valley Golf Club is run by volunteers and open to all, with members aged from 13 to 83, from a diverse range of backgrounds. In 2021 the club raised £15,000 for a junior academy and awarded bursaries to 16 children aged 14-16yrs, some have already gained an official World Handicap System handicap and many parents have started to play too. In 2021, the club gained SafeGolf accreditation and became a signatory to England Golf's Women in Golf Charter.

*"Brent Valley Golf Club is thrilled to be chosen as a finalist for Ealing Sports Club of the Year. We are quite different to many golf clubs - our membership comes from a wide range of backgrounds, it doesn't cost a lot to be a member and we don't mind if your socks are shorter than two inches in the summer - so it is particularly pleasing that our approach is being recognised. Brent Valley has a long history going back to 1909 and our volunteer members are working hard as a club to modernise our systems and governance to offer our members the best possible golfing and social experience at a reasonable price so that we are here for another hundred years and more. We thank Ealing Council for this wonderful recognition of our club."*



## EALING CRICKET CLUB

**Participation • Excellence • Partnerships**

Since 2019, Ealing Cricket Club has grown from 400 juniors and seven senior sides to 650+ juniors across 29 teams and 10 Senior Men's/Women's Teams. Even more school and university partnerships have been created, especially focussing on girls and womens cricket. Performance wise the Emerging Players Programme, Academy and Elite Academy programmes have helped produce many more Junior county cricketers - already over 20 and the club's juniors managed to reach 20 county finals, winning 11. The club now has 10 cricket coaches and offers training and mentoring to seven young coaches. The club also caters for the wider community in terms of school holiday activities, with over 2,400 children aged five to 14 involved last year.

*"We are thrilled to have been shortlisted for the Sports Club of the Year Award. It is a great testament to the efforts of so many people who contribute to our activities as a Cricket Club. The Club continues to grow in all areas whether for Senior teams, Junior teams or for Social Members. The amount of cricket offered has increased across all age groups and levels and this underlines all the reasons why the Club might be considered one of the leading sports clubs in the Borough."*

# SPORTS CLUB OF THE YEAR SHORTLIST

# INCLUSIVE AND ACTIVE AWARD SHORTLIST



## EALING EAGLES RUNNING CLUB

**Friendly • Inclusive • Social**

The club, run by volunteers, provides a friendly, welcoming and inclusive environment for anyone wanting to start or improve their running, there are sections for all ages including a children's club. The club also encourages social events and during lockdown, the club's social platform kept everyone going and many competitions and challenges were arranged in Ealing's parks. The club also works well with local partners and regularly champions local community venues and businesses. Its activities for all abilities has allowed a huge number of residents to find a safe place to start and continue their running life.

*"We want to thank all of our members who, in addition to being runners, are also the volunteers who help organise races, coach sessions, provide training plans, arrange events for the club, and so much more. Without them, we would not be entering our 13th year as a running club.*

*We also want to thank everyone who nominated us, we are very proud to run around the streets of Ealing and be able to provide a friendly and inclusive club for all abilities of runners in the community. Give us a wave next time you see an Eagle and we look forward to celebrating with all the nominees at the Ealing Sports Awards."*



## PACE CHARITABLE TRUST

**Opportunities • Adaptability • Empowering**

PACE was established in 2004, and has supported over 11,000 disabled and non-disabled people to access adapted sport and physical activity programmes through its work in the wider community, particularly through schools and day centres for people with severe and complex health, neurological and communication difficulties. PACE developed online services during the pandemic, including PACE Online, where members socialised; PACE Pals gave members an opportunity to discuss current issues affecting them; PACE your Body, included stretching and strengthening, as well as chair yoga, safe and accessible for all ability levels and PACE Presents stimulating creative talents.

*"We all at PACE are greatly honoured to be shortlisted for this award. It represents a great leap forward for us to be recognised as a sports club for ALL ability levels and the nature of the sports we offer to be placed on an equal level with mainstream sports. The recent challenging times have certainly been that, challenging, but the determination and commitment of our volunteers has meant that one of our athletes represented GB in the World Boccia Championships in Brazil this April and our PACE Boccia A Team have retained their position in the Boccia Super League. Boccia is the only paralympic sport for people with a neurological condition and the fact that our athletes are still experiencing great successes, changing their lives and those of their families, is a great testament to all those who support PACE. Thank you for the recognition!"*



## ALLAN COCKRAM BRENTFORD PENGUINS FC

**Understanding • Family • Caring**

Allan is an ex-professional footballer who started Brentford Penguins FC for children and young adults with Down Syndrome. The club runs every week in Gunnersbury Park and is linked to Brentford FC. "Coach AI" set up, runs and raises funds for the club, organises children's social events, seats at premier ship matches and parent drinks. The children thrive being in the group, their fitness, sociability and empathy has flourished. Allan is a dynamic person and has the skill and ability to adapt the activities depending on the level of a child's ability, no child is over looked and his commitment to the group is unquestionable. Throughout lock down, Allan kept in touch with the group using WhatsApp to engage and encourage them to keep fit and active, setting weekly challenges for each child, which they would be videoed achieving and rewarded with a return video of praise. Coach AI has brought fun, friendship and football to many lives.

*"It is an absolute honour to be shortlisted for this award but it is even more of an honour to represent the children and their families who have helped us grow in the last 5 years."*



## KULDIP GILL LETS GO SOUTHALL

**Inspiring • Dedicated • Caring**

If you were to look up positive culture, perseverance, accountability or loyalty to team - you would find Kuldip Gill in the definition. After a life changing illness, Kuldip has gone from strength to strength and along the way found the time and energy to help others. He has been an inspirational motivator in getting people in the local community healthier and more outgoing. He is out in all weathers because he is committed and will not let anyone down. Kuldip is a valued member of the Lets Go Southall - Active Communities Team, running a multitude of training sessions and activities. All this done with a smile.

*"I'm very touched to have been considered for this award, for me it's just about trying to make a difference and help the community. My own life changing journey started about 4.5 years ago and life was certainly a challenge.*

*Active communities' team gave me opportunities and gave me a sense of purpose. I became an activator (instructor) with the great outdoor gym company, helped with the design of the four gyms that have been installed in Southall, introduced the first fully accessible weighted machines, Southall being the first area in the UK to have a TGO outdoor accessible gym."*



# INCLUSIVE AND ACTIVE AWARD SHORTLIST



## MARK NEEDHAM WILLOW TREE SCHOOL SPORTS PARTNERSHIP

**Inspirational • Professional • Positive**

In his 18 years in the Willow Tree SSP, Mark has made a significant impact in the development and delivery of sport and physical activity opportunities for people with a disability and/or additional needs, supporting over 35 schools to develop an inclusive curriculum and extra-curricular offer. Mark is a compassionate professional in understanding the needs of pupils, which has meant that young people in Ealing have accessed a range of experiences that they would not have otherwise had in their lives - new places, new challenges and new achievements! Mark has also worked in other boroughs, with National Governing Bodies, National Programmes and community clubs to ensure inclusivity for all young people. Mark has been an inspiration to Ealing's PE leads and school staff, leaving a great legacy based on positivity, humility and optimism.

*"It is an honour to be nominated for this award and came as a complete surprise. Over the years I have been lucky enough to work alongside some amazing colleagues, coaches and club staff in Ealing to further develop inclusive sporting opportunities for more young people. It gives me great satisfaction to know the work we have collaborated on has made a difference for young people targeted as less active. It is humbling to be recognised for my contribution."*



## PACE CHARITABLE TRUST

**Empowering • Progressive • Opportunities**

PACE provides opportunities for people of all abilities to access and actively participate in sports and physical activity at a level of their choice. PACE has done this by providing opportunities for personal development, empowering members to achieve a better quality of life, through sport, helping them to become independent, confident and with greater control of decisions affecting their lives and by having an organisational structure which allows for organic growth and exit routes for participants to progress to. During COVID, PACE's inspirational team of volunteers who constantly strive to alleviate barriers to sport, kept members engaged by developing a range of online services catering for their physical and mental well-being. PACE achieved The Queen's Award for Voluntary Service, for the support it provided during the pandemic.

*"We are absolutely thrilled to be shortlisted for the Inclusive and Active Award by Ealing Sports Awards. This nomination recognizes the important work all the PACE volunteers have been doing through the recent challenging times, looking after the physical and mental well-being of those members of the community who have been experiencing isolation well before COVID appeared on the scene. Thank you to all those involved in keeping PACE going by delivering services that kept our members engaged in a fun, progressive and stimulating way."*

# JUNIOR SPORTS PERSON OF THE YEAR SHORTLIST



## DAMAR THOMAS BOXING

**Determination • Skill • Speed**

Damar, a local Ealing lad, walked into Powerday Hooks Boxing ABC three and a half years ago never having boxed. Under the tutelage of renowned trainer, Steve Newland, Damar very quickly picked up boxing, winning the National Development Championship in his first year as a boxer. Through hard work, determination and perseverance and despite 18 months of COVID-19 disruption, Damar won the U92 kilogram National Youth Championship. Then, this year, boxing for England, won the Demen Round Robin in Germany and the 2022 European Youth Boxing Championships in April, only the World Youth Championships are bigger than the European Championships. Damar is now a force in international boxing and is part of both England and Great Britain Boxing Teams.

*"Being shortlisted for an award from Ealing Council has special meaning for me and my parents, as I was born, bred and have lived my whole life in Ealing. From never having boxed, then walking into Powerday Hooks Boxing Club, 18 months before COVID lockdown, winning the national title, boxing for England and winning the European Championships has changed my life, thank you Powerday Hooks."*

*Having my coach, Steve Newland, and club mate, Patris Mughalzai also shortlisted adds to the occasion. Thank you Ealing Council."*



## GUS CARTER ATHLETICS

**Talented • Committed • Fun**

Gus is a member of Ealing Southall and Middlesex AC. An already talented sprinter, Gus started hurdling in 2019 and in 2020 as an U17 athlete he switched his emphasis from sprint hurdles to 400m hurdles. There were very few opportunities to compete in the pandemic year, but in 2021, Gus finished 3rd in both the England U17 championships and the English Schools U17 championships. His hard work and commitment in training look like they will continue to pay dividends going forward, as in his first race of 2022 he set a personal best as an U20 (over higher hurdles) and is currently ranked 4th in the country. Gus is a great role model to other athletes.

*"I feel honoured and proud to have been shortlisted for Ealing Junior Sports Person of the Year Award. I am extremely grateful to my coach, Pat, as well as Ealing, Southall and Middlesex Athletics Club, for their support and guidance with my athletics. This nomination will spur me on to strive for greater success on the track and to improve on my achievements to date. Thank you for the recognition of my hard work and progress in athletics this year."*



# JUNIOR SPORTS PERSON OF THE YEAR SHORTLIST



## JASPREET KAUR GILL MULTI-SPORT

**Ambitious • Determined • Humble**

Jaspreet is in Year 9 at Notting Hill and Ealing High School, and shows exceptional skill in a number of sports. Jaspreet played U15s Middlesex Cricket and her NHEHS team was crowned U15 Regional Indoor Cricket Champions. Jaspreet plays netball at the Academy Netball Club, was chosen to represent Ealing at the London Youth Games and was selected to the PULSE Netball Pathway at just 13. Jaspreet swims for Ealing SC's squad and plays Waterpolo for ESC-Sharks and Latymer-Penguins. She represented both the U15 and U17's at the Swim England Waterpolo National Championships, where the NHEHS U15's became National Schools Champions. Jaspreet has achieved many accolades and it is truly applaudable that she manages to balance her passion for sport and determination to do well in her studies achieving high results, her kind and positive attitude makes her a true role model to other girls.

*"I am very grateful for being shortlisted for Ealing Junior Sports Person of the Year. I was not expecting this and I feel very honoured and proud as well as motivated to keep working hard and following my passion for sports. I hope that I can someday be a role model for others and empower them to dream big and stay active in their lives."*



## LANA GHANDI CRICKET & FOOTBALL

**Dedicated • Commitment • Leadership**

Lana is 11 and already a rising star on the elite pathway for both Cricket and Football, a dedicated sports person with exceptional talent and potential. Lana's cricketing achievements in 2021 included winning Ealing CC's U10 Girls Player of the Year Award, captaining the U10's Middlesex Junior Cricket Association West Area League winners and the U10s County Cup Champions and she also captained the U11s South of England Sunrises Champions. Lana is also currently signed to Oxford United FC, an FA Regional Talent Club, developing the best young female players in the country with the potential to progress to international representation. Lana is an empathetic leader and consummate team player with huge ambition of playing sport for her nation.

*"I was very surprised and feel extremely honoured to be shortlisted for an award, especially as the awards are so competitive and I am only a Year 6 student. It means so much to me that my hard work and dedication to sports has been noticed. Being shortlisted for an Ealing Council award will encourage me to believe in myself and my abilities. I am determined to achieve success for my clubs, as well as aspiring to represent England in the future. Thank you for this amazing recognition for doing something that I love."*

# JUNIOR SPORTS PERSON OF THE YEAR SHORTLIST



## LUKE DAVIES JUDO

**Committed • Consistent • Honest**

Luke set his judo sporting goals a long time ago and COVID tried very hard to damage his pathway but throughout the lockdowns he trained at home with his family and also did a lot of solo training with weights, plus running and cycling. Once Ealing Judo Club was able to reopen, Luke came back to training and hasn't missed a session since, he also helps coach beginners classes every week and is a great role model to the tiniest club members. At the 2021 British Championships Luke won bronze at U18 and silver at U21 and was selected as a member of the GB team. He has since won silver and gold at European Cups and is now ranked number 5 in the world in U18s. Luke will be representing Team GB at the Cadet European Championships in June and the Youth Olympics in July, all whilst balancing a heavy A-level schedule.

*"Thank you so much for the nomination. This is a really pleasant surprise as I genuinely didn't expect it. I'm happy to be able to celebrate this with my family and club this evening and I'm looking forward to what the future holds."*

# JUNIOR VOLUNTEER OF THE YEAR SHORTLIST



## **ELISABETTA LINCOLN** PRIMARY SCHOOL SPORT

**Role Model • Dedicated • Hardworking**

Elisabetta is a great Sports Ambassador at St Vincent's Catholic Primary School. She was selected this academic year to be the school's Sports Ambassador for the Ambassador programme run by Willow Tree SSP. This year she has volunteered and helped support many School Sports Clubs and created lots of different sports games that younger pupils can do during break and lunch times. Elisabetta has also attended many sports competitions as a competitor, photographer and team manager. If she isn't participating in an after school sports club she will always offer to support the running of the clubs. This has helped the younger pupils immensely. She will be missed by the school next academic year.

*"I have been so happy this year when, after becoming Sport Ambassador for my school, I have had the opportunity of helping our coach with most of the sport activities for the younger age groups. The children's enthusiasm has been rewarding and motivating. Being short-listed for this award was a pleasant surprise which I was not expecting!"*



## **GENEVIEVE PEARCE** NETBALL

**Passionate • Multi-talented • Selfless**

Genevieve is currently captain of the U16A Notting Hill and Ealing High School netball team and plays for the GDST Select Netball team, the West London Hub for London Pulse Netball, the Ladies Academy Netball Club and coaches the junior teams at the club. Gen is a super junior coach, with a firm but fair approach, who has put in hours before school, during lunch times and evenings to coach at both school and club level, this is exceptional as Gen still plays top level netball and is also juggling her GCSE's. Gen is currently captain of Academy's U16s, who are London and South East Regional champions, plus a vital member of the Academy team that are Middlesex Division 1 winners and part of the London Pulse Netball Pathway. Gen is an amazing role model, proactive, passionate and very committed to coaching; inspirational to others.

*"I am so grateful to have been nominated for this award. My passion is for netball and I found that volunteering as a coach is one of the best ways to share my love for the sport with other people and see them improve and exceed. Thank you so much for this nomination!"*

# JUNIOR VOLUNTEER OF THE YEAR SHORTLIST



## **ZOE KEMP** TRAMPOLINING

**Dedicated • Friendly • Inquisitive**

Zoe is 14 and has been with the London Trampoline Academy for many years, developing from a novice gymnast that had never been on a trampoline, to a competitive regional gymnast with multiple somersaults. She is now beginning a coaching career as well, having her own regular group that she coaches under supervision. Her dedication to the club, and open, friendly attitude has made her a firm favourite and role model for young gymnasts. Zoe is dedicated to the club and volunteers weekly, always asking questions and looking to improve her understanding and coaching so that she can help the gymnasts develop even more. The club is very much looking forward to supporting Zoe through her first coaching course once she is 16!

*"I am so happy to be recognised for all the work I do and effort I put into getting gymnasts to thrive in our club. I enjoy working with all ages and abilities, and love the challenge of finding new ways to communicate to deal with any situation. I have learnt a lot, and hopefully so have my gymnasts."*

# ADULT SPORTS PERSON OF THE YEAR SHORTLIST



## DARCY GRIFFIN NETBALL

**Fast • Hardworking • Delightful**

Darcy joined Academy Netball Club in 2019, having previously played at Grasshoppers and at Actonians Netball Club. Darcy plays in the Academy National Premier League Squad, runners up in this year's competition. Darcy is now a member of the Wasps Netball U21s and recently made her debut for the Wasps Superleague squad. To top off an amazing season, Darcy was voted Premier Division 1 Player of the Season. Darcy is quiet, hardworking, unassuming, and an extremely talented athlete, a great role model for the club's younger players and is respected and warmly regarded by everyone at Academy.

*"I am honoured to have been considered for this award and know that all the nominees in this selection would have also worked really hard in their particular sport and deserved their nomination so I am truly grateful to have been short listed. I have had the most amazing year and could not have achieved this without the care, support and encouragement from the amazing coaches, squad and staff at Academy Netball Club. I still have lots of work to do, but I will be forever grateful to my netball family. A special mention also to Elthorne and Twyford Netball Club for starting me on my netball journey, never thought it would take me this far!"*



## DAVID PAUL SAILING

**Determined • Resilient • Hard-working**

Sailing is David's passion and when most sports were affected by the pandemic, solo offshore sailing was possible as it is socially distanced! So, in January 2021, David went to France to learn a new boat, a new language and a new culture with the aim of competing in his first La Solitaire du Figaro, described as the toughest single-handed offshore race outside of the Vendée Globe. At 26, David was one of the youngest competitors and completed the gruelling 2,500 mile race in just over 16 days (and nights), not only sailing alone, but with very limited support and budget. David demonstrated what can be achieved if you work hard and are determined, inspiring others to challenge themselves. At Montpelier Primary School, David dreamt of being an Olympic sailor!

*"I am delighted and honoured to be shortlisted for this sports award. I love sailing for the sheer joy it brings me of being on the water and I am pushing myself to be the best sailor I can be by racing against the best in the world. Who would have thought that an ordinary, if dyslexic kid from London would be competing in some of the toughest sailing races? Over the years, some incredible people have supported me, for which I am eternally grateful."*

# ADULT SPORTS PERSON OF THE YEAR SHORTLIST



## PATRIS MUGHALZAI BOXING

**Skill • Hard work • Consistency**

Patris, has established himself as one of the outstanding amateur boxers of his generation as a Schools, Junior and Youth boxer, winning national titles and boxing for England at all age groups. Patris progressed to senior boxing in 2021 and having his first senior contest in the 2021 National Senior Championships went on to win the National Lightweight Championship, live on BBC TV. He is now in pole position to represent England in the forthcoming Commonwealth Games. Patris is one of Ealing's, England's and Great Britain's international sporting talents who has succeeded, at the highest level in all age groups of his chosen sport, boxing.

*"Ealing Council, shortlisting me, plus my Powerday Hooks' club mate, Damar Thomas and our trainer, Steve Newland, for awards this year, at a ceremony I can invite my family to is a great way to cap off my first year as a senior, after winning the national senior title and a multi-nations, international tournament abroad for England. Thanks Ealing Council."*



## RESHAD SARAJ BOCCIA

**Motivated • Passionate • Loyal**

Reshad has been with PACE for 13 years and developed a passion for the sport of Boccia, he quickly developed his skills playing for the PACE team, taking part in competitions at regional and national level. Reshad's commitment to training and learning has this summer, taken him to Rio de Janeiro, Brazil, representing Great Britain, at the Boccia World Championships. Reshad is an inspiration and an excellent role model, having slowly overcome many personal challenges, he has not only progressed in Boccia, but his personal development has been outstanding. He joined PACE as a member, then soon after became a volunteer and progressed to becoming a Team Leader at PACE where he supports with delivering sessions not just at the club but also in the community. Reshad's experiences through PACE have led to him growing in confidence and becoming more independent.

*"I am honoured and so excited to have been nominated and shortlisted for this award. I am totally blown away by this, I have worked extremely hard and will continue to do so and thank you ESA!"*



The content appearing under the sports award categories is based on the information provided by nominators and nominees. We apologise if any details appear incorrect or have been misinterpreted in error.

# EALING SPORTS AWARDS 2022

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We hope you have enjoyed the evening.  
Thank you to all our nominees and winners.

For more information on the Ealing Sports Awards please visit  
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