

***MIDDLESEX FA  
SAFEGUARDING  
POCKET GUIDE***



**Safeguarding is everyone's responsibility  
- no action is not an option**

# ***SAFEGUARDING***

Middlesex FA are committed to providing a safe and enjoyable football experience for all, as well as ensuring the safety and wellbeing of all staff and participants.

## **Please remember our code of conduct:**

- Act in an appropriate way at all times when in contact with children and young people (CYP), and adults at risk (AAR).
- Recognise the importance of confidentiality when working with our participants and their data.
- Promptly report any concerns.
- Act with integrity at all times.

# ***HOW TO RESPOND***

**RECOGNISE:** Signs or change in behaviour

**RESPOND:** Empathetic and listen

**REPORT:** Seek advice and reduce risk

**RECORD:** Report accurate account of events  
to safeguarding team

**REFER:** Partner Agencies

# **REPORTING**

**URGENT:** If you believe a CYP or AAR is at immediate risk of harm, you should contact the Police as soon as possible on 999.

## **ALL OTHER CONCERNS:**

Report to the Safeguarding Team through the MFA Reporting Form.

Always try and speak to the Designated Safeguarding Officer at the earliest opportunity for support and advice.



# ***CONTACTS***

**Middlesex FA Safeguarding Team:**

safeguarding@middlesexfa.com

0208 515 6909

**Middlesex FA DSO:** 07739 980 164

**Middlesex FA SSL:** 07506 282 963

**Police:**

Emergency – 999

Non-Emergency – 101



# ***ADDITIONAL HELP & SUPPORT CONTACTS***

**NSPCC** – 0808 800 5000 or [nspcc.org.uk](http://nspcc.org.uk)

**CHILDLINE** – 080 11 11 or [childline.org.uk](http://childline.org.uk)

**Shout** – text 85258 or [giveusashout.org](http://giveusashout.org)

**Kooth.com**

**Youngminds.org**

**Hubofhope.co.uk**



**MIDDLESEX  
FOOTBALL**