



LEICESTERSHIRE & RUTLAND INCLUSIVE FOOTBALL PROGRAMME







For ALL

Welcome to the Leicestershire and Rutland Inclusive Football Programme. We are dedicated to delivering football for all and we pride ourselves by the amount of brilliant teams we have all over this county.

This booklet lists all our local delivery in our fantastic clubs, as well as the brilliant work the Leicestershire and Rutland Inclusive League are doing to provide local fixtures around the county. In addition this booklet contains all the information on the Talent disability programme.

We also have our coach education programme that supports all our disability provision my numerous courses and CPD.

Philippa Bass
Disability Football Development Officer
Leicestershire & Rutland CFA

DISABILITY FOOT

ENGLAND

53m

TOTAL POPULATION



18.4m (34.9%)

HAVE A LONG STANDING
DISABILITY OR ILLNESS

9.4m (17.6%)

OF WHICH HAVE A LONG STANDING
AND LIMITING DISABILITY OR ILLNESS

SOURCE: UK APOPULATION SURVEY 2009-2012 / CENSUS 2011

7th
Largest team
sport in England



APS10 REPORTED PARTICIPANTS

99,300
WEEKLY

151,700
MONTHLY

6



NATIONAL IMPAIRMENT
SPECIFIC LEAGUES

36

COUNTY (PAN)
DISABILITY LEAGUES

1,000
PLUS TEAMS

TALENT PATHWAY

30+

ENGLAND
TALENT DAYS
(DELIVERED
ANNUALLY)

60+

PLAYERS IN
REGIONAL
EMERGING
TALENT
PROGRAMMES



20

PLAYERS IN NATIONAL
EMERGING TALENT
PROGRAMMES

600+

PLAYERS ENGAGED
IN ENGLAND
TALENT PATHWAY



UNDER 19 SQUADS

ELITE S
MALE INTER

CEREBRAL
PALSY

DEAF

BLIND

CEREBRAL
PALSY

DEAF
FUTSAL

BALL: THE FACTS

1,001 AFFILIATED DISABILITY TEAMS



0.0% BLIND / 12 TEAMS
 0.0% AMPUTEE / 11 TEAMS
 72.9% PAN DISABILITY / 1451 TEAMS
 3.0% DEAF/HEARING IMPAIRED / 60 TEAMS
 4.1% MENTAL HEALTH / 82 TEAMS
 1.0% PARTIALLY SIGHTED / 20 TEAMS
 1.1% DOWN'S SYNDROME / 22 TEAMS
 4.5% POWERCHAIR / 90 TEAMS
 2.3% CEREBRAL PALSY / 46 TEAMS
 9.9% LEARNING DISABILITY / 197 TEAMS



77% MALE / 1541 TEAMS
 15% MIXED / 305 TEAMS
 7% FEMALE / 145 TEAMS



29% YOUTH / 577 TEAMS
 71% ADULT 1414 TEAMS



DISABILITY TEAMS
 COMPRISE 2% OF ALL TEAMS

3.4% OF CLUBS HAVE A DISABILITY
 TEAM (769 OUT OF 22,450)

4.7% OF FA CHARTER STANDARD CLUBS
 HAVE A DISABILITY TEAM (3240 OUT OF 6,822)

COACH EDUCATION

COACHING
 DISABLED
 FOOTBALLERS



COACHING
 BLIND
 FOOTBALLERS



COACHING
 DEAF
 FOOTBALLERS



PORTFOLIO OF 3 DISABILITY SPECIFIC COACH EDUCATION COURSES

DELIVERY DETAILS (15-16)

41

COURSES DELIVERED

632

COACHES
 ATTENDED COURSES

555

(1.87%) FA LICENSED
 COACHES HAVE A DISABILITY

QUADS

INTERNATIONAL

PARTIALLY
 SIGHTED

POWERCHAIR

LEARNING
 DISABILITY

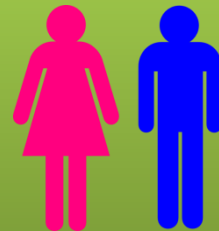
FEMALE INTERNATIONAL

DEAF
 FUTSAL

Leicestershire and East Mids

GRASSROOTS

Teams across the county
ALL AGES



Pan-disability

Impairment only – Powerchair Club and Blind Programme

7-16 years

16+ years

**Talent Identification
(LRCFA /LCCT partnership)**

Talent Hub for
CP/Deaf/Partially
sighted
CP and Partially
Sighted – Males
Only
Deaf – Males &
Female
(EAST MIDS
CENTRE)

Talent Hub for
Blind
Males and
Females
(LRCFA)

Talent Hub for
Blind
Males and
Females
(LRCFA)

Emerging Talent
England Development Squads

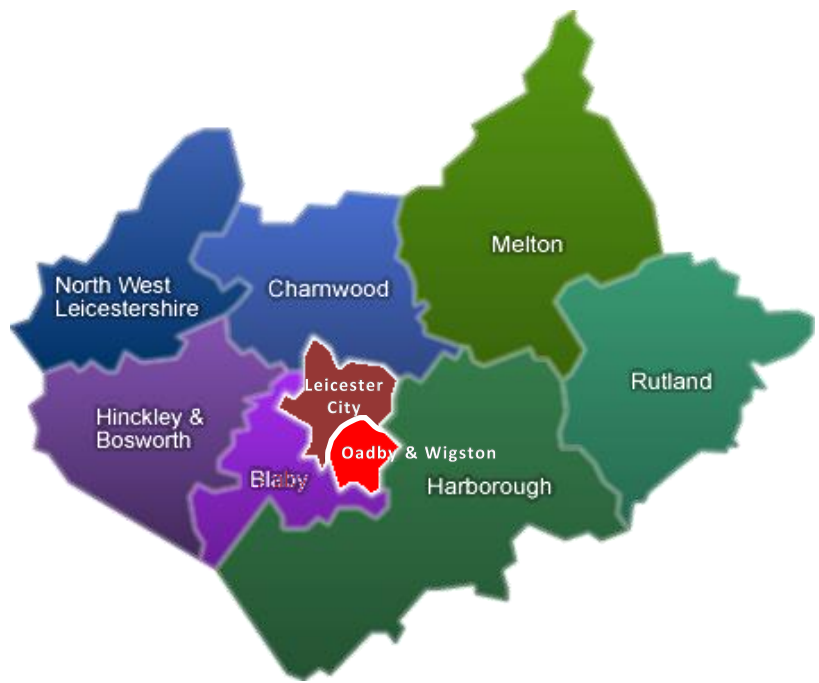


England Elite Squads



Progression

Local Teams In Leicestershire



Locality	Clubs		
Melton Borough	Asfordby Amateurs - Girls and Ladies Inclusive FC		
Charnwood	Loughborough Leisure Centre	Syston Town Juniors FC (Oakdale)	
Hinckley and Bosworth	AFC Barwell	Desford FC (in development)	
Oadby and Wigston	Oadby and Wigston Ladies (Inclusive) FC	Wigston Foxes	
Harborough	Harborough Town FC		
Leicester City	Aylestone Park Inclusive FC	Leicester City Ladies: competing as Leicester City Woodgate	Beaumont Town FC
			Kingsway Rangers (11v11)
Blaby	Leicestershire Powerchair Foxes	Leicestershire Blind (Youth and Adults)	



Asfordby Amateurs: Girls, Ladies and Inclusive FC

Information

Training Venue	King Edward VI Upper School, Burton Road, Melton, LE13 1DN
Day and time	Tuesdays 6pm to 7pm
Gender	Both Males and Females
Age Group	From aged 6 plus (to adults)
Teams within the Inclusive League	Adult Green (League) and Adult Red (Championship)
Contact Details	Lone Millin M: 07762 678 135 E: the3girlsmillin@btinternet.com
Website	http://www.aalgfc.co.uk/inclusive.htm



Harborough Town FC



Information

Training Venue	Northampton Road, Market Harborough, LE16 9HF
Day and time	
Gender	Both Males and Females
Age Group	From aged 6 plus (to adults)
Teams within the Inclusive League	
Contact Details	Marion Hayton M: 07785 614414 E: marion.hayton@yahoo.co.uk
Website	http://www.harboroughtown.org/

HARBOROUGH



Loughborough Leisure Centre

Information

Training Venue	Indoor sports hall - Browns Lane, Loughborough, LE11 3HE
Day and time	Tuesdays 7-8pm
Gender	Both Males and Females
Age Group	From aged 6 plus (to adults)
Teams within the Inclusive League	
Contact Details	Browns Lane, Loughborough, LE11 3HE Francesca Betts E: Francesca.Betts@fusion-lifestyle.com Tel: 01509 611080
Website	http://www.loughboroughleisurecentre.com/





Syston Town Juniors (Oakdale)



Information

Training Venue	Within a day centre group at Oakdale Farm. New players welcome for competitions and league festivals.
Gender	Males
Age Group	16+
Teams within the Inclusive League	Adult Red (Championship)
Contact Details	Tommy Williams E: twilliams1634@googlemail.com



CHARNWOOD



AFC Barwell FC

Information

Training Venue	Autumn/Spring – Dovecote Lane, Winter - William Bradford College, Heath Lane, Earl Shilton, Leics, LE9 7PD
Day and time	Tuesdays 6pm to 7pm
Gender	Both Males and Females
Age Group	From aged 6 plus (to adults)
Teams within the Inclusive League	Juniors/Youth/ Adult Red (Championship)
Contact Details	Steven Purkiss M: 07717 675546 E: steven.purkiss@ntlworld.com
Website	http://www.afcbarwell.com/



Desford FC

(in development)



Information	
Training Venue	
Day and time	
Gender	Both Males and Females
Age Group	From aged 6 to 16 years
Teams within the Inclusive League	
Contact Details	Bill Almond M: 07775 841376 E: bill-almen@hotmail.com
Website	



Oadby & Wigston FC

Information

Training Venue	Meadows Sports Ground, Leicester Rd, Countesthorpe, LE8 5QW
Day and time	Saturdays 10.30am to 12.00am
Alternative Indoor training	10-11am at Wigston Academy for those with a lower ability (juniors/youth and adults)
Gender	Both Males and Females
Age Group	From aged 6 plus (to adults)
Teams within the Inclusive League	Juniors/Youth and Adult Red (Championship) and Adult Green (League)
Contact Details	Lesley Batchelor M: 07964 014 846 E: lesley@the-batchelors.co.uk
Website	http://www.oadbyandwigstongirls.co.uk/



Wigston Foxes



Information

Training Venue	Little Hill Park, Horsewell Lane, Wigston, LE18 2HR
Day and time	Saturdays 10.30am to 11.30am
Gender	Both Males and Females
Age Group	From aged 6 to 16 years
Teams within the Inclusive League	Juniors
Contact Details	Leanne Naudusevics E: leannenaud@gmail.com



OADBY & WIGSTON



Aylestone Park FC

Information

Training Venue	Aylestone Park FC, Linwood, Saffron Lane, LE2 6TG
Day and time	Fridays 6:30pm to 8:00pm
Gender	Both Males and Females
Age Group	From aged 6 to adults
Teams within the Inclusive League	Juniors / Youth / Adult Female / Adult Male Green (league), Adult Male Red (championship) and Adult Male Blue (premiership)
Contact Details	Andy Lennon M: 07368 210471 E: apinclusivefootball@hotmail.com
Website	http://www.aylestoneparkfc.org.uk/index.php





Kingsway Rangers



Information

Training Venue	Mossdale Meadows
Day and time	Tuesdays 7pm to 8pm
Gender	Males only
Age Group	16 plus
Teams within the Inclusive League	None – play 11v11 within the Alliance league
Contact Details	Wes Syed M: 07845 744847 E: wesjsyed@gmail.com
Website	http://www.kingswayrangers.co.uk/



Leicester City Woodgate FC



Information

Juniors/Youth – from 6 to 16 years

Training Venue	New College Sports hall, Greencoat Road, Off Glenfield Road, Leicester, LE3 6RN
Day and Time	Thursdays - 5pm to 6pm
Gender	Males and Females
Contact Details	Paul Gibson M: 07970180346 E: pablogibbo66@gmail.com

Adults – Females and Males – 16 plus years

Training Venue	St. Margaret's Pastures Sports Centre, St. Margaret's Way, Leicester, LE1 3EA
Day and Time	Thursdays - 4.30pm to 6pm
Gender	Males and Females
Contact Details	Helen Sugarman E: HelenSugarman@outlook.com Beth Jackson E: bethjackson2011@hotmail.co.uk Rachel Tasker E: rachel.tasker1995@gmail.com
Teams within the Inclusive League	Juniors/Youth/Adult Female Adult Male Green/Red and Blue
Website	http://www.lclfc.co.uk - click onto Inclusive Football for All





Beaumont Town FC



Information

Training Venue	Mowmacre Hill Primary School, Tedworth Green, Leicester, LE4 2NG
Day and time	Wednesday 6.00pm to 7pm
Gender	Both males and Females
Age Group	From 6 years to 16 years
Teams within the Inclusive League	Juniors
Contact Details	Jonathan Fitches M:07882 509319 E: j100276fitches@yahoo.co.uk



Leicestershire Foxes Power-chair Football Club provides a great opportunity for all those potential players who want to play our great game of football, who have a physical disability and use a power-chair or manual wheelchair for mobility.

Males and Females can compete together in the same team and players of all ages can be involved.



For more information and to register
your interest for a session please
contact –

Philippa Bass

Philippa.Bass@LeicestershireFA.com

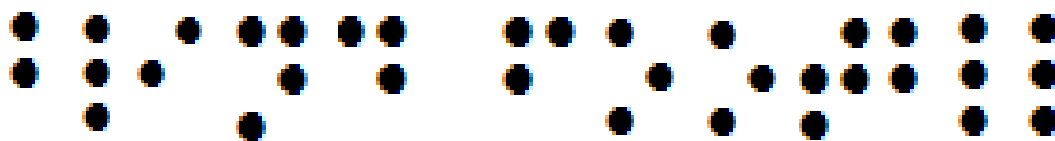
All sessions are held at Brockington College on
Sundays (alternative weeks – 12pm to 2pm).

This project is a joint partnership with Leicester
City Community Trust and Leicestershire &
Rutland CFA.



POWERCHAIR FOOTBALL





Blind Football for Males and Female, all ages, to participate and enjoy the game



Sessions will be held on Saturdays at Holmes Park and delivered by coaches with a wealth of experience of the game.

Players can then (when ready) play within the National Blind League based in Hereford (6 fixtures per month).

This session is for players brand new to the game, or those that have played before, all are welcome.

Contact Philippa for more details:

E: Philippa.Bass@LeicestershireFA.com

T: 0116 2867828 | M: 07944 194252

Blind Talent Hub Centre

Leicestershire and Rutland County FA has been granted an FA's license to run a Regional Blind Talent Hubs programme, which is designed to progress 'potential' blind players through the England talent pathway to the England Development and Seniors squad with group work and more 1:1 support.

Aim of the Centres -

To identify and recruit Blind (B1) Players both locally and across the East Midlands who are interested in playing blind football that possess the potential to move up the pathway.



Focus of the Programme is on:

- Control
- Passing
- Dribbling
- Defending
- Shooting and Finishing
- Goalkeeping

For more information on Blind Regional Hub please contact

Philippa Bass | Disability Football Development Officer

E: Philippa.Bass@LeicestershireFA.com

T: 0116 2867828 | M: 07944 194252



For ALL

TALENT PATHWAYS – BLIND



Leicestershire and Rutland County FA deliver a programme to encourage new participation as a recreational offer and to support growth within local community settings.

The aim is also help the workforce out there doing a great job, but supporting there new and existing volunteers via education and CPD.

each with a remit of retaining and growing participation levels.

To find out more, please get in touch with our Football Development Officer, Philippa Bass, who will be happy to help.

E: Philippa.Bass@LeicestershireFA.com

T: 0116 286 7828

We work together with a number of partners:

Delivery partner for our Juniors and youth programme -

Progressive Skills Academy



Community Partner

Leicester City FC Community Trust





FOOTBALL & futsal

DEVELOPMENT CENTRES

FUTSAL TUESDAYS

Newbridge High School
Forest Road, Coalville.
LE67 3SJ

**U9 to U14
5-6PM**

FUTSAL THURSDAYS

Castle Rock High School
Meadow Lane, Coalville.
LE67 4BR

**U6 to U9 6-7PM
U10 to U14 7-8PM**

FOOTBALL FRIDAYS

Holmes Park
Dog & Gun Lane,
Whetstone. LE8 6FA

**U6 to U9 4.30-5.30PM
U9 to U14 5.30-7PM**



@ProSkillsAcademy

**SESSIONS LEAD BY UEFA B
& FA L2 QUALIFIED COACHES**



07400 444 004

info@progressiveskillsacademy.co.uk



LCFC DISABILITY PROGRAMME

For more information on how to get involved in our disability programme please get in touch...

Contact: **Sarah Milner**

Email: sarah.milner@lcfc.co.uk

Tel: **07803 625 521**



@LCFC_COMMUNITY



@LCFC_COMMUNITY



LCFC.COM

England Talent Day

To identify and signpost talented players from England talent days to the right environment, whether that be a local community club, or within The FA identification programmes at the East Midlands Regional Talent Hubs. This is the entry point to the England Disability Talent Pathway.

What we are looking for:

- **Cerebral Palsy**
- **Deaf**
- **Partially Sighted**
- **Amputee**
- **Blind**

The England Talent day will be held in June 2018, with two age groups; 7-11 years and 12-16 years.



For more information on the England Talent Day –

Philippa Bass | Disability Football Development Officer

E: Philippa.Bass@LeicestershireFA.com

T: 0116 2867828 | M: 07944 194252



This league offers the local clubs the chance to use there skills and progression from training and place that in to regular matches, putting there hard work into practice.

The Inclusive League, provides opportunities for male and female players in the categories below:

Junior Division (mixed) U13's (for those aged 9/10/11/12 years)

Youth Divisions (mixed) U16's (for those aged 12/13/14/15 years)

The league operates a 4 year age banding in the Youth and Junior Divisions.

Adults Divisions: all 16 years plus

Female

Male Green (League)

Male Red (Championship)

Male Blue (Premiership)

As monthly fixture programme (with some competitive fixtures) all hosted by the local inclusive clubs around Leicestershire or at a central venue.



All matches will be small sided (in a 5v5 ((Junior/youth and adult female)); or 6v6 format((Adult Male)).

Playing time will be at the discretion of the league but no more than 20 minutes, one way per match.

There are no different rules or regulations to refereeing disability matches.
The League is always looking for qualified referees to officiate at the monthly league events.
The play by the small sided laws of the game.

For more information on the inclusive league

Philippa Bass
League Secretary
LRIFL@outlook.com



Month	Host	Date	Time	Venue	Playing Surface	Divisions playing
September	AFC Barwell	16 th September 2017 (Saturday)	Staggered playing KO – 10am to 12pm Juniors and Youth Adults 1pm to 4pm	Dovecote Way, Off the Common Road, Barwell, LE9 8EX	Grass	All
September	League	30 th September 2017 (Saturday)	2-5pm Arrival from 1.30pm	St George's Park Burton on Trent, DE13 9PD	3G	All
October	Leicester City Woodgate	21 st October 2017 (Saturday)	1pm to 4pm Arrival from 12.30pm	Aylestone Recreational Ground (AFC Andrews), Knighton Lane East, Leicester, LE2 6LU	3G and Grass	All
November	Harborough Town	4 th November 2017 (Saturday)	1pm to 4pm Arrival from 12.30pm	Harborough Town FC, Northampton Road, Market Harborough, LE16 9HF	3G and Grass	All
December	Aylestone Park	16 th December 2017	TBC	Mary Linwood, Aylestone Park FC, Saffron Lane, Wigston, LE2 6TG	3G and Grass	All
January	Rudkin Cup					
People's Cup February	FA National Comp	24 th February 2018 (Saturday)	TBC	TBC	3G	Youth/ Adult Ladies/ Adult Male
March	Oadby and Wigston	10 th March 2018 (Saturday)	Staggered playing KO – 10.30am-12.30pm junior/youth 1.30-4pm adult	Meadows Ground, Leicester Road, Countesthorpe, LE8 5QW	Grass	All
April	Asfordby Amateurs	28 th April 2018 (Saturday)	Arrival from 10am KO from 10.30am till 1.30pm	Hoby Lane, Asfordby, LE14 3TL	Grass	All
May	Beaumont Town	19 th May 2018 (Saturday)	TBC	Beaumont Leys School, Anstey Lane, LE4 0FL	Grass	All
June	League Cup					

Playing format –

Non-competitive fixtures :

Where no scores are kept and instead of a winner, we play for the inclusive cup, which comprises for a mark out of 50 for each of the matches they play (those listed in blue)

Points are awarded for winning, player attitude, parent & coaches attitude, referees spirit of the game and fouls & cards.

One team in each division which shows true spirit of inclusivity are awarded the inclusive cup for that month.

Each participating team award there play of the day medal to a member of that team.

Those with the red and blue divisions are trialling a new inclusive competitive shield for this coming season.

Competitive fixtures :

League cups –

Those listed in red.

Rudkin Cup

Named after a founding family of the league, Mary and Paul Rudkin, both of whom have been instrumental in the creation and development of the league.

Played as a round robin festival with the winner of each division playing in a final match. The winner will to be awarded the Rudkin Cup.

End of Season League Cup

Played as a round robin festival, with the winner of each division playing in a final match, with the winner awarded the League Cup.

National Competitions –

Listed in Green

The People's Cup

Divisions – Youth (u16's)/Adult Female/Adult Male League/Adult Male Championship and Adult Male Premiership

A local round will be held in Leicestershire in Feb 2018, winners are then invited to the regional round and then if successful, the national final.



Player Divisions – The Inclusive League has 6 main divisions –

Juniors U13's (Mixed Gender)

(4 year age banding – currently does encompass the U9's development)

For those aged 12 and under on the 31st of August 2017

Currently only 1 playing division

Youth U16's (Mixed Gender)

(4 year age banding)

For those ages 12 to 15 years as of the 31st August 2017

Currently only 1 playing division

Adult Female –

For females 16 years old and over as of the 31st August 2017

Currently only 1 playing division

Adult Male –

For males 16 years old and over as of the 31st August 2017

Please see below all three playing banding grading's.

Player Grading

Adult Green (League)

Players with limited mobility, spatial awareness and fitness

Adult Red (Championship)

Players that are mobile, have spatial and tactile awareness, knowledge of the laws of the game and a good level of fitness

Adult Blue (Premiership)

Players with good mobility, good level of spatial awareness, excellent ability to understand tactics and good level of physical strength and fitness as well as good knowledge of the laws of the game.

FEMALE PLAYERS ARE NOT PERMITTED TO PLAY WITHIN THE ADULT MALE DIVISIONS.

There are no different rules or regulations to refereeing disability matches.

The League is always looking for qualified referees to officiate at the monthly league events and those with a good understanding of inclusive needs are a must in order to help all players develop and grow within the game.

For more information on the Inclusive League, Please contact

Megan Selby
Referee Co-ordinator
LRIFL@outlook.com



REFEREE DEVELOPMENT

Level One Award in Coaching Football –

Course Description: This course provides an introduction to the organisation and delivery of safe and enjoyable coaching sessions for players. The course will introduce practical drills to develop players' technical skills such as shooting, turning with the ball and heading. It is ideally suited to those working with groups of young players.

Course Aims and Objectives:

To provide learners with an introduction to offering the principles/practice of safe, ethical and effective management and coaching of football to adults and young people.

Pre requisites: Minimum age of 16

Coaching Disabled Footballers –

Course Description: This course teaches coaches to apply coaching skills to meet the needs of players with different impairments. The course establishes basic communication skills for coaching disabled footballers, using appropriate terminology. Coaches are also advised on appropriate medical and safety considerations.

Course Aims and Objectives: The course is designed to give football coaches and teachers ideas and practices for the inclusion of disabled players in football sessions whether in mainstream or impairment specific sessions.

Pre requisites: 1st4sport Level 1 Award in Coaching

Coaching Blind Footballers –

Course Description: The FA Coaching Blind Footballers (CBF) Course is designed to provide football coaches with an introduction to working effectively and confidently with blind footballers. The course will provide an introduction to the organisation and delivery of safe and appropriate coaching sessions for blind players.

Course Content:

- Apply and extend existing coaching skills and experience to meet the needs of blind footballers
- Establish effective communication skills when coaching blind footballers
- Identify appropriate and safe methods of supporting and working with blind footballers
- Recognise the need to deliver relevant coaching sessions to effectively meet the developmental needs of the blind footballer
- Understand the characteristics blind footballers require to perform at a performance level of the game
- Recognise the Player Pathway and competition structure available for blind footballers.

Pre requisites: 1st4sport Level 1 Award in Coaching

Coaching Deaf Footballers –

Course Description: This course is designed to provide football coaches with ideas and practices for the inclusion of deaf players in football sessions within mainstream or impairment specific sessions.

Course Content:

- Apply and extend their existing coaching skills and experience to meet the needs of players;
- feel confident in coaching deaf footballers;
- have improved their awareness of deafness and provide better understanding of the needs of deaf footballers;
- use basic communication skills for coaching deaf footballers;

Pre requisites: 1st4sport Level 1 Award in Coaching

Philippa Bass
Disability Football Development Officer
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Leicestershire &
Rutland County Football
Association,
Holmes Park,
Dog & Gun Lane,
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