

# Impairment Specific Football

## Mental Health Football

Football can have a major impact on mental health. It is thought to affect emotions, relationships, identity and self-esteem. In a recent study, one in four fans said football was one of the most important things in their lives. We are committed to using football to tackle discrimination and enable people to live more independent and fulfilling lives.

Kent FA are currently looking for teams to join our NEW Mental Health League. This will help to provide players with Mental Health conditions with more regular localised football competition as opposed to one off events. We want to hear from individuals, organisations or teams that wish to join the league.

For further information contact [lauren.cundy@kentfa.com](mailto:lauren.cundy@kentfa.com)

## Frame Football

If you use walking/gait training equipment such as a Frame or Walker, we have developed a game just for Frame users.

## Kings Hill FC

Kings Hill Sports Park, 200 Beacon Avenue, Kings Hill, ME194QP  
Saturdays 12.00 – 13.00 (Fortnightly)

For more information Contact: Kirsty Edwardes 07734817206/ [kledwardes@gmail.com](mailto:kledwardes@gmail.com)

## Deaf Football

Kent FA is committed to opening up football to deaf people.

## Charlton Athletic Deaf FC,

Contact Steven Wynne - [Stevo22@hotmail.com](mailto:Stevo22@hotmail.com)

## Tankerton FC (Deaf)

Contact Liz Flaxman - [tfcdeafteam@gmail.com](mailto:tfcdeafteam@gmail.com)

Three of our Kent clubs have now achieved the prestigious Deaf Friendly Football Club award from the National Deaf Children's Society. This award ensures that a club offers appropriate football coaching and resources for deaf players.

## Deaf Friendly Football Clubs

Swanscombe Tigers FC (North Kent) Peter Alloway – [peter@invisionuk.com](mailto:peter@invisionuk.com)

Maidstone United FC (Mid and East Kent) Lorraine Hume – [lozmaidstoneutd@btinternet.com](mailto:lozmaidstoneutd@btinternet.com)

## Powerchair Football

Kent currently have two Powerchair football teams with other clubs looking to develop Powerchair football alongside their mainstream teams.

Sevenoaks PFC - [adam.mcevoy@thewfa.org.uk](mailto:adam.mcevoy@thewfa.org.uk)

Invicta PFC - [nurinderb@gmail.com](mailto:nurinderb@gmail.com)

For more information please contact, Adam McEvoy, South Powerchair Football Development Officer at The Wheelchair Football Association on [adam.mcevoy@thewfa.org.uk](mailto:adam.mcevoy@thewfa.org.uk)