



Jersey FA
Link Asset Services
Player Development Centre
Players Meeting (online)

'Be Part of the Team'

### Housekeeping

- Session anticipated to last no longer than 75 minutes – 6.00 pm to 7.15 pm;
- Please remain muted as much as possible – avoid distractions;
- Please engage where possible;
- How to use the chat function;



## Introductions and update

- Daniel Seviour Player Development Centre Manager
- Lucy Even Lead Phase Coach (u12s)
- Ciara Giles Lead Phase Coach (u14s)
- Libby Barnett Lead Phase Coach (u16s)
- Brody Morris Coach (u12s)
- Amy Tierney Coach (u14s)
- Ana Malta GK Coach (all Phases)



### Using the chat function

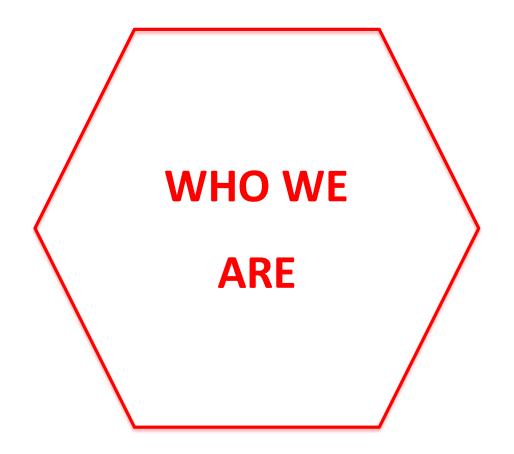
- Your name?
- Which team do you support?
- Your favourite player?

1 min - please send answers via chat to Ciara



### Core Elements







### Who We Are





### Who We Are

- Island Community 110,00 people;
- Supporting more opportunities for girls;
- Strive to be the best we can be;
- Work together as a team;
- Passionate about football;
- Live our values "they make us different";
- Playing and coaching philosophy;
- Creating a culture on and off the pitch;



### Our Values

- FRIENDSHIP
   "Be respectful towards each other"
- TEAM WORK
   "Everyone has a part to play"
- CHALLENGING
   "Help to reach our highest potential"
- PASSIONATE "Proud to represent Jersey"

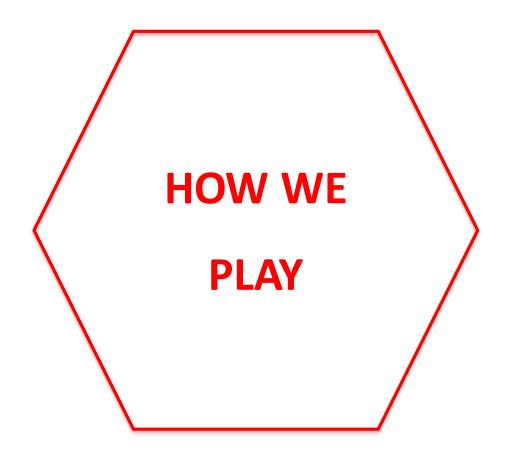


### Centre Structure

Friday Evenings at Haute Vallee 3G

- Foundation Phase: 5:00pm 6:15pm u12s – 16 players
- Transition Phase: 6.15pm 7.30pm
   u14s 16 players
- Youth Development Phase: 6:00pm 7.30pm u16s – 16 players







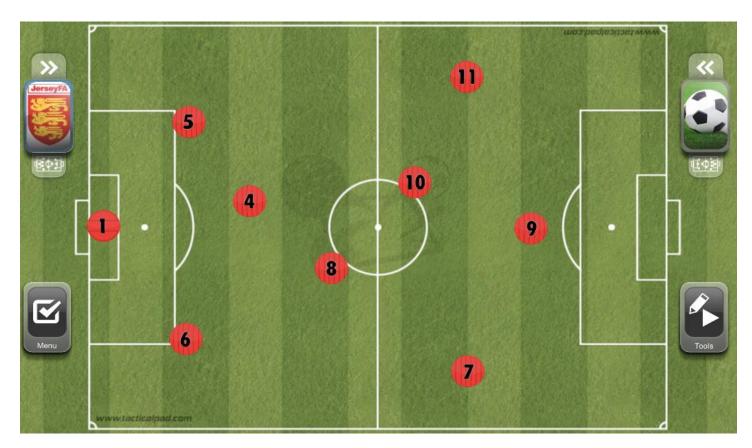
### How we Play - Questions

- What's the Player Development Centre playing formation for 9v9?
- What two positions get added in our 11v11 formation?
- Which professional teams mainly play a similar formation;
- What position do you prefer to play in the team;
- Can you name a professional player who plays in that position;

2 mins - please send answers via chat to Ciara

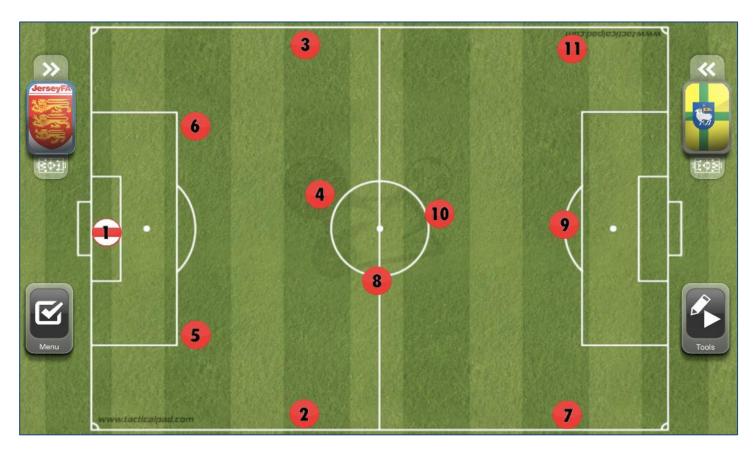


## How We Play – 9v9





## How We Play – 11v11





### How We Play - Roles

- Goalkeeper (1)
- Full Back (2 & 3)
- Central Defender (5 & 6)
- Defensive Central Midfield (4)
- Central Midfield (8)
- Wide Midfield (7 & 11)
- Central Midfield (10)
- Centre Forward (9)



## Questions – How we Play

- What are your attacking responsibilities within your position in the team?
- What are the defending responsibilities within your position in the team?

Can you provide 2-3 responsibilities for both?

2 mins - please send answers via chat to Ciara



- Clear playing philosophy
- Distinctive style of play
- 1-2-3-3 formation (9v9)
- 1-4-3-3 formation (11v11)
- Roles and responsibilities
- Attacking principles of play
- Defending principles of play
- Team targets



- Attacking Principles of Play:
  - Retaining the ball to build the play
  - Progress and penetration
  - Creating and Scoring
  - Counter-attacking
  - Security



- Defending Principles of Play:
  - Pressing
  - Delay, Deny, Dictate
  - Emergency Defending



## Questions – How we Play

 We have seven Team Targets that we use to support player development – can you name any of them?

1 min - please send answers via chat to Ciara



- Team targets:
  - Playing out from the back
  - Switching play
  - Clinical finishing in the final third
  - Counter-attacking
  - Pressing as a team
  - Distances, marking and intercepting
  - Set plays







### JFA Female Player Pathway

Player Development Centre Pathway

- 3 Squads
- u12s to u16s
- 48 Players
- 7 Coaches
- 1 Coach Mentors





### Local Club Opportunities – Women's 16+

#### 5 Women's Teams –

- Grouville
- JTC Jersey Wanderers
- Portuguese United
- Rozel Rovers
- St Lawrence











'Be Part of the Team'

### Local Club Opportunities – u12-u16s

#### All Girls Clubs:

- JTC Jersey Wanderers Girls
- Rozel Rovers Girls



#### Mixed Teams:

- St Lawrence
- St Peter
- St Clements



### The Future Player – Q's

- Can you name a Jersey Women's player who has previously been in the Player Development Centre?
- Can you name a Jersey Women's player who plays for a Club in the UK who has previously been in the Player Development Centre?
- Can you name a Jersey Women's player who has had a scholarship in the USA and was previously in the Player Development Centre?

1 min - please send answers via chat to Ciara



### The Future Jersey Player

Technical/Tactical

**Psychological** 

**Physical** 

Social



# Player profiles - GKs







### Player profiles - GKs

- Presence;
- Be brave;
- Commanding;
- Decision making;
- Have good technical ability;
- Takes crosses;
- Good with feet;
- Comfortable to play out from the back;
- Good eye for counter attack;
- Competitive;



## The Future Player – Q's

 Can you select three Goalkeepers strengths and decide in which corner (either technical, physical, psychological or social) they would fit?

2 mins - please send answers via chat to JLF



## Player profiles - Defenders





## Player profiles - Defenders

- Speed and strength;
- Communication with team mates;
- Aggressive but focused;
- Ability to read the game;
- Comfortable on the ball;
- Be brave to play out from the back;
- Desire to attack and join in;
- Concentration and decision making;
- Courage and desire in both penalty areas;



## The Future Player – Q's

 Can you select three Defenders strengths and decide in which corner (either technical, physical, psychological or social) they would fit?

2 mins - please send answers via chat to JLF



# Player profiles - Midfielders





## Player profiles - Midfielders

- Strong work ethic;
- Comfortable on the ball;
- Good 1&2 touch players;
- Aggressive but focused;
- Mobile, gets around pitch;
- Desire to score goals;
- Readers of the game;
- Agile, fit and durable;
- 360 Vision;
- Creative;



### The Future Player – Q's

 Can you select three Midfielders strengths and decide in which corner (either technical, physical, psychological or social) they would fit?

2 mins - please send answers via chat to JLF



# Player profiles - Forwards





## Player profiles - Forwards

- Strong desire to score goals;
- Body position when receiving the ball;
- Good mobility, work off the ball;
- Decision making on when to shoot, dribble or pass;
- Ability to change direction quickly;
- Excellent finishing techniques all round;
- Good work ethic;
- Courageous and aggressive but focused;
- Team workers;
- Being positionally aware and disciplined;



### The Future Player – Q's

 Can you select three Strikers strengths and decide in which corner (either technical, physical, psychological or social) they would fit?

2 mins - please send answers via chat to JLF



### Ambassador Role





### Our 10 "Golden Rules"

- 1. Be Presentable (Shirts tucked in, socks up, clean boots)
- 2. Sign in with coaches, say hello;
- 3. Ball each (arrival activity);
- 4. On time, never late;
- 5. Welcome newcomers;
- 6. Greet visitors;
- 7. Ambassador role;
- 8. Be honest, tell the truth;
- 9. Help clear up at end of every session;
- 10. Respect team-mates, coaches, opponents, the officials.





### Jersey FA Womens Players Q & A

Here's your opportunity to ask any questions you may like to -

- Libby Barnett Jersey FA & JTC Jersey Wanderers
  - Played in x7 Muratti's winning 7
  - Played in x5 Island Games, winning x1 Gold, x2 Bronze Medals



- Ciara Giles Jersey FA & Rozel Rovers
  - Played in x2 Muratti's winning 2
  - Played in x2 Island Games, winning x2 Bronze Medals
- Amy Tierney Jersey FA & JTC Jersey Wanderers
  - Played in x1 Island Games, winning x1 Bronze Medal



