

JFA LINK Asset Services Centre of Excellence



PLAYER PACK
2021/22

Playing Philosophy
u11-u18s

“Creating a culture both on and off the pitch”

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INTRODUCTION

Dear Player,

I am delighted to present the Individual Player Pack for the Jersey FA Link Asset Services Centre of Excellence 2021/22 which covers our squads from under 11s through to under 18s. This pack is an important part of our player development programme and is being used to assist the learning process.

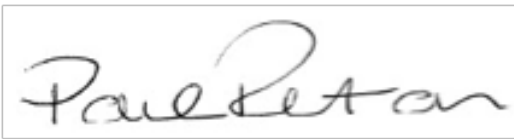
The document provides you with an insight into our shared vision and playing philosophy. It also contains an outline of individual players roles and responsibilities, our shared team targets and supplements the Welcome Pack you received earlier.

The pack is designed to ensure that players and coaches can work together to do the best we can both on and off the pitch. You may wish to share this with your parents and other coaches/teachers.

I would like to draw particular attention to our Ten “Golden Rules” at the end of the pack which are in place to maintain high standards.

I wish you an enjoyable and successful season.

Best regards,

A handwritten signature in black ink, reading 'Paul Renton', enclosed within a thin black rectangular border.

Paul Renton
Jersey FA Link Asset Services Centre of Excellence Manager
07797 716 090

VISION

To provide a player and coach development programme that produces technically excellent and innovative players, with exceptional decision making skills.

To train, develop, qualify and support more innovative coaches, who are excellent teachers of the game.

THE JERSEY FA WAY

The Jersey FA Way is the playing and coaching philosophy of the Jersey FA teams. This has been developed to ensure consistency between all our age group teams leading into our senior squad. It is important to stress that we consider the Jersey FA Way to be ever evolving. Although the core values will not change, we are constantly striving to improve every aspect of the experience and are dedicated to updating and improving our ideas, methods, and ways of working. Aspects of provision will be continually updated and refined to reflect the changing trends of the modern game, the latest research, new ideas and inputs.



WHO WE ARE

Our aim is to establish a distinct Jersey FA team culture based on clear values and beliefs. Our aim is for all of those who wear the Jersey FA badge, including coaches, players and support staff, to be consistent in the way they work and behave, both on and off the pitch.

OUR VALUES

The Jersey FA values are our principles and standards of behaviour and things we consider important.

PRIDE

We are proud to be part of a player and coach development programme which provides the opportunity to represent Jersey on and off the Island.

INTEGRITY

We strive for the highest standards both on and off the field.

EXCELLENCE

We aim to be the best that we can be both individually and collectively.

COLLABORATION

We work together as a team to create and sustain a programme which allows players to represent their Island. Everyone has a part to play.



COACHING and SUPPORT STRUCTURE

Centre Manager

Paul Renton

Foundation Phase Coaches

Under 11s
Daniel Seviour

GK Coaches: Jason Carpenter, Steve Profitt and Jacob Videgrain

Transition Phase Coaches

Under 12s	Under 13s	Under 14s
Jody Byrne	Darren O'Connell	Aaron Travers
	Declan O'Connell	Ryan Marcinko

GK Coaches: Jason Carpenter, Steve Profitt and Jacob Videgrain

Youth Development Phase Coaches

Under 15s	Under 16s
Paul Renton	Daniel Seviour

GK Coaches: Jason Carpenter, Steve Profitt and Jacob Videgrain

Development Squad Phase Coaches

Under 17s	Under 18s
John Lloyd	Paul Renton
Dave Walsh	Steve Coutanche

GK Coaches: Jason Carpenter, Steve Profitt and Jonathan Le Fondre

Development Manager

Brian Oliver

PLAYING PHILOSOPHY

Jersey FA aim to produce honest, hardworking and organised teams who can play dynamic, passing and creative football. Through the use of quick passing and support play that encourages players to combine effectively, Jersey FA teams should constantly be looking to break the lines or create overloads in the opposition half with the aim of creating goal scoring opportunities.

Jersey FA teams will ideally play a 1-2-3-3 formation for our teams 9v9 and 1-4-3-3 formation for our teams 11v11, however, it is expected that players who are recruited and developed by the Jersey FA are adaptive and can play a number of systems as and when necessary.

When the team is in possession Jersey FA teams will make the pitch as big as possible by ensuring there is suitable length, depth and width within the team. We aim to play through the thirds quickly and positively and keep safe possession when there is no opportunity to play forward.

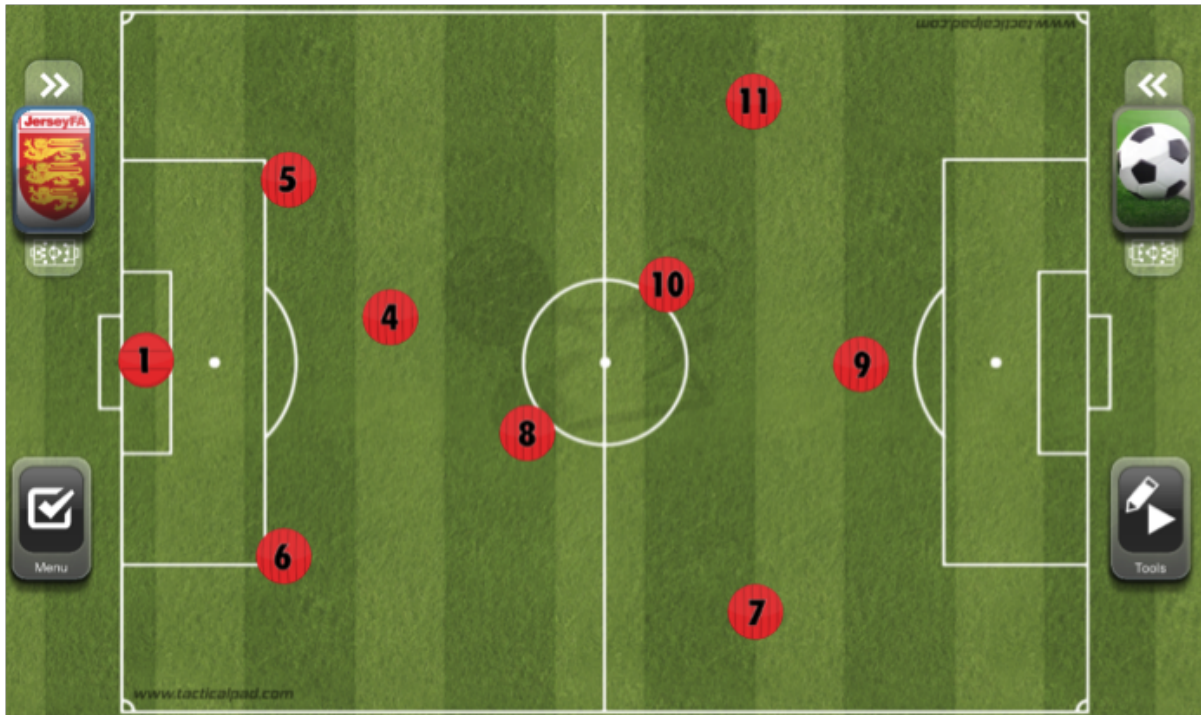
All players are expected to be able to deal with the ball and as a consequence are expected to consistently provide good angles and distances of support in front and behind the ball. In the opposition half, incisiveness is the focus, we aim to break opposition lines or create overloads in wide and central areas with every intention of creating goal scoring opportunities.

Out of possession, Jersey FA teams will be characterised by their organisation, their honesty and hard work. Players will be encouraged to win possession back at the earliest opportunity, however, intelligence and concentration is required at all times.

Players will be expected to recover team shape and assess whether they press the ball or drop off to defend and deny space in between our lines. We believe that every player has the responsibility to defend when out of possession and should be confident in 1v1 defending situations when the occasion arises.

A Jersey FA footballer will have honesty, a high work ethic, a creative mind, a confidence in his own abilities and of those he plays with, a passion for representing the Island and most of all a passion for football

HOW WE PLAY - 9v9



ROLES AND RESPONSIBILITIES

Goalkeepers (1)

- To organise & communicate to fellow defenders, in his penalty area & when play is further up the field/play like a rear sweeper/command his area.
- To mentally focus his game, even when the ball is at the other end of the field – **CONCENTRATION IS VITAL.**
- Technically his handling & distribution must be of the highest order.
- Decision making has no room for error. **BE TACTICALLY AWARE.**
- Is the instigator for counter attacks when in possession?

Centre Backs (5&6)

- In 4-3-3 generally one centre back is the marker (defensive) & the other is the technical player, although ideally both would be technically strong players (defend & play). Support & cover full backs, keep shape.
- The ability to read the game/communicate/be a leader/organiser.
- Technically competent in the air & on the floor/two footed.
- To be a winner in 1v1 situations, mentally focused & assertive in his play.
- Don't accept second best – **BE UP FOR ANY CHALLENGE.**

ROLES AND RESPONSIBILITIES - cont.

Right/Left Central Midfielders (triangle down 4&8)

- Link the play from defenders to attackers/shared responsibility-one sits one supports etc. (front sweeper/rear sweeper/screening/disrupt play?)
- Ability to find/create space to receive in tight areas/always available.
- Full range of passes/skills under pressure.
- Good ball carrier/dribbler. Keep shape of triangle.
- To be able to control the tempo of play!
- Support & get into scoring positions.

Central Attacking Midfielder (10)

- May be the most technically gifted player
- Support & play off the central striker/always available.
- Ability to create chances for himself & others/play in tight areas.
- Stop play coming down the middle when opposition in possession.
- Force opposition to play down the sides?

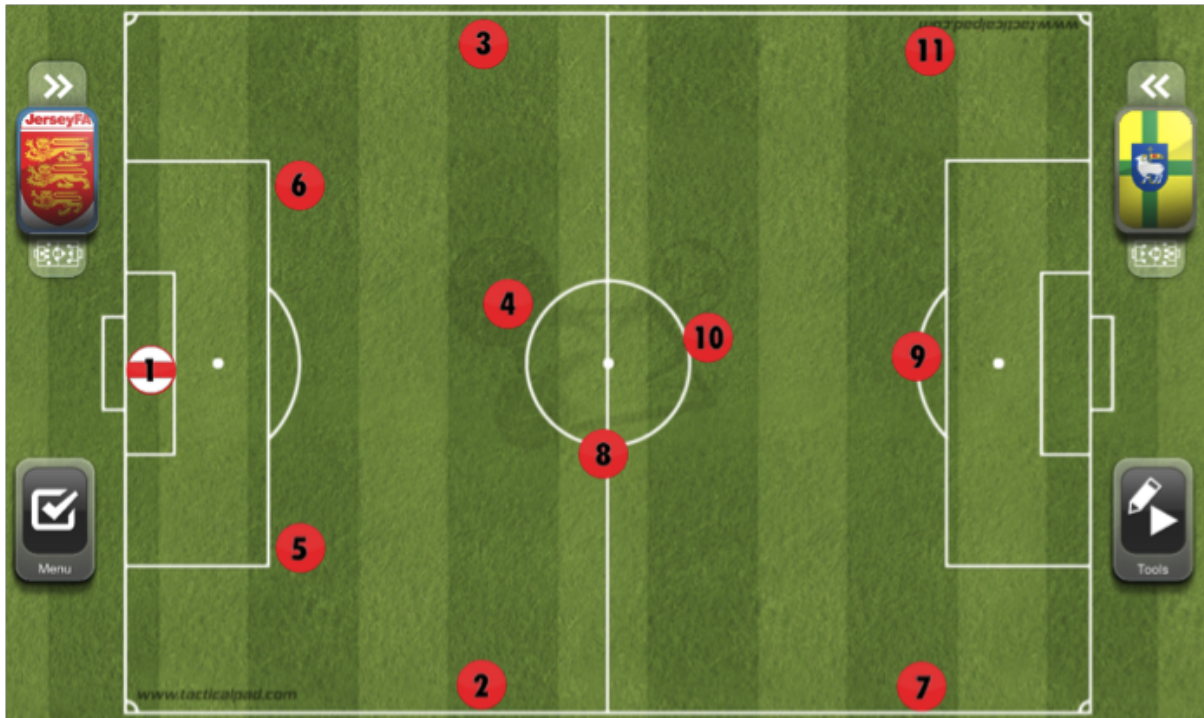
Right & Left Wide Strikers (7&11)

- Ability to play high & wide & deliver telling crosses (variety)
- Ability to beat player's 1v1 in tight areas at every opportunity.
- Speed
- Combination plays with midfielders
- Pinch in & play narrow out of possession.
- Stop opposition full backs getting out.
- Force play down the line or inside?

Central Striker (9)

- Ability to score goals in the air & on the floor.
- Ability to receive under pressure/hold up play/link up play.
- Runs to come short & runs behind the defence/timing.
- Plays between the central defenders.
- Force the play to one side?
- Anticipate back passes.

HOW WE PLAY - 11v11



ROLES AND RESPONSIBILITIES

Goalkeepers (1)

- To organise & communicate to fellow defenders, in his penalty area & when play is further up the field/play like a rear sweeper/command his area.
- To mentally focus his game, even when the ball is at the other end of the field – **CONCENTRATION IS VITAL.**
- Technically his handling & distribution must be of the highest order.
- Decision making has no room for error. **BE TACTICALLY AWARE.**
- Is the instigator for counter attacks when in possession?

Full Backs (2&3)

- The ability to defend & cover / spot danger. If opposition play 4-3-3 man mark wingers, if 4-4-2 push on quickly to close down!
- The pace and strength to make forward runs & defensive runs all game.
- To be technically competent i.e. have a range of passing short/long, & the ability to cross the ball (variety)
- To read the game & support when required. (Timing/awareness/where?)
- To be a winner in 1v1 situations (defence or attack)
- To be comfortable & composed in possession.

ROLES AND RESPONSIBILITIES - cont.

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ATTACKING PRINCIPLES OF PLAY

Jersey FA teams will aim to dominate possession intelligently, selecting the right moments to progress the play and penetrate the opposition.

To do so, we aim to develop Jersey players with outstanding skill and decision-making abilities in all four aspects of the in-possession philosophy.

Retaining the ball to build the play

Jersey FA teams aim to dominate possession with the aim of creating opportunities to penetrate the opposition and create goalscoring chances.

What are the benefits of effective ball retention?

Ball retention allows teams to manage the momentum of a game, requiring a patient and controlled approach.

How does ball retention happen?

A combination of intelligent passing, dribbling, and support play all contribute to effective ball retention.

Jersey FA goalkeepers will play a key role in this phase of play, fulfilling the role of the 11th outfield player and adopting effective positions to support the play.

Progress and penetration

Jersey FA teams aim to penetrate the opposition by moving the ball intelligently between and beyond opponents to create goalscoring opportunities.

Why is progressive and penetrative play important to the Jersey FA Way?

Progressive and penetrative play is an effective method for opening up compact defences and eliminating opposition players from the game. Through accurate, intelligent and creative play the ball can be moved between and beyond the opposition to create goalscoring opportunities.

What skills are needed for effective progressive and penetrative play?

Accurate and deceptive forward passing, skilful dribbling and running with the ball combined with effective support play and movement are crucial to effective penetrative play.

Jersey FA goalkeepers will contribute to penetrative play by using a range of effective distribution techniques.

ATTACKING PRINCIPLES OF PLAY - cont.

Creating and Scoring

Progressing play to the creating and scoring phase is the aim of all other aspects of the playing philosophy.

What skills are needed for effective play in the creating and scoring phase?

Clinical and creative individual and combination play is encouraged in the creation and execution of goalscoring opportunities. A variety of finishing skills, including unorthodox goalscoring techniques are encouraged.

Counter-Attacking

Counter-attacking is the execution of quick and incisive attacking play with the aim of exploiting opponents' defensive state to create goalscoring opportunities.

Why is counter-attacking important?

Counter-attacking is one of the most effective methods of creating goalscoring opportunities in open play.

How does counter-attacking happen?

Dribbling, running with the ball, incisive passing and effective support play are key aspects of counter-attacking. Counter-attacking aims to exploit space, eliminate opponents and create goalscoring opportunities.

Jersey FA goalkeepers play a crucial role in initiating counter-attacks and will be challenged to exploit attacking opportunities using a variety of distribution techniques to deliver the ball effectively over varying distances.

Quick free-kicks and throw-ins are other ways of creating counter-attacking opportunities.

Security

During all aspects of the in-possession philosophy, defensive security should be considered. Awareness of defensive security ensures the team remains organised at all times and can react effectively when the ball is lost.

All players contribute to ensuring defensive security, in particular the goalkeeper through effective positioning, organisation and communication.

DEFENDING PRINCIPLES OF PLAY

Jersey FA teams will aim to regain possession intelligently, with a focus on winning the ball as early and as efficiently as possible.

To do so, we aim to develop Jersey players with outstanding skill and decision-making abilities in all three aspects of the out of possession philosophy.

Pressing

Pressing involves pressurising the opposition in a strategic and controlled manner with the aim of regaining possession.

Why is pressing an important part of the Jersey FA Way?

Quickly pressing the opposition after losing possession prevents the opposition initiating their own attacks and is the preferred method of regaining the ball if there are opportunities to do so.

What skills are needed for effective pressing?

Pressing is triggered by the nearest defending player attempting to regain possession. Support from surrounding teammates is necessary to ensure attempts to press are not done in isolation. Maintaining a compact team shape behind the ball is crucial to effective pressing.

There are three main strategies for pressing the ball: high press (pressing the ball as high up the pitch as possible), mid-press (from the attacking mid-third area) and low-press (from half-way line).

The goalkeeper supports pressing by adopting an appropriate start position and communicating effectively with individuals, units and the team.

Delay, Deny, Dictate

If effective pressure cannot be applied, Jersey teams will attempt to delay, deny and dictate opposition attacks. This involves denying space, dictating the direction and speed of play and preventing the opposition from using their preferred attacking method.

Why is delaying, denying and dictating important?

By delaying, denying and dictating the movement of the opposition, a compact defensive shape can be achieved and attacking opportunities reduced.

Channelling the direction of opposition attacks into areas of defensive strength helps to control the momentum and speed of attacks and helps lead to the regaining of possession.

DEFENDING PRINCIPLES OF PLAY - cont.

How does delaying, denying and dictating happen?

All effective defending techniques (1v1 defending, zonal marking, man-to-man marking, screening, blocking, tracking and recovering, intercepting) contribute to success in this phase of defending.

Emergency defending

Emergency defending is a method of protecting the goal when it is at its most vulnerable and when all other defensive options have failed.

What skills are needed for effective emergency defending?

Goalkeeping is the main method of goal protection with Jersey goalkeepers expected to demonstrate a wide range of effective goalkeeping skills and desire to defend the goal.

Emergency defending skills for outfield players include blocking and intercepting shots, crosses and forward passes, defending one versus one, reacting to rebounds and making clearances.

Emergency defending also includes aspects of the other areas of effective defending including: recovering to an organised defensive shape, dictating the direction of opposition attacks and pressing, marking and tracking opponents.



TEAM TARGETS

- Playing out from the back
- Switching Play
- Clinical finishing in the final third
- Counter-attacking
- Pressing
- Distances, marking and intercepting
- Set plays

KEY FACTORS

Playing out from the back

- GK's decision how to play out - choose the right pass
- Defenders split
- Full backs push high
- Midfield players drop in for an option to receive – body shape
- Secure first pass

Switching Play

- Awareness of opposition players
- Movement
- Creativity
- Selection – cross over runs, diagonal passes, overlaps/underlaps
- Communication

Clinical finishing in the final third

- Movement to receive the ball
- Movement to create space
- Quick decision-making
- Touch - Finish
- Second goal scoring opportunities or rebounds

Counter attacking

- When to play quickly and when not to
- Early decision making
- Play to forward player and support
- Run or pass at speed
- Counter attacking play can be established with groups of players

KEY FACTORS - cont.

Pressing

- The nearest player is the trigger to press the ball and wait for support
- Press as a team depending on where the ball has been lost
- Communication
- GK's position to deal with space behind the defenders
- The team must push forward with confidence

Distances, intercepting and marking

- Mark goal side/Body shape
- Track runners
- React quickly when possession is lost
- Keep opponents in view at all times
- GK's to communicate at all times

Set Plays

- Attacking
 - In swinging delivery
 - Attack critical goal scoring areas
- Defending
 - Based on zonal defence



TEN “GOLDEN RULES” FOR ALL PLAYERS

1. Shirts tucked in and socks up;
2. Clean boots;
3. Shake hands policy - fist/elbow pumps;
4. Greet visitors;
5. On time, never late;
6. Welcome newcomers;
7. Ambassador role;
8. Be honest, tell the truth;
9. Help clear up at end of every session;
10. Respect team-mates, opponents, and the referee.



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