

FA Level 1 Practice Planner

Session Information

Players					
Date:		Time available:			
Number of players:	to	Age range:	to	Ability level:	
Medical considerations:					
Any other needs:					
Facilities/Resources					
Location:					
Venue and contact information:					
Facility needs:					
Health and safety considerations:					
Incident/Accident Plan:					
Equipment					
Coach:					
Practice/Session:					

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Pre-session	
Topic:	Technical/Tactical
	Psychological
Session Objective:	Physical
	Social

During-session	
Organisation	Coaching Notes
Arrival Activity(ies)	
Additional Practice(s)	