

Developing Transition (12-16)



Learning Outcomes

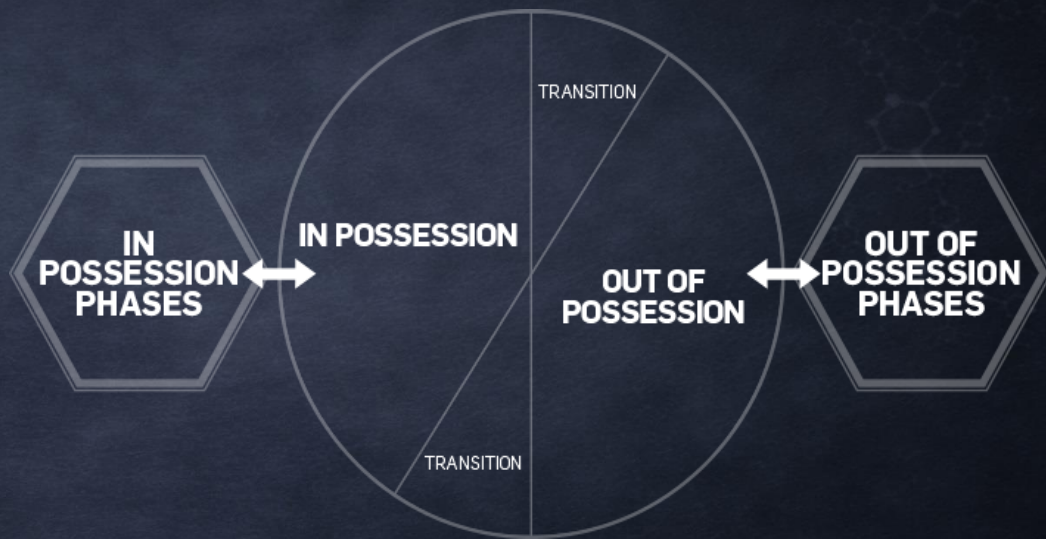
By the end of the session coaches should be able to understand & utilise transition in practice delivery

- To identify the key principles that underpin the transition phase of a game
- To analyse a session plan on transition to use the STEP principle to develop & extend
- Consider which what types of Challenges would be applicable to use
- Consider how to Build – Develop – Extend the session



TRANSITION - Philosophy

ENGLAND TEAMS **SENSE**
CHANGING MOMENTS IN
THE GAME BOTH IN AND
OUT OF POSSESSION
REACTING **INSTINCTIVELY**
AND **INTELLIGENTLY**



ENGLAND DNA

Transition

Recognising the state of the game and responding with instinctive, intelligent and positive decisions is the start-point for effective transitional play.



ENGLAND DNA

Task

1. What is your definition of Transition?

In possession

Out of possession

2. What would you be looking for from your players – Technical Outcomes?

Individuals

Units

Team



England DNA Principles – Transition: *Counter Attack*

The ability of a team to regain the ball and attack the opposition quickly utilising the spaces and player's available with quick forward passing, running, with early and quick support to create goal scoring opportunities.

England DNA Principles – Transition:

Defending the Counter Attack

During all aspects of the in-possession philosophy, defensive security should be considered.

Awareness of defensive security ensures the team remains organised at all times and can react effectively when the ball is lost.

All players contribute to ensuring defensive security, in particular the goalkeeper through effective positioning, organisation and communication.

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Post Course

- The Future Game – Practices linked to age group specifics
- https://community.thefa.com/england_dna/
- LCC events CFA web page



FOR

over 150 years, we've said we're for the success of football irrespective of class or creed. And we'd like to update that by adding: regardless of gender, sexuality, ethnicity, ability or disability too. Football is a game for all. No matter how good you are. Or aren't. The FA has created leagues for the blind, deaf, amputees, wheelchair users and for those of us with cerebral palsy. We've made all the latest coaching ideas available online. We've introduced FA Girls' Football Week and created a competition open to everyone in the country. It's called The FA People's Cup because it's for the people. All of the people. We are building 100 3G pitches around the country. And on our website you can find the nearest team or pitch to you. So, if you want to take part, The FA can help you. Because, how can we be guardians of the national game, if we exclude anyone? The FA. Not just for the few. We are for

ALL

