

Developing Goalkeepers



Jackie Bushell CCD



Gary Marheineke Skills Team

Learning Outcomes

By the end of the session coaches should be able to plan sessions that incorporate GKs into the practice.

- To give basic principles of goalkeeping techniques
- To provide some practice ideas to incorporate goalkeepers in team sessions and for goalkeeper only sessions

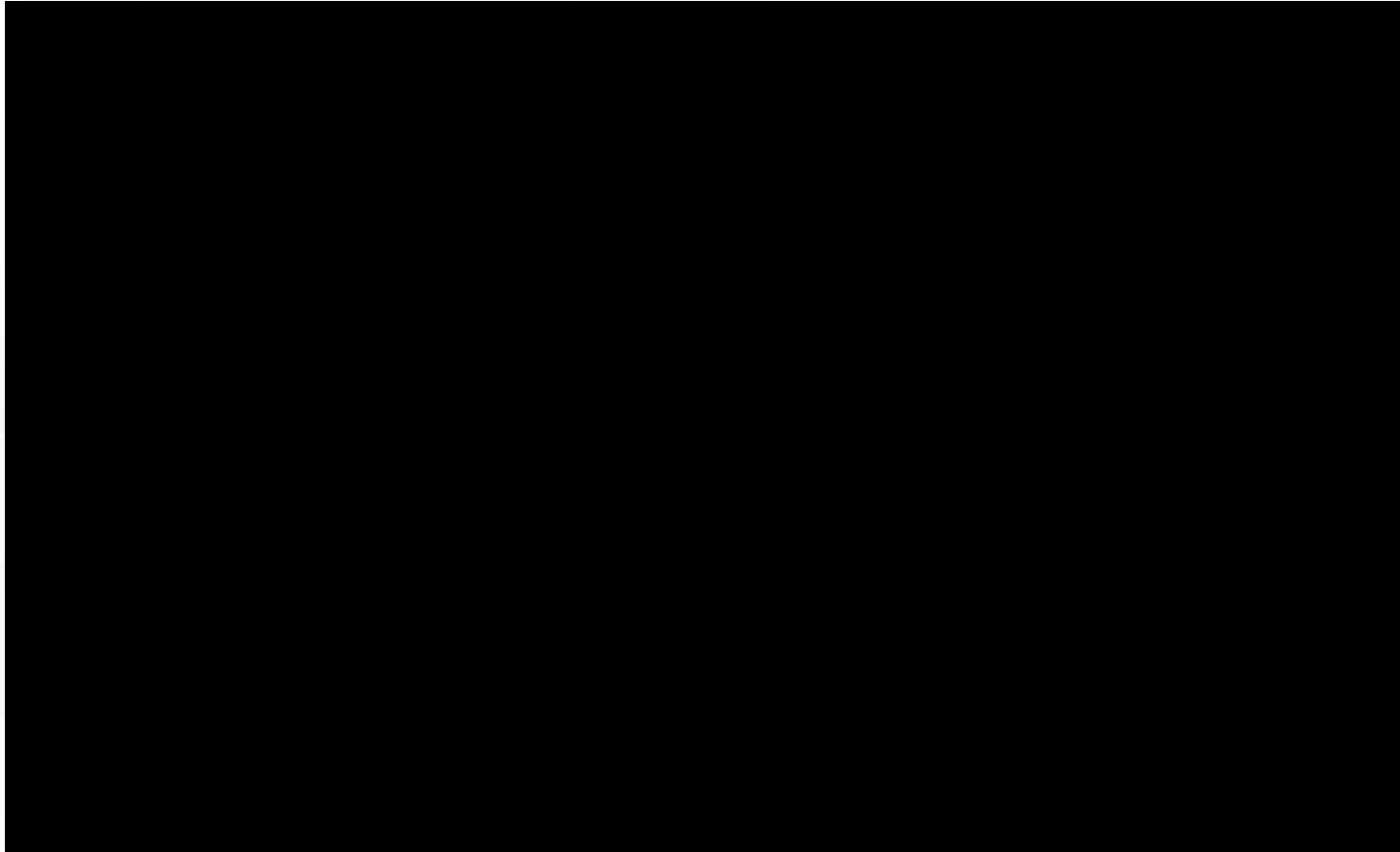


The Future Game GK Statement

“Goalkeeping practice is often undertaken in isolation, utilising unopposed and semi opposed situations with the purpose of developing technique”



Task - What do you see??



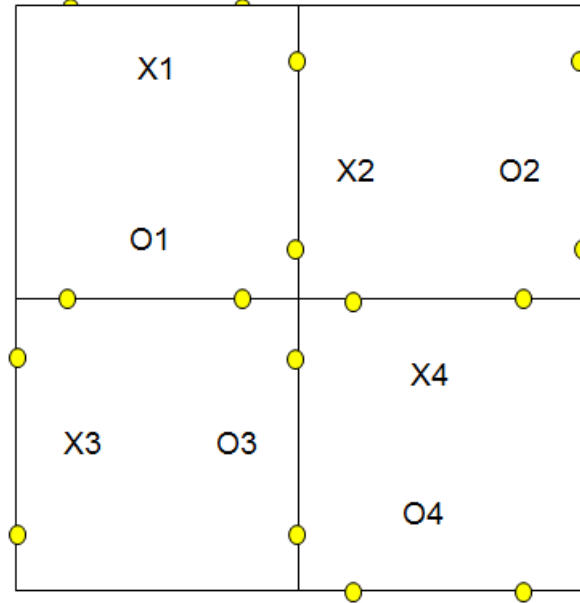
BUT

Isolated practice alone will not help goalkeepers develop the decision-making and game understanding necessary to perform at the highest level. The role of the goalkeeper must be developed in the context of the team.

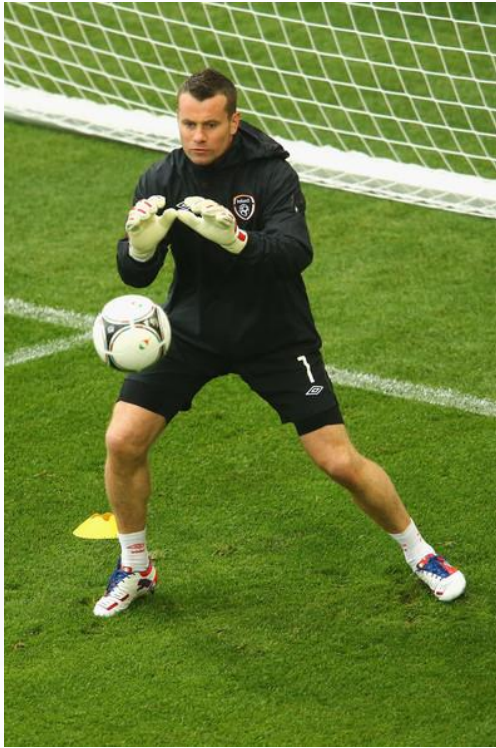
Regular practice should take place with the outfield players in order to coordinate attacking and defending understanding.



Techniques



SSG.....



Goalie Wars – 5-11yrs

HandBall – 12-16 yrs

Shot Stopping – 17 -21yrs



Learning Outcomes

By the end of the session coaches should be able to plan sessions that incorporate GKs into the practice.

- To give basic principles of goalkeeping techniques
- To provide some practice ideas to incorporate goalkeepers in team sessions and for goalkeeper only sessions



FOR over 150 years, we've said we're for the success of football irrespective of class or creed. And we'd like to update that by adding: regardless of gender, sexuality, ethnicity, ability or disability too. Football is a game for all. No matter how good you are. Or aren't. The FA has created leagues for the blind, deaf, amputees, wheelchair users and for those of us with cerebral palsy. We've made all the latest coaching ideas available online. We've introduced FA Girls' Football Week and created a competition open to everyone in the country. It's called The FA People's Cup because it's for the people. All of the people. We are building 100 3G pitches around the country. And on our website you can find the nearest team or pitch to you. So, if you want to take part, The FA can help you. Because, how can we be guardians of the national game, if we exclude anyone? The FA. Not just for the few. We are for

ALL

