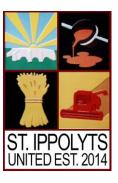
## ST. IPPOLYTS UNITED

5 Orchard Close, St Ippolyts SG4 7RH



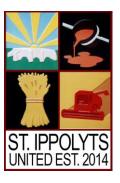
## 6 a side Rules

- 1. Players must be of the age of 16 and above.
- 2. Shin guards must be worn at all times.
- 3. Suitable footwear must be worn on the day.
- 4. Maximum of 10 players in the squad and only 6 players on one team to be on the field of play at any one time.
- 5. No player aside from the goalkeeper is allowed into their goalie area. If a defender deliberately enters the area, a penalty is awarded. If an attacker enters the area to attempt to score it will simply be goalies ball or advantage played. If a goalie handles outside the area the result is a direct free kick.
- 6. Throw- ins to be rolled in under knee height.
- 7. The ball cannot go over head height head height is deemed to be 6 foot) If the ball goes over head height a direct free kick will be awarded to the opposition.
- 8. Once you have played for one team you are not allowed to play for a different team on the day.
- 9. Substitutes will be roll on roll off and can only be made when the ball is out of play. Referees need to be notified of player changes.
- 10. Back passes to the goalkeeper are only allowed after 2 outfield players have touched the ball. The goalkeeper cannot pick up the ball from a back pass and must distribute the ball out within 10 seconds by kicking it under head height. A penalty will be awarded to the opposition if there is an infringement of these rules.
- 11. If the ball enters the area by any other way the goalkeeper must roll the ball out under knee height.
- 12. All free kicks awarded are direct. The opposition players must retreat 2 paces from the ball when a free kick is given.
- 13. In the quarter final stages of the tournament if the game is a draw in normal time, penalties will be played until there is a winner. Semi finals & the final will be decided by 'Golden Goal'.



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- 14. Yellow cards means that the offender will 'sin binned' for 2 minutes and that team reduced to 5 players. A red card for violent conduct/abuse of the referee means the player will be excluded from the rest of the tournament immediately. We reserve the right to remove a team from the tournament for persistent bad conduct.
- 15. Goals can be scored direct from a corner kick.
- 16. The kick-off is taken from the centre circle and is also used to restart play after a goal is scored.
- 17. No sliding tackles
- 18. Group stage games will be 12 minutes. Quarter final & Semi final games will be 15 minutes. The final will be 20 minutes with two 10 minute halfs.
- 19. All discipline will be reported to Hertfordshire FA
- 20. Referees decision is final.

