

# ST. IPPOLYTS UNITED

5 Orchard Close, St Ippolyts SG4 7RH



## 6 a side Rules

1. Players must be of the age of 16 and above.
2. Shin guards must be worn at all times.
3. Suitable footwear must be worn on the day.
4. Maximum of 10 players in the squad and only 6 players on one team to be on the field of play at any one time.
5. No player aside from the goalkeeper is allowed into their goalie area. If a defender deliberately enters the area, a penalty is awarded. If an attacker enters the area to attempt to score it will simply be goalies ball or advantage played. If a goalie handles outside the area the result is a direct free kick.
6. Throw- ins to be rolled in under knee height.
7. The ball cannot go over head height head height is deemed to be 6 foot)If the ball goes over head height a direct free kick will be awarded to the opposition.
8. Once you have played for one team you are not allowed to play for a different team on the day.
9. Substitutes will be roll on roll off and can only be made when the ball is out of play. Referees need to be notified of player changes.
10. Back passes to the goalkeeper are only allowed after 2 outfield players have touched the ball. The goalkeeper cannot pick up the ball from a back pass and must distribute the ball out within 10 seconds by kicking it under head height. A penalty will be awarded to the opposition if there is an infringement of these rules.
11. If the ball enters the area by any other way the goalkeeper must roll the ball out under knee height.
12. All free kicks awarded are direct. The opposition players must retreat 2 paces from the ball when a free kick is given.
13. In the quarter final stages of the tournament if the game is a draw in normal time, penalties will be played until there is a winner. Semi finals & the final will be decided by 'Golden Goal'.



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14. Yellow cards means that the offender will 'sin binned' for 2 minutes and that team reduced to 5 players . A red card for violent conduct/ abuse of the referee means the player will be excluded from the rest of the tournament immediately. We reserve the right to remove a team from the tournament for persistent bad conduct.
15. Goals can be scored direct from a corner kick.
16. The kick-off is taken from the centre circle and is also used to restart play after a goal is scored.
17. No sliding tackles
18. Group stage games will be 12 minutes. Quarter final & Semi final games will be 15 minutes. The final will be 20 minutes with two 10 minute halves.
19. All discipline will be reported to Hertfordshire FA
20. Referees decision is final.

